



# Scaling Up Deep Energy Retrofits in Cold Climates

23 Feb 2021

Presented to: 2021 Virtual Duluth Energy Design Conference

Presented By: Shawna Henderson, CEO, Blue House Energy  
and Bfreehomes Design Ltd.



## Principal

### Abri Sustainable Design 1992 – 2008

#### Key Projects:

2008 The Canadian Solar Home Design Manual: Solar NS  
2008 Approaching Net Zero in Existing Housing, CMHC  
2006 Low Impact Housing: 24 Case Studies, CMHC  
2006 Alternate Energy Ready Homes: Lit. Review, CMHC  
2006 Community Energy Systems: Market Opportunities & Business Models: Study, NRCan  
2005 Energy Indicators for Urban Environments, NRCan  
2004 Renovating for Energy Savings, CMHC  
2004 Renewable Energy for Off-Grid in the North, NRCan  
2003 In Hot Water: marketing for solar thermal, CanSIA  
2003 PV on the Grid, CanSIA



### Energy Evaluator & Researcher Sustainable Housing & Education Consultants 1990 – 2002

#### Key Projects:

Beta Testing Hot2000, NRCan  
Evaluating/Inspecting R2000 New Construction, NRCan/OEE  
Carrying out field research, CMHC, NRCan and OEE  
Piloting EnerGuide for Existing Houses, NRCan and OEE  
Training New Evaluators, in house  
Managing regional delivery of national energy efficiency programs (Woodstove Changeout, Renovation Demonstration), NRCan, CMHC

## CEO

### Bfreehomes Design Ltd. 2008 – present

#### Key Projects:

2020 WHERE-NS, Panelized Retrofits for Part 9 MURBS, Ecology Action Centre  
2019 Clean Net Zero Retrofit Pilot Project (NRCan funding) Clean Foundation  
2018 Leadership in Energy Efficiency Partnerships (LEEP), NRCan  
2018 Exterior Wall Upgrades in Atlantic Canada, NRCan  
2017 Rapidly Deployable Housing for the North, NRCan  
2014 Low Energy House Total Cost Index: Industry Survey, NRCan  
2014 Solar Ready Initiatives, Guidelines & Legislation: Literature Review, C3  
2012 Path to Net Zero in New Construction: Builder Focus Groups, NRCan  
2012 Sustainable Features and Technologies: 10 profiles, CMHC  
2011 Next Generation EnerGuide Rating System Technical Procedure: NRCan  
2011 Benefits of Solar Thermal Combination Systems: Presentation, NRCan  
2011 Energy Efficiency Program Evaluation: PEI Office of Energy Efficiency  
2011 Payback for Green Building Products: Research Report and Profiles, CMHC  
2010 Construction Options beyond the 2010 OBC: Builder Focus Groups, OPA  
2010 Deep Energy Retrofits: Baseline models for 11 Consumer booklets, NRCan



## TIMELINE

## CEO

### Blue House Energy Ltd 2012 – Present

#### Key Projects:

Developing a suite of high quality, cost-effective building science-based online courses for the residential construction and renovation industry.  
'Recognized training provider' status with Tarion, (Ontario's New Home Warranty Program), Built Green Canada, BC Housing, Canadian Association of Consulting Energy Advisors.  
US continuing education: Building Performance Institute, National Association of Home Builders, North American Technical Excellence.

- Chair, CHBA Working Group on NZE Renovations
- CANMET/NRCAN Industry Working Group on Pre-Engineered Exterior Panels (PEER)
- Chair, Professional Development, CHBA-NS

- Board member, Atlantic Home Building and Renovation Sector Council



# Approaching Net Zero in Existing Houses:

- Canada Mortgage & Housing Corp (CMHC)
  - Study completed 2008
- 12 house types
- 6 cities
- Vintages: 1922 – 2000
- How does climate affect NZEEH?
  - Vancouver Bungalow: low EE costs and smaller RE option
  - Halifax: best case for GHG reductions



## RESEARCH HIGHLIGHT

June 2008

Technical Series 08-104

### Approaching Net-Zero Energy in Existing Housing

#### INTRODUCTION

CMHC defines “net-zero energy housing” as a home that produces as much energy as it consumes annually. This is accomplished by a variety of means, including :

- reducing energy loads through a high-performance building envelope and energy-efficient appliances and lights;
- increased use of passive-solar cooling and heating techniques;
- high-efficiency mechanical systems that match the lower energy requirements of the home;
- space and water heating assisted by commercially available, solar thermal systems and heat pumps;
- electrical use offset by grid-connected, commercially available photovoltaic (PV) systems.

It is easier to build a new home to stringent energy specifications than it is to retrofit an existing house, yet new construction accounts for only two per cent of the housing stock annually. With residential uses accounting for 17 per cent of Canada’s energy requirements and 16 per cent of our greenhouse gas (GHG) emissions, cost-effective ways to retrofit the millions of existing houses to meet net-zero energy targets are key elements to energy security and climate change mitigation.

Current energy-efficiency programs for existing homes aim for overall energy reductions of 20 to 30 per cent. Net-zero retrofits would require reductions in overall energy use of between 70 and 90 per cent.

There is a history of practical experience in energy retrofitting in Canada that stretches back to the 1970s. One of the 12 EQuilibrium initiative projects, the Now House™ is exploring the net-zero retrofit concept. This 60-year-old wartime house, in an established neighbourhood in Toronto, represents hundreds of thousands of homes in Canada.

Table 1 Benefits and barriers to net-zero energy retrofits



# Why focus on retrofits?

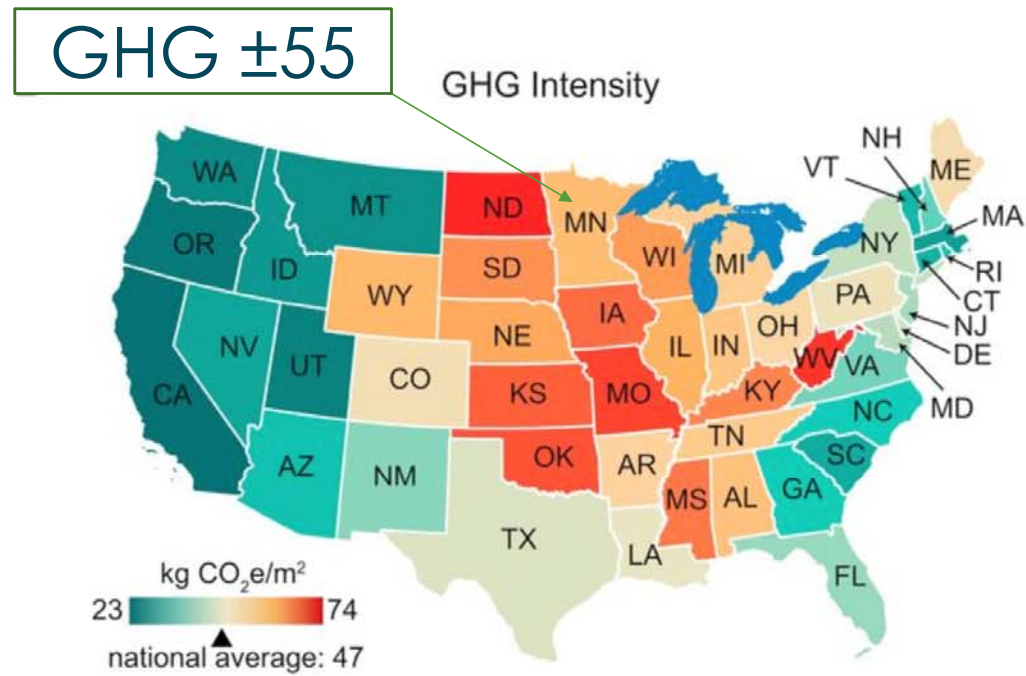
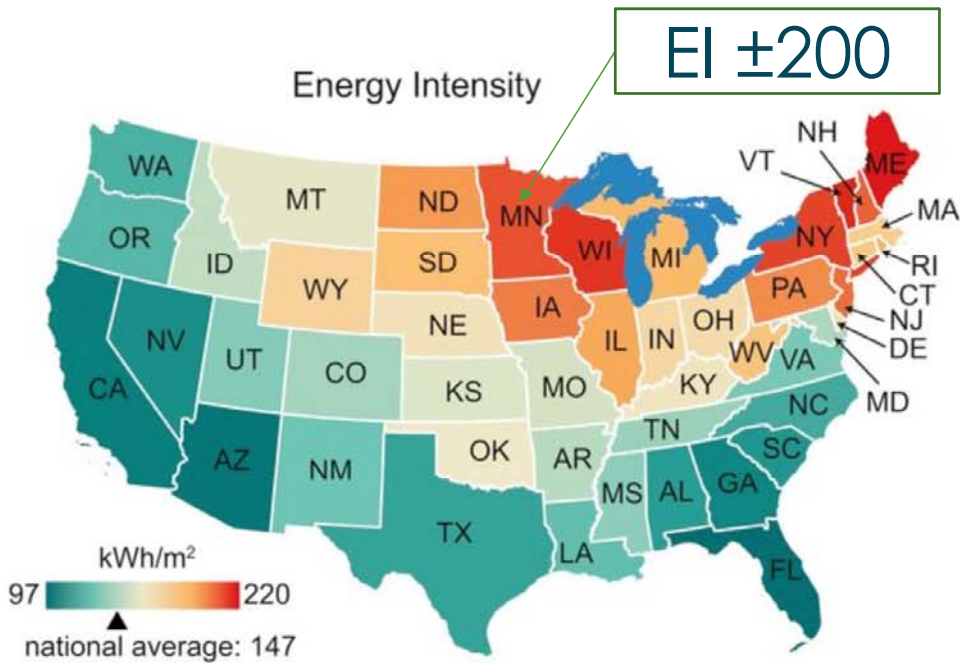
## Canada

- ± 110,000 new houses built annually
- 14.5 million existing houses
- +14% of all energy use
- +11% of total GHG emissions

## USA

- 700,000-1,000,000 new/annually
  - West: 23%, Midwest: 15%, NE: 8%
- 139 million existing houses
- ± 21% of all energy use
- ±20% of total GHG emissions

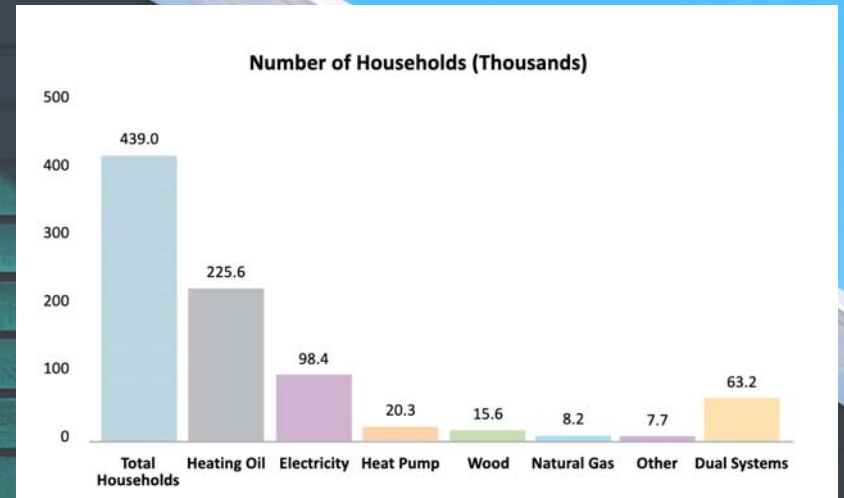
# Why focus on retrofits?



# Why focus on retrofits?

## Nova Scotia

- 50% of housing stock pre-1970
- 50% of housing stock heats with oil
- ± 60% electricity is coal-fired
- High energy costs
- High carbon intensity



# Why focus on retrofits?

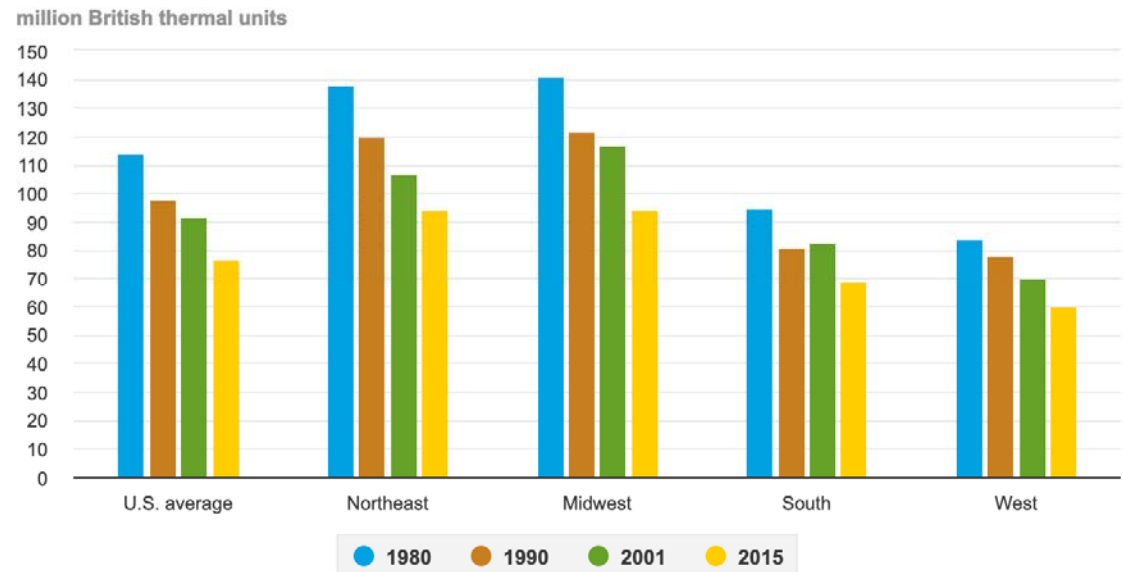
## Minnesota

- 32% of housing stock pre-1960
  - 66% of housing stock heats with gas
  - ± 40% electricity is coal-fired
    - Down from ±60% in 1990
  - High carbon intensity
  - Energy Poverty
    - ± 25% pay more than they can afford for housing
- MN= 2,456,064 houses

# 10 Coldest States = 13.7 million houses

- Alaska
- N Dakota
- Maine
- Minnesota
- Wyoming
- Montana
- Vermont
- Wisconsin
- New Hampshire
- Idaho/Michigan

Energy consumption per household, U.S. average and by census region in selected years



Note: Excludes losses in electricity generation and delivery, and consumption of wood fuels.  
Source: U.S. Energy Information Administration, *Residential Energy Consumption Survey* for indicated years





## Non-Energy Benefits...

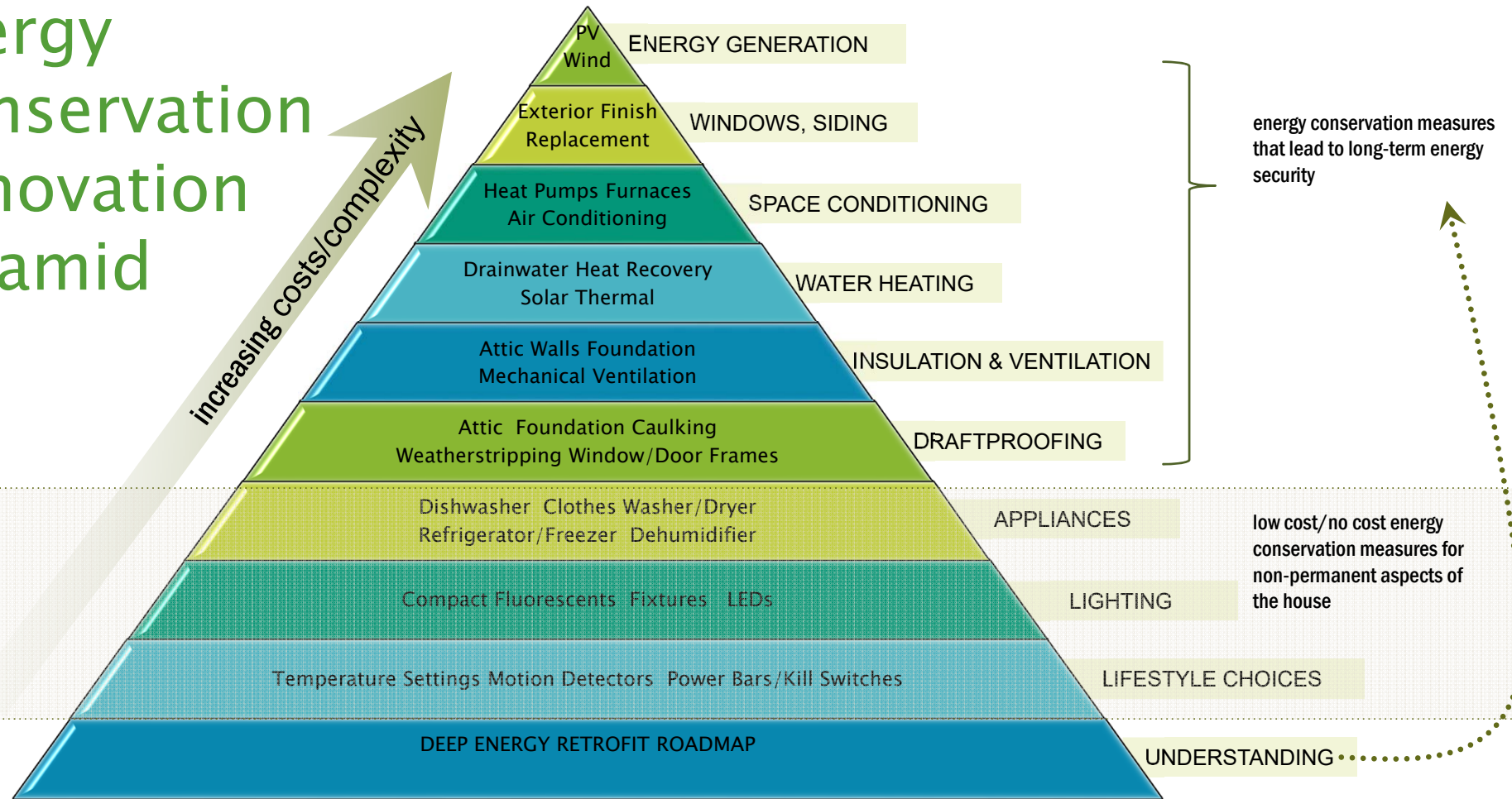
- Lower financial load on owner or occupant
- Healthier indoor air quality
- Extended lifespan of existing buildings
- Improved value of existing buildings
- Stable tax base/longer rental tenure
- Increased resiliency
- Decreased carbon footprint



# HOW to Focus on DERs?



# Energy Conservation Renovation Pyramid



# ← Energy Reduction Continuum →

## Energy Efficiency Replacements New or Already Upgraded Houses

Lightbulbs

Appliances

ECM fans

Cold Climate Heat Pump

New Water Heater

## Energy Conservation Retrofit

±20% reduction

Air Sealing

Attic Insulation

Blown Insulation Walls

High Efficiency Gas Space/Water Heating

Add Spot Ventilation

## Deep Energy Retrofit

50-70% reduction

Aggressive Air Sealing

Highest Levels of Attic Insulation

Exterior Wall Insulation

Foundation Wall Insulation Upgrade

Whole House Ventilation

Cold Climate Heat Pump

## Net Zero Energy NZE-Ready Retrofit

70%+ reduction

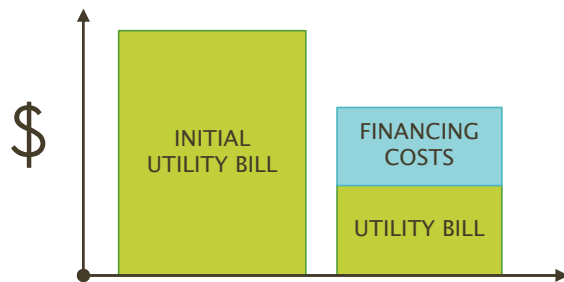
Push DER to Limit

Add Renewable Energy



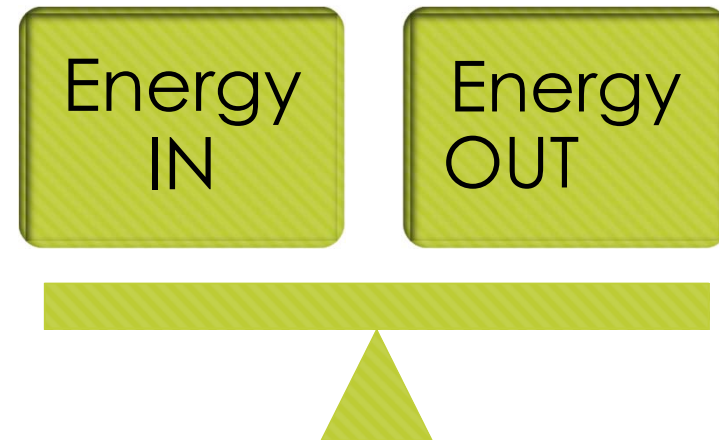
# What's in a name?

## Deep Energy Retrofit



- 50 -90% drop in space & water heating
- Optimize building envelope
- Optimize resiliency/passive survivability
- Minimize mechanical systems
- Barrier free layouts + user friendly details
- Maximize renewables where possible

## Net Zero Energy/NZE-r

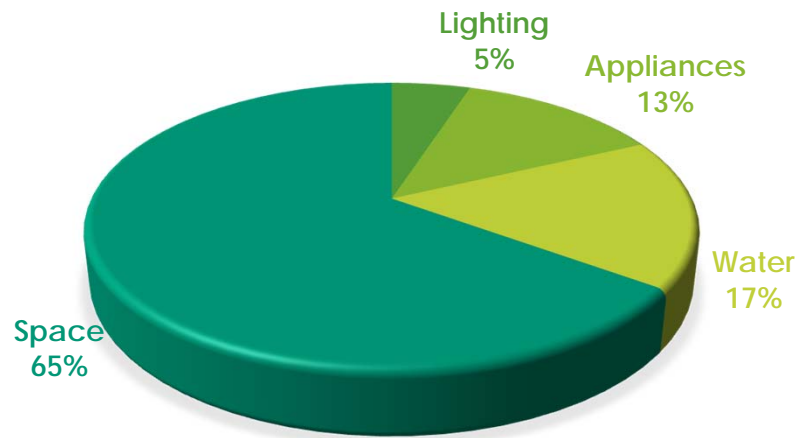


- Install renewables for site-based generation
- The 'r' is for 'ready' = pre-planning for PV

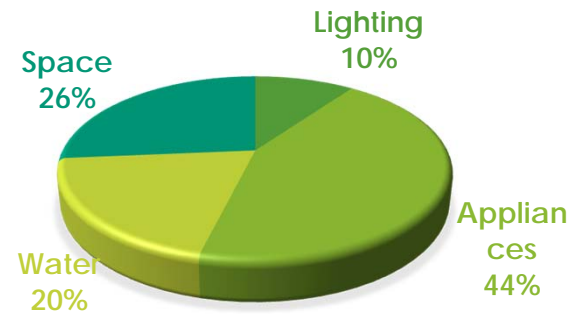




# Lower Energy Use, Patterns Change



AS-IS EXISTING HOUSE



DEEP ENERGY RETROFIT

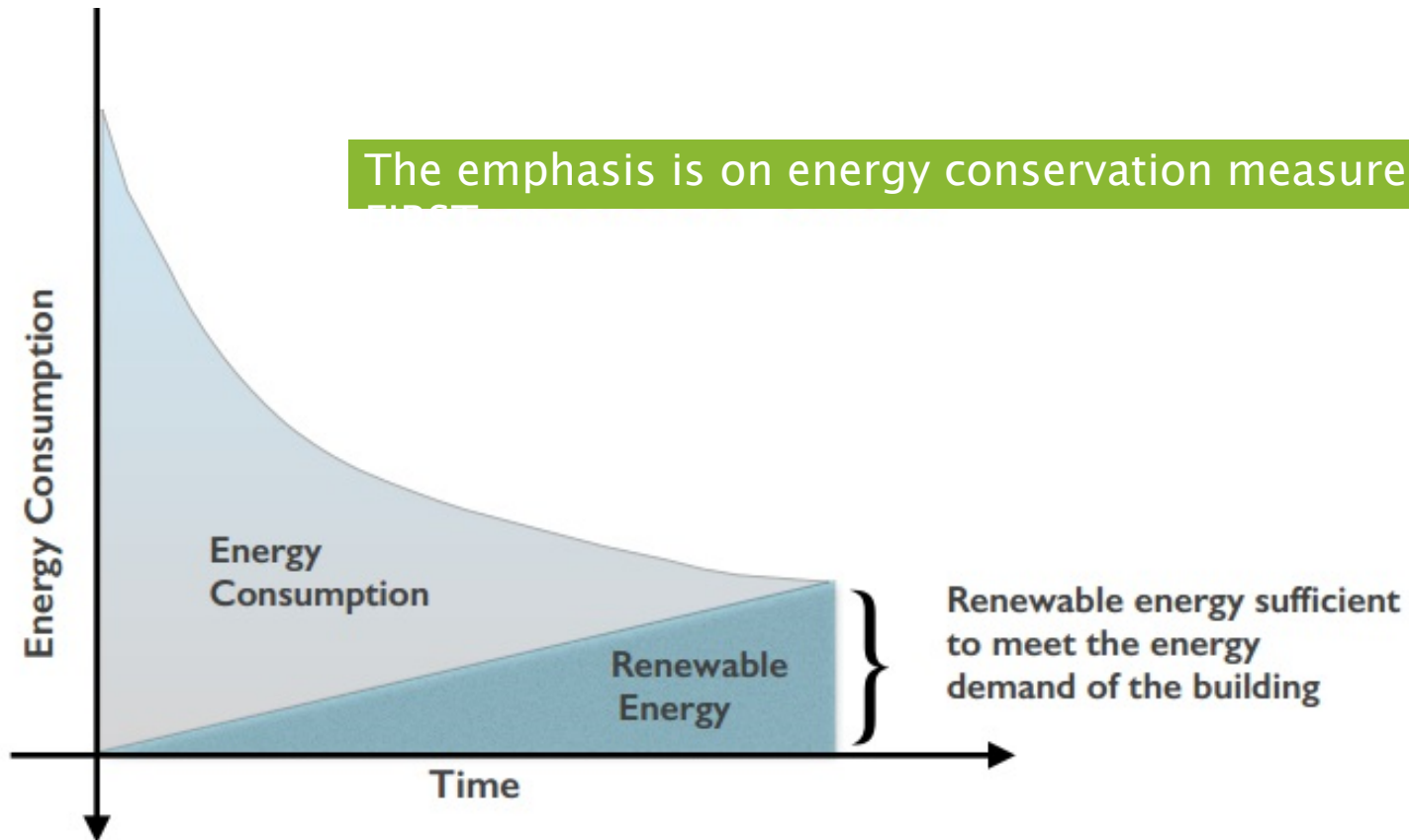
IMPACTS SPACE & WATER HEATING STRATEGY, OPTIMIZES RENEWABLE ENERGY NEEDS





## Reduce energy loads, add renewables

The emphasis is on energy conservation measures



# Deep Energy Retrofits Two Ways





## 'Gut Rehab': Retrofit from Interior



## 'Gut Rehab': Retrofit from Interior

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# Exterior Retrofit



# Exterior Retrofit



# Gut Rehab vs. Exterior Retrofit

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## ○ Gut Rehab:

- Significant disruption for occupants
- Replace/refurbish all surfaces
- Challenges with control layers
- Not a significant number of houses
- Custom/bespoke process

## ○ Exterior Retrofit

- Minimal disruption for occupants
- Interior surfaces upgraded separately
- Better execution of control layers
- Many houses upgraded cost effectively
- Can be scaled easily



# PROBLEM: Incremental Retrofits

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- More difficult, more expensive to reach goals
- Constantly reinventing the wheel
- Poor practices = unintended consequences
- Lock in emissions for generations
- Timeframe unmanageable: stop 2°C over 10/12/16 years?

We will never make it

**UNLESS**

We move into bulk, aggregated retrofits



## SOLUTION: Bulk/Aggregated Retrofits

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# INSPIRED: EnergieSprong (Netherlands)

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- NZE retrofit
- Prefabricated façades
- Insulated rooftops + solar panels
- Smart heating/ventilation/cooling
- 40 year performance warranty



Photo: Energiesprong on Youtube





# ADVANTAGE: Panelization at Scale

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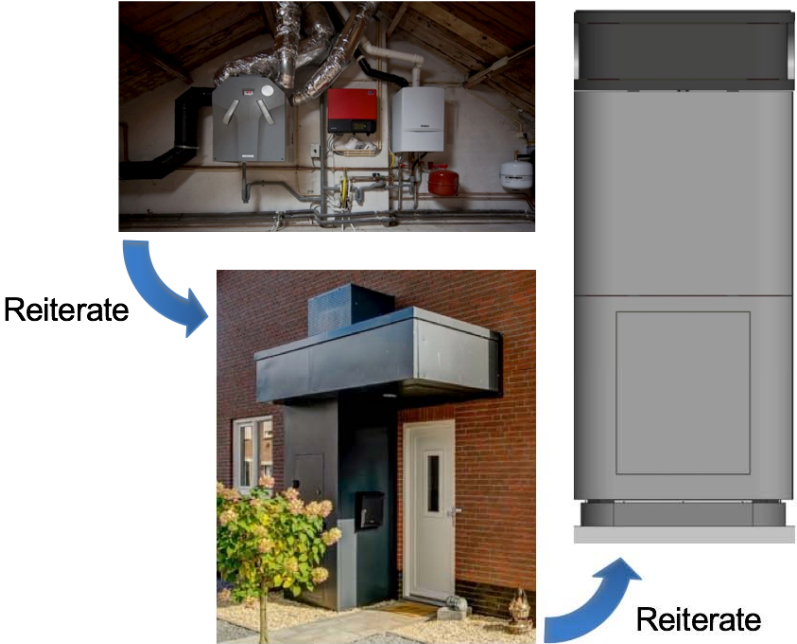
Industrialization of construction to scale up to production-line roll-out



Images: [Energiesprong](#)



# ITERATIONS: become an agent of change



# Advantages of Panelized DERs

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- Less expensive than component by component replacement
- Higher quality control/quality assurance
- Faster, less disruptive to occupants
- Easier to manage
- Better total solution
- Can be done, now – no waiting on technology



# Why it works in the Netherlands/EU

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- Large social housing network
- Few archetypes, many copies
- LEGISLATION
- Social Enterprise
- Centralized manufacturing
  - Tight geographical areas
  - High density



# What's Different in North America?

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- Many archetypes, fewer copies
- Geographically diverse and dispersed
  - US bigger high density areas
- Social housing not the norm
- Abbreviated history of social enterprise
- Limited central manufacturing options
  - See bullet #2



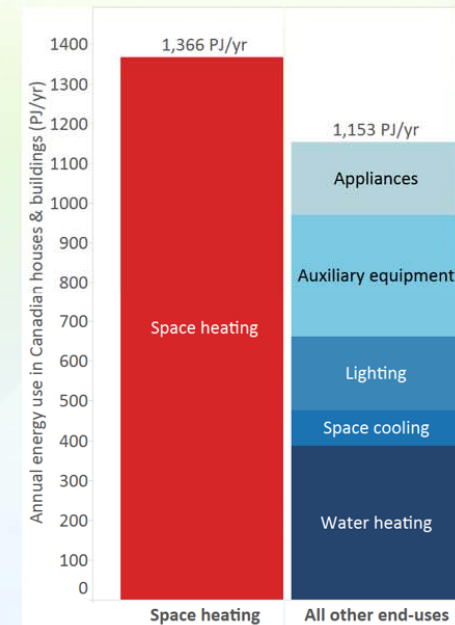
Those who disrupt their industries  
change consumer behavior, alter  
economics, and transform lives.

Heather Simmons, former CMO for Dell Canada



# PEER Project (2016-2021)

- Goal: prefabricated building envelope retrofit solutions to achieve Net-Zero Ready heating demand
- Main research question:
  - Can factory-built, super-insulated, airtight panels be installed directly over existing finishes? Could this be a cheaper and more effective way to do deep retrofit?
- 3 primary research areas:
  1. Building capture: rapid, accurate measurement
  2. Panel prototypes, fabrication and installation
  3. Building science: minimizing risks of failure



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Natural Resources  
Canada

Ressources naturelles  
Canada

Canada





Photos: CammetENERGY, NRCan

## PEER: Pre Engineered Exterior Retrofit

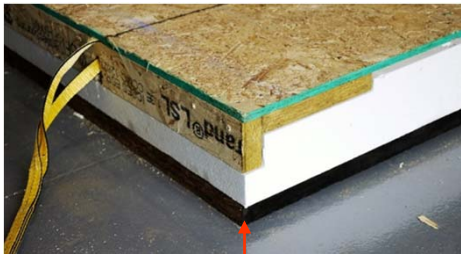
Exploration of a Canadian approach to panelized aggregated exterior retrofits





**Panel #1:  
Rigid Foam Nail Base (SIP)**

Integrated lifting straps



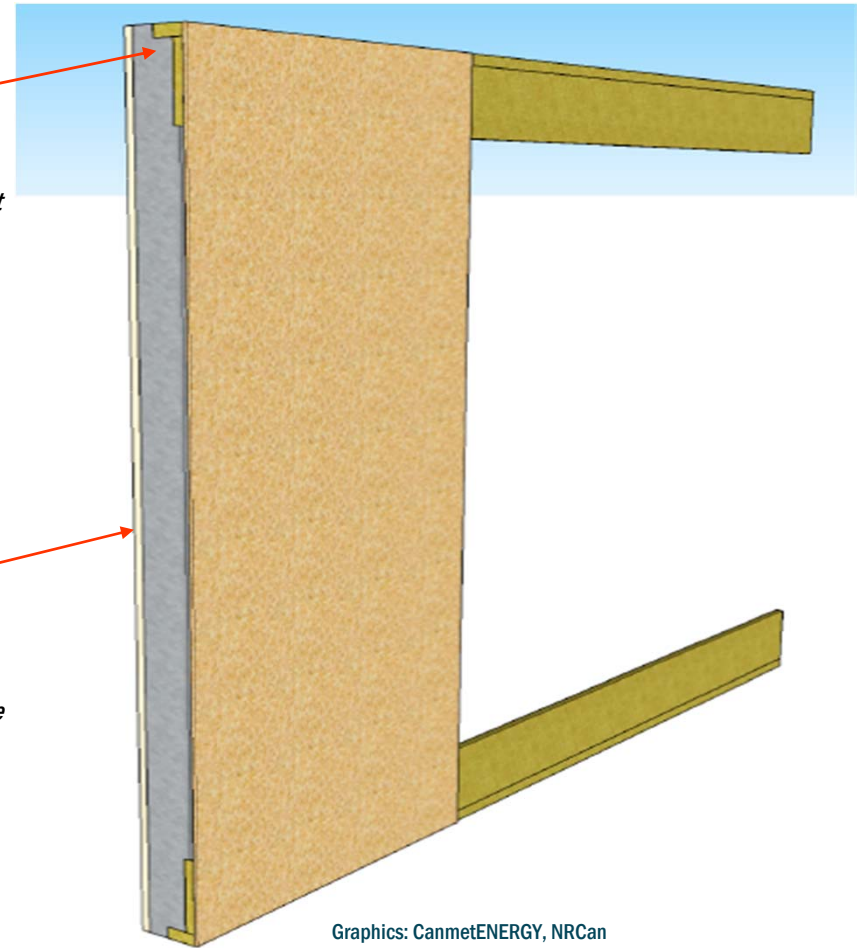
Squishy Layer

Let-in structure

*Ties sub-panels into superpanel  
Stiffens superpanel and enables it  
to be lift into place*

Squishy Layer

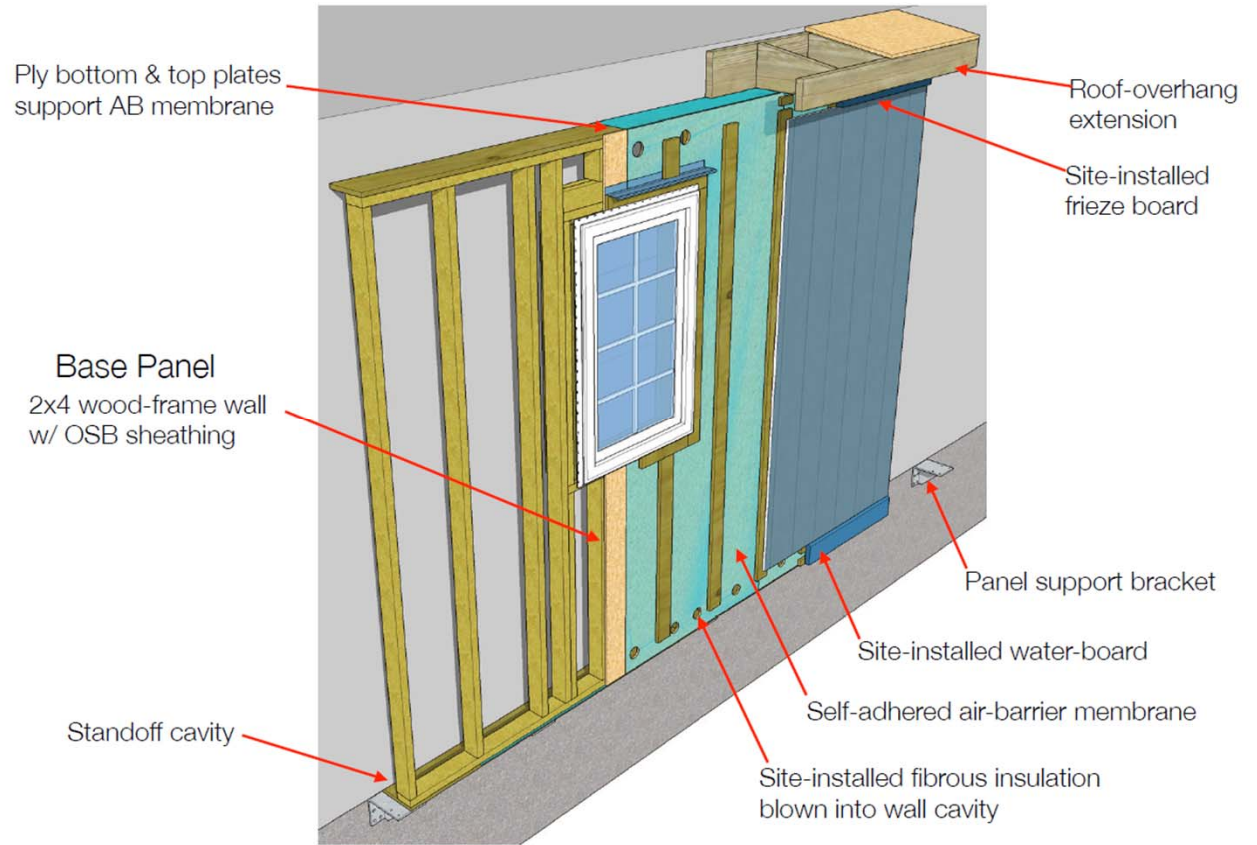
*Helps with plumb/square  
Absorbs surface irregularities  
Provides dimensional tolerance  
Vapour open*



Graphics: CanmetENERGY, NRCan



**Panel # 2:  
Wood-frame Standoff Panel**



Graphics: CanmetENERGY, NRCan



# 2017 Proof of Concept Pilot

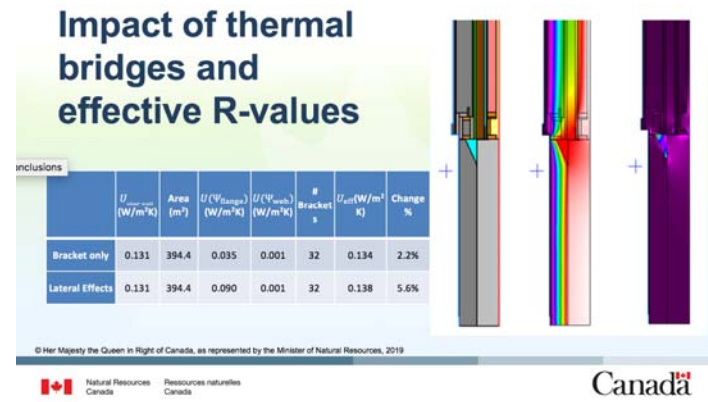
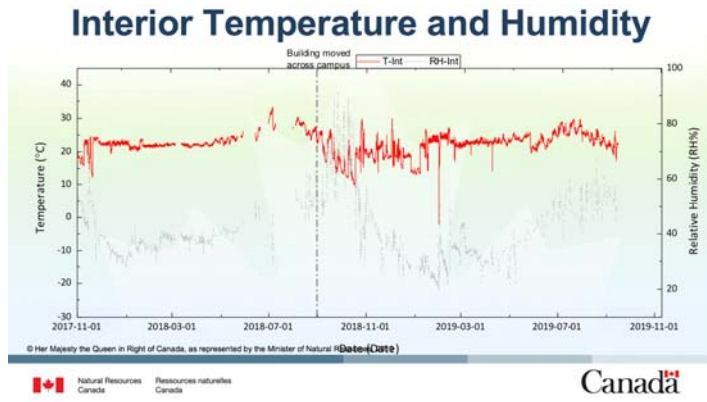
Performance Metric	Baseline	Retrofit	% Improved
Tested Airtightness (ACH@50Pa)	7.62	0.82	89%
Normalized Leakage Area @ 10 Pa (cm <sup>2</sup> /m <sup>2</sup> )	1.84	0.20	89%
Simulated Heat loss - Walls (GJ)	15.2	4.7	69%
Peak thermal demand (@-25°C) (W)	5760	2540	56%
Thermal Energy Demand Intensity (kWh/m <sup>2</sup> a)	230.3	64.7	72%



Graphics: CanmetENERGY, NRCan



# PEER Project Ongoing through 2021



### Moisture Risk Assessment

#	Case	Overall Results
1-4	Above grade walls at centre of panel (8" EPS-II core SP panel) Over "dry" (3.3 kg/m³) brick	LOW RISK Temp of the interior surface of outmost OSB is quite close or cooler than dewpoint. However, temps very low during these periods, preventing mold growth.
5-8	Above grade walls at centre of panel (8" EPS-II core SP panel) Over "light wet" (5.0 kg/m³) brick	MEDIUM RISK Mold index briefly exceeds threshold during dry-out on north facing wall.
9-12	Above grade walls at centre of panel (8" EPS-II core SP panel) Over "mod wet" (10.0 kg/m³) brick	HIGH RISK Mold growth potential on inner OSB
13-16	Above grade walls at centre of panel (8" EPS-II core SP panel) Over "heavily wet" (15.0 kg/m³) brick	HIGH RISK Mold growth potential on inner OSB Mold growth risk on existing sheathing Fastener corrosion
17-20	Base Case "as is condition"	HIGH RISK Mold growth risk on existing sheathing. Likely benefitting from increased air leakage drying potential

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- ### Monitoring
- Basic indoor air quality and comfort within the units before and after the retrofit to assess impacts to occupants' health and comfort;
  - The hydrothermal response of the retrofit panels and select building enclosure assemblies and details to assess moisture risk and validate / calibrate models. Specific questions include:
    - What is the mold growth index on surfaces of interest?
    - What are the boundary conditions and can these be used to "calibrate" hydrothermal models?
    - Does the inclusion of a vapour-open "squishy layer" in the wall panels facilitate upward drying by diffusion? Can this effect be quantified?
    - What potential for condensation exists at the panel joints? How can this joint be detailed to minimize this risk?
    - Does moisture from potentially rain-wetted existing finishes escape the retrofit assemblies? Is there a reasonable, safe threshold water content that can be established?
  - The annual overall energy balance (generation minus use) and daily energy use patterns of each unit to:
    - establish whether NZE performance was achieved;
    - understand and provide feedback to inform occupant behaviour; and
    - assess electrical demand and impacts to the grid and identify future opportunities for utility response measures.
- © Her Majesty the Queen in Right of Canada, as represented by the Minister of Natural Resources, 2019

Graphics: CanmetENERGY, NRCan



## NOT JUST WALLS:

PEER looking at wall assemblies

Real-world must look at whole building

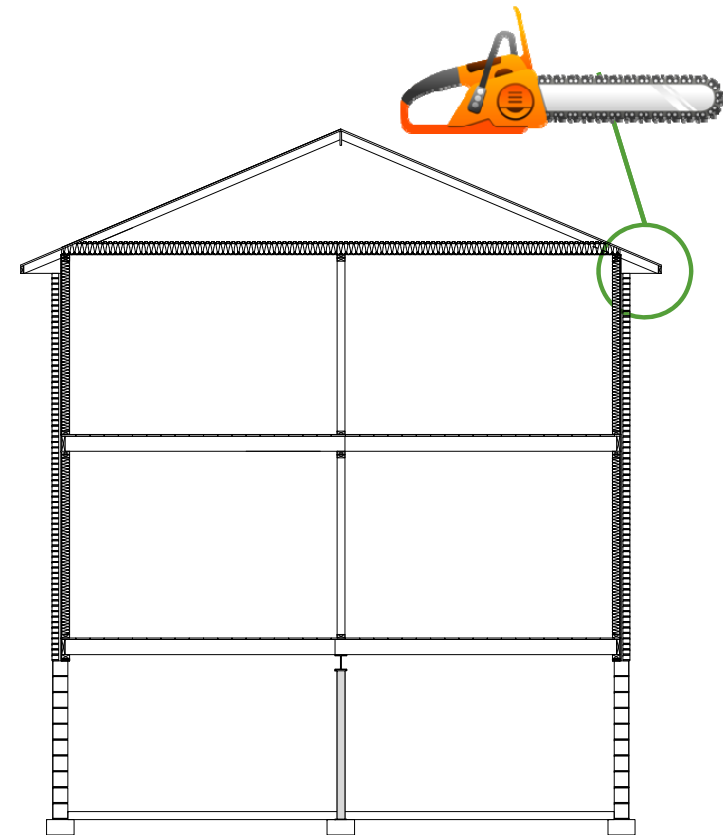
Hydrovac at foundation

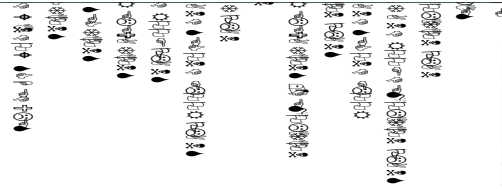
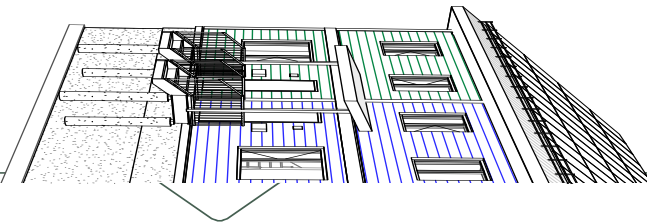
Perimeter/geometry challenges

Chainsaw retrofit at roof

Change out mechanicals

Fuel switching/Electrification





1 South Elevation (Point Cloud)  
3/8" = 1'-0"



2 North Elevation (Point Cloud)  
3/8" = 1'-0"

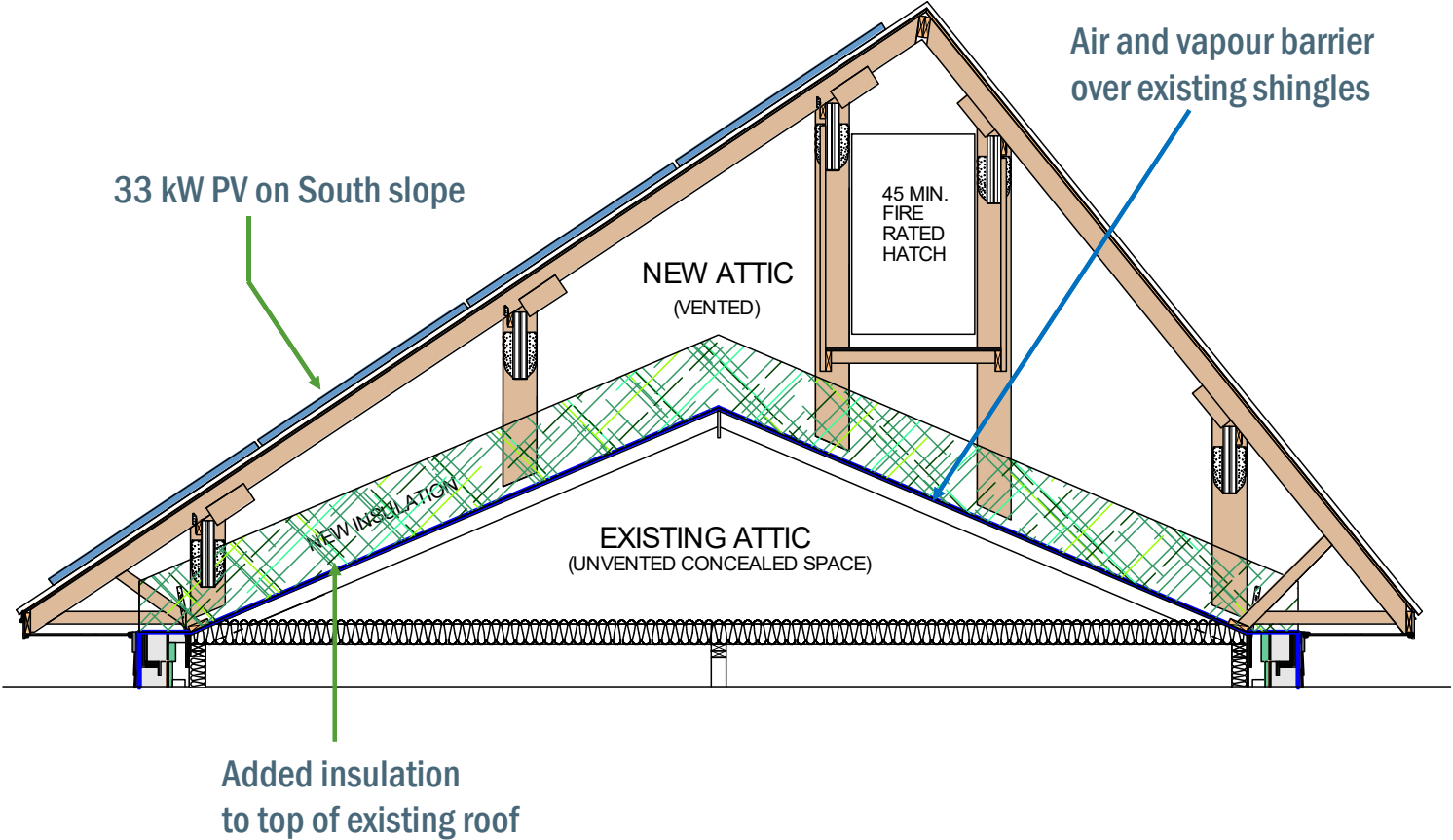
Graphics: CammetENERGY, NRCan

## PEER Demo: Ottawa Community Housing Pilot

Nail Base Panel, New Roof, Net Zero Project – Hundreds of Buildings in Portfolio



# New PV Roof



Graphics: CammetENERGY, NRCan





## Sundance Housing Co-op Phase 1 Pilot

Wood-frame Standoff Panel





# Challenges with Building Geometry...



# Challenges with Established Sites...

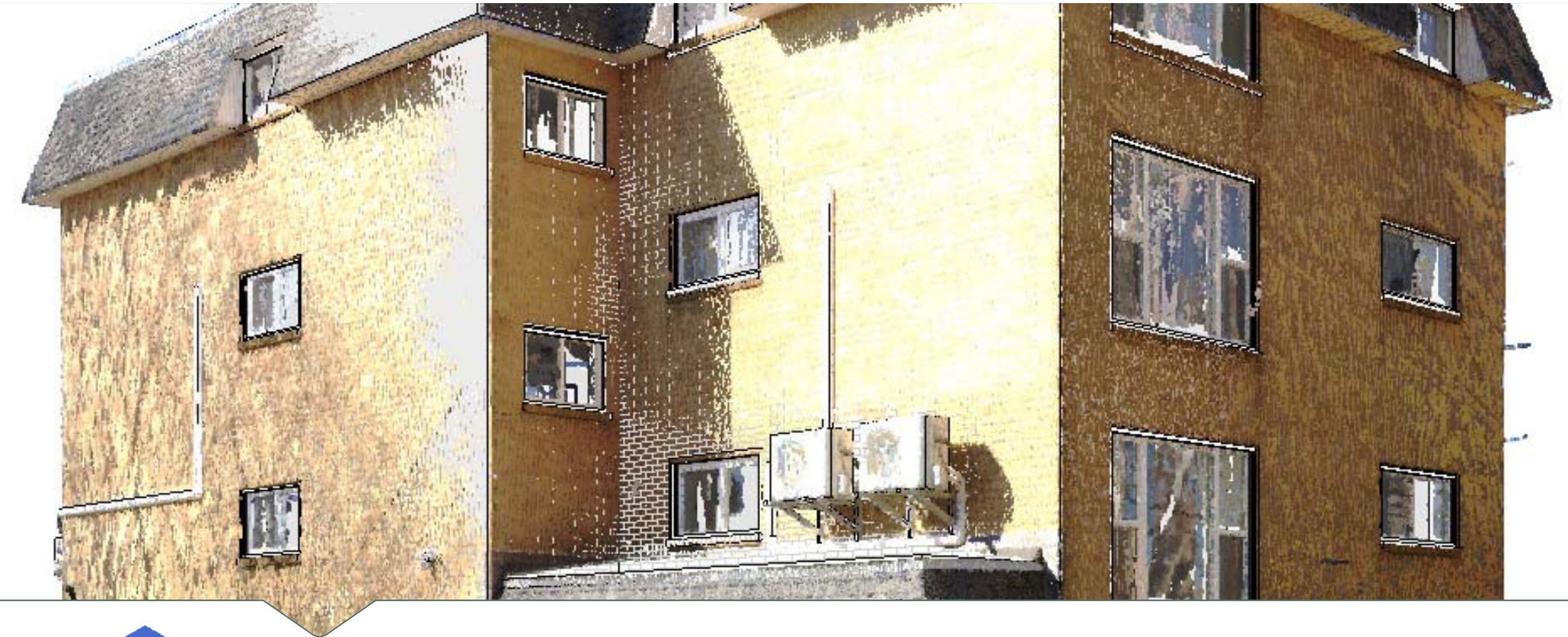
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# Pilot Completed!

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QUEST Canada, RSI Projects, Habit Studio



# The ReCover Team (so far)



Lorrie Rand  
Habit Studio  
Co-Manager



Andrea Doncaster  
Doncaster Engineering  
Structural Engineering



William Marshall  
Equilibrium Engineering  
WuFi Analysis



Nick Rudnicki  
RSI Projects  
Co-Manager



Aaron Smith  
M & R Engineering  
Energy Modeling



Greg Hanlon  
Smarter Spaces  
LIDAR & CAD



Emma Norton  
QUEST  
Supervisor



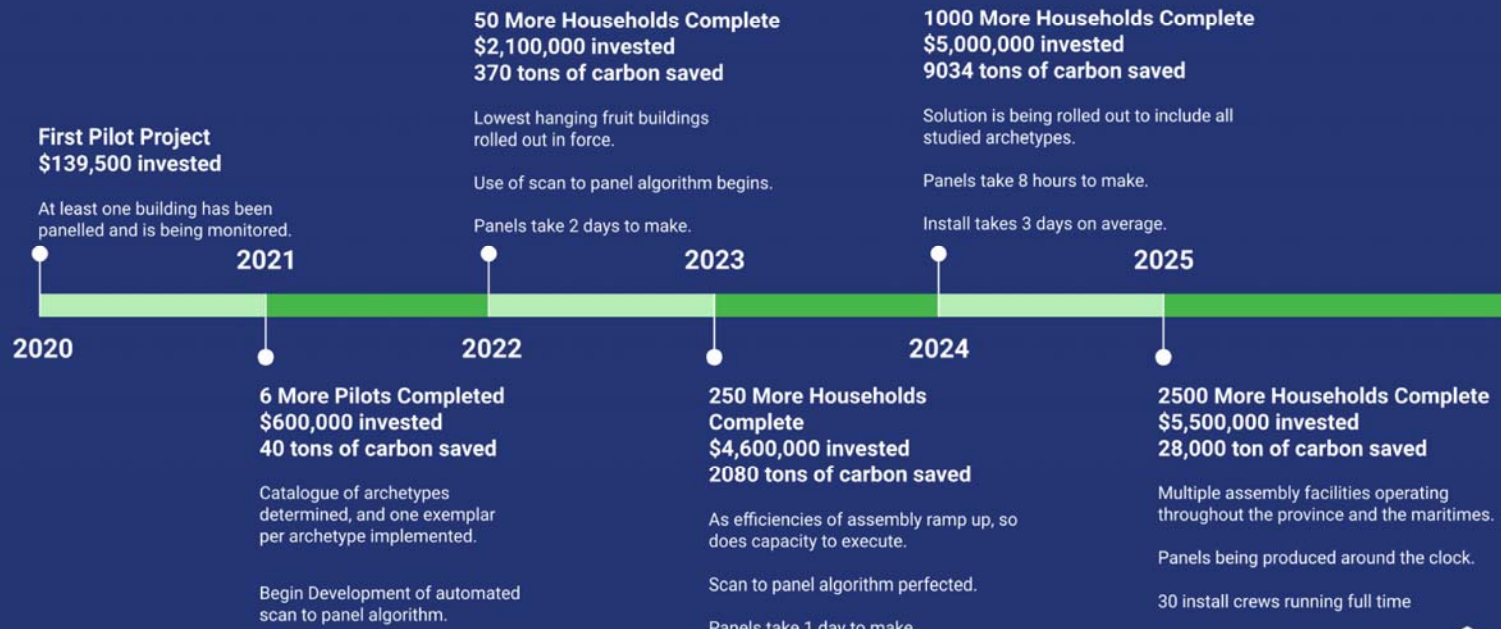
Liam Kidson  
M & R Engineering  
Electrical and Mechanical  
Engineering



Jim Nosted  
SEEFAR  
Cost of Building  
Ownership



# The Next Five Years





## ENERGY RETROFITS

UPGRADE AGING MULTI-UNIT HOUSING

One-time upgrades to exterior and mechanical systems, significantly lowering a building's energy appetite.



## ENERGY REDUCTIONS

AWARD-WINNING ENERGIESPRONG CONCEPT

Modular technology brings winter heat retention, summer cooling and year 'round moisture protection.



## ENERGY SAVINGS

OWNER & TENANT BENEFITS

Owners access ROI tools and realize large-scale upgrades. Tenants lower household costs and gain comfort.



## GREENER ENERGY

BRINGING EFFICIENCIES HOME

Retrofits support our green economy, reduce a building's carbon footprint.



## LEARN MORE

BE A PART OF THE PILOT PROJECT

Owners, tenants, tradespeople and engineers, your input is welcomed.

# Whole Housing Energy Retrofit Envelope (WHERE-NS)

## The Business Case: Exterior Retrofits for Affordable Housing





Ecology Action Centre

## Project Lead

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### Partners

- Pembina Institute
- Efficiency Nova Scotia – Affordable Housing Program
- Cape Breton Regional Municipality
  
- Funding: Low Carbon Community Grant  
Nova Scotia Dept. of Energy & Mines

### Stakeholders

- Housing Nova Scotia
- Nova Scotia Community College
- Mainland Building Trades
- Canadian Home Builders' Association of Nova Scotia
- Investment Property Owners' Association of Nova Scotia
- Affordable Housing Nova Scotia





**What are your questions?**



# Characteristics of a Good Candidate for DER

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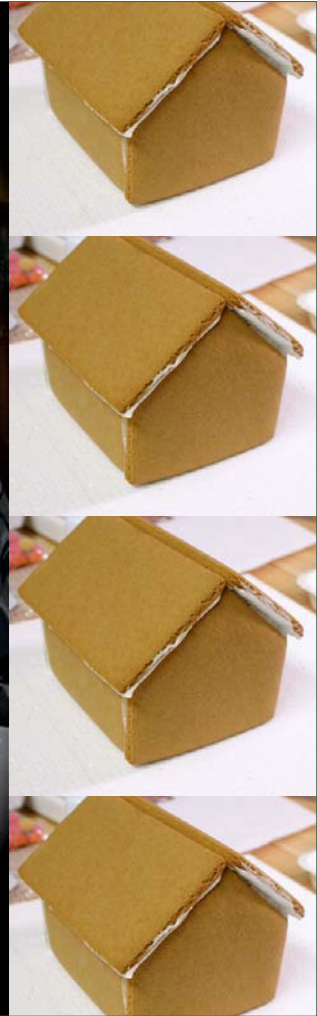
## House Vintage

Was it built before insulation was sexy?

Might it be due for some maintenance or replacement?

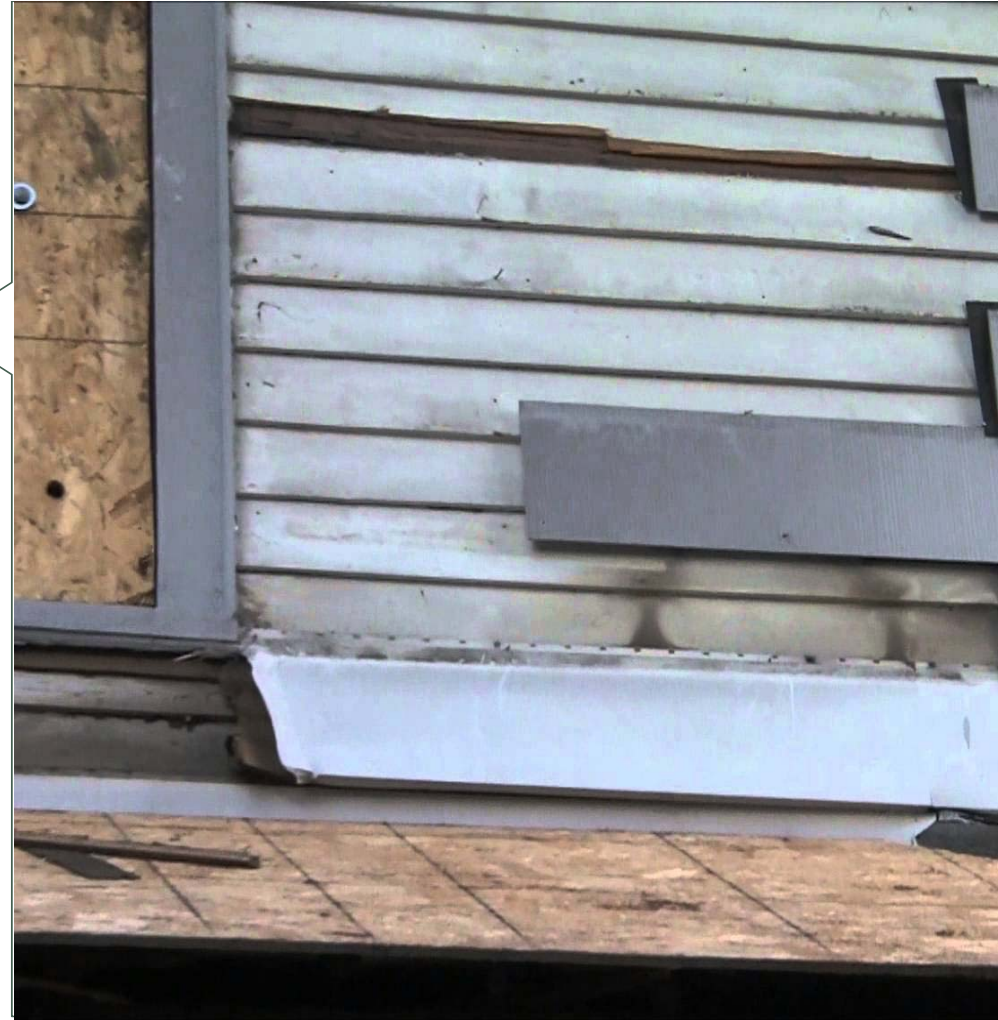


House Shape  
Complex or Simple?  
Tricksy corners



## Exterior Condition

Is it ready for a renewal or replacement? Oh, goodie!



## Roof Geometry

Simple or complex?

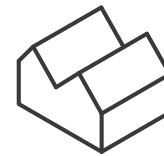
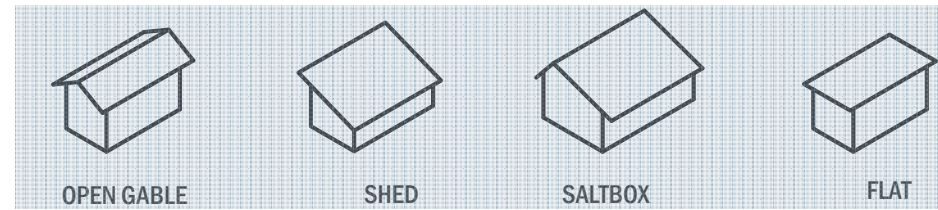
What about those overhangs?

Does roofline cause shading?

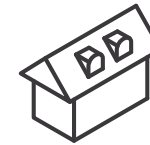
Does complexity mean there's very little 'clear' area?

Obstructions = shading

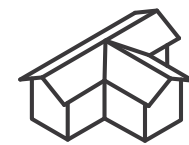
- Avoid South-facing dormers
- Avoid hips and valleys
- Avoid pitch changes



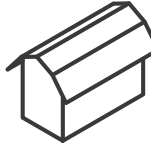
M-SHAPED



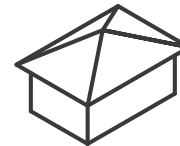
DORMER



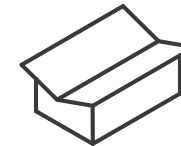
HIP & VALLEY



GAMBREL



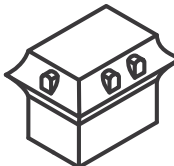
PYRAMID HIP



BUTTERFLY



LEAN-TO



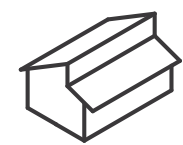
MANSARD



DUTCH GABLE



BOX GABLE



CLERESTORY



CURVED

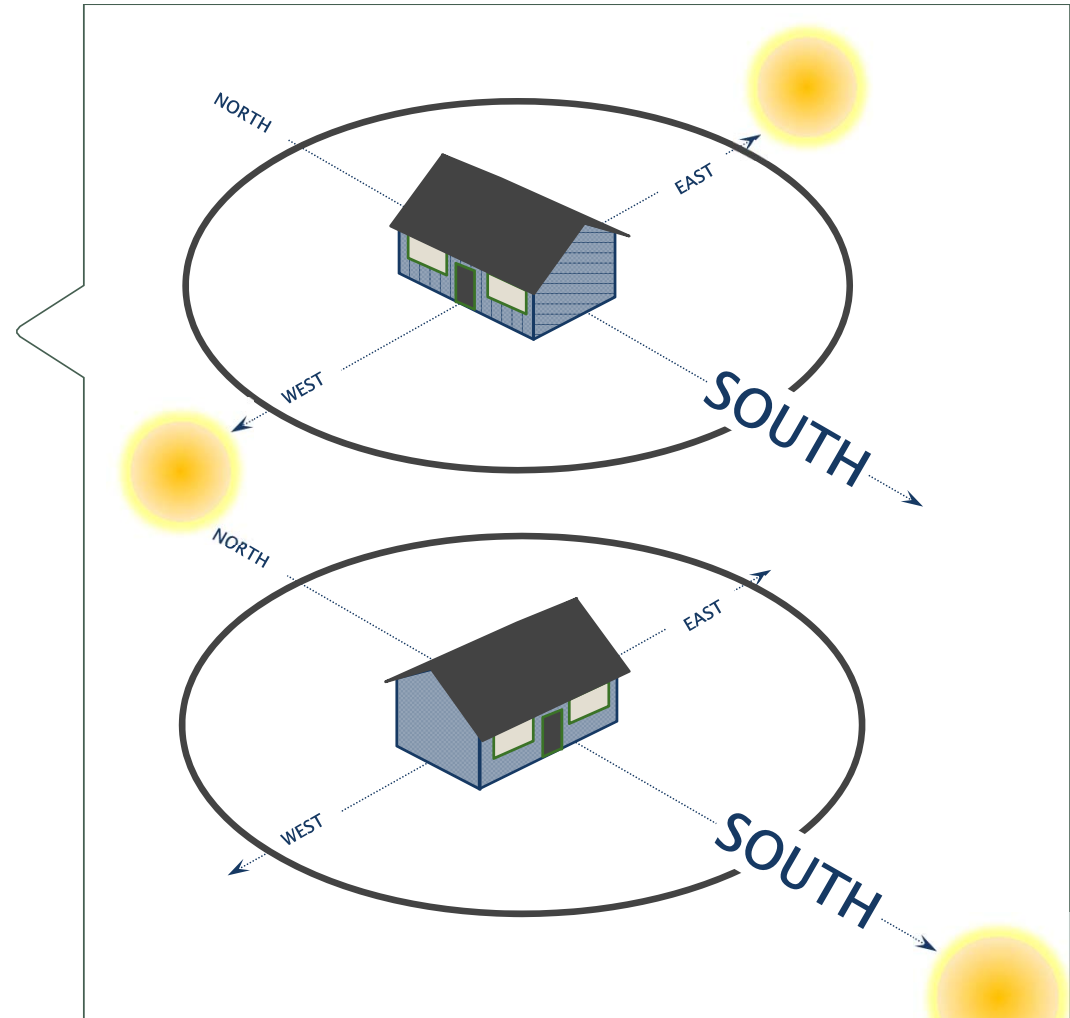


## Good Solar Aspect

To make the most of renewables, the roof has to see the sun:

100% potential solar gain  
on south roof face

85% potential solar gain  
on west AND east roof face



## Room to Work?

Can you get scaffolding and a crew around the whole building?

Is the house built to property lines?

What are local setback requirements?

Will a fat wall require a variance?





**Observable Upgrades Completed?**  
Dang. Bad timing.



## Level of Deferred Maintenance/Hazards

Interior AND exterior – moisture/mold issues, hazardous materials, IAQ, combustion spillage.

What needs to be replaced or dealt with immediately?



# Window Characteristics Matrix

	LAWFUL	NEUTRAL	CHAOTIC
GOOD	Windows in panels <b>No flange/brickmold</b> Removeable cladding	Windows in panels <u>Flange/brickmold</u> Removeable cladding	<b>Existing Windows</b> <u>Flange/brickmold</u> Removeable cladding
NEUTRAL	Windows in panels <b>No flange/brickmold</b> <b>Masonry cladding</b>	Windows in panels <u>Flange/brickmold</u> <b>Masonry cladding</b>	<b>Existing Windows</b> <u>Flange/brickmold</u> <b>Masonry cladding</b>
EVIL	Windows in panels <b>No flange/brickmold</b> <b>Wood/Mas cladding</b>	Windows in panels <u>Flange/brickmold</u> <b>Wood/Mas cladding</b>	<b>Existing Windows</b> <u>Flange/brickmold</u> <b>Wood/Mas cladding</b>



## Best Candidate Checklist

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- No recent energy conservation measures
- Building in need of major capital upgrades
- No historical/heritage qualities
- Roof geometry lends itself to PV
- Simple elevations
- Façade in need of updating



## 30 Point Checklist for MURBS

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- Owner/Portfolio
- Site
- Building Geometry
- Building Condition (Interior)
- Building Condition (Exterior)
- Space Conditioning Equipment and Distribution
- Mechanical Ventilation Equipment and Distribution
- DHW Equipment



# WHERE-NS CASE STUDIES

Bringing Energy Efficiency to Affordable Housing



# The Impact on NS Social Housing

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DER for 9,015 Social Housing Units over 12  
years  
**\$7.8 billion full time employment**  
\$15.25 million in family savings

- Increase uptake of NZE/r retrofits
- Inspire and connect stakeholders
- Made-in-NS business case strategy and roadmap
- Capacity building plan



# Project Parameters

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- Assess sites, model baseline and upgrade
- Assess financing options
- Develop workshops
- Identify who can carry out work
- Research supply chain
- Test/monitor 2 panelized wall systems (n/a due to COVID)

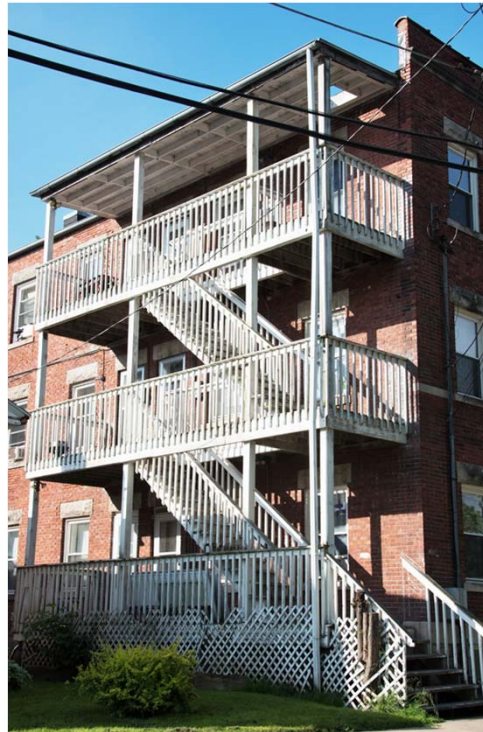




**GOAL:**  
**Two Distinct**  
**Investment Property Building**  
**Archetypes**

- Pre-1980 construction  
No recent energy conservation measures
- Building in need of major capital upgrades
- No historical/heritage qualities
- Roof geometry lends itself to PV
- Simple elevations
- Façade in need of updating

Purpose Built:  
3-storey  
Flat Roof, Brick Façade



Converted  
2-3 storey  
Gable Roof Removable  
Siding





# The Case Studies

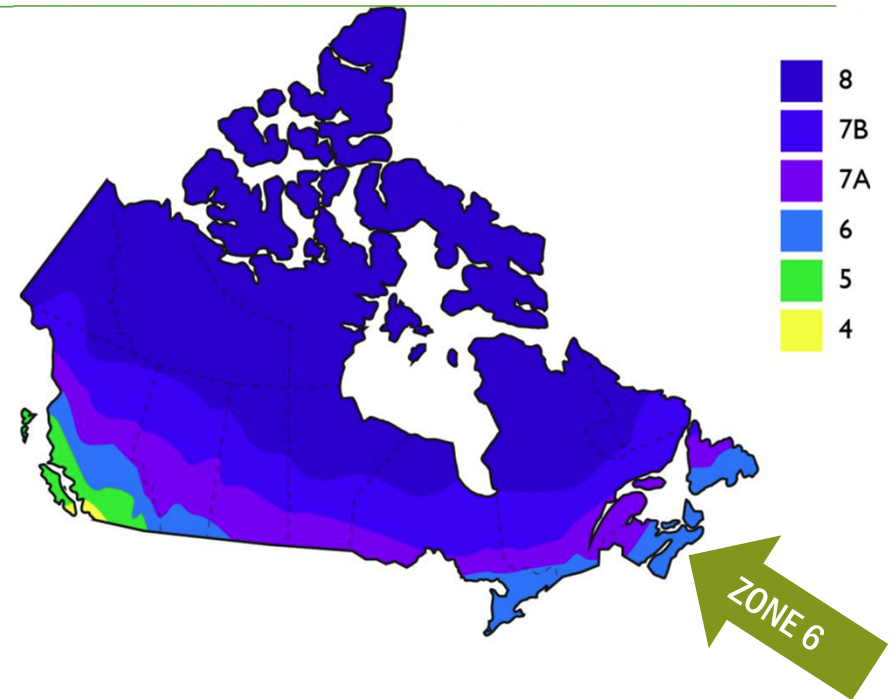


# Heating Reduction Target

BC Energy Step Code 2018  
Step 5 (NZE new build)

TEDI: Total Energy Density Intensity  
(building envelope & ventilation)

TEDI for Zone 6:  $\leq 25\text{kWh}/\text{m}^2$



## Why focus on retrofits?

# Nova Scotia's Perfect Storm

- Old housing stock
- High energy consumption
- High energy prices
- High GHG emissions
- Low median income
- High median income tax
- Growing fixed-income population
- Poor energy security
- Incidence of energy poverty
- Extreme weather events
- Lack of resiliency in housing

**THE UPSIDE:**  
**SMALL MARKET**  
**LOW 'TIPPING POINT'**  
**INDUSTRY CAPACITY**  
**MN & NS: HISTORY OF**  
**ENERGY CONSERVATION**

## Two buildings in HRM

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Built early/mid-1960s

Purpose built

Flat roof

- 1 stick frame w/wood

- 1 stick frame w/wood and brick

Oil-fired boiler & slant fin rads



# 54 Jackson Road, Dartmouth



Mixed bag o' windows:  
2 fixed, single, wood  
25 fix/slid, double, alum  
5 fixed, double, vinyl  
14 fix/slid, double, low-e, vinyl



## 33 Brule Street, Dartmouth



- 2x4 construction on poured concrete foundation(s)
- Footprint: 2,639 s.f. (91x29)
- Total Heated Area: 5,278 s.f.
- Oil-fired boiler (83%)
- 8 Electric DHW storage tanks



# Building As Usual v. Proposed Upgrades

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## Replacement

Roof re-surfaced and insulated to R30

Cladding, Windows & Doors Replaced

Foundation: dirt floor covered

Space Heating:

1x oil boiler

2x electric boiler (after 2050)

DHW: storage tanks replaced

Ventilation: bath fans replaced

## Net Zero Energy Retrofit

Roof re-surfaced and insulated to R50

Exterior Wall Retrofit: R30 outboard of R10 wall, Cladding, Windows & Doors

Foundation: dirt floor covered, concrete walls insulated to R12 min. w/med. density sprayfoam

Air leakage reduction

Space Heating:

**Air to Water heat pump** back up oil boiler

Replace oil boiler w/electric boiler 2x

DHW: integrated into heat pump

Ventilation: through the wall HRVs, bath fans replaced





## 33 Brule Street



2 pane horizontal  
sliders low-e, vinyl.  
(2018)

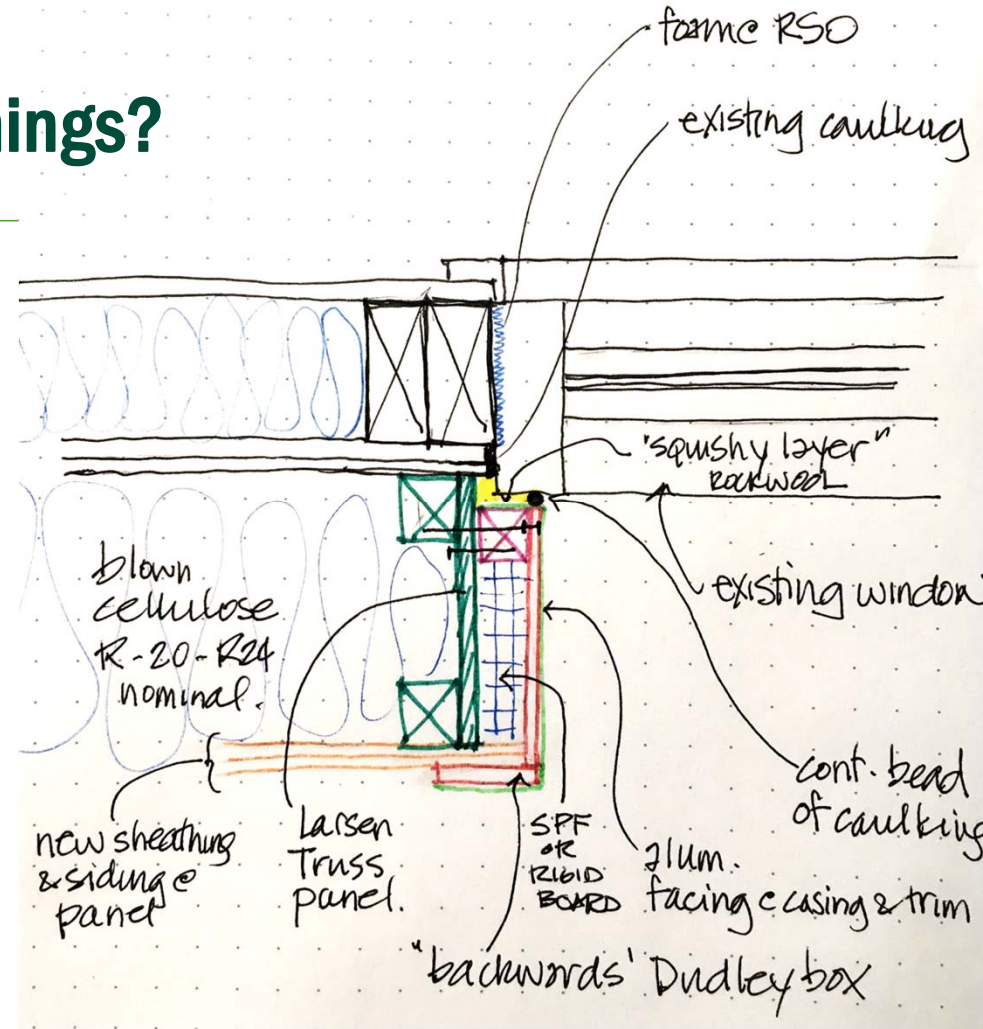
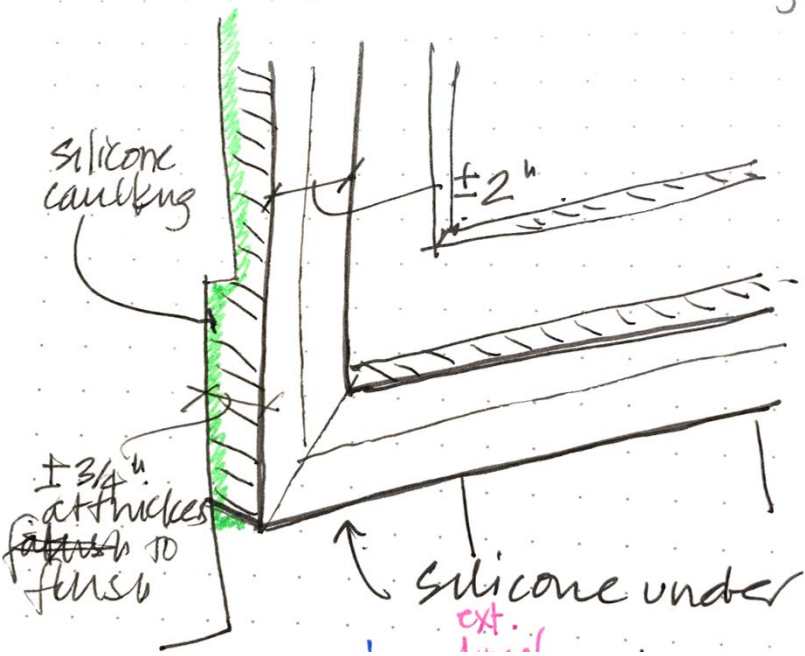


# Window Characteristics Matrix

33 Brule Street 54 Jackson Road	LAWFUL	NEUTRAL	CHAOTIC
GOOD	Windows in panels No flange/brickmold Removeable cladding	Windows in panels Flange/brickmold Removeable cladding	Existing Windows Flange/brickmold Removeable cladding
NEUTRAL	Windows in panels No flange/brickmold Masonry cladding	Windows in panels Flange/brickmold Masonry cladding	Existing Windows Flange/brickmold Masonry cladding
EVIL	Windows in panels No flange/brickmold Wood/Mas cladding	Windows in panels Flange/brickmold Wood/Mas cladding	Existing Windows Flange/brickmold Wood/Mas cladding



# Fit to Openings?



**Change Panel Type?**

**100% Recycled Plastic SIP**

**R-30, no thermal breaks, ASTM certified**

**Recycled PET bottles**

**Lightweight**

**Strong**

**ArmaForm**

**1 new build = 600,000 bottles**

**Water-shedding**

**Self-finish or Cladded**

**Nova Scotian Start-Up!**



## Mechanical Systems Challenge

- Oil-fired boilers
- Slant fin radiators (baseboard convectors)
- High delivery temps
- On-site tank issues w/insurance
- How to fuel switch?
- Air Source Heat Pumps  $\neq$  HVAC infrastructure



# Cascading Hydronic Heat Pump

2009 - present:  
400 residential low temp  
hydronic heat pump  
installations

2015:  
1st commercial models  
Q-Lofts  
(72 unit condo, Halifax)  
9 large MURB installs

2018:  
Developed modular  
hydronic cascade  
approach



# Space and DHW Heating System

Air to water HP in/out units  
Cascading Water Source HP  
2 buffer tanks  
1 indirect tank for DHW  
Electric Boiler  
Balance of system

Space heating COP: 2.06  
DHW COP: 2.3

**\$72,250 installed**



# How Much Will it Cost?

## Envelope Costs

Replacement: \$141,600

NZE: \$265,770

Increase in capital cost: 88%

## Mechanical Costs

Replacement: \$125,550

NZE: \$152,130

Increase in capital cost: 21%

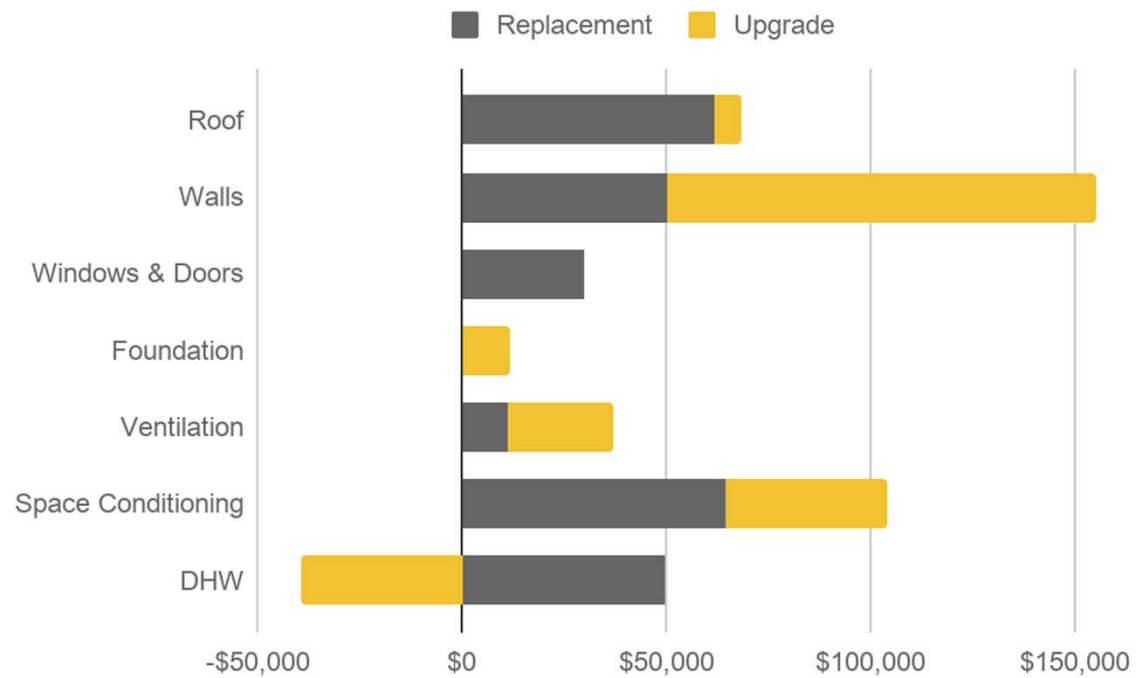
## Total cost

Replacement: \$267,150

NZE: \$417,900

Increase in capital costs: 56%

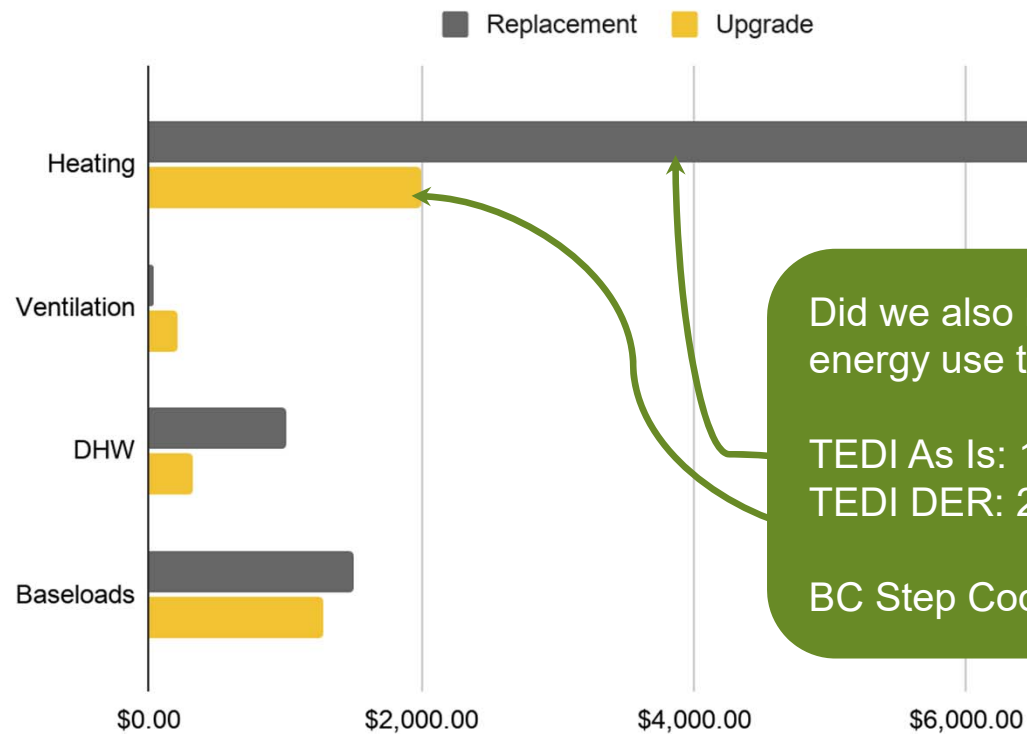
33 Brule Capital Costs over 60 years





# How Much Will it Save?

± 70% reduction  
in annual energy  
costs



## Getting to Net Zero

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22,800 kWh load  
21 kW capacity  
70 panels, 1255 s.f.  
\$62,750 installed  
\$0 energy costs



## Rough Comparison of Upgrade Options

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**Business as usual cost: \$270,000**

**\$900 financing + \$700 energy = \$1,600/month ongoing**

**NZE Retrofit cost: \$480,000**

**\$1,800 financing + \$0 energy = \$1,800/month for 25 yr**

**Insurer-driven Gut Rehab cost: \$670,000**

**\$3,000 financing + \$700 energy = \$3,700/month ongoing**



## NZE Financial results

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Value of property  
\$730,000 >>> \$870,000  
immediately

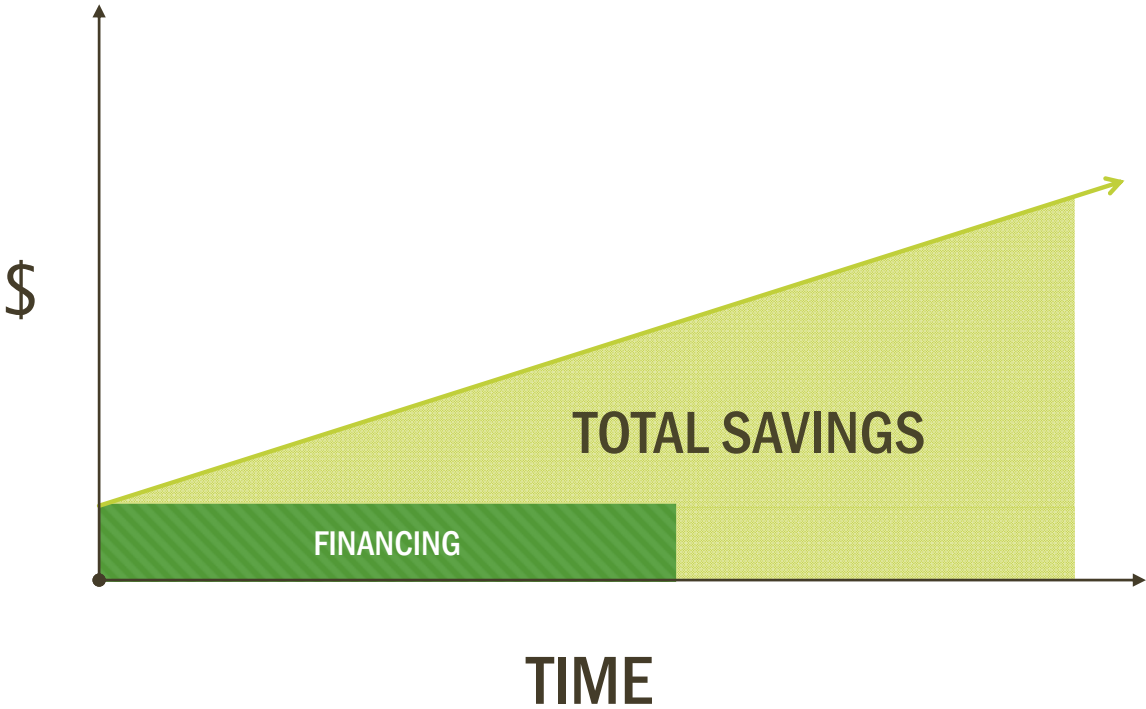
Value of company goes up too!



**What are your questions?**



# Business Case: Long-Term Feasibility





## Total Cost of Building Ownership

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Data has no ego and makes an excellent co-pilot.

Jay Samit

TL;DR: don't make choices blindly, integrate TCBO in decision making



## Total Cost of Ownership

Life cycle cost analysis of the building based on all major building operating, age-related renewal and maintenance costs.

Takes into account:

Energy Efficiency

GHG Reduction

Embodied Carbon

Durability

Life-Cycle Performance

Occupant Comfort

## 60 year time frame:

- Capital cost
- Energy consumption
- GHG emissions
- Useful life
- Current age
- Annual maintenance cost
- Replacement cost escalation
- Improvement in energy efficiency at replacement
- Cost of capital





# Why is TCBO so important?

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- 90% of costs occur after construction
- \$1 million build = \$9,000,000 own & operate
- Design costs  $\pm$  1% of TCBO
- NEW HIGH PERFORMANCE BLDGS
  - 3-10% more to build
  - TCBO 30-40% lower than standard construction



# Defining and Refining the TCBO

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- Up front costs = premium on deferred maintenance
- Expected changes in energy costs
- Expected horizon for your investment
- What's the future valuation?
- Impact on current value & property tax rates



# TCBO Summary: 33 Brule Street



Monetizing Building Sustainability

35 to 38% savings in TCBO over existing building  
 Scenario E saves \$1650/month (ave) over 60 years

<b>Table 4</b>		<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
<b>Total Cost of Building Ownership (TCBO)</b>		<b>Existing Building</b>	<b>NZE ReCover, with ASHP</b>	<b>NZE ReCover with ASHP &amp; Eff NS subsidy</b>	<b>NZE ReCover with GSHP</b>	<b>NZE ReCover with GSHP Eff NS subsidy</b>
<b>Row</b>						
1	TCBO at 60 years	\$3,144,000	\$2,031,000	\$2,013,000	\$1,987,000	\$1,957,000
2	Average Monthly Cost of Ownership over 60 years	\$4,370	\$2,820	\$2,800	\$2,760	\$2,720
3	TCBO/Year/m2	\$106	\$68	\$68	\$67	\$66
4	60-Year TCBO/m2	\$6,345	\$4,009	\$4,062	\$4,010	\$3,949

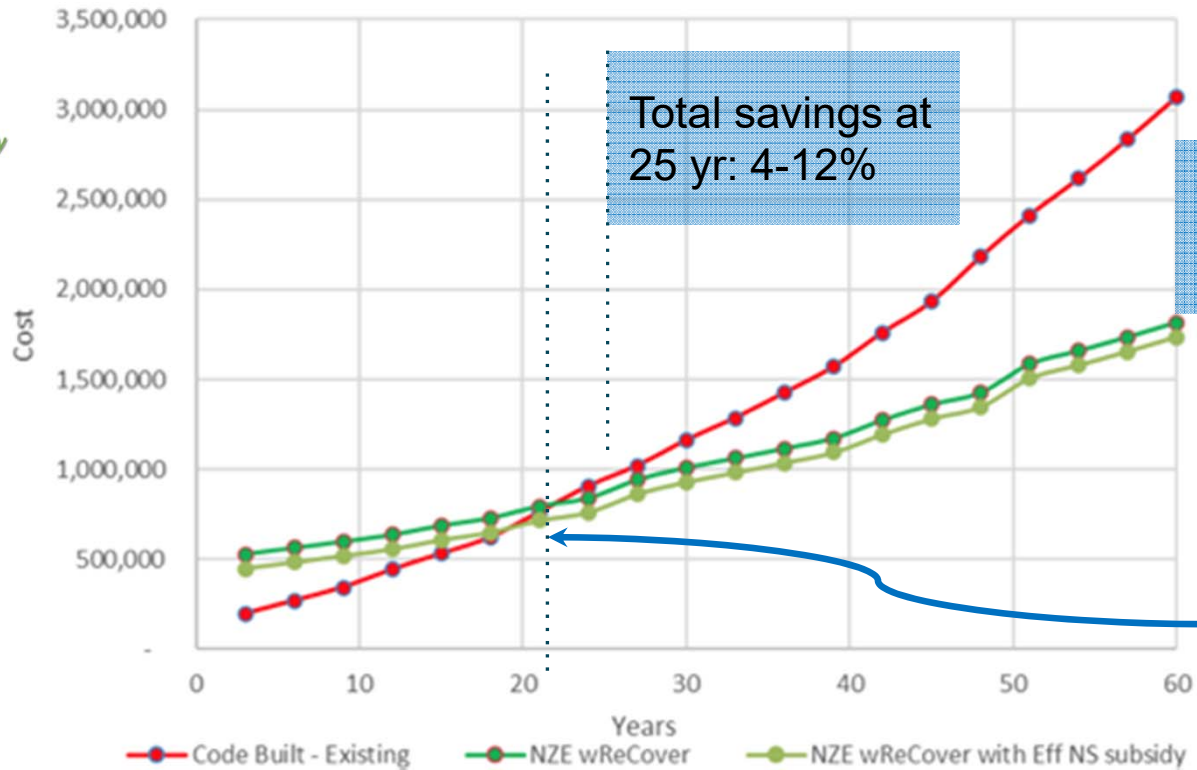
Coming Iterations: keep existing windows, use JD Composite SIPs  
 (100% recycled plastic bottles)



# TCBO Over Time: 33 Brule Street



Monetizing Building Sustainability



Total savings at 25 yr: 4-12%

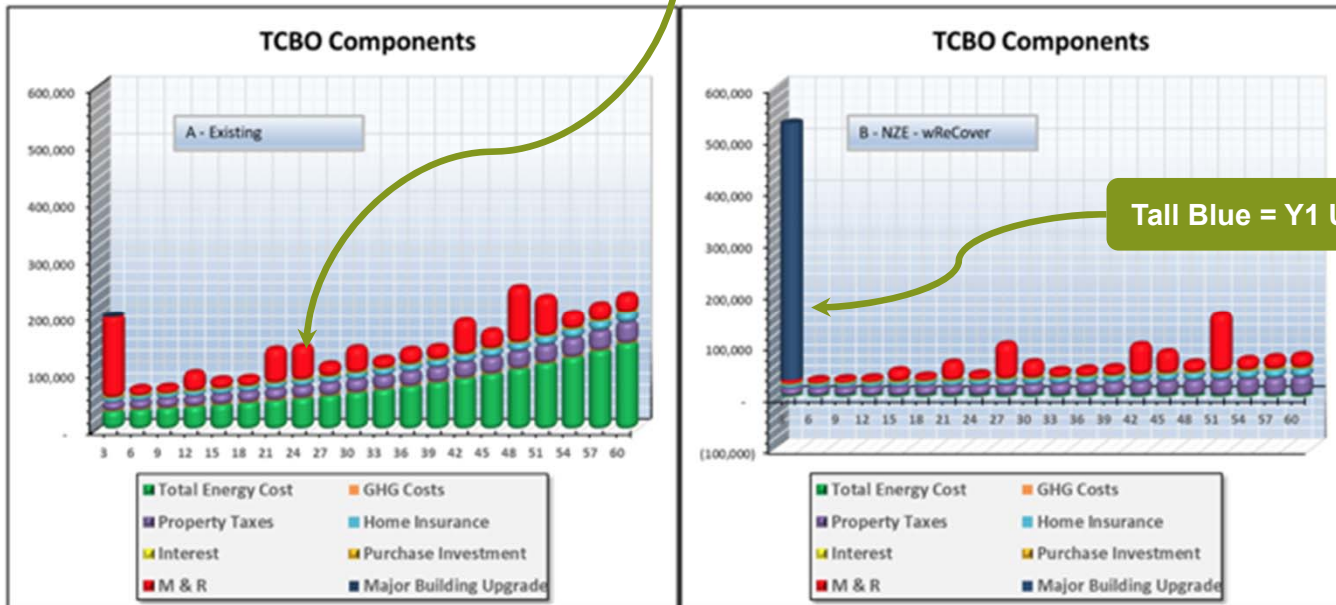
Total savings at 60 yr: 35-38%

The Sweet Spot  
TCBO ± 21 years  
By Contrast:  
Simple Payback  
± 30 years



# Breakdown by Component

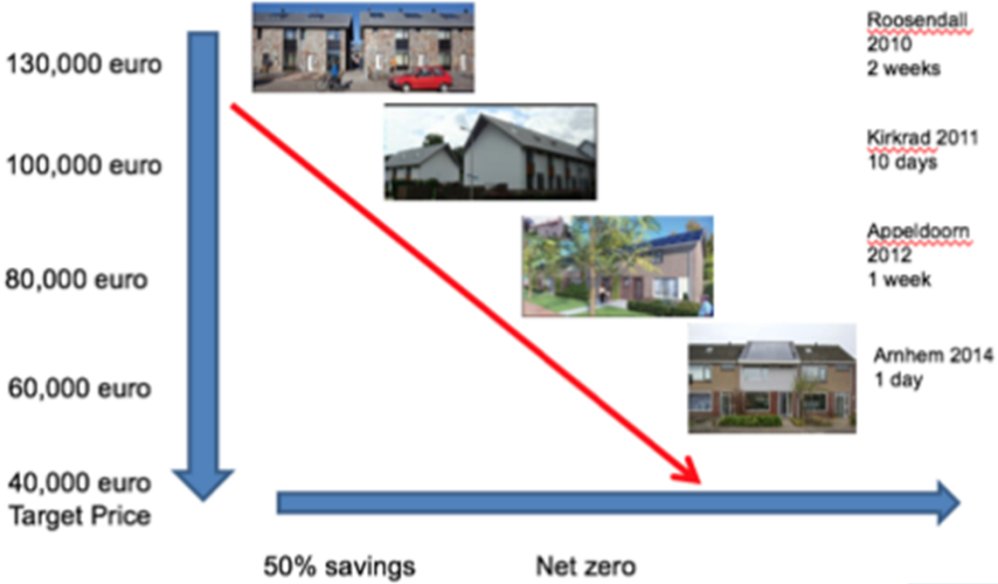
Tall Red = replacement of components



# TCBO improves w/practice

- In 5 years, Netherlands:
- EnergieSprong Retrofit 5,000 units
- Cut price tag in half**
- Cut site time to less than 1 week\*
- Added PV & mechanicals
- Found efficiencies
- Trades in-house
- 10,000 in process
- NE PLAN: 110,000 retrofits

## Energiesprong ... Energy Leap!



4

Image: [Energiesprong](#)



**Consulting Costs:  
\$41,000**

WuFi (moisture modelling) - \$5,000

Electrical, Mechanical and Energy  
modelling - \$13,000

Structural - \$5,000

TCBO analysis - \$3,000

Carbon analysis\$ \$1,500

Project Management \$7,500

Architectural Design \$6,000

## TCBO improves w/volume

Possible consulting cost reductions:

Research funded for the first 100  
(inc. monitoring for energy and moisture)?

Some reduction as 'packages' and/or calculators emerge for  
building types and HVAC configs

Specific to each building

Possible calculator?

Calculators being published 2021

Specific to each building

Specific to each building



# TCBO improves w/insurance

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**FUTURE IS NOT THAT FAR AWAY!**

**Better coverage/rates for:**

**Gut rehab of buildings pre-1940**

**Updates w/in 25 years:**

**Plumbing**

**Wiring (+ 60A service min)**

**Roof**

**Electric over oil for heating**

**REFERENCE POINT:**

**NS MURBs: 50% pre-1970**

**Gut Rehab: \$100-\$200 s.f.  
(wiring/plumbing, not HVAC)**

**Minor improvement to code-compliant  
energy measures**

**NZE (incl HVAC, panel upgrade, not  
wiring/plumbing): \$90 s.f.**

**PLUS zero energy costs**





## **TCBO improves w/market**

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**Clean economy - will oil be available/affordable?**

**Carbon tax + NZE helps clean up the grid**

**Compete w/new high performance buildings**

**Improve exterior, boost curb appeal**

**Upgrade interiors between tenants**

**No renovations = continuous rent income**



# Contact Information

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## Thank you!



**What are your questions?**

