



# **Having Success with Cold Weather Heat Pumps**

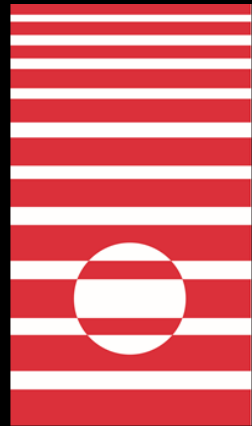
## Considerations for duct, envelope, and system performance

Bill Graber and Jake McAlpine  
**The Energy Conservatory**

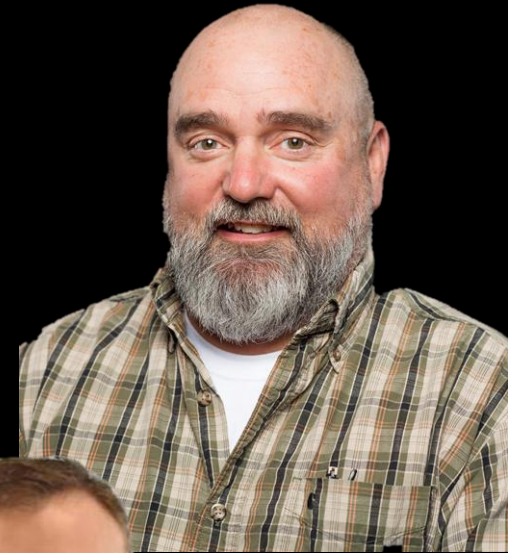
**In accordance with the Department of Labor and Industry's statute 326.0981, Subd. 11,**

**“This educational offering is recognized by the Minnesota Department of Labor and Industry as satisfying 1.5 code/energy hours of credit toward Building Officials and Residential Contractors continuing education requirements.”**

**For additional continuing education approvals, please see the continuing education credit section in the conference agenda booklet.**



MINNEAPOLIS  
BLOWER DOOR™



TRUEFLOW®  
GRID



THE ENERGY CONSERVATORY



**MAKING IT EASIER TO DO IT RIGHT™**

# TEC Industry Support



## Gary Nelson

- Founder (40+ years)
- Physicist & Engineer from St. Olaf
- Inventor of Minneapolis Blower Door™, Ductblaster®, TrueFlow®
- Member of numerous committees (ASHRAE, RESNET, BPA)



## Steve Rogers

- President
- 25+ years in pressure & flow with Emerson
- Mechanical Engineer from BYU
- Inventor of Digital TrueFlow®
- Member of ASME, ISO, ASHRAE committees.



## Collin Olson

- Senior Staff Physicist
- 25+ years experience in building science & performance
- Ph.D. from Univ. of Wisconsin, Madison
- Member of several committees: ASHRAE 193,162, 62.2 & ABAA.



## Jake McAlpine

- Technical Support Lead
- 13+ years experience in building diagnostics
- Residential Building Science Degree from Minnesota



## Chris Hughes

- HVAC Business Development
- 18+ years experience as Mechanical Contractor
- Experience in air flow design, refrigeration, DDC & Pneumatic controls, VFD's, VRV/VRF Technology



## Ed Janowiak

- TEC HVAC Design Consultant
- Manager of HVAC Design Education for ACCA
- 35+ years' experience in the HVAC industry



## Bill Graber

- Marketing, Partner
- 25+ years in pressure & flow with Emerson
- Mechanical Engineer/MBA from Minnesota

**Nearly 200 Years Experience**

# Cold Climate Heat Pumps - Key Messages

- CC Heat pumps are a **great opportunity**. In many cases in Upper Midwest, these will be **ducted systems**.
- **Look beyond COP** to have a successful heat pump install. Goals include **comparable comfort, costs and durability**.
- Several factors influence a **retrofit project success** – including **air flow, duct condition, and building envelope condition**.
- There are **many great resources** for homeowners and contractors, including **CEE, Slipstream, NEEP**, and others.

**We will review two houses (“Good/Tight” & “Bad/Leaky”) to show how these factors interact to impact the success in a ducted retrofit application**

# Agenda

- Intro: Success with a 1.5-ton heat pump in Minnesota
- Why Cold Weather Heat Pumps?
- Sizing a Heat Pump for Success
  - Minneapolis Example
    - Impact of Air Flow
    - Impact of Building Envelope
    - Impact of Ductwork
- How to Achieve Good Envelope and Ducts
- Final thoughts & Summary

# Having Success With Cold Weather Heat Pumps

- This session will review a case study project of installing a 1.5-ton heat pump (with no backup!) on a Minneapolis home.
- Learn details of what was considered and what work was done to make this project a success.
- Learn about what broader lessons we can apply as customers look to install more cold-weather heat pumps in our region.



**Gary completed a renovation in 2017 and has a very “Good House”**

**We will Touch on Gary Nelson’s Project, but then Focus on Broader Topics**

# Can a Heat Pump Work in Minnesota?



## First, fix the building enclosure!

### Details of Gary's 2017 Renovation Project

- **Infiltration:** 1 ACH50 (air change per hour at 50 Pascals)  
500 cubic feet per minute at 50 Pa (cfm50)
- **Walls:** R-30 to R-40
- **Ceiling:** R-50
- **Floor:** R-0 (old part), R-20 foam under addition
- **Windows:** Triple pane, argon-filled, 3 low-e coatings

The result of improving the enclosure so much is that the **heating load is very low**. Minneapolis design temp -10F, needed a heat pump with a capacity of **18,000 BTU/hr**.



# Can a Heat Pump Work in Minnesota?



## 1.5 Ton Heat Pump

- Replaced heating system with 1.5-ton Fujitsu ducted mini-split heat pump
- Moved heat pump higher after first winter to avoid ice build-up
- Winter #2: Moved higher
- Winter #3: Added a plexiglass shed roof to keep snow off

# Can a Heat Pump Work in Minnesota?



## Heating Performance

- **Winter 2017-18:** Low in Minneapolis was  $-15^{\circ}$  F. The system performed very well and held the house at their  $72^{\circ}$  F setpoint.
- **Winter 2018-19:** Coldest was  $-27^{\circ}$ F, house got down to  $62^{\circ}$  F...but they were away in Australia at the time. Nelson believes they would be closer to  $70^{\circ}$  F with body heat and by baking some cookies.
- **Winter 2019-20:** Nothing remarkable to report. They didn't have any weather cold enough to call for any kind of auxiliary heat.



# Can a Heat Pump Work in Minnesota?



## Heating Performance at -27F

- The heat pump capacity was 8,597 BTU/hr (2.52 kilowatts) and the power consumption was 1,834 watts (W). **The coefficient of performance was  $2.52 \div 1.834 = 1.37$ .** For comparison, [electric resistance heat has a coefficient of performance of 1.](#)
- When the temperature **rose to -17° F**, the heat pump output rose to 13,000 BTU/hr and the power consumed to 1,959 W. The resulting **coefficient of performance was nearly 2.**



*Historically, some HVAC techs would tell people to [switch to emergency heat](#) when the outdoor temperature drops into the 30's!*

# Can a Heat Pump Work in Minnesota?



## Heating Performance

- **Winter 2020-21: Few days in a row where it didn't get above 0° F and down around -17° F at night. And very little sun, which I think is unusual when it's this cold.**
- Ran about flat out for 3 or 4 days and didn't quite meet the setpoint. The third morning, I **turned on the [electric] oven for an hour** or so with the door open and then set it to 350° F with the door closed for much of the day. I'd guess we probably **used < 40 kWh of resistance heat.**



40 kilowatt-hours of supplemental electric resistance heat he used might have **added about \$5 to his electric bill.**

# Can a Heat Pump Work in Minnesota?



## Cooling Performance

- Nelson's heat pump is sized just about perfectly for heating. That means it's oversized for cooling. As a result, the house can stay at the setpoint temperature easily but doesn't get dehumidified enough.
- After two summers, he installed an **Ultra-Aire dehumidifier** in the summer of 2020. As a result, he "enjoyed much better humidity control" during the cooling season.



# Can a Heat Pump Work in Minnesota?



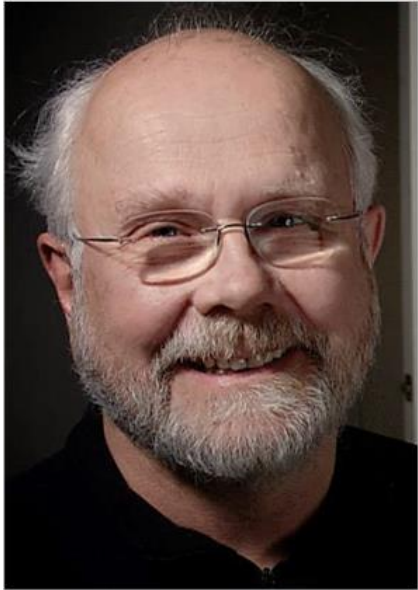
## Cooling Performance

- Last year, Gary **established a new (manual) process to control** the performance in Summer.
- He adjusted his fan speed to as low as it would go and operates in “dry mode”.
- He adjusts the thermostat down to 72F (from 74F) at night to ensure it operates over a longer run time. This allows it to run efficiently at night. He then turns it back up to 74F in the morning. Even though it was a warm and humid summer, **he did not need the dehumidifier in 2022.**



**Improved (and simplified) controls is a key need to deliver the best performance from heat pumps**

# Can a Heat Pump Work in Minnesota?



## Key Lessons from Gary's Project

1. **Cold climate heat pumps can be successful** in covering the heating load – even as a retrofit!
2. It is important to understand and **minimize the heating load through house envelope improvements**
3. If the heat load is low enough **electric resistance** may be a viable option for supplemental heating. In other cases, **dual fuel** may be appropriate.
4. **A key question: Can the grid handle the peak** if everyone flipped to electric resistance at the same time?
5. If you cover the heat load, you may need additional dehumidification in cooling season – but **improved controls** may also address this issue.

# Agenda

- Intro: Success with a 1.5-ton heat pump in Minnesota
- Why Cold Weather Heat Pumps?
- Sizing a Heat Pump for Success
  - Minneapolis Example
    - Impact of Air Flow
    - Impact of Building Envelope
    - Impact of Ductwork
- How to Achieve Good Envelope and Ducts
- Final thoughts & Summary

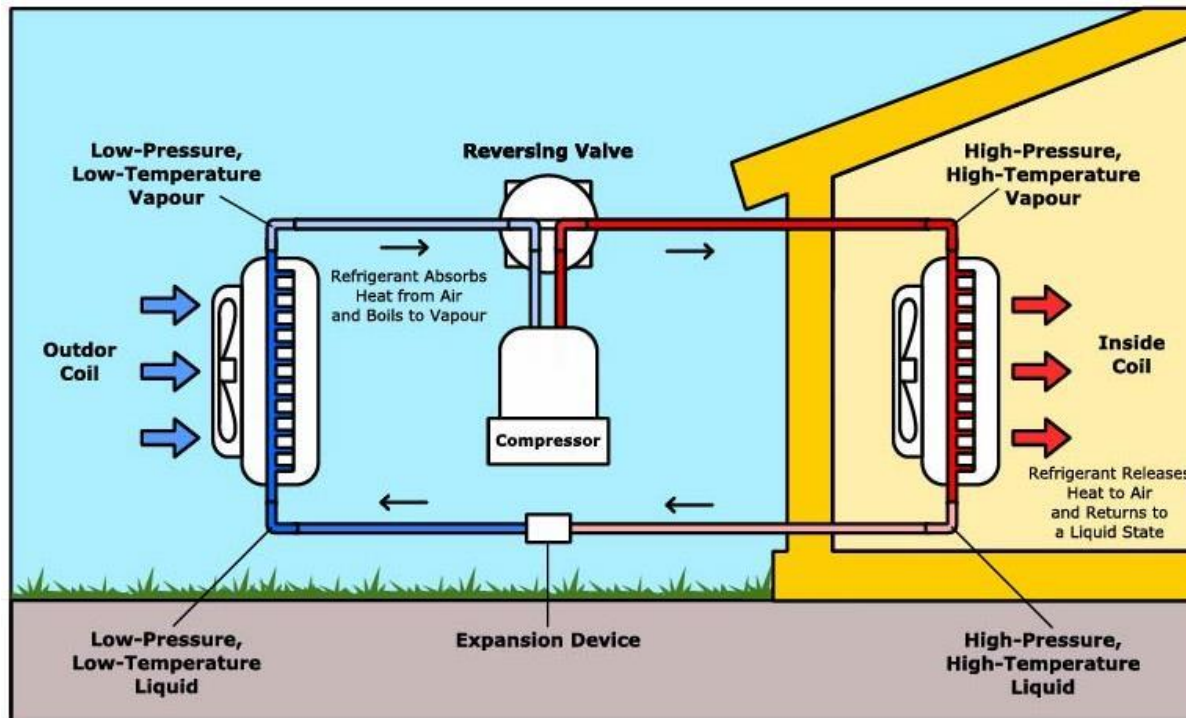


# Air Source Heat Pump Operation

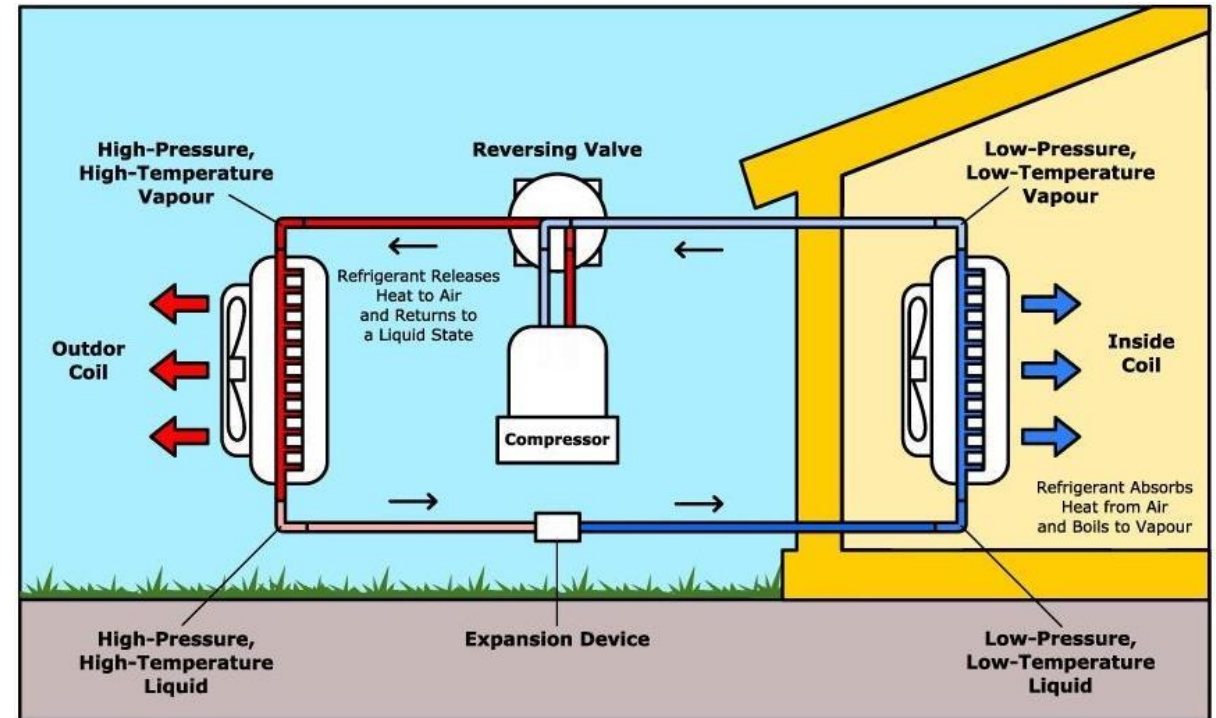


Source: DOE Energy Star

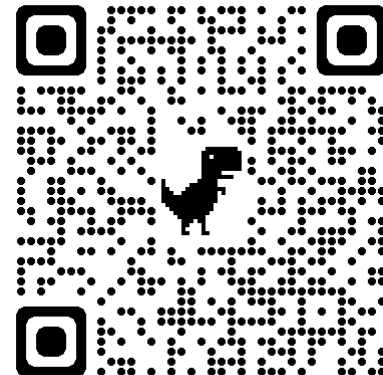
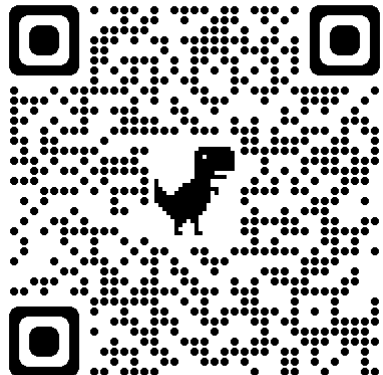
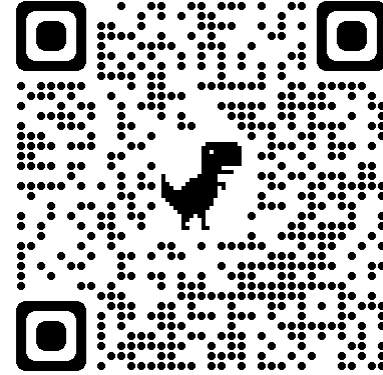
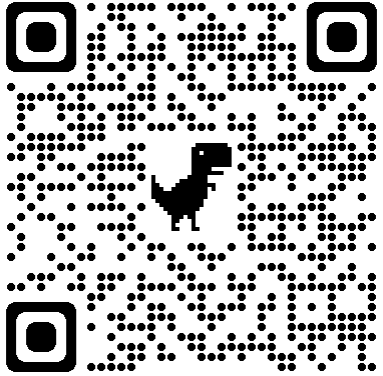
## Heating Cycle



## Cooling Cycle



# Heat Pump Resources

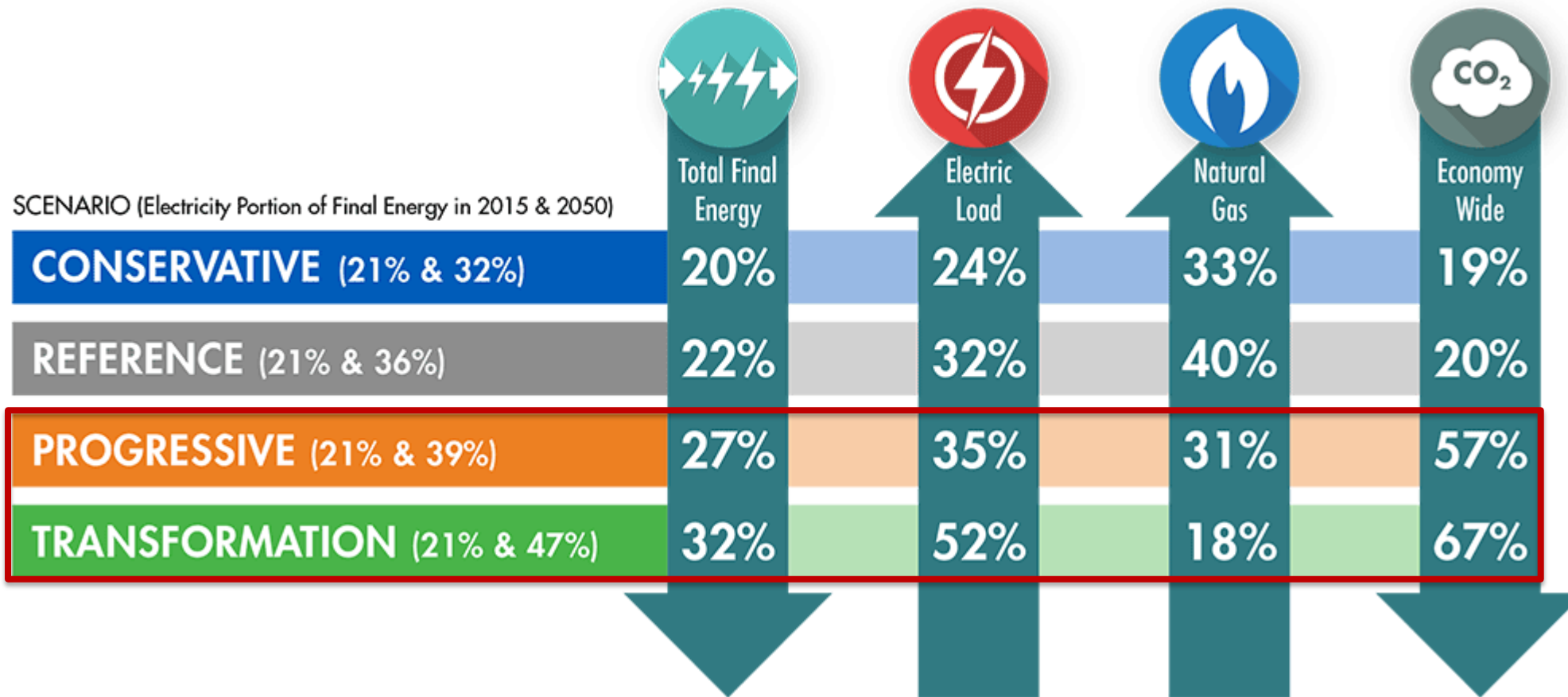


# Energy Demand and Sources in 2050

General Direction to Move to Electric to Reduce Co2 Footprint



Source: NRDC



# What does it Mean to Have Success?



Source: Energy.gov

## Government Funding Goals

The Inflation Reduction Act (IRA) of 2022 makes the single largest **investment in climate and energy** in American history, enabling America to **tackle the climate crisis**, advancing **environmental justice**, securing America's position as a world leader in domestic **clean energy** manufacturing, and putting the United States on a pathway to achieving the Biden Administration's climate goals, including a **net-zero economy by 2050**.



## Inflation Reduction Act Summary

Policy	Cost (-)/Savings (2022-2031)
<b>Energy and Climate</b>	<b>-\$386 billion</b> ★
Clean Electricity Tax Credits	-\$161 billion
Air Pollution, Hazardous Materials, Transportation and Infrastructure	-\$40 billion
Individual Clean Energy Incentives	-\$37 billion
Clean Manufacturing Tax Credits	-\$37 billion
Clean Fuel and Vehicle Tax Credits	-\$36 billion
Conservation, Rural Development, Forestry	-\$35 billion
Building Efficiency, Electrification, Transmission, Industrial, DOE Grants and Loans	-\$27 billion ★
Other Energy and Climate Spending	-\$14 billion
<b>Health Care</b>	<b>-\$98 billion</b>
Extension of Expanded ACA Subsidies (three years)	-\$64 billion
Part D Re-Design, LIS Subsidies, Vaccine Coverage	-\$34 billion
<b>Total, Spending and Tax Breaks</b>	<b>-\$485 billion</b>

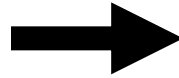
# What does it Mean to Have Success?



Source: Energy.gov



Energy Supplier



## Homeowner/Contractor Goals



Nuclear & Other Fossil Fuels



Energy Grid



Wind



Coal



Comparable Initial Cost



Comparable Comfort



Comparable Operating Cost



Reduce Energy (Carbon) Consumption

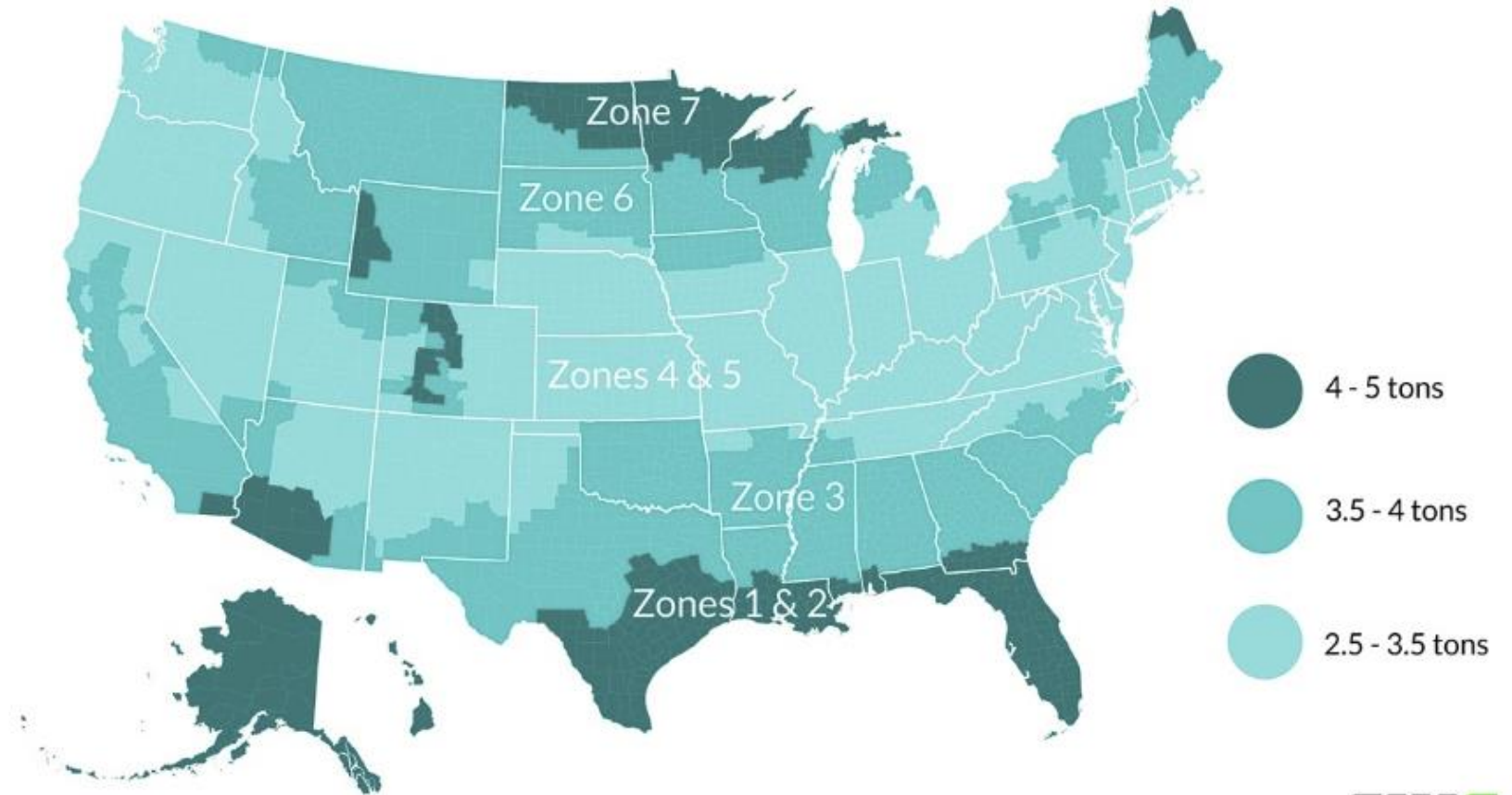


Comparable Expected Life / Durability

# Selecting Heat Pump can be Over-simplified

To heat and cool a 2,000 sq.ft. home in each zone, you need the following sized heat pumps:

Success Factors	
	Comparable Initial Cost
	Comparable Comfort
	Comparable Operating Cost
	Reduce Energy CO2 Consumption
	Comparable Durability



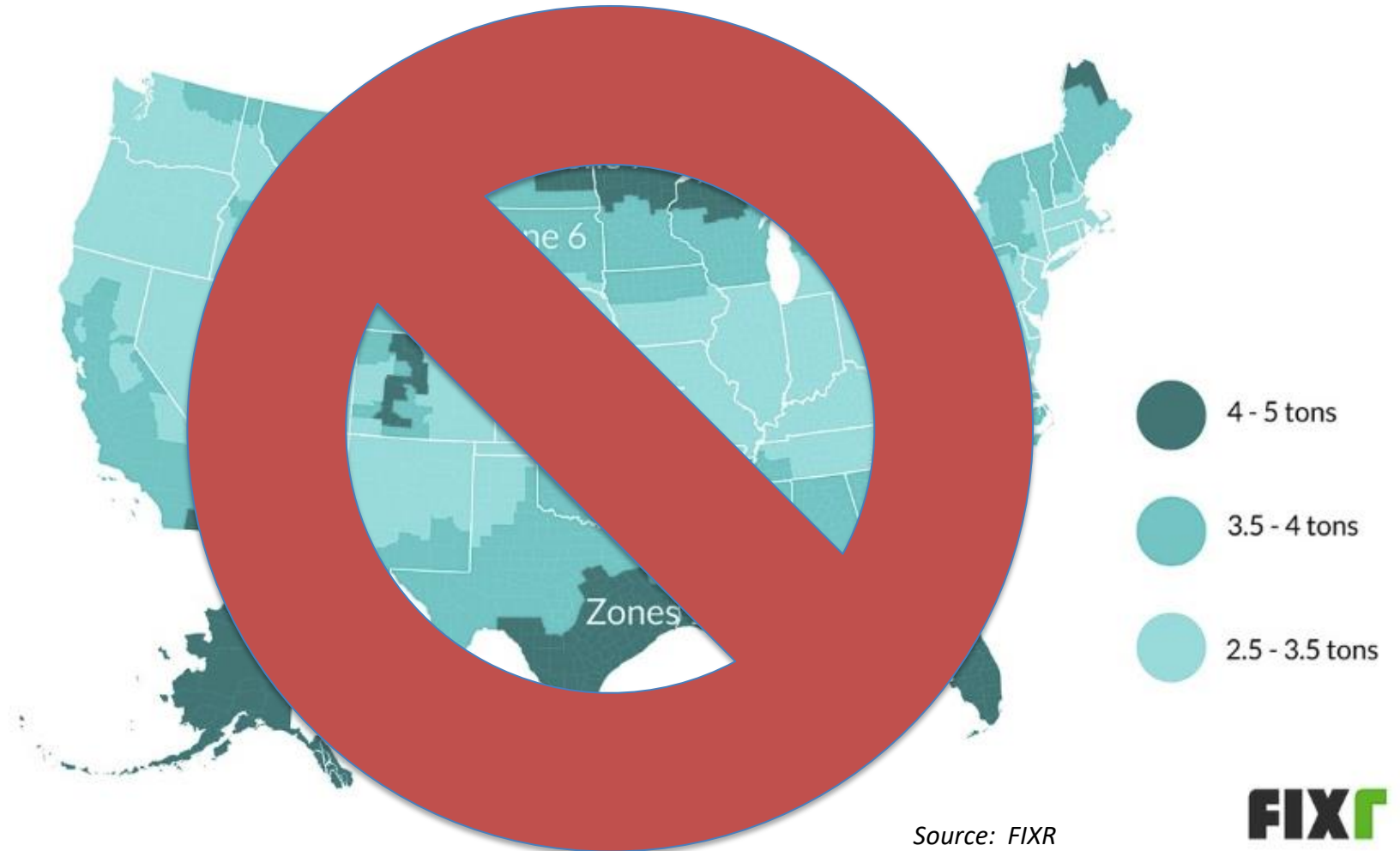
Source: FIXR



# Selecting Heat Pump can be Over-simplified

To heat and cool a 2,000 sq.ft. home in each zone, you need the following sized heat pumps:

Success Factors	
	Comparable Initial Cost
	Comparable Comfort
	Comparable Operating Cost
	Reduce Energy CO2 Consumption
	Comparable Durability

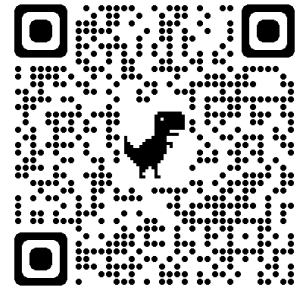


# Agenda

- Intro: Success with a 1.5-ton heat pump in Minnesota
- Why Cold Weather Heat Pumps?
- Sizing a Heat Pump for Success
  - Minneapolis Example
    - Impact of Air Flow
    - Impact of Building Envelope
    - Impact of Ductwork
- How to Achieve Good Envelope and Ducts
- Final thoughts & Summary



# Air Source Heat Pump Styles

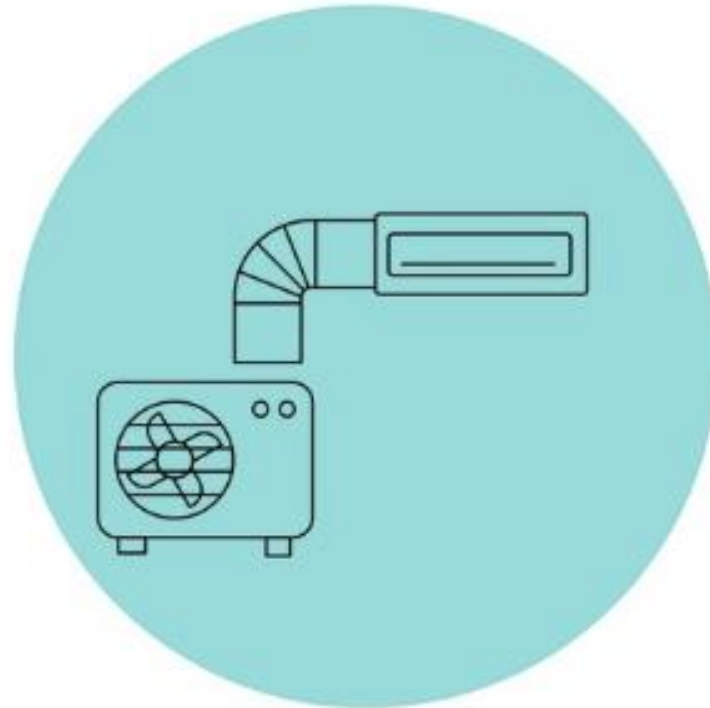


Source: FIXR



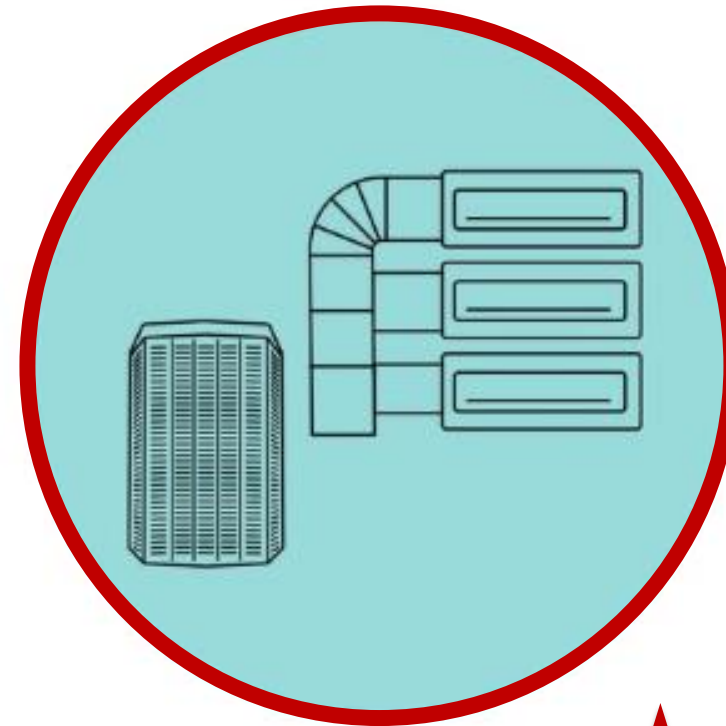
\$900 - \$5,000

Ductless



\$2,000 - \$8,000

Ducted Mini-split



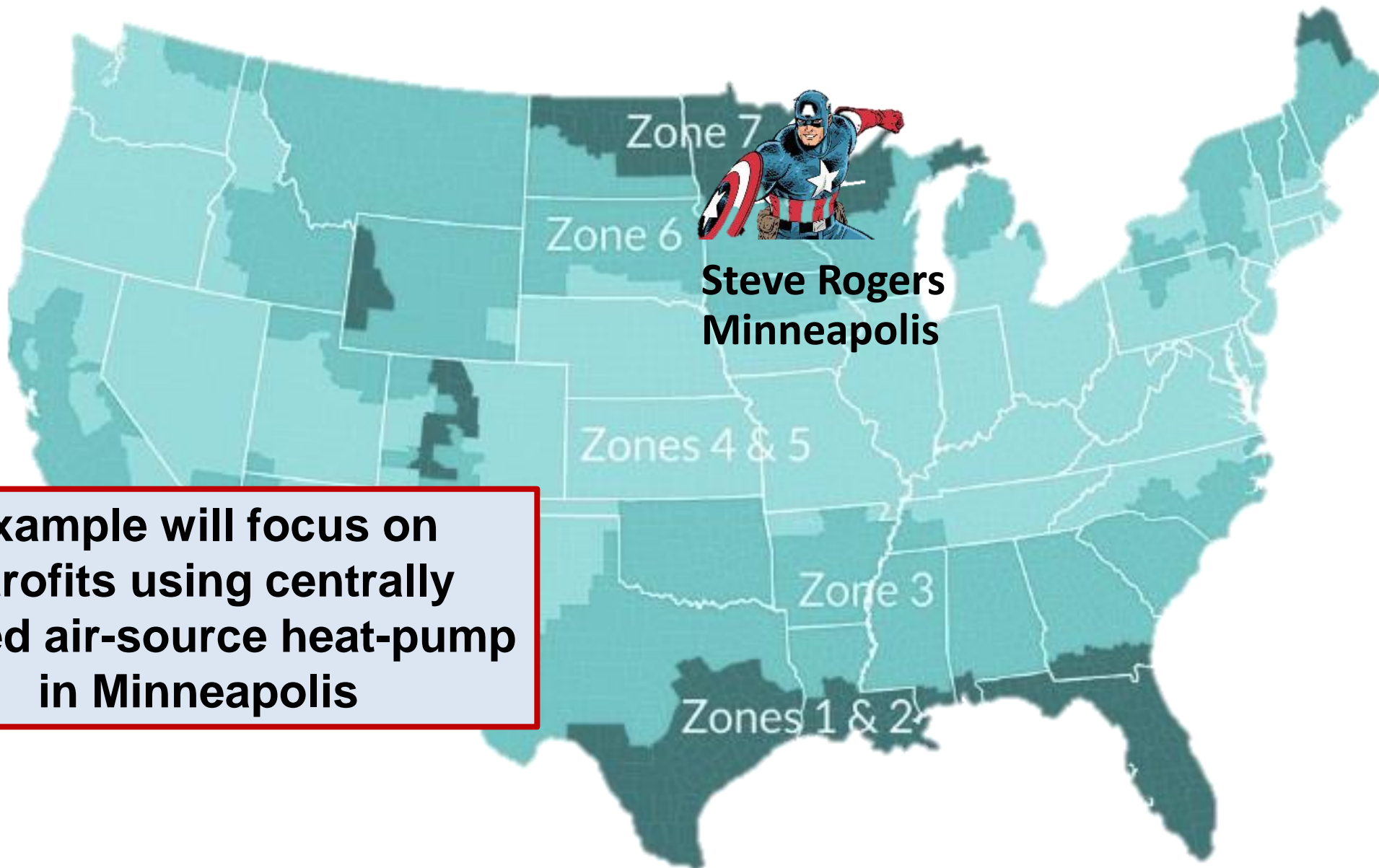
\$2,000 - \$8,000

Ducted / Central



**Retrofit Ducted Systems will be Most Challenging**

# Let's Look at some Examples - Meet the Rogers...



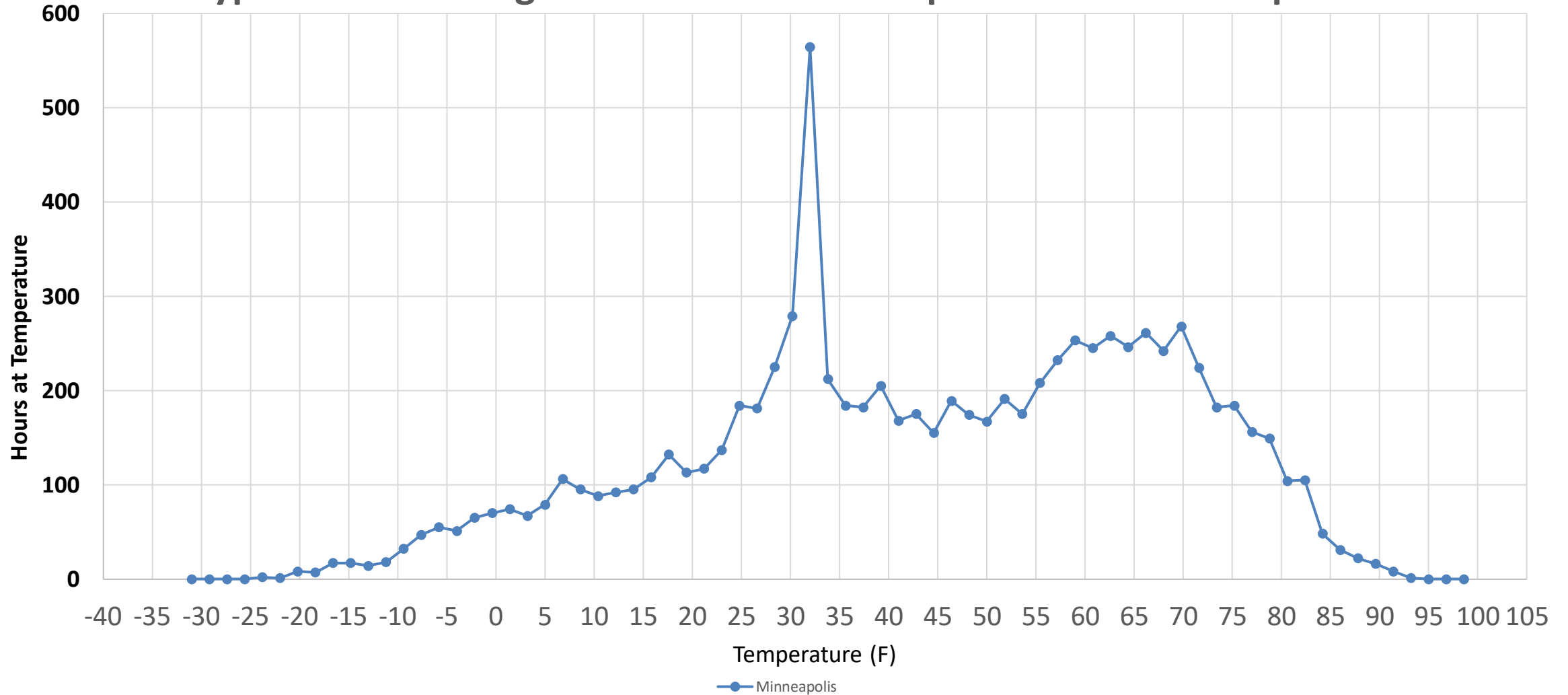
**Steve Rogers  
Minneapolis**

**Example will focus on retrofits using centrally ducted air-source heat-pump in Minneapolis**



# Minneapolis House

## Typical Meteorological Year Hours at Temperature in Minneapolis





# Example Minneapolis House

Let's Size a Heat Pump for Success!

## Success Factors



Comparable Initial Cost



Comparable Comfort



Comparable Operating Cost



Reduce Energy CO2 Consumption

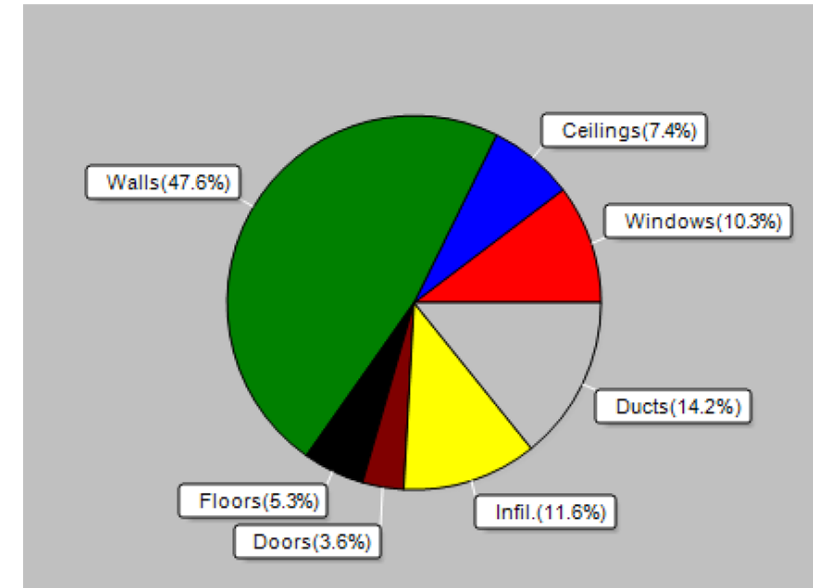


Comparable Durability



## Retrofit

- 1 Story, ~1500 Sq Ft Home
- 95% Gas Furnace, 2-ton AC



Complete load calcs to understand & address specific home needs



# Example Minneapolis House

Let's Size a Heat Pump for Success!

## Success Factors



Comparable Initial Cost



Comparable Comfort



Comparable Operating Cost



Reduce Energy CO2 Consumption

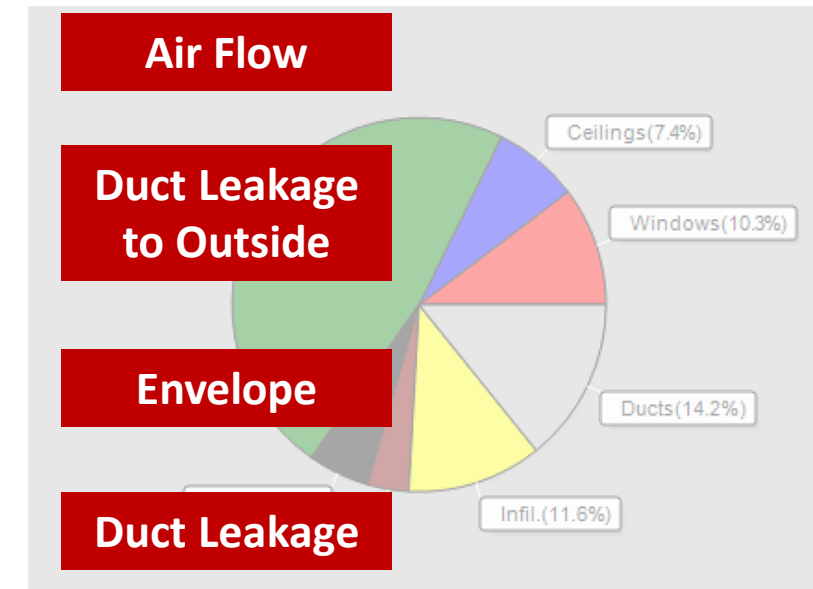


Comparable Durability



## Retrofit

- 1 Story, ~1500 Sq Ft Home
- 95% Gas Furnace, 2-ton AC



We will use examples of a “leaky house” and “tight house” to show impact of these items



# Example Minneapolis House

Let's Size a Heat Pump for Success!

## Success Factors



Comparable Initial Cost



Comparable Comfort



Comparable Operating Cost



Reduce Energy CO2 Consumption



Comparable Durability



## Retrofit

- 1 Story, ~1500 Sq Ft Home
- 95% Gas Furnace, 2-ton AC

Air Flow

Duct Leakage to Outside

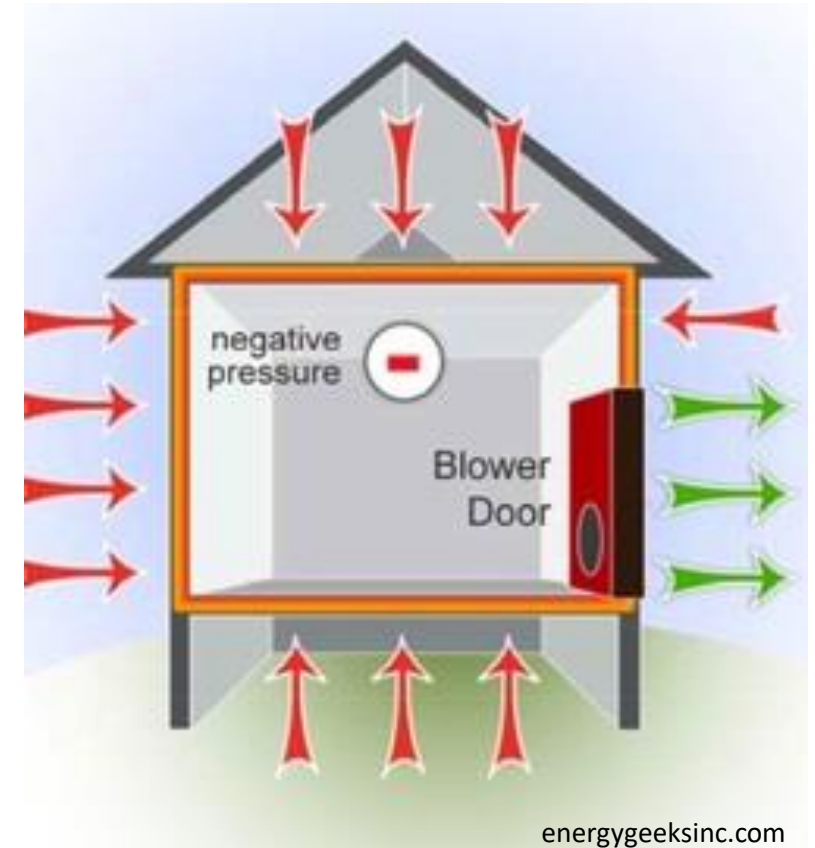
Envelope

Duct Leakage

Versions	Envelope	HVAC TESP	HVAC Air Flow (heat)	Duct Leakage to Outside
Leaky House	11 ACH50	0.8 inH2O	900 cfm	8%
Tight House	2 ACH50	0.5 inH2O	1000 cfm	0%

# What Happens During a Blower Door Test?

- A blower door test is typically done at an **induced** pressure difference of 50 Pascals(Pa)\*
- The fan is turned on and adjusted to **change** the pressure difference between inside and outside the building by 50 Pa and the flow is measured.
- Pascal's principle says the interior pressure changes by the same amount everywhere.

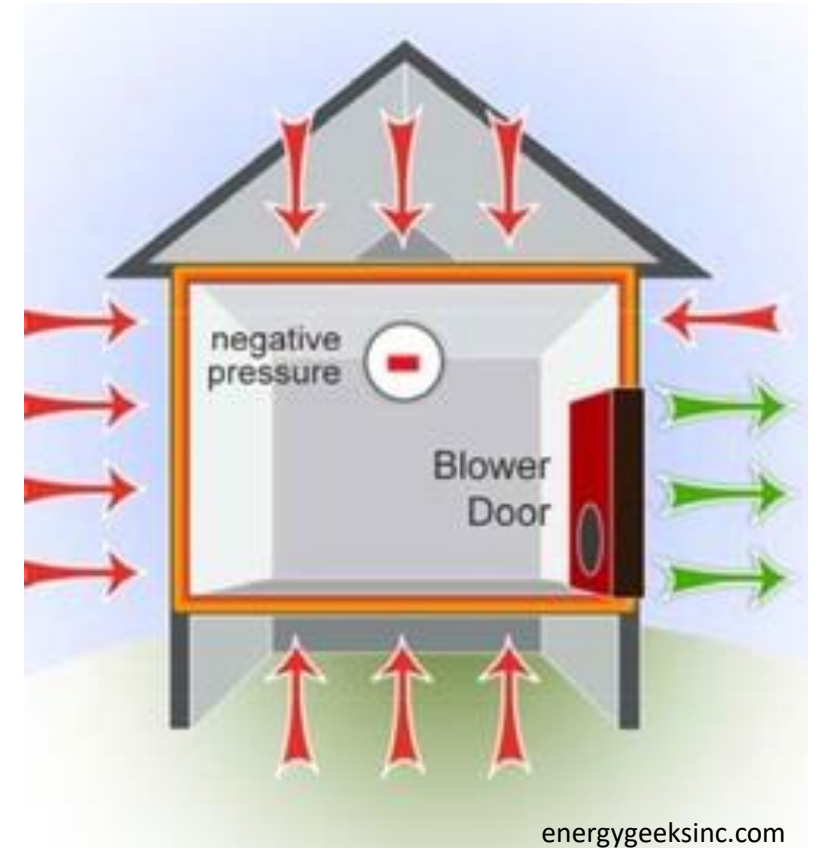


A Blower Door Test induces a pressure difference between inside and outside

- - Note: To simplify the explanation, we will talk about a single point blower door test at 50 PA. The same principles hold for multi-point tests using different pressures.

# What Happens During a Blower Door Test?

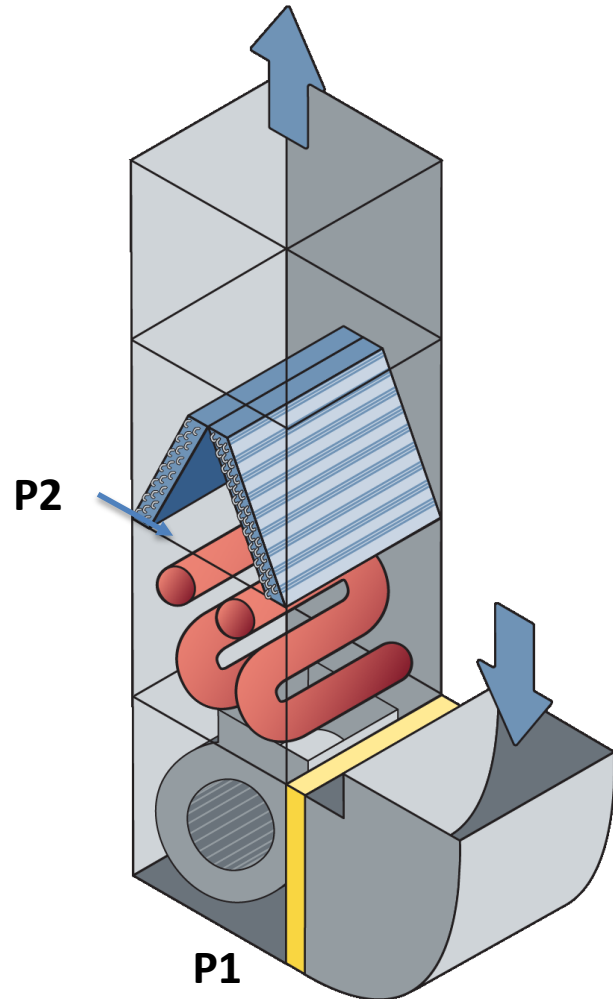
- We measure the air flowing through the fan when pressurized to 50 Pa. This is noted as **cfm50** (cubic feet per minute at 50 Pa of pressure). This flow matches the flow through the leaks in the envelope
- We use this flow rate and the volume of the house envelope (LxWxH) in FT<sup>3</sup> to calculate how many times the volume of air would change over in 1 hour. This is called **ACH50 (Air changes per hour at 50 Pa)**.
- Code for new construction in most northern climates is 3 ACH50. But older homes can be much worse than this



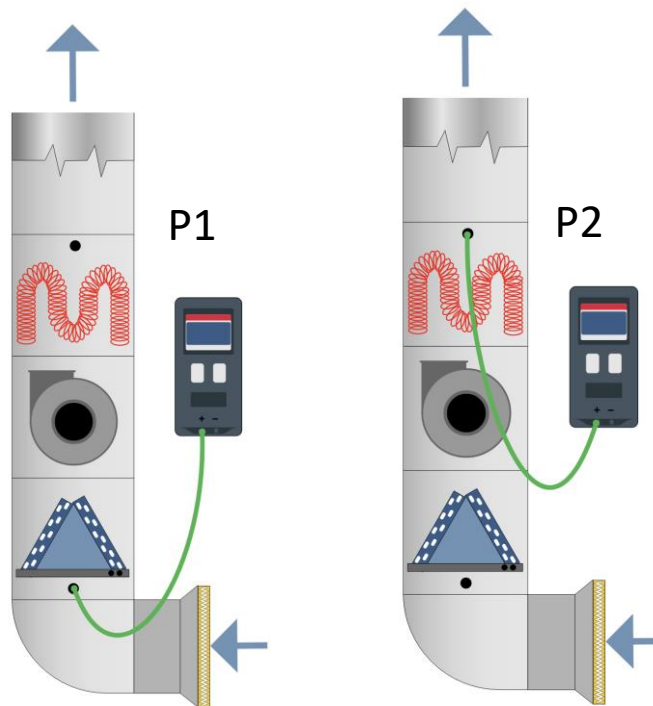
A Blower Door Test induces a pressure difference between inside and outside



# Total External Static Pressure



TESP = Total External Static Pressure  
= Exit Pressure – entrance pressure  
=  $P2 - P1$





# Example Minneapolis House

Let's Size a Heat Pump for Success!

## Success Factors



Comparable Initial Cost



Comparable Comfort



Comparable Operating Cost



Reduce Energy CO2 Consumption



Comparable Durability



## Retrofit

- 1 Story, ~1500 Sq Ft Home
- 95% Gas Furnace, 2-ton AC

Air Flow

Duct Leakage to Outside

Envelope

Duct Leakage

Versions	Envelope	HVAC TESP	HVAC Air Flow (heat)	Duct Leakage to Outside
Leaky House	11 ACH50	0.8 inH2O	800 cfm	8%
Tight House	2 ACH50	0.5 inH2O	1000 cfm	0%

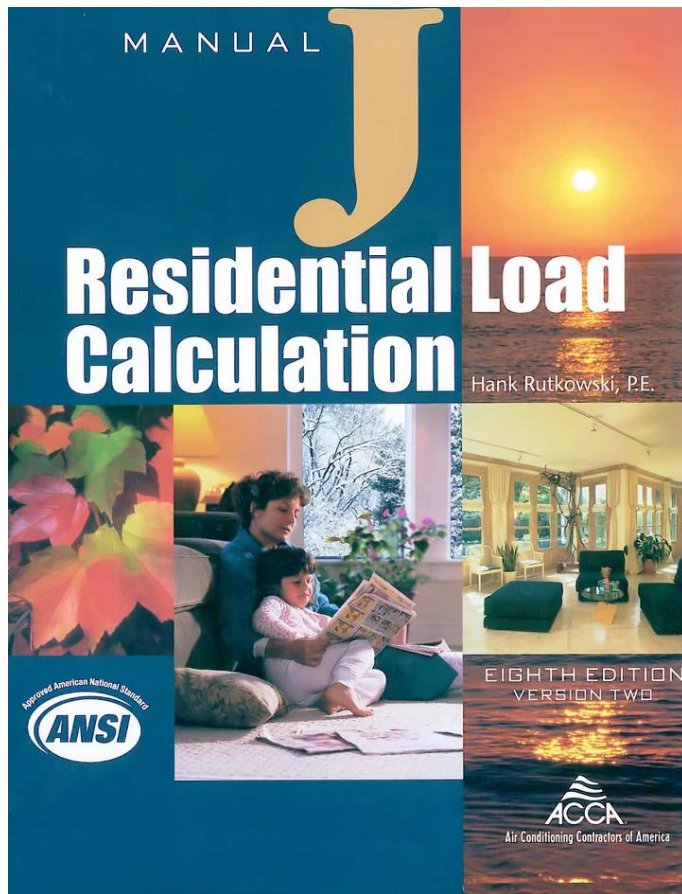


# Minneapolis House

Heating Design Temp = -8F

Cooling Design Temp = 88F

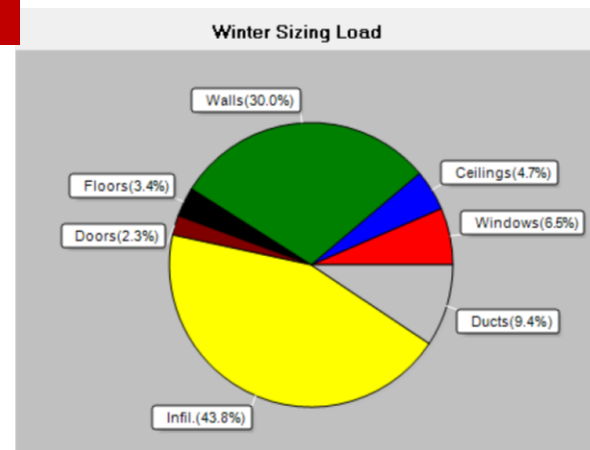
## Manual J Load Calc Software



Envelope

Duct Leakage  
(Leakage to  
Outside)

Winter Delta Temp. (°F)	78
<b>Winter Building Load (Btuh)</b>	
Window Load:	4142
Wall Load:	19063
Ceiling Load:	2970
Door Load:	1435
Floor Load:	2134
Infiltration Load:	27780
<b>Building Subtotal</b>	<b>57524</b>
Duct Loss:	5955
Mech Ventilation Loss:	0
<b>TOTAL HEATING LOAD</b>	<b>63479</b>



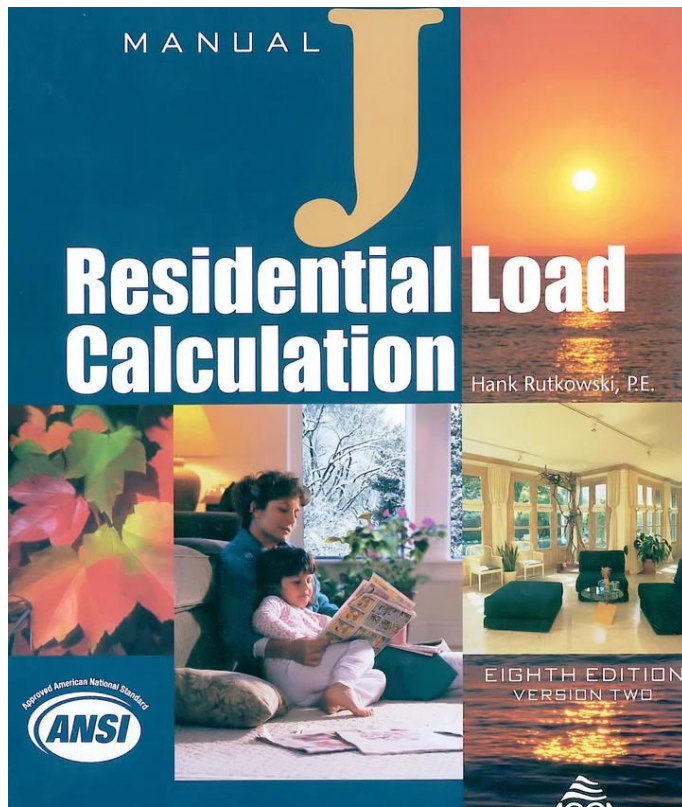


# Minneapolis House

Heating Design Temp = -8F

Cooling Design Temp = 88F

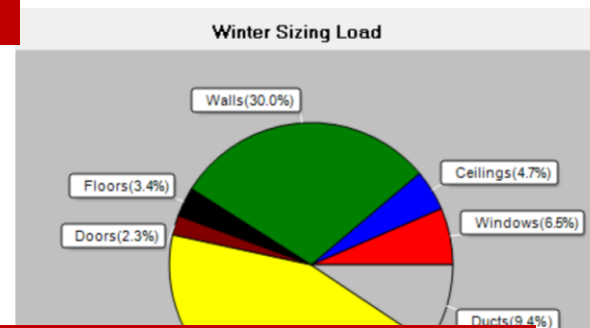
## Manual J Load Calc Software



Envelope

Duct Leakage  
(Leakage to  
Outside)

Winter Delta Temp. (°F)	78
<b>Winter Building Load (Btuh)</b>	
Window Load:	4142
Wall Load:	19063
Ceiling Load:	2970
Door Load:	1435
Floor Load:	2134
Infiltration Load:	27780
<b>Building Subtotal</b>	<b>57524</b>
Duct Loss:	5955
Mech Ventilation Loss:	0
<b>TOTAL HEATING LOAD</b>	<b>63479</b>

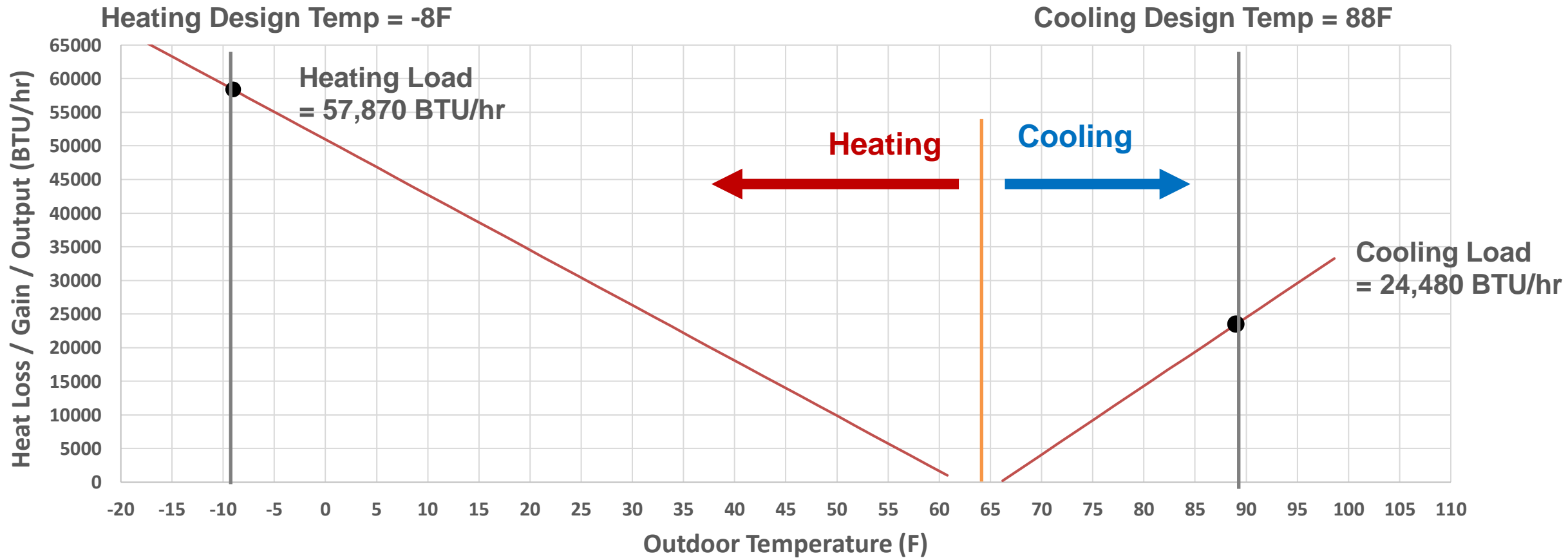


**NOTE: The impact of Duct Leakage to Outside is larger than what is reflected in Manual J calculations. More on this topic later in the presentation.**



# Minneapolis “Leaky House”

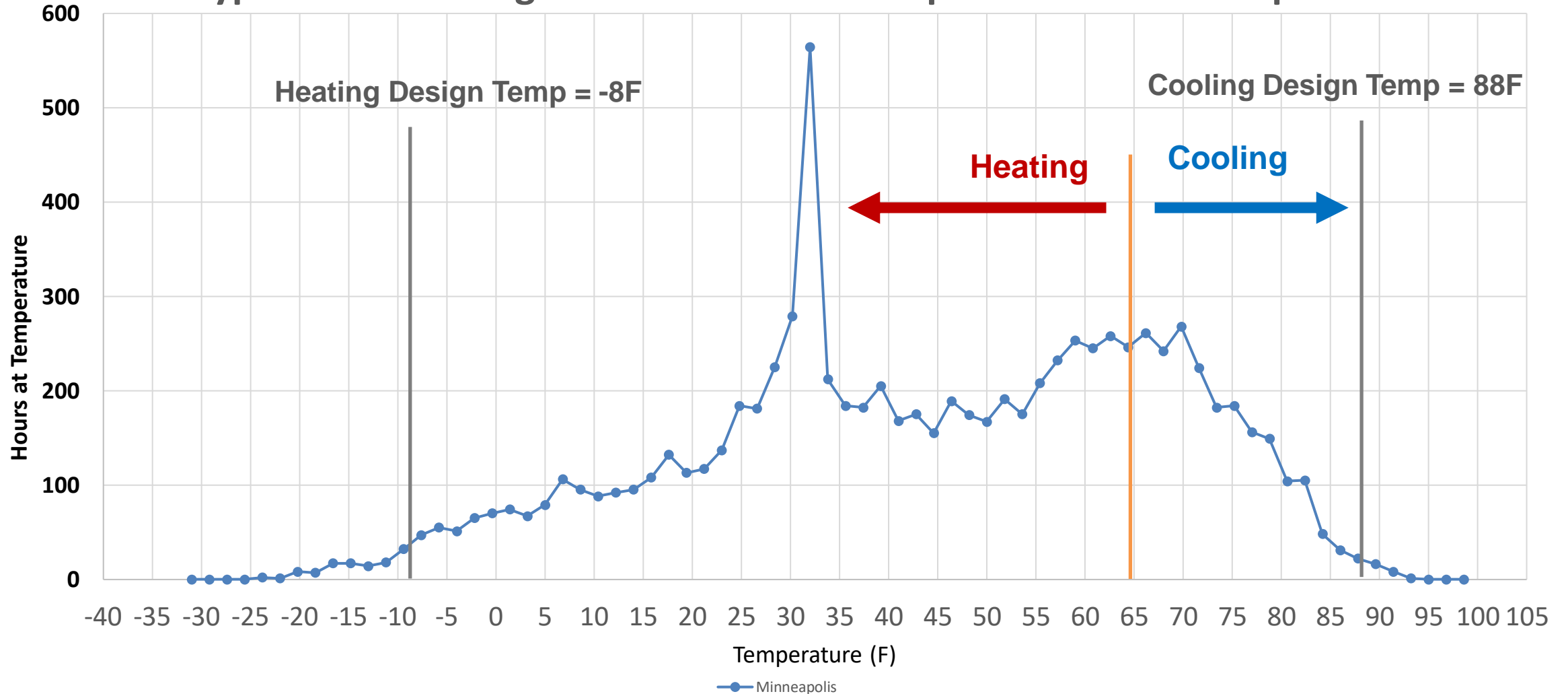
## Heating / Cooling Loads and Equipment Capacity





# Example Minneapolis House

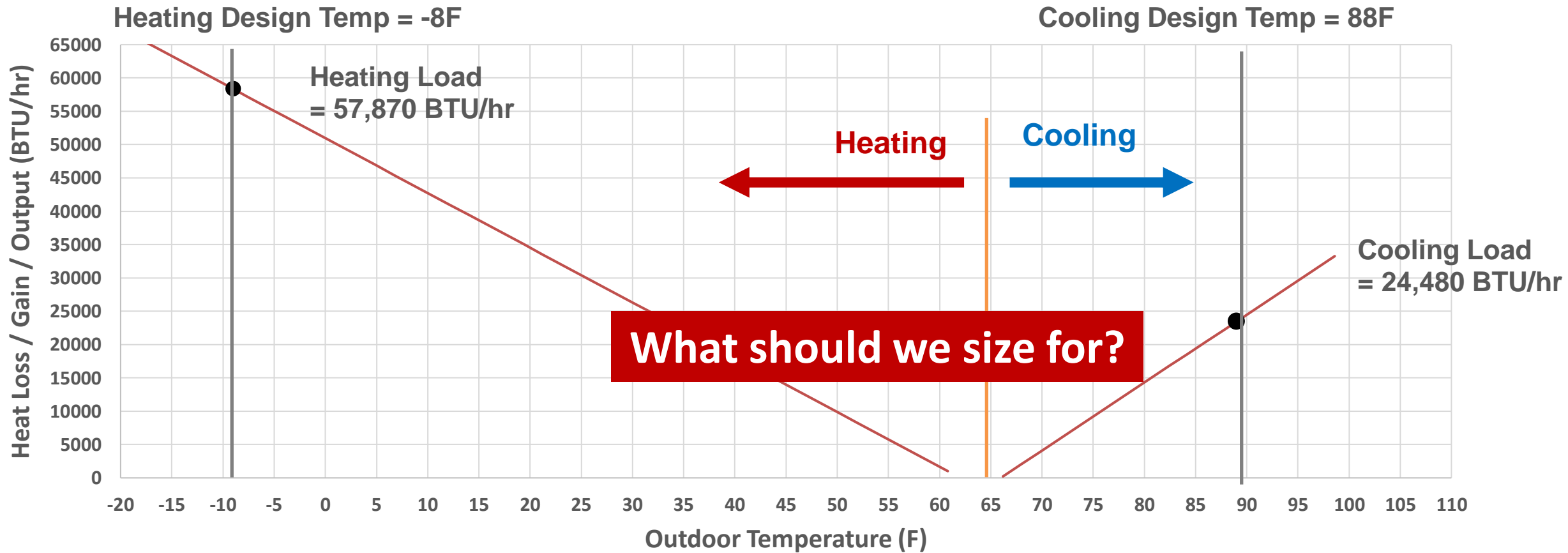
## Typical Meteorological Year Hours at Temperature in Minneapolis





# Minneapolis “Leaky House”

## Heating / Cooling Loads and Equipment Capacity





# Minneapolis “Leaky House”



NEEP'S COLD CLIMATE AIR SOURCE

## Heat Pump List

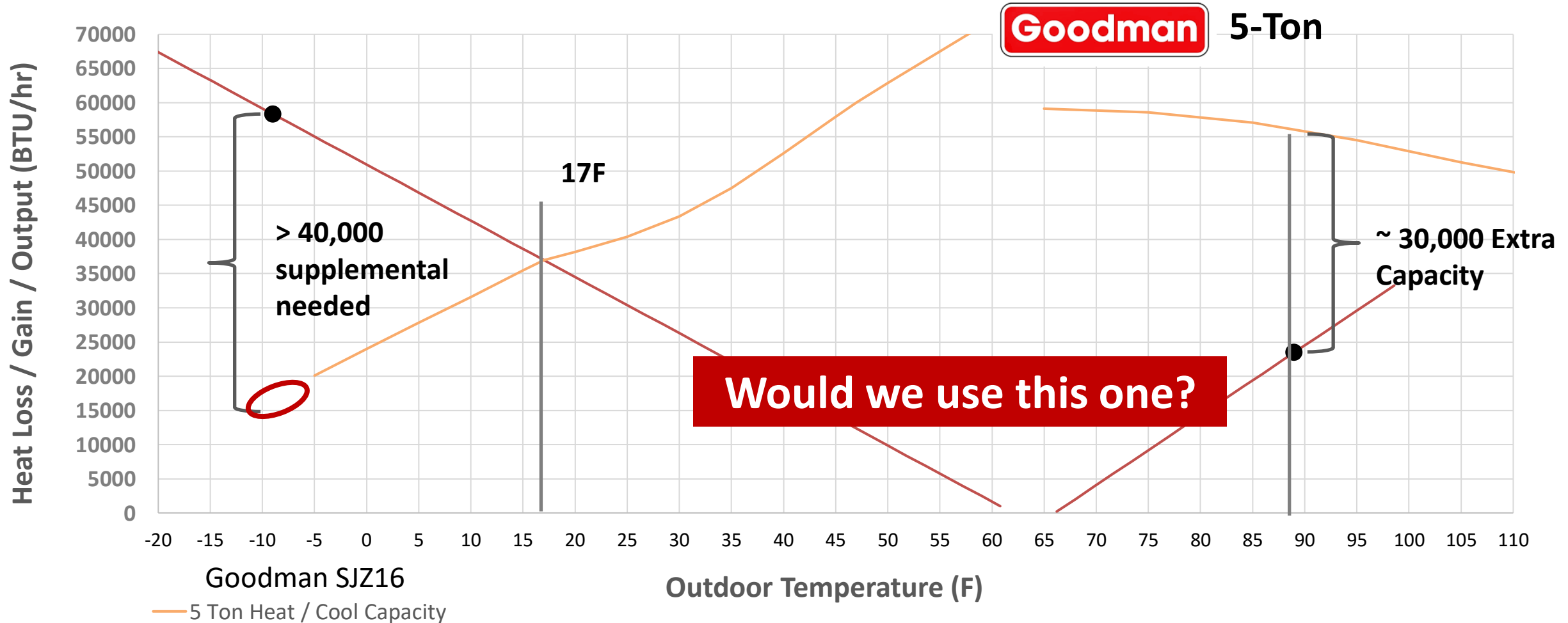
- Size a standard heat pump
- Size a cold climate heat pump





# Minneapolis “Leaky House”

## Heating / Cooling Loads and Equipment Capacity





# Thermal vs. Economic Balance Points

## Thermal Balance Point

- **Lowest temperature at which the heat pump produces enough heat to cover the load.**
- Below the thermal balance point, supplemental heat is required
- Depends on what heat pump is selected to cover the load of the specific house

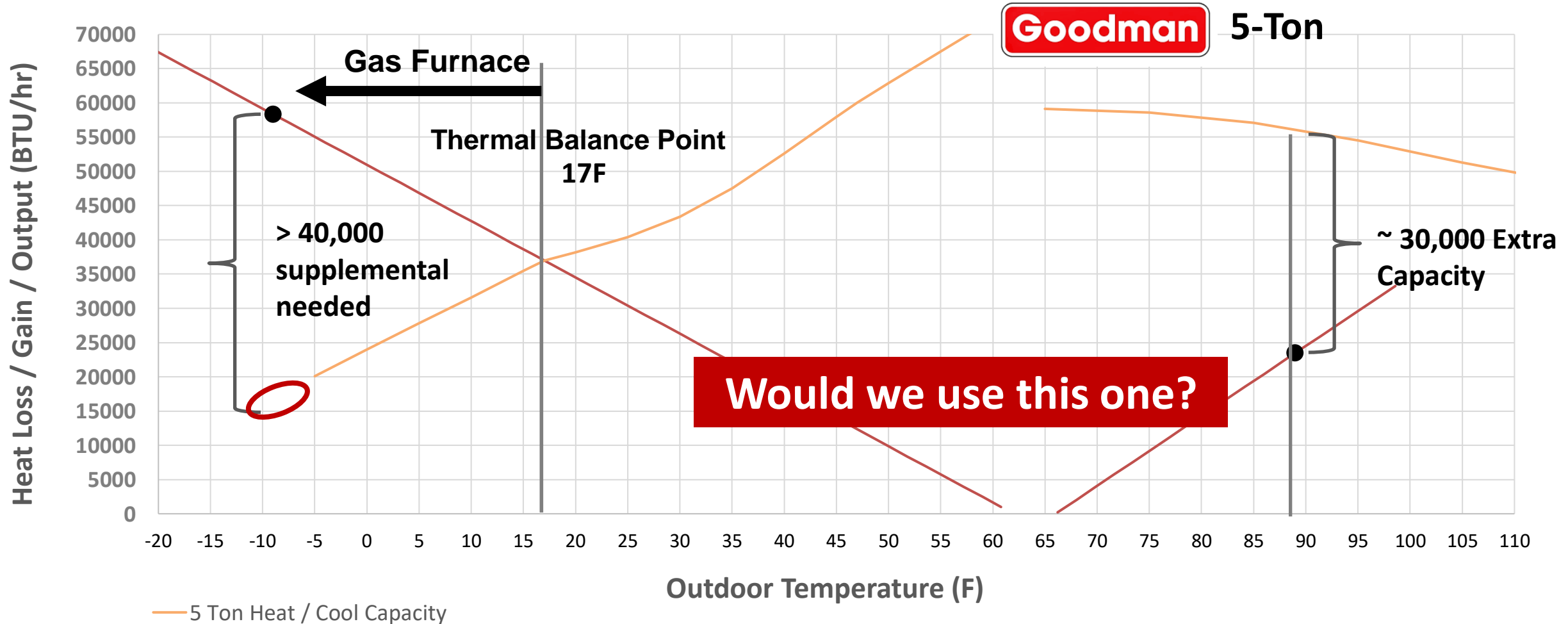
## Economic Balance Point

- **Lowest temperature the heat pump is more cost-effective than an alternative heat source**
- Below the economic balance point, another heat source is more cost-effective
- Depends on the COP of the heat pump (which is dynamic with temperature) and the local cost of electricity and other heat sources (Natural Gas, Propane, electric resistance)



# Minneapolis “Leaky House”

## Heating / Cooling Loads and Equipment Capacity

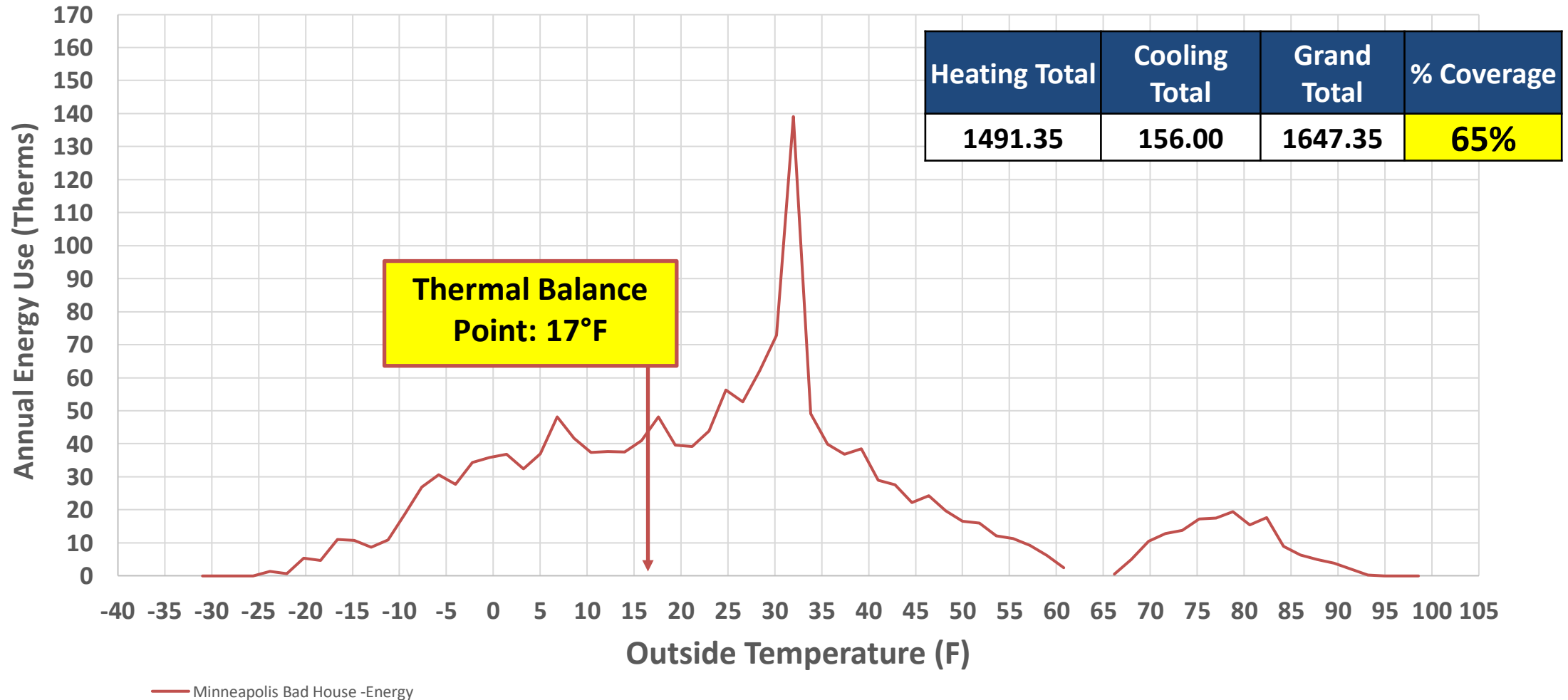




# Minneapolis Leaky House

**Goodman** 5-Ton

## Energy Use vs Temperature

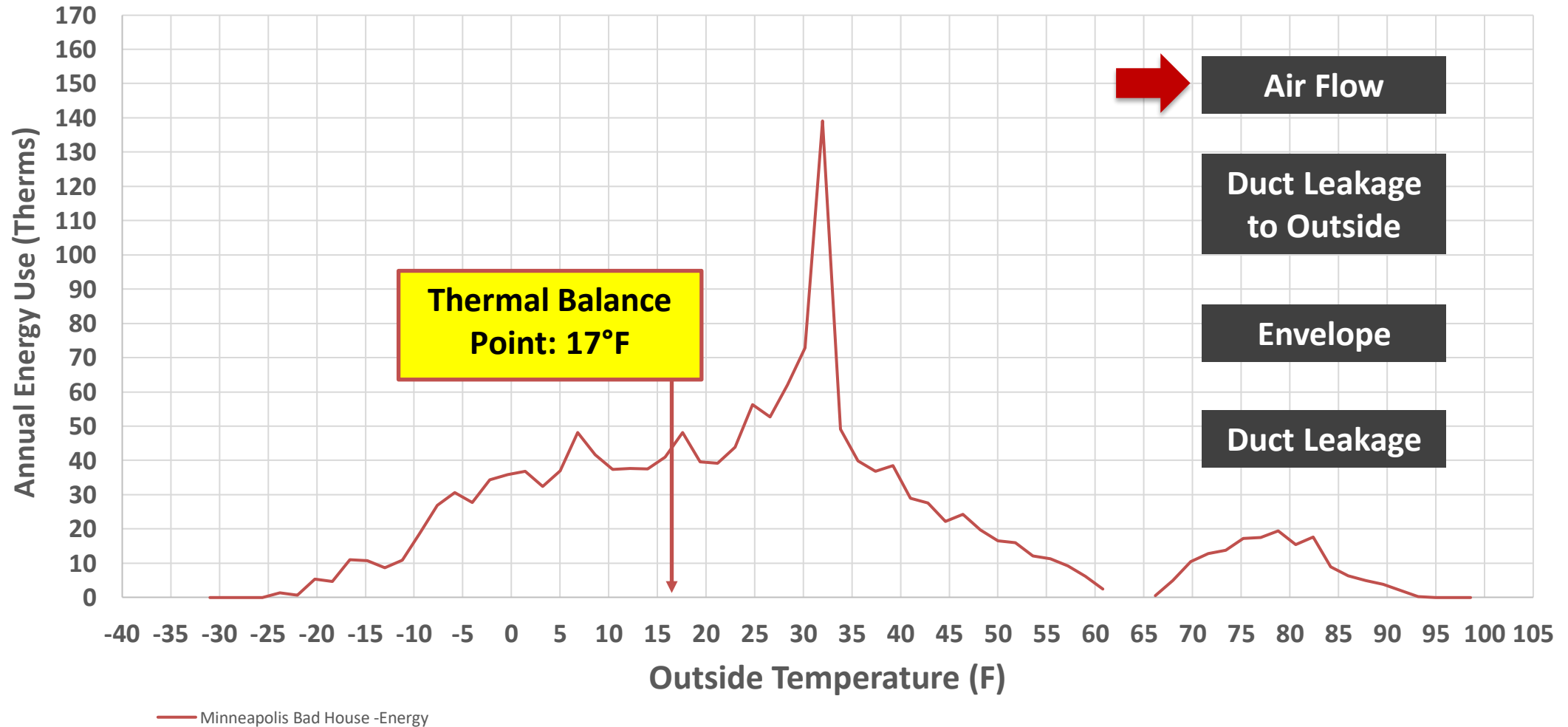




# Minneapolis Leaky House

**Goodman** 5-Ton

## Energy Use vs Temperature



# Leaky House Sizing for Heat Load

Goodman

5-Ton

Air Flow

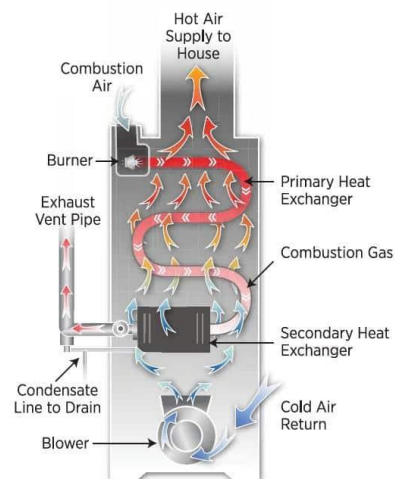
## 95% Furnace

- 80,000 BTU
- Heat Rise = 35 – 50 F
- **Air flow = 800 cfm**
- **TESP = 0.8 inH2O**
- ~120 cfm/ton

## 5-ton Heat Pump

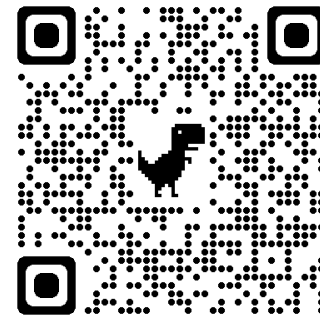
- Design Heat Rise = 20 – 30 F  
(Typically lower than gas furnace)
- Required air flow = 2000 cfm  
(Typically, requires ~400 cfm/ton)
- ECM motor will try to push 2000 cfm at 5 inH2O.

- **Won't happen.**
- **More likely to reach ~1.5 inH2O (or so) which will deliver ~1100 cfm (220 cfm/ton)**
- **May hit refrigerant high-pressure limit and shut down heat pump, moving to back-up heat.**



# ANSI 310 Standard: Residential HVAC Systems

**HVACAIRFLOW.com** is a KEY resource



Air Flow

Residential Air Flow Measurement Recognized by Standard 310 (ANSI/ACCA/RESNET)

Compare Methods

**TrueFlow**

Buy Now Overview Step by Step Checklist

**TESP**

Buy Now Overview Step by Step Checklist

**Flow Hood**

Overview Step by Step Checklist

**Pressure Matching**

Buy Now Overview Step by Step Checklist



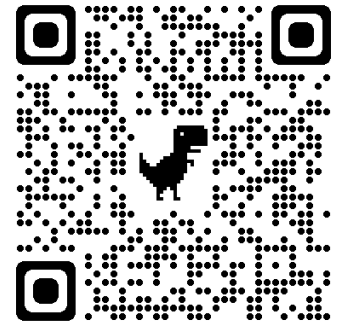
Equipment needed:

- Manometer
- Static Pressure Probe
- Tubing
- OEM Blower Chart

\*System Must Be Clean

# Smart Calculators Support Equipment Selection

## Predicts Expected Pressure Drop for New System




TEC SMART CALCULATORS



Home / TEC Smart Calculators

TEC Smart Calculators is great resource for easy and fast building science calculation tools – as well as access the TEC webstore and all our support channels. The app is powered by "openasapp" and you can download it for free. Get started by scanning the QR code below.

[SCAN QR OR CLICK HERE FOR APP DOWNLOAD!](#)




Powered By:

**TEC SMART CALCULATORS**

TEC app with quick access to our store, support, and custom calculators.




The Energy Conservatory  
**TEC SMART CALCULATORS**

TEC SMART CALCULATORS

We Make It Easier To Get It Right!™

CALCULATOR MENU



HVAC Calculators >

TEC SMART CALCULATORS

Duct Sizing For New System Calculator

MEASURED INPUTS

Measured Air Flow (CFM)

800

Design Airflow/Ton (CFM)

400

Filter Pressure Drop (inH2O)

0.00

Measured Return Static Pressure (inH2O)

0.40

TEC Store    TEC Support

TEC SMART CALCULATORS

PREDICTED RESULTS

5 TON 2000 CFM

Filter P.D.	Ret. S.P.	Supp. S.P.
0.00	2.50	2.50

4 TON 1600 CFM

Filter P.D.	Ret. S.P.	Supp. S.P.
0.00	1.60	1.60


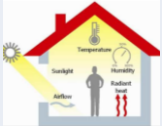



3.5 TON 1400 CFM

TEC Store    TEC Support





# Minneapolis Leaky Home with Goodman 5-ton

Success Factors	Bad Home Size for Heating
 Comparable Initial Cost	<b>Rebate</b>
 Comparable Comfort	<b>Restricted flow limits conditioned air</b>
 Comparable Operating Cost	<b>OK if Furnace High if electric resistance</b>
 Reduce Energy CO2 Consumption	<b>No due to use of Nat Gas or electric resistance</b>
 Comparable Durability	<b>ECM motor may be impacted by high static pressures</b>

**Goodman** 5-Ton

**Not Successful**

**Requires Dual Fuel**

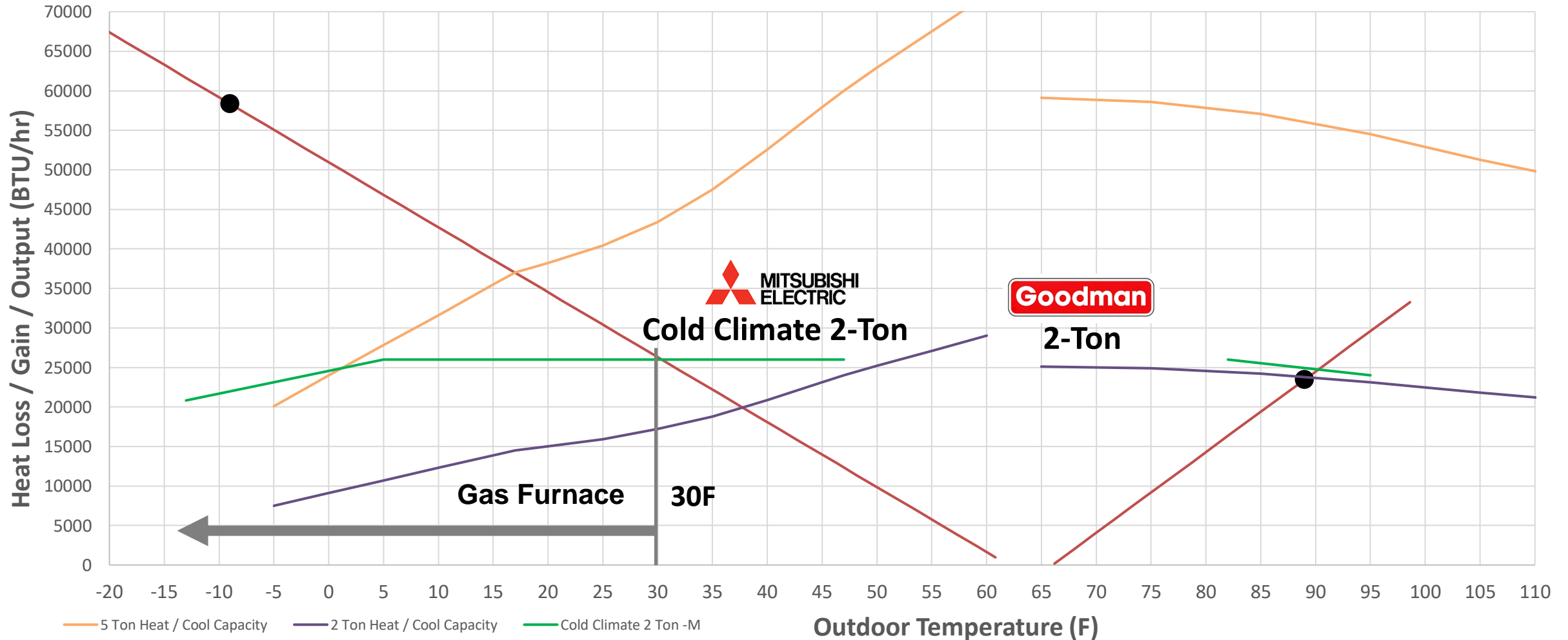
**Air Flow**

**Dehumidification in Cooling?**



# Minneapolis Leaky House – Cooling Load

## Heating / Cooling Loads and Equipment Capacity

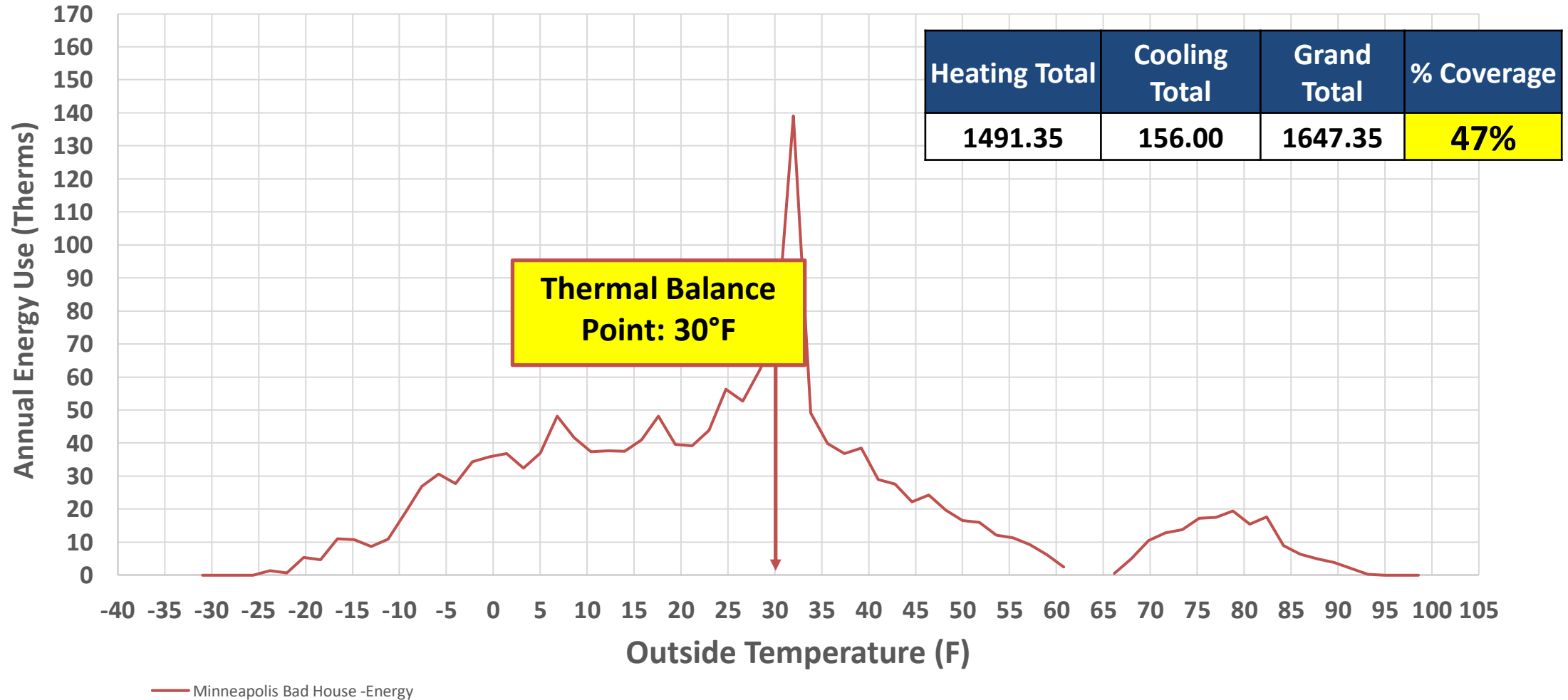




# Minneapolis Leaky House



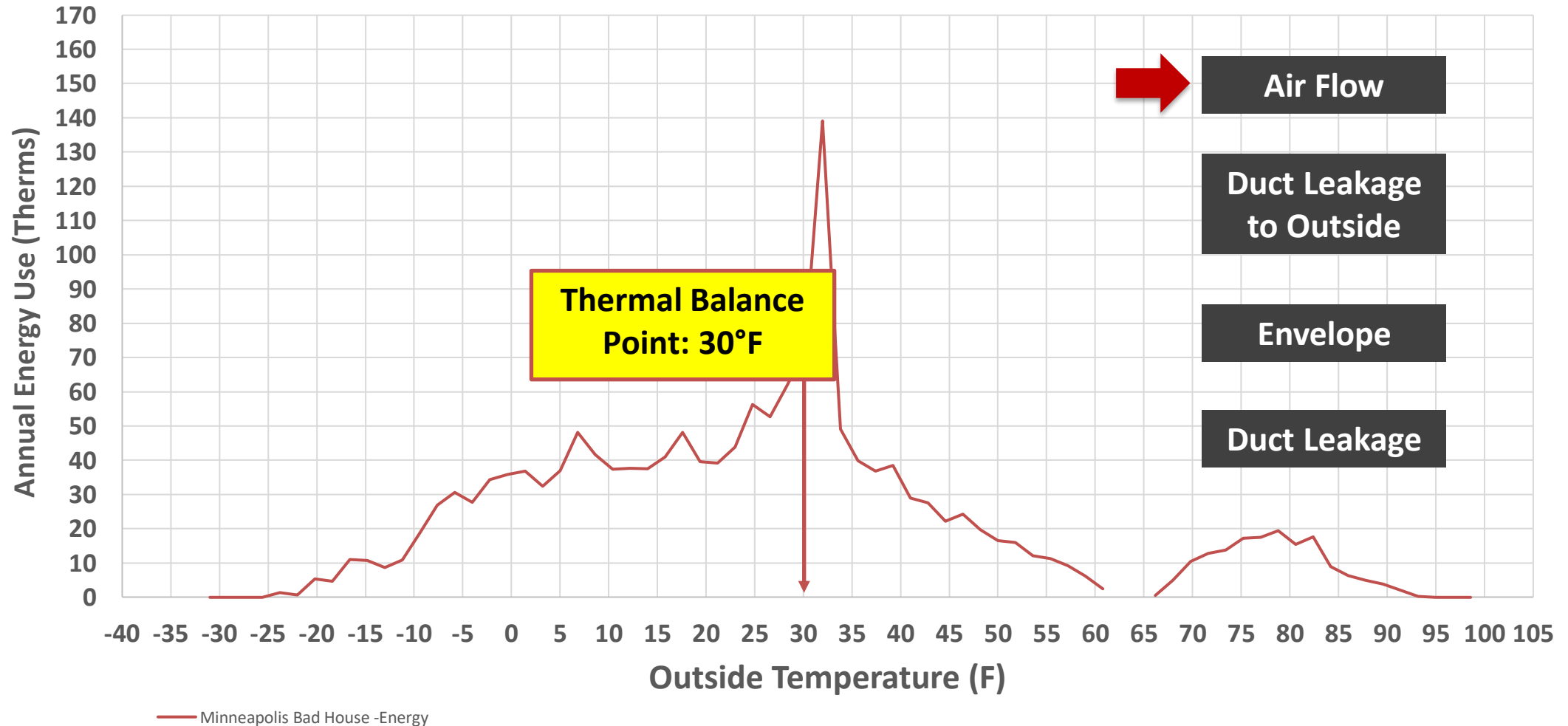
## Energy Use vs Temperature





# Minneapolis Leaky House

## Energy Use vs Temperature



# Sizing for Cooling Load

## 2-ton AC

- Air flow = 800 cfm
- TESP = 0.8 inH<sub>2</sub>O

## Air Flow

## 2-ton Heat Pump

- Required air flow = 800 cfm  
(400 cfm/ton)
- TESP = 0.8 in H<sub>2</sub>O

2 Ton  MITSUBISHI  
ELECTRIC






Cold Climate 2-Ton  
COPs drop at colder temps

2-Ton 

- Higher Thermal Balance Point
- COPs drop at colder temps



# Minneapolis Leaky House Sized for Cooling

Success Factors	Bad Home Size for Cooling
 Comparable Initial Cost	<b>Rebate</b>
 Comparable Comfort	<b>Heat pump for AC, Leave Furnace for Heat</b>
 Comparable Operating Cost	<b>Maybe - depending on COP, Gas &amp; Electricity rates</b>
 Reduce Energy CO2 Consumption	<b>Still using Nat Gas for most of the heat load</b>
 Comparable Durability	<b>ECM motor may be impacted by high static pressures</b>

 **MITSUBISHI ELECTRIC**  
**Cold Climate 2-Ton**

**Goodman**  
**2-Ton**

**Typically,  
Successful**



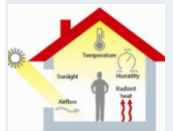
# Example Minneapolis House

Let's Size a Heat Pump for Success!

## Success Factors



Comparable Initial Cost



Comparable Comfort



Comparable Operating Cost



Reduce Energy CO2 Consumption



Comparable Durability



## Retrofit

- 1 Story, ~1500 Sq Ft Home
- 95% Gas Furnace, 2-ton AC

Air Flow

Duct Leakage to Outside

Envelope

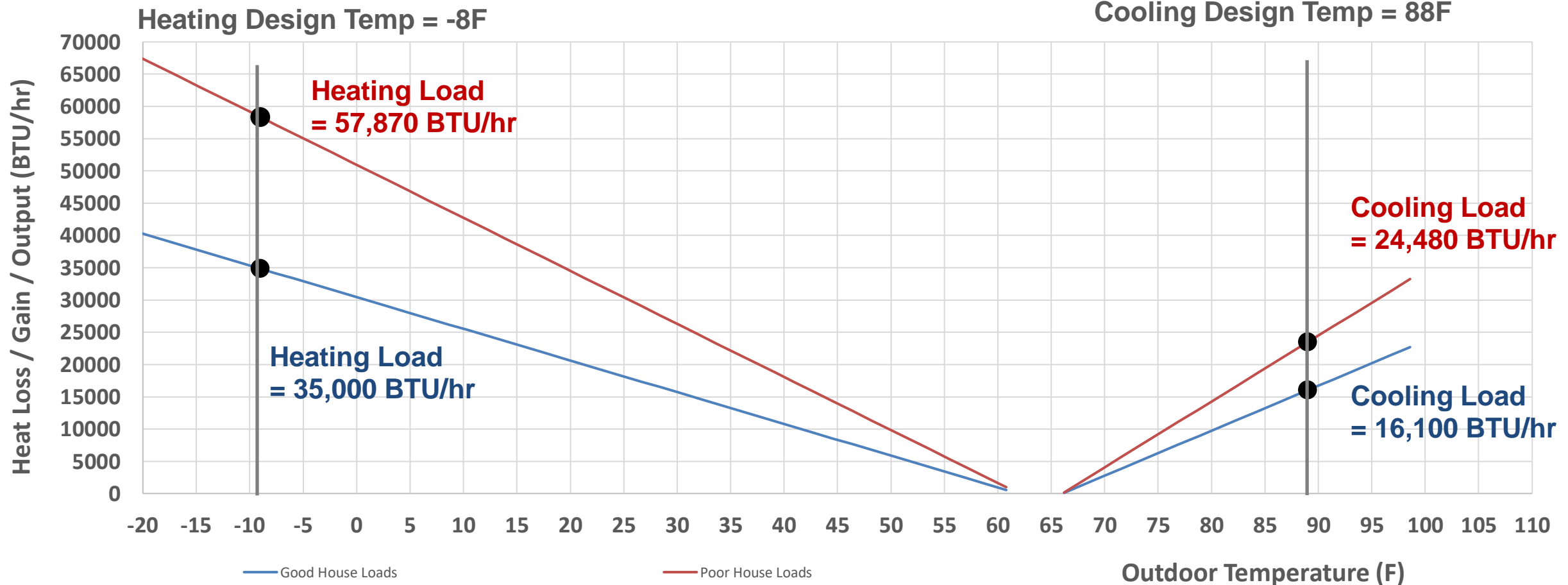
Duct Leakage

Versions	Envelope	HVAC TESP	HVAC Air Flow (heat)	Duct Leakage to Outside
Leaky House	11 ACH50	0.8 inH2O	800 cfm	8%
<b>Tight House</b>	<b>2 ACH50</b>	<b>0.5 inH2O</b>	<b>1000 cfm</b>	<b>0%</b>



# Minneapolis Tight House

## Heating / Cooling Loads and Equipment Capacity

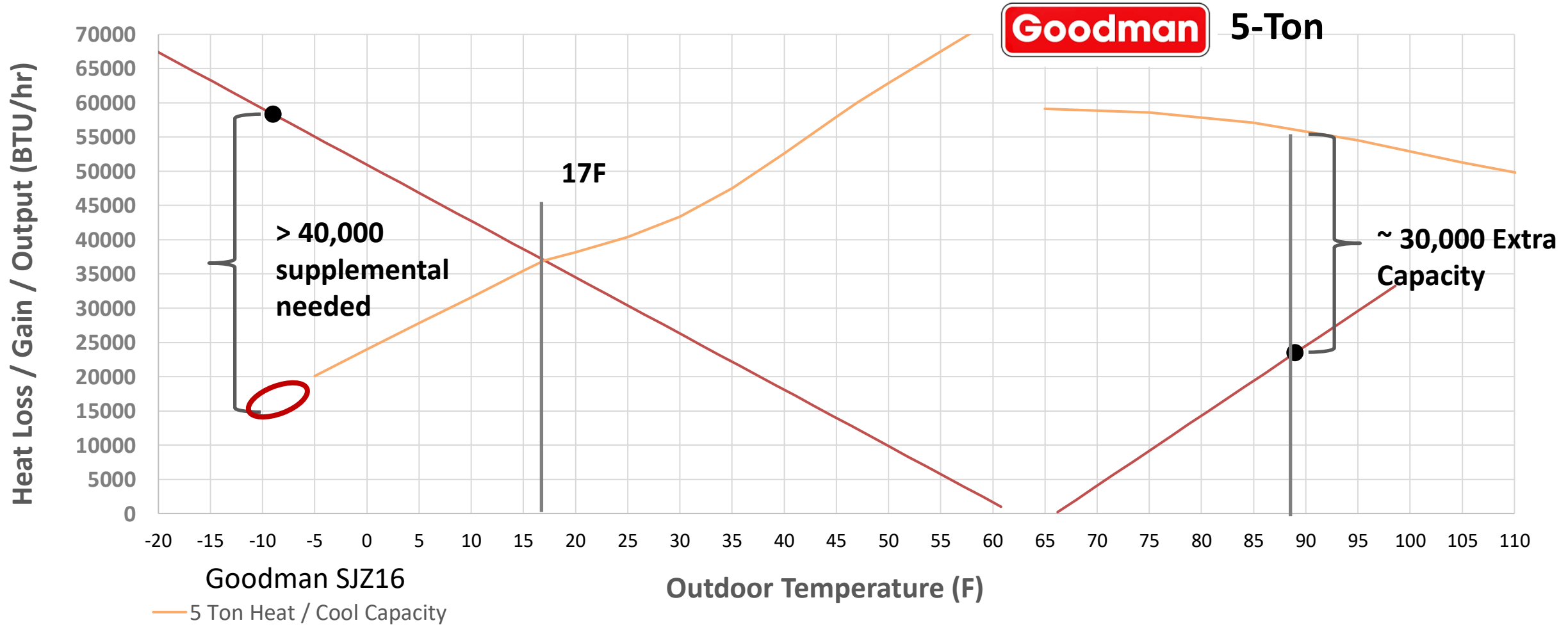






# Minneapolis “Leaky House”

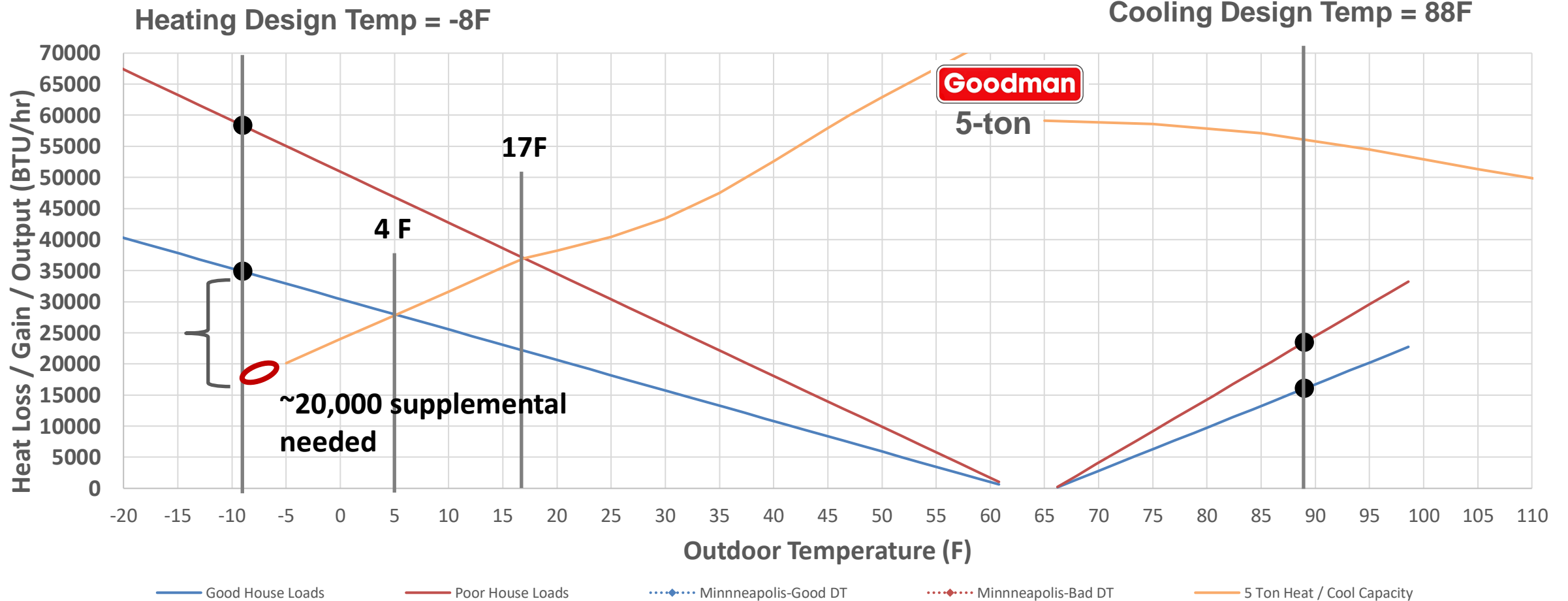
## Heating / Cooling Loads and Equipment Capacity





# Minneapolis Tight House

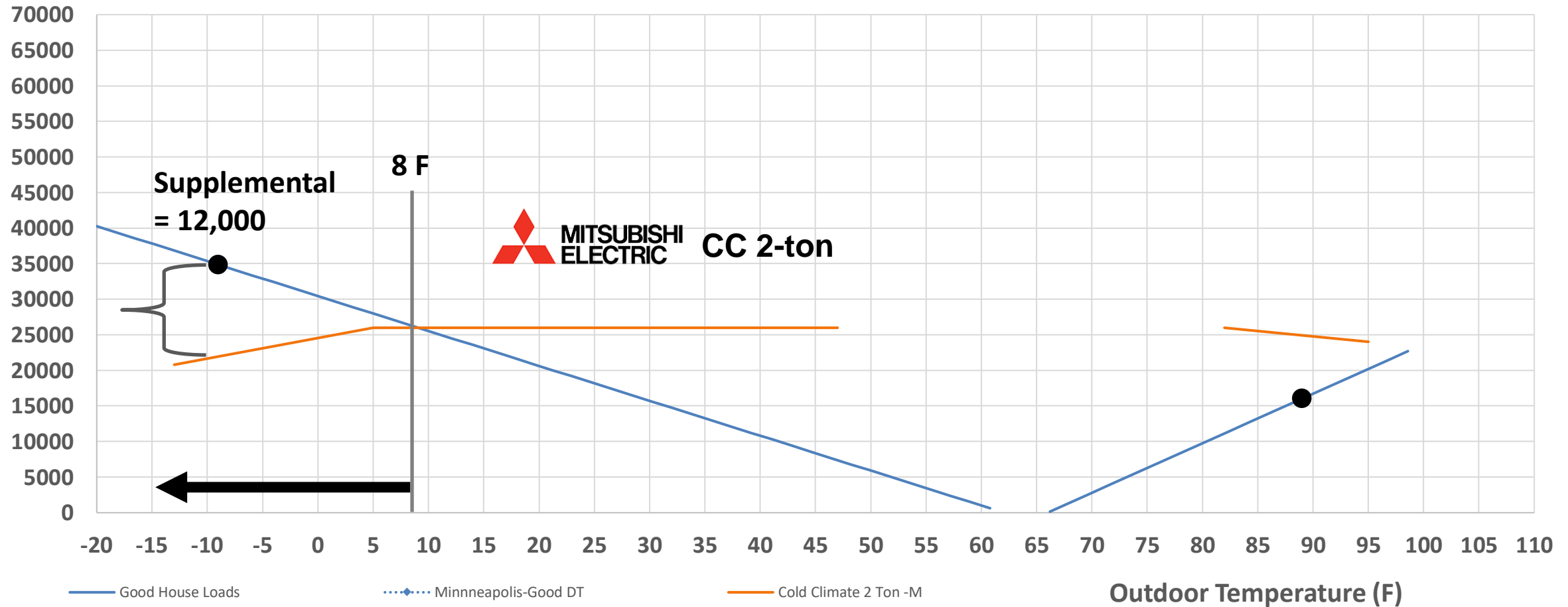
## Heating / Cooling Loads and Equipment Capacity





# Minneapolis Tight House

## Heating / Cooling Loads and Equipment Capacity

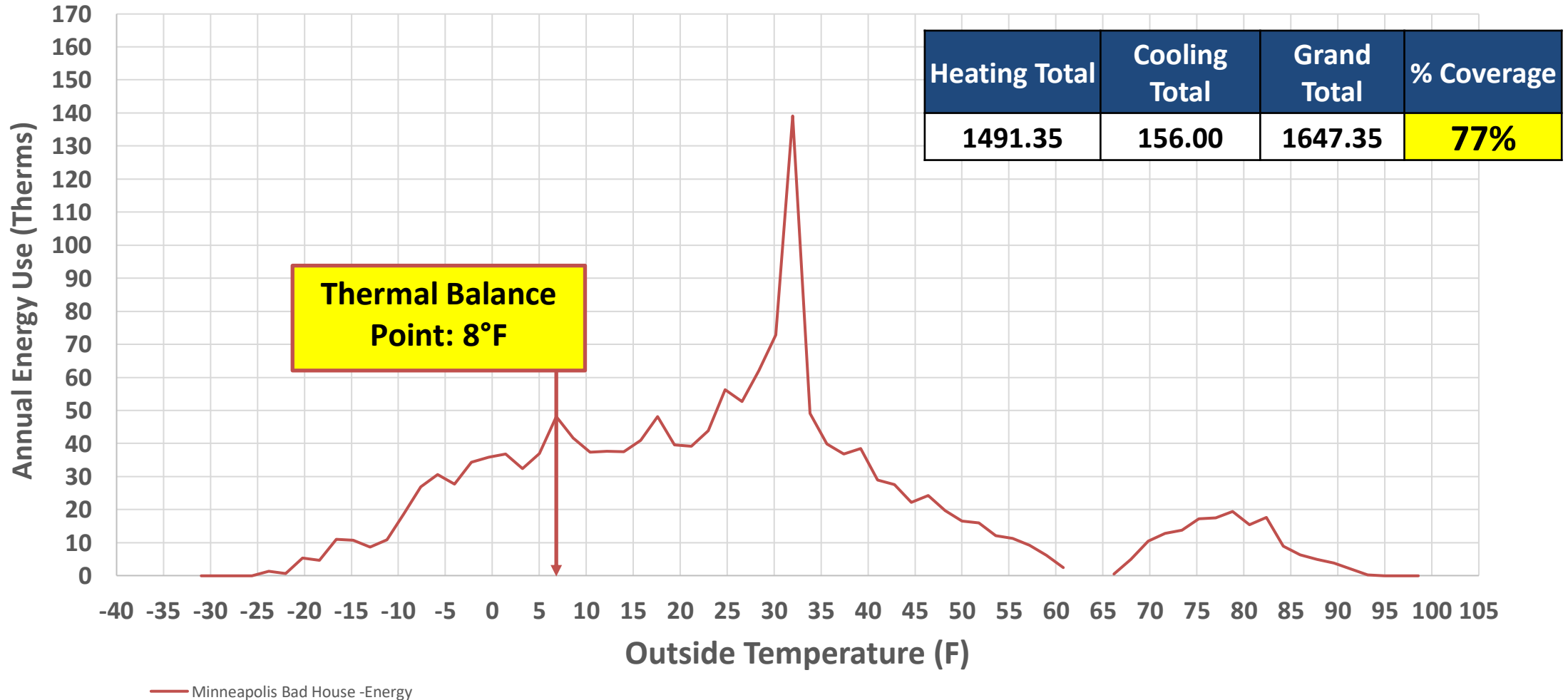




# Minneapolis Tight House








## Energy Use vs Temperature





# Example Minneapolis Home

Success Factors	Good Home Size for Heating
 Comparable Initial Cost	Rebate
 Comparable Comfort	Probably, depends on ability to support air flow in existing ducts
 Comparable Operating Cost	Possible, depends on gas & elec costs and use of electric resistance
 Reduce Energy CO2 Consumption	Probably, depends on use excessive electric resistance
 Comparable Durability	Reasonable static pressures

 MITSUBISHI  
ELECTRIC  
CC 2-ton

**Probably  
Successful**



# Example Minneapolis House

Let's Size a Heat Pump for Success!

## Retrofit

- 1 Story, ~1500 Sq Ft Home
- 95% Gas Furnace, 2-ton AC

### Success Factors



Comparable Initial Cost



Comparable Comfort



Comparable Operating Cost



Reduce Energy CO2 Consumption



Comparable Durability



Air Flow

Duct Leakage to Outside

Envelope

Duct Leakage

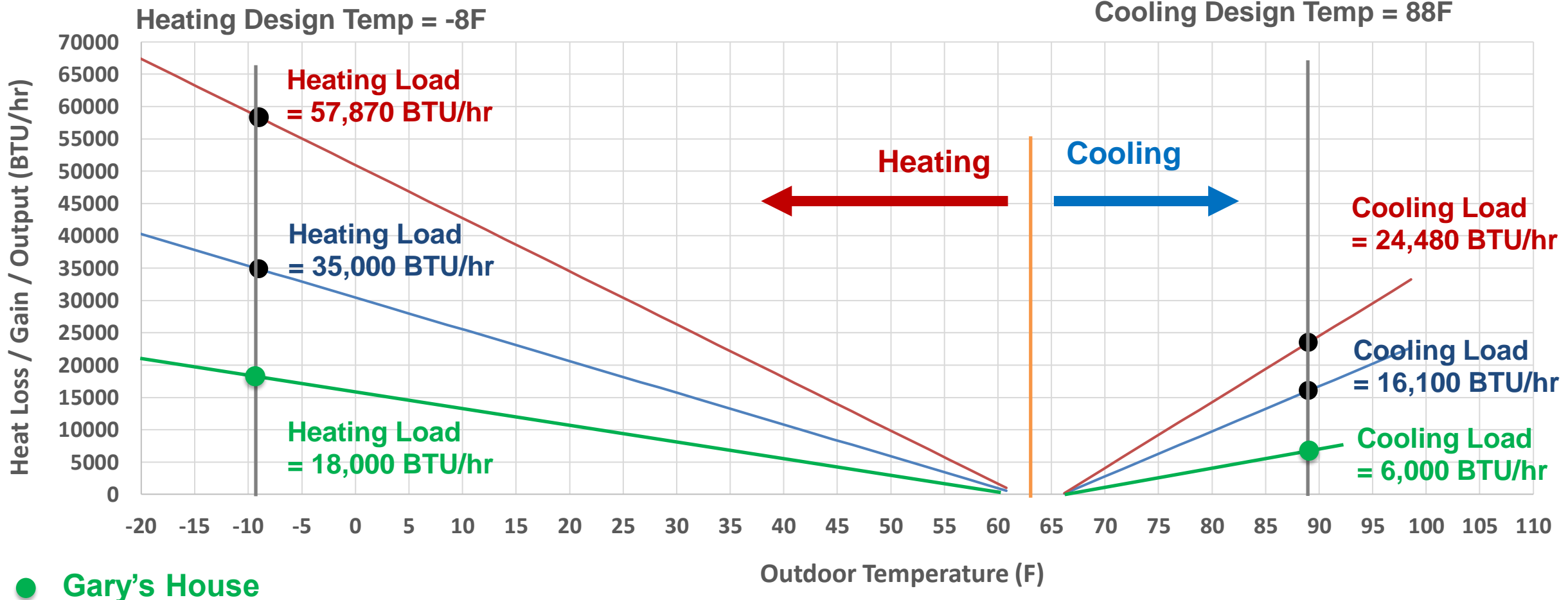
Versions	Envelope	HVAC TESP	HVAC Air Flow (heat)	Duct Leakage to Outside
Leaky House	11 ACH50	0.8 inH2O	900 cfm	8%
Tight House	2 ACH50	0.5 inH2O	1000 cfm	0%
Gary's Home	1 ACH50	0.5 inH2O	600 cfm	0%



# Minneapolis House

Versions	Envelope	HVAC TESP	HVAC Air Flow (heat)	Duct Leakage to Outside
Leaky House	11 ACH50	0.8 inH2O	900 cfm	8%
Tight House	2 ACH50	0.5 inH2O	1000 cfm	0%
Gary's Home	1 ACH50	0.5 inH2O	600 cfm	0%

## Heating / Cooling Loads and Equipment Capacity

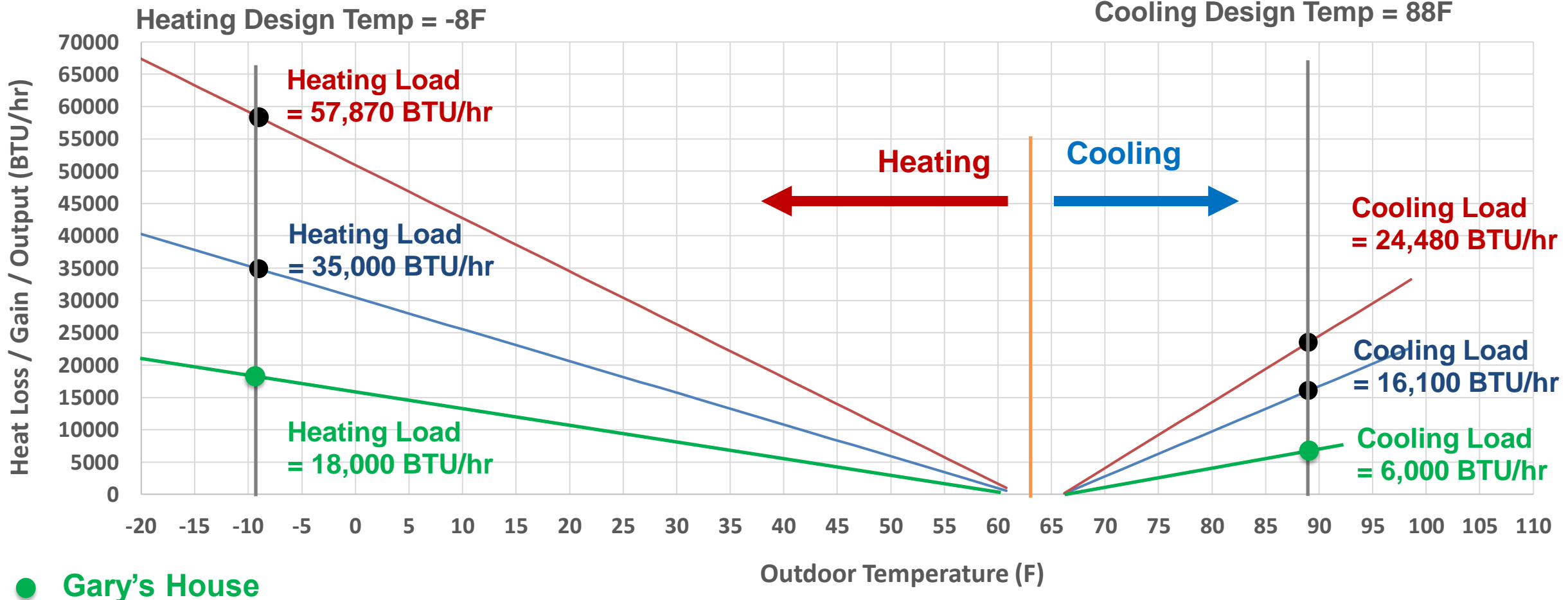




# Minneapolis House

Versions	Envelope	HVAC TESP	HVAC Air Flow (heat)	Duct Leakage to Outside
Leaky House	11 ACH50	0.8 inH2O	900 cfm	8%
Tight House	2 ACH50	0.5 inH2O	1000 cfm	0%
Gary's Home	1 ACH50	0.5 inH2O	600 cfm	0%

## Heating / Cooling Loads and Equipment Capacity

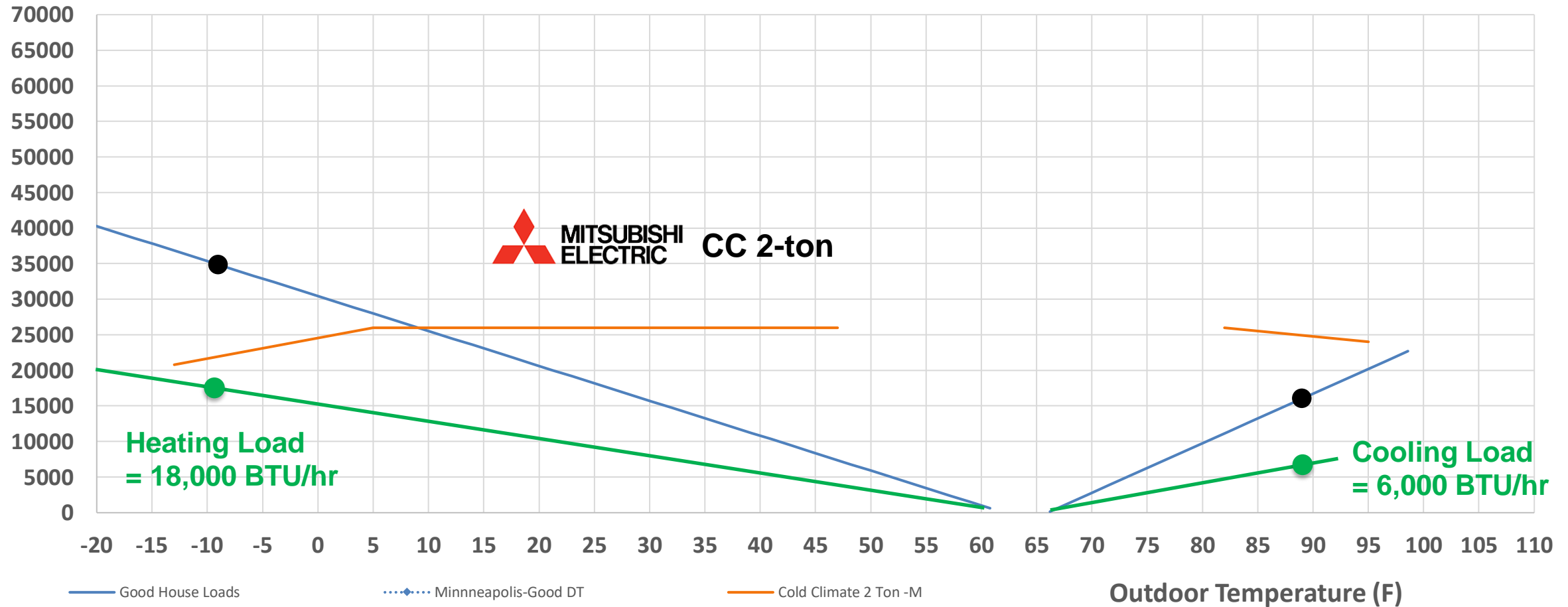






# Minneapolis Tight House

## Heating / Cooling Loads and Equipment Capacity



# Agenda

- Intro: Success with a 1.5-ton heat pump in Minnesota
- Why Cold Weather Heat Pumps?
- Sizing a Heat Pump for Success
  - Minneapolis Example
    - Impact of Air Flow
    - Impact of Building Envelope
    - Impact of Ductwork
- How to Achieve Good Envelope and Ducts
- Final thoughts & Summary

# Making a House More Energy Efficient



**We make saving energy easy.**



**"The team we had were great! They were quiet, respectful, professional, and very thorough. We couldn't be happier with their service and will recommend the Home Energy Squad to friends and neighbors."**

— Bill, Mound Resident

# How to Know if it is a “Bad House” or a “Good House”

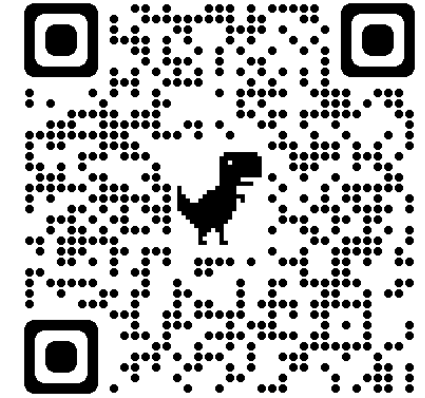
## Diagnose Issues – Deciding What Steps are Valuable

Process
Diagnose Issues
Create Work Scope
Take Actions
Verify Results/QC

Detailed Steps	Scope	Goal for Diagnosis
<b>Investigate / walk property</b>	✓	Should always take the time to walk the property inside & outside to note dimensions and note key observations
Thermography w/o BD	✓	If $\Delta T = 10F$ , can help ID potential lack of insulation
<b>Thermography w/BD</b>	✓	If $\Delta T = 10F$ , can help ID specific air leakage locations
<b>Blower Door Test</b>	✓	Provides total envelope leakage
Zonal Pressure Diagnostic	✓	Prioritizing where fixing leaks will provide most benefit
ID leaks using a Fog Puffer	✓	ID leaks around weather stripping, windows, doors, recessed lights, baseboards, leaks in ducts (even if insulated)
Investigate zones (Attic)	✓	Confirm suspected leaks prior to scoping work
<b>Assess Ductwork</b> (Leakage, Leakage to Outside)	✓	Biggest concern if Ducts Outside Envelope. If all ductwork inside envelope, occupant complaints should determine if investigation is needed.
<b>HVAC Air Flow, TESP, Filtration</b>	✓	Ensure energy saving opportunities and CAZ safety concerns are identified

# Home Performance Upgrade Project

## TEC and Seelen Advanced Weatherization







**How to Turn a Bad House  
into a Good House**

# When Does Duct Leakage Matter?

- Our example showed NO duct leakage since they were all inside envelope
- The big concern is when there are ducts outside the envelope
- When they are – this is a BIG Concern...

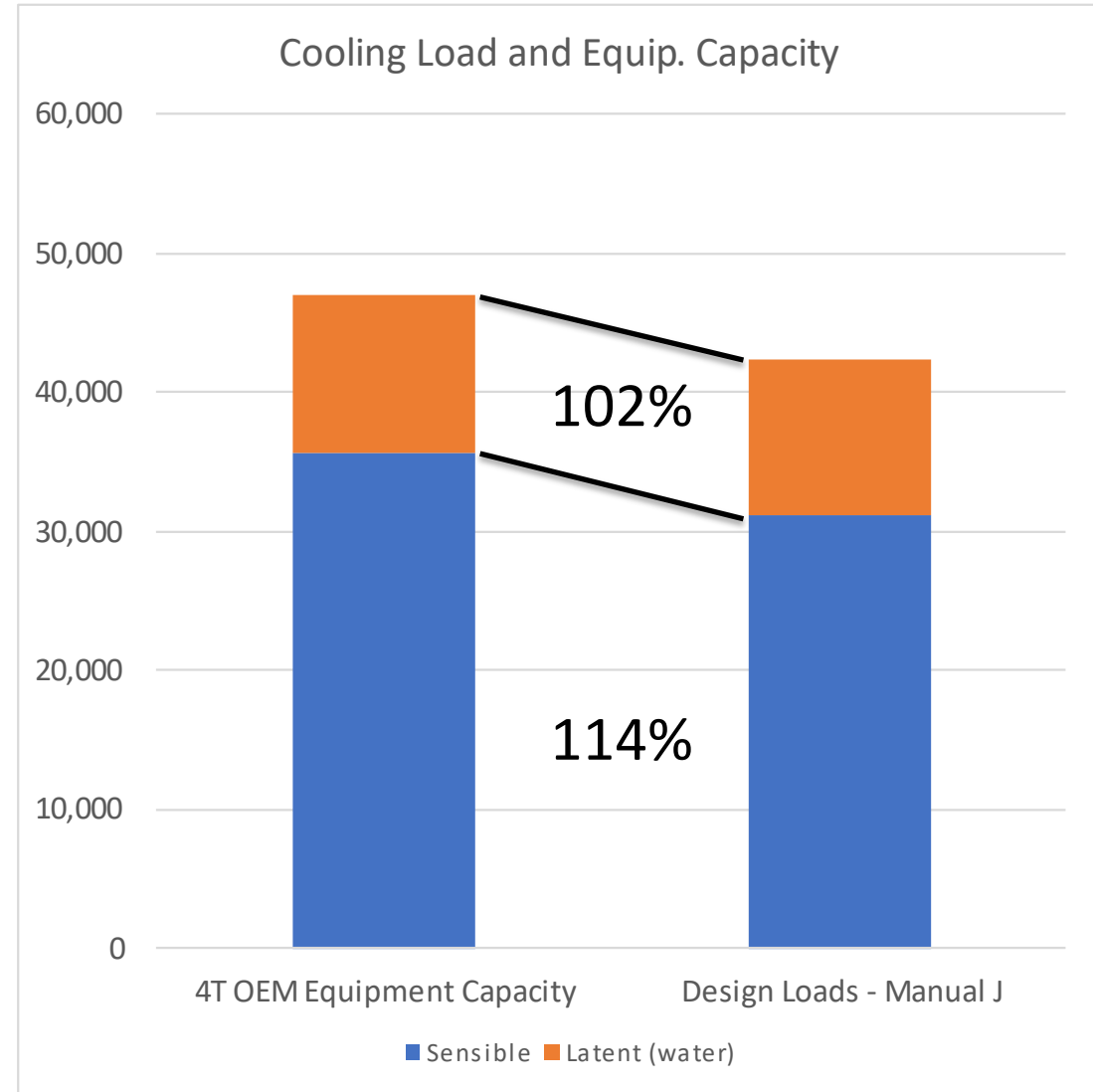


# MIAMI CASE STUDY – UNCOMFORTABLE HOME



Confirm Manual J Calc Results

Existing system is correctly sized  
– almost exactly

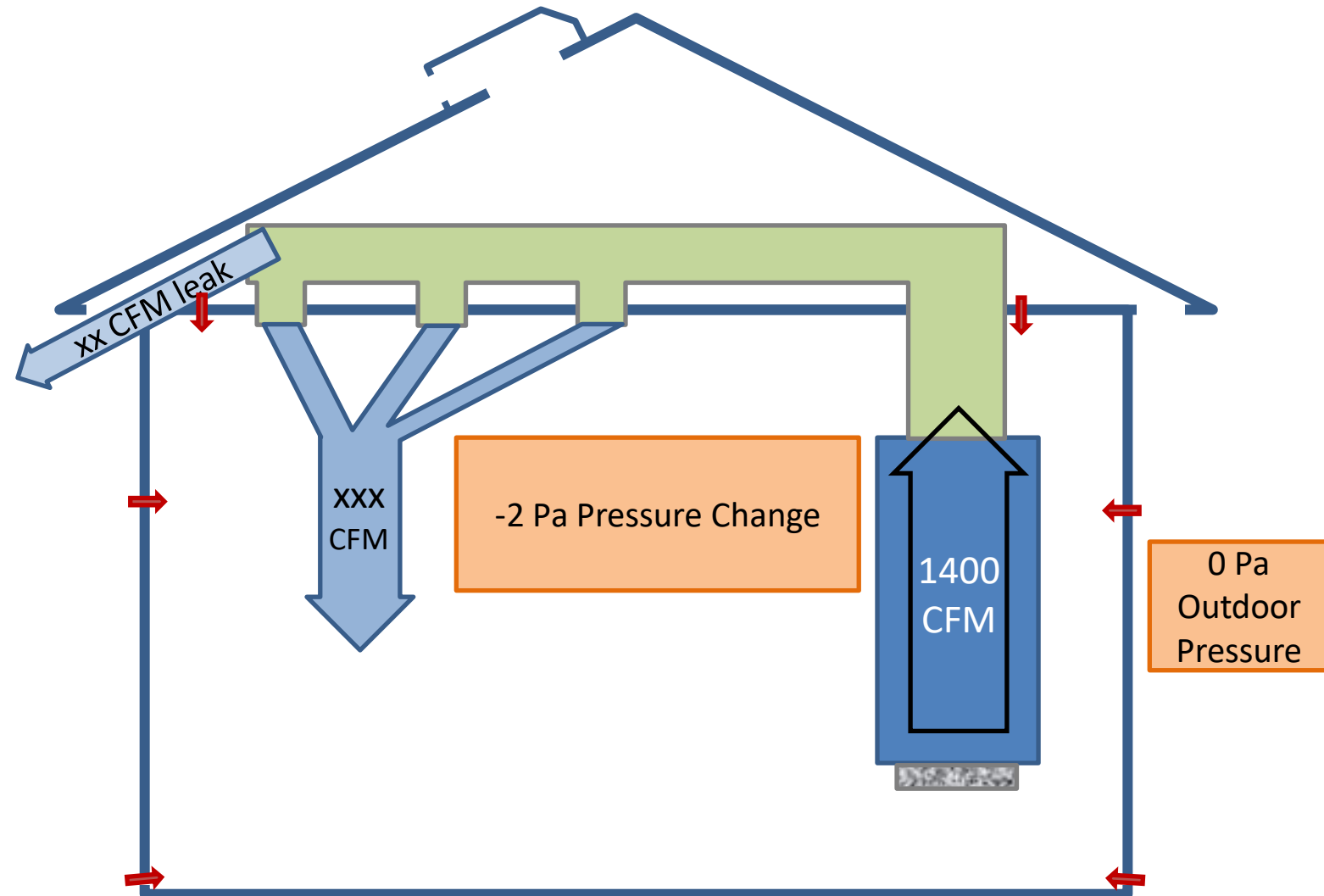


# MIAMI CASE STUDY SUMMARY SO FAR

House is depressurizing by 2Pa (0.008 inH<sub>2</sub>O) when HVAC is turned on

Caused by duct leakage

- Depressurizing means most of leakage is in supply duct



# MIAMI CASE STUDY SUMMARY SO FAR

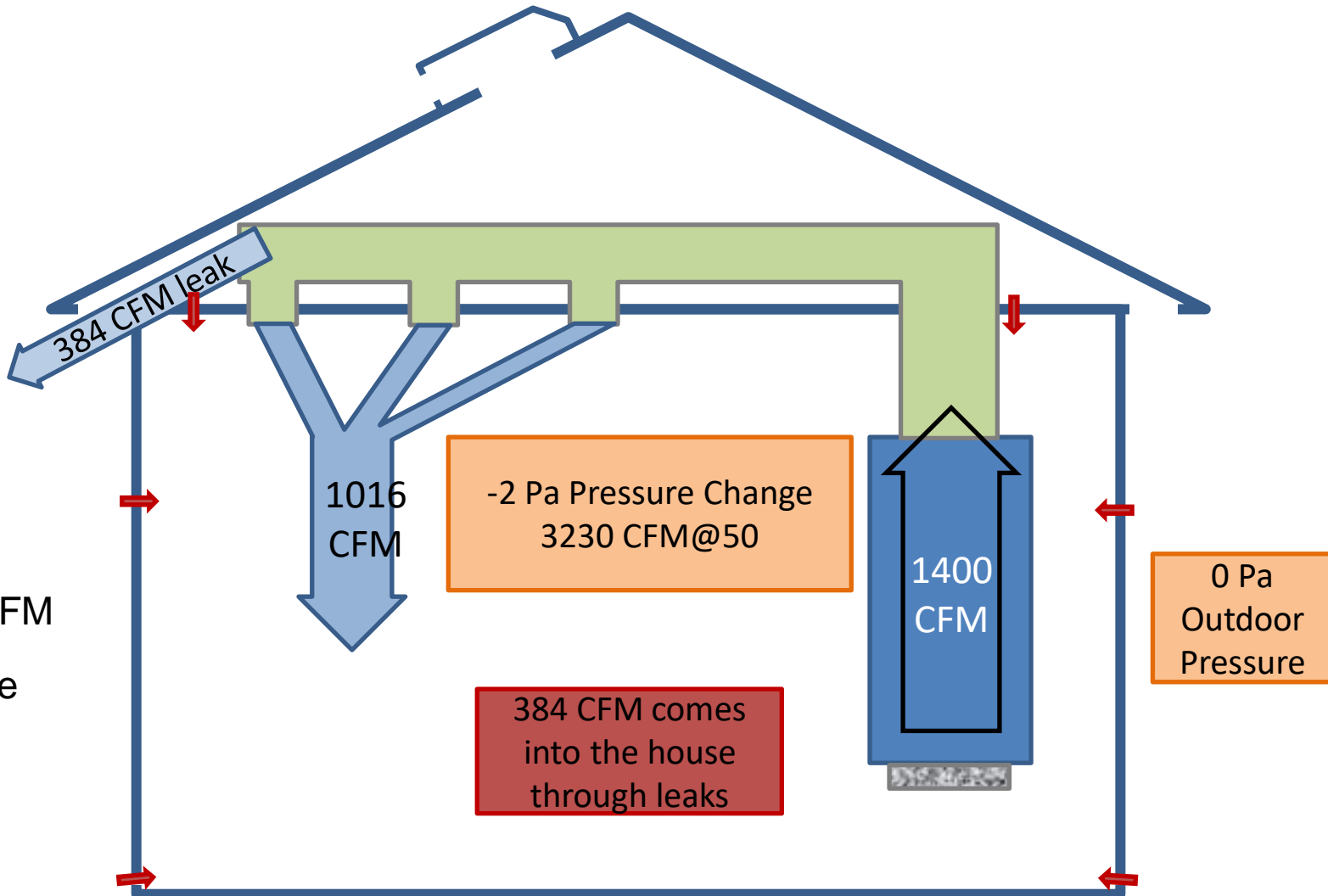
House depressurizing by 2Pa (0.008 inH<sub>2</sub>O) when HVAC is turned on

This is caused by duct leakage

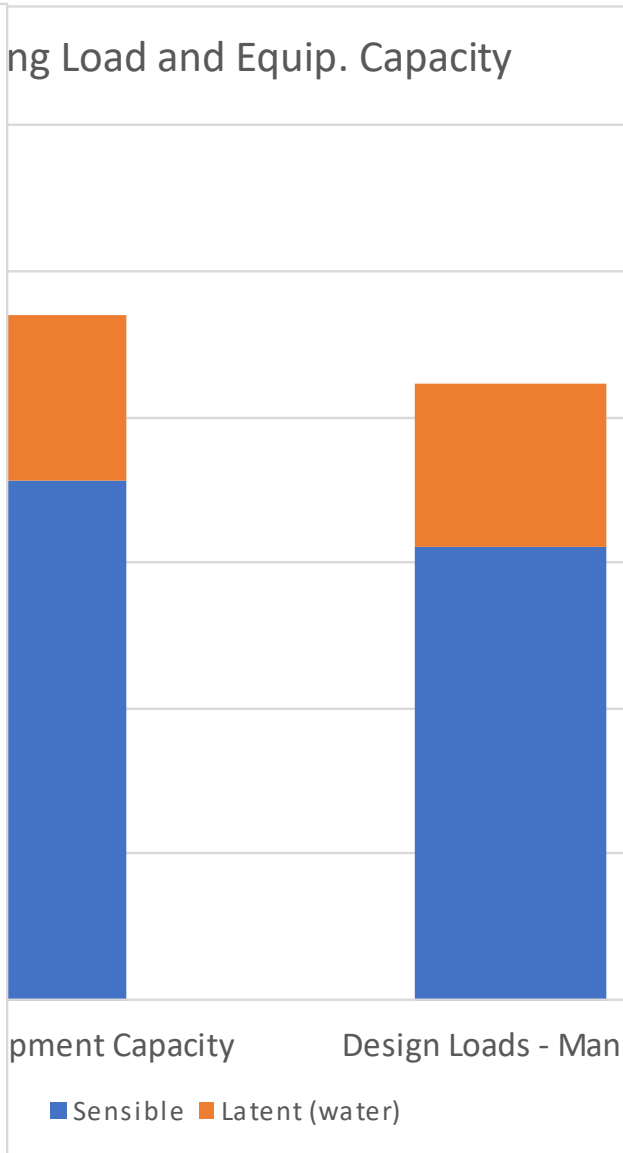
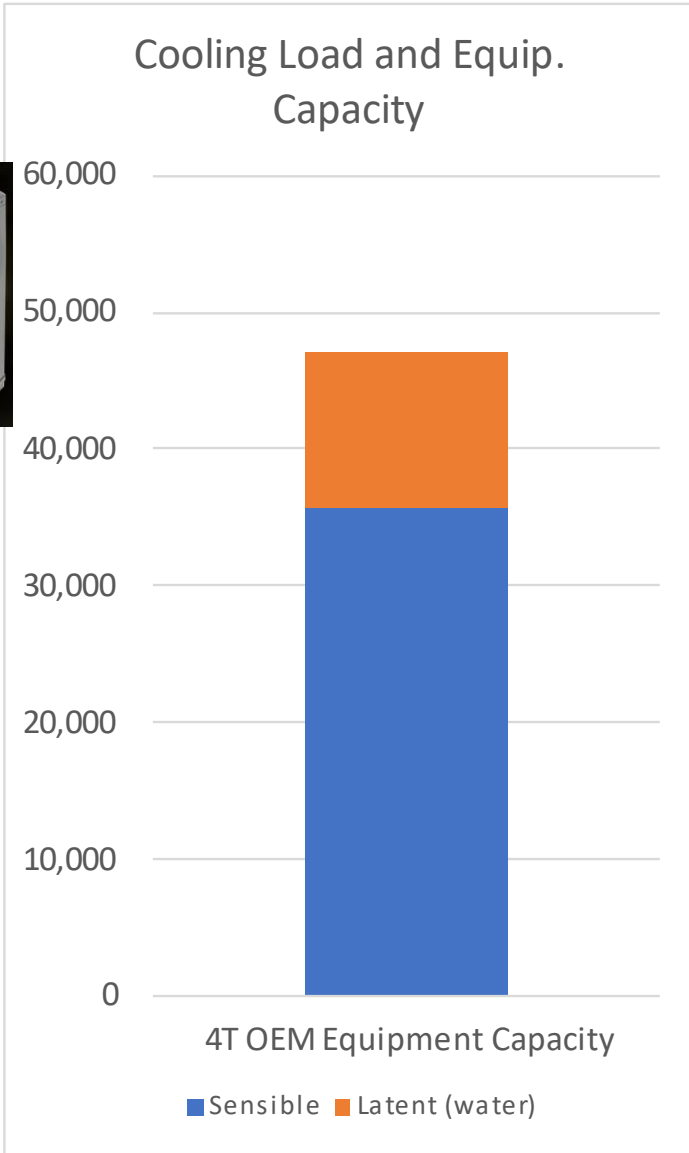
- Depressurizing means from Supply Duct

Resulting in increase in infiltration of ~280 CFM

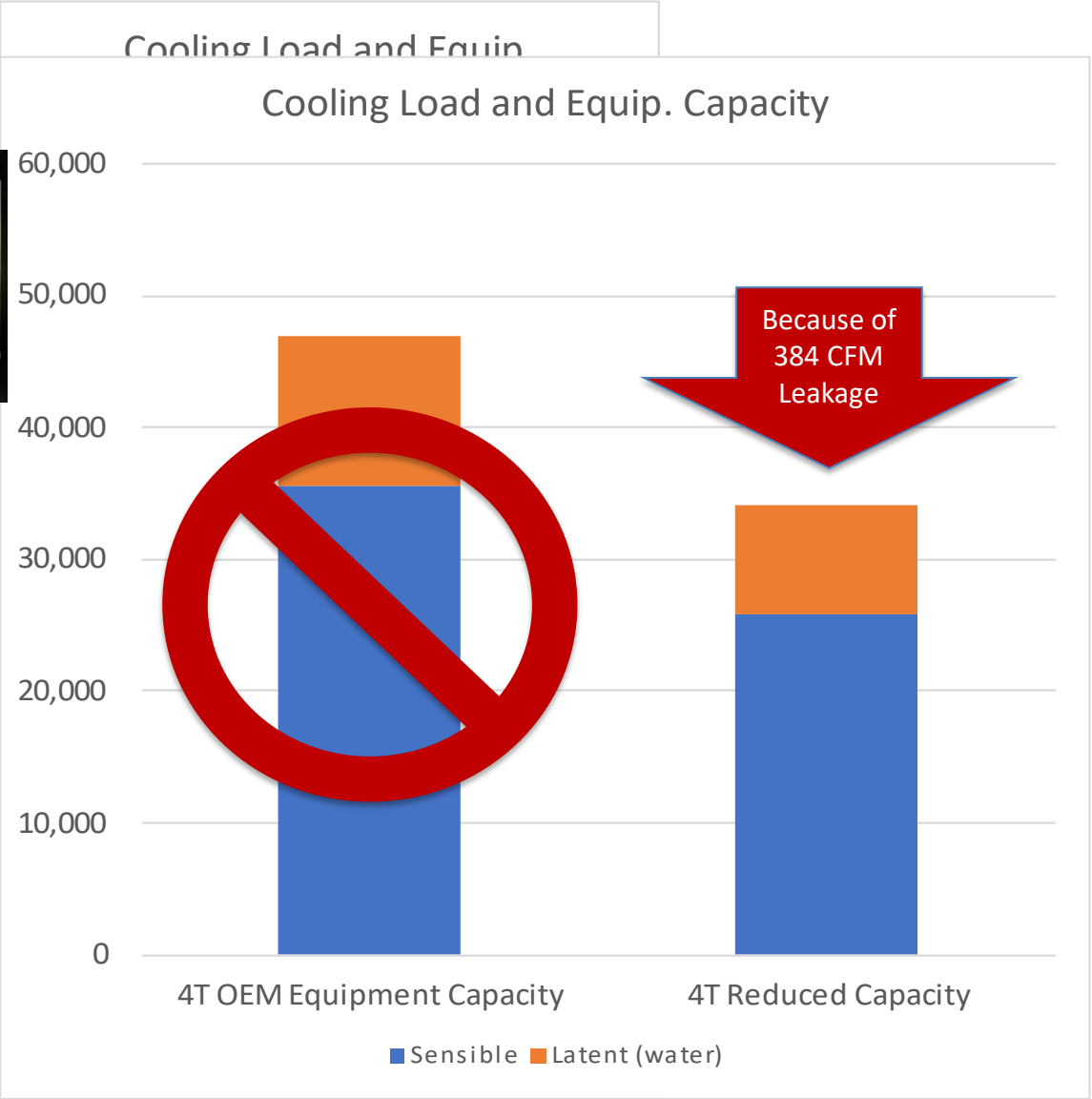
- Based on Blower Door Test and See Stack estimate
- Goes from 102 to 384 CFM.



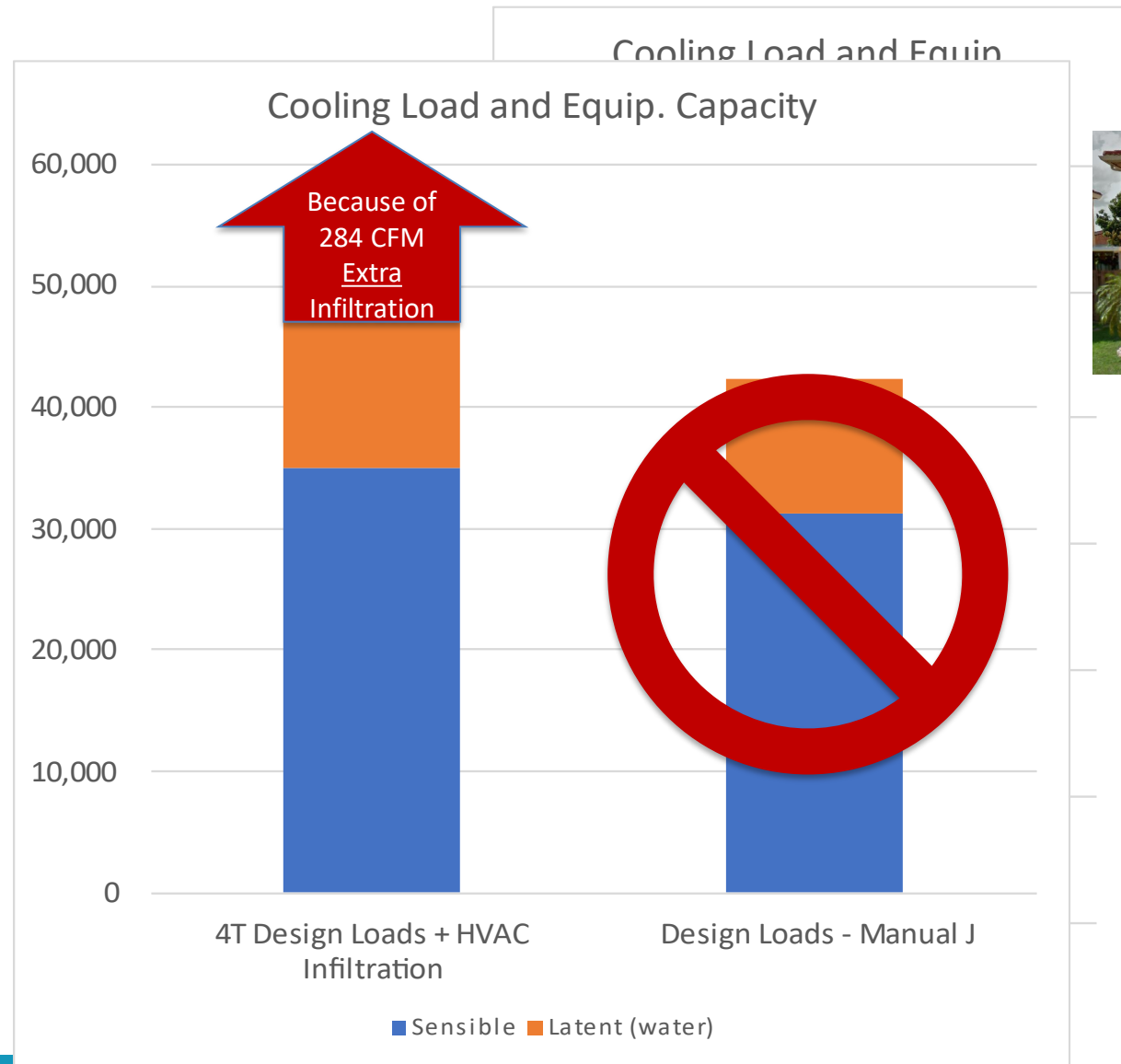
# IS LEAKING 380 CFM FROM THE DUCTS A BIG DEAL?



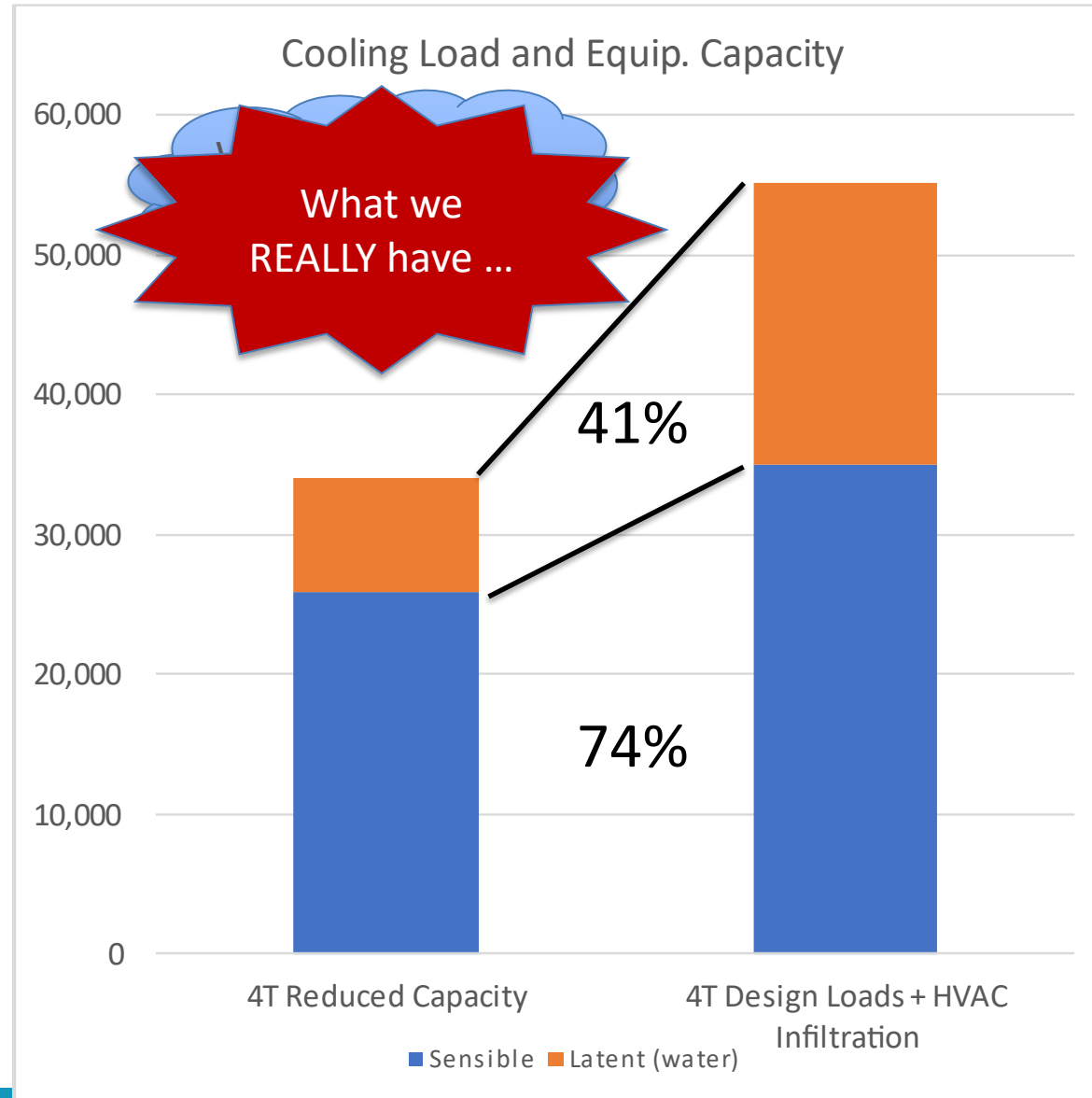
# 380CFM LEAKAGE – IMPACT ON EQUIPMENT CAPACITY



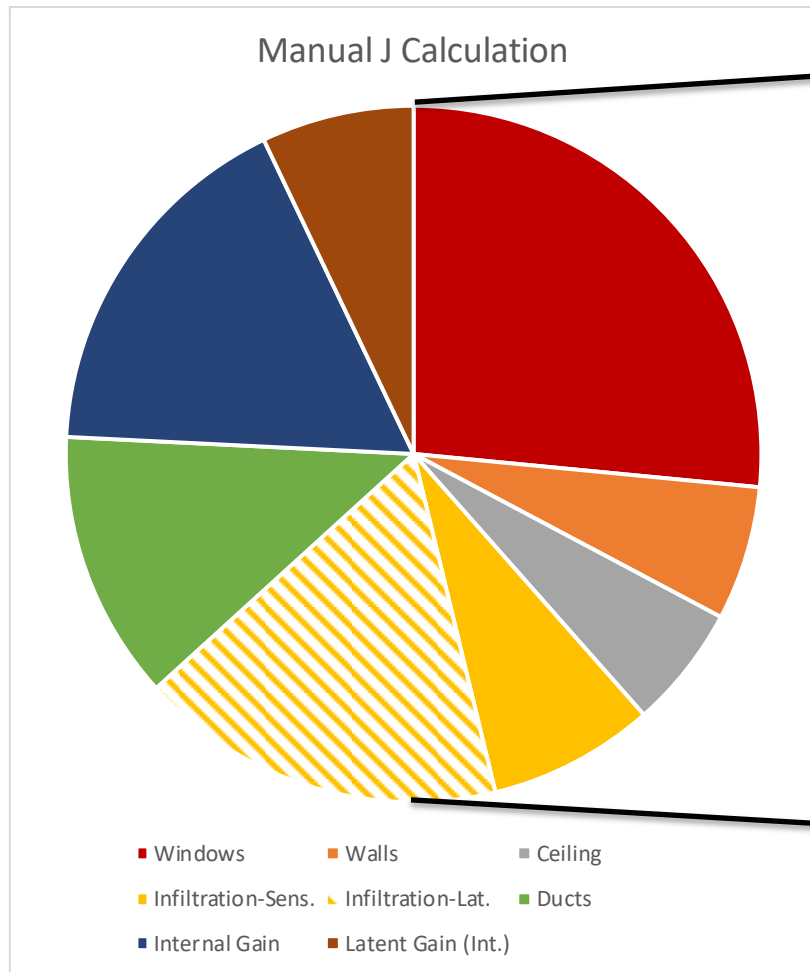
# ALSO: THE HOUSE SUCKS... IN HOT HUMID AIR!



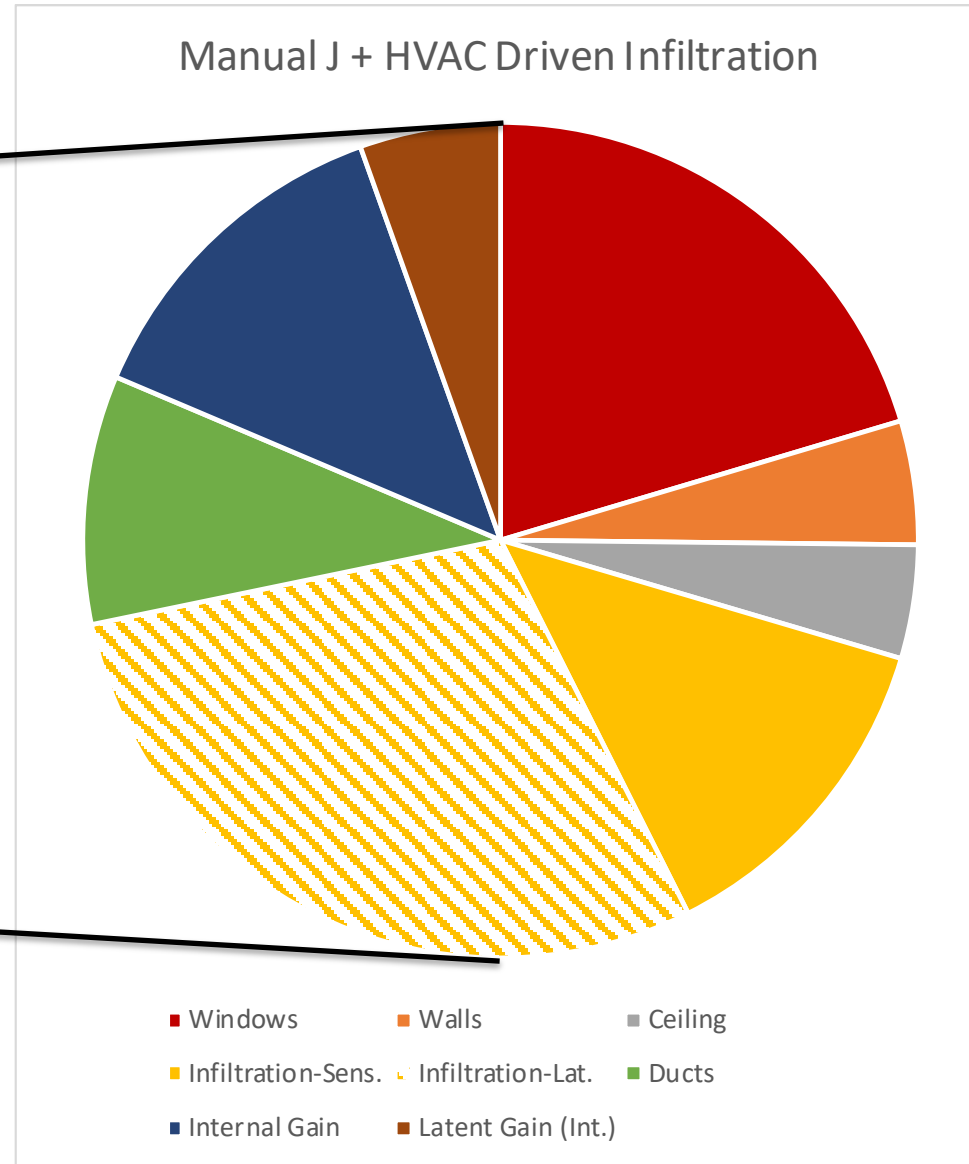
# IS LEAKING 380 CFM A BIG DEAL – YES. YES IT IS.



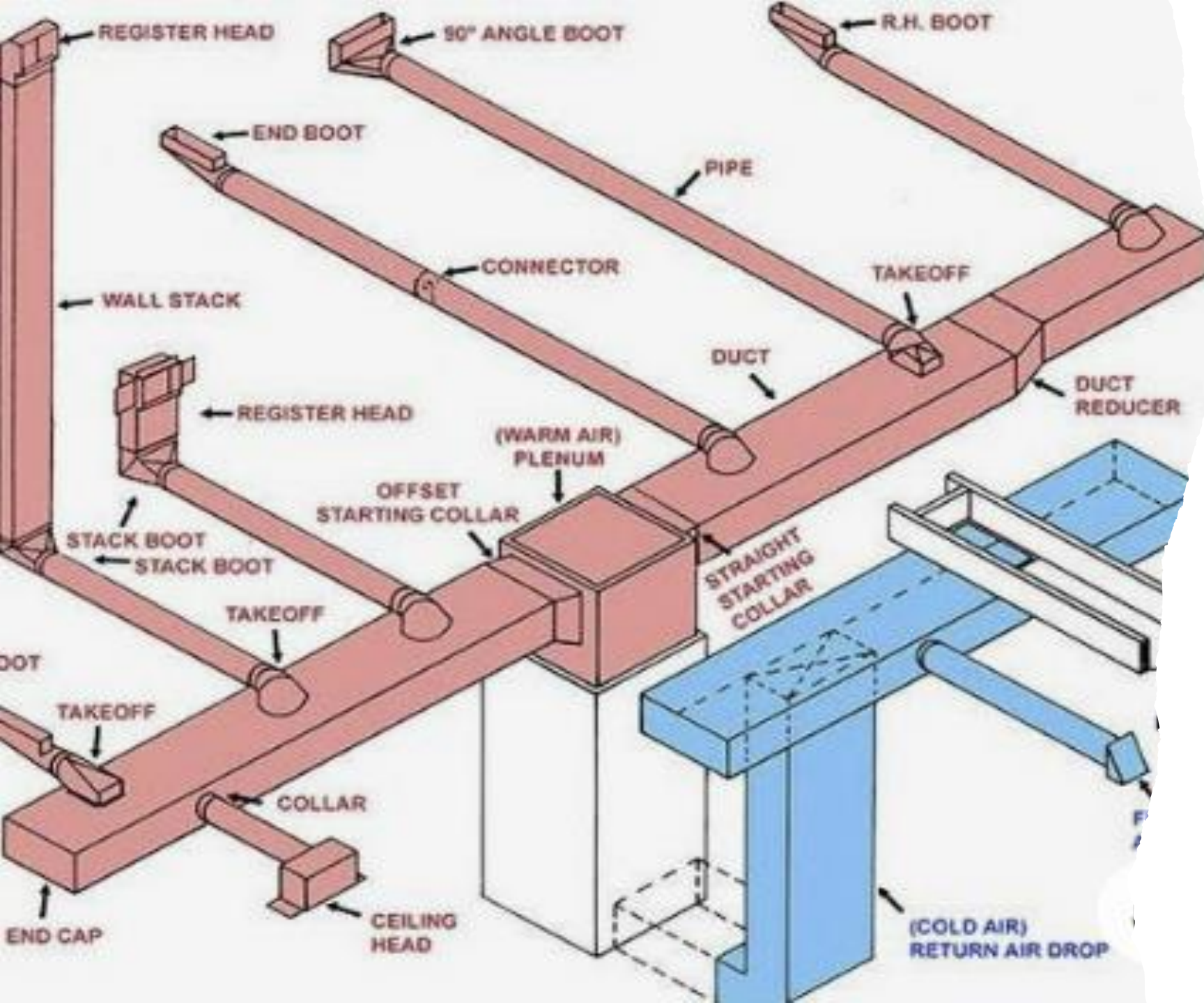
# How a Bad Duct Impacts the House Load



Total  
is 30%  
Bigger







## Leaky Ducts



**Common Locations of Duct Leakage**





# How to Know If You Have Leaky Ducts?





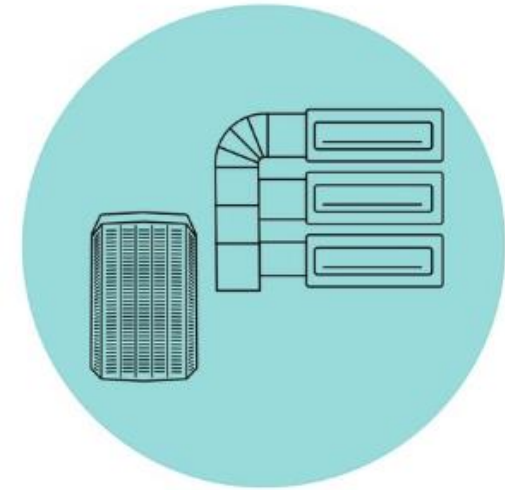


# Agenda

- Intro: Success with a 1.5-ton heat pump in Minnesota
- Why Cold Weather Heat Pumps?
- Sizing a Heat Pump for Success
  - Minneapolis Example
    - Impact of Air Flow
    - Impact of Building Envelope
    - Impact of Ductwork
- How to Achieve Good Envelope and Ducts
- Final thoughts & Summary

# Summary – Final Thoughts

- **Ducted Heat Pumps may be common in Midwest**
  - Retrofits require close attention - **ensure existing ducts can support the required air flow**
- Success should consider achieving reduced energy, while delivering good **comfort, comparable costs and durability**
- Reducing infiltration load **is fundamental to maximizing odds of success**
  - **Likely that energy audit funding will be limited** in IRA programs, but it is a key tool in retrofit situations



# Summary – Final Thoughts

Success Factors	
	Comparable Initial Cost
	Comparable Comfort
	Comparable Operating Cost
	Reduce Energy CO2 Consumption
	Comparable Durability



- For retrofits, make sure you **understand the condition of the envelope & ductwork, and the current airflow & TESP.**
- **Reasonable projects to improve the envelope will increase the likelihood that retrofit projects will be successful**



# Summary – Final Thoughts



## Success Factors

- Comparable Initial Cost**
- Comparable Comfort**
- Comparable Operating Cost**
- Reduce Energy CO2 Consumption**
- Comparable Durability**

**NEW  
CONSTRUCTION**

➔

Air Sealing Incentives: Measured by ACH50 (Air changes per hour at 50 pascals)

Available Rebates	Amount
<1.00 ACH50	\$1,700
1.00-1.49 ACH50	\$1,200
1.50-1.99 ACH50	\$600
2.00-2.49 ACH50	\$300

HVAC Bonus Incentives

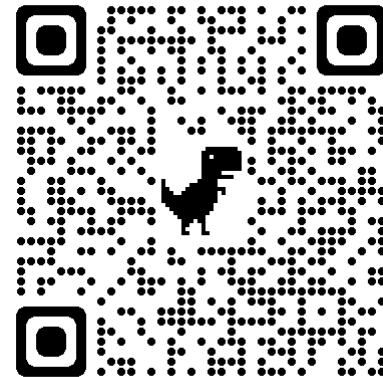
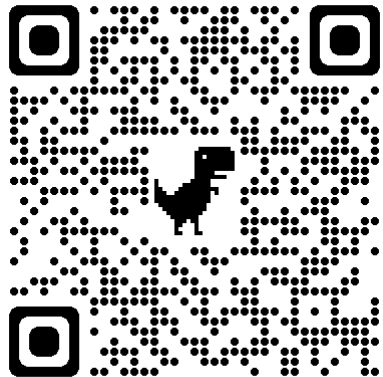
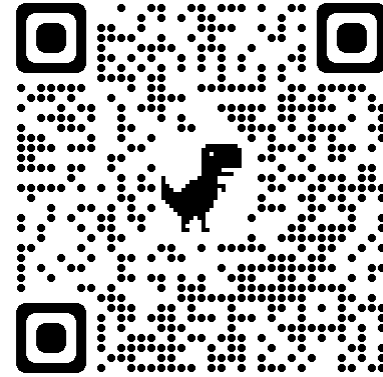
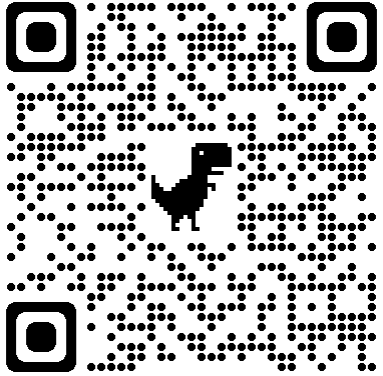
Available Rebates	Amount
Air Source Heat Pump (ASHP) - Cold Climate	\$1,500
Ground Source Heat Pump - MNGHPA Master Installer (per ton)	\$1,200
Ground Source Heat Pump (per ton)	\$1,000
ASHP - ENERGY STAR®	\$500

**RETROFIT?**

**HOPE for HOMES**  
Re-Introduced

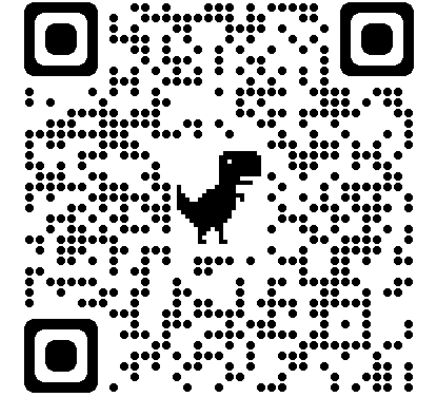
**\$500M**  
to support online training  
for contractors

# Heat Pump Resources

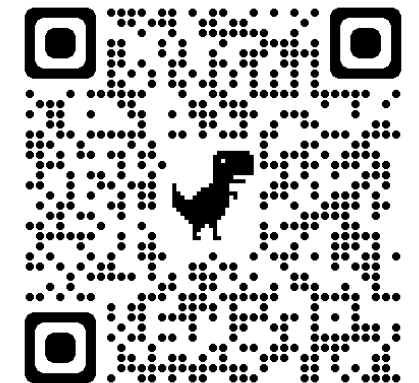
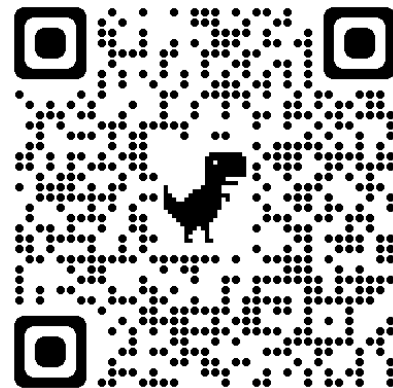


# Heat Pump Resources from The Energy Conservatory

- Home Upgrade Project



- Air Flow & Calculators





# **Having Success with Cold Weather Heat Pumps**

## Considerations for duct, envelope, and system performance

**Bill Graber and Jake McAlpine**  
**The Energy Conservatory**

Energy Design Conference

February 22, 2023

# Cold Climate Heat Pumps - Key Messages

- Heat pumps are a **great opportunity**. In many cases in cold climates, these will be **ducted systems**.
- **Look beyond COP** to have a successful heat pump install
- **Goals include comparable comfort, costs and durability**
- Several factors influence a **retrofit project** – including **air flow, duct condition, and building envelope condition**.
- There are **many great resources** for homeowners and contractors, including **CEE, Slipstream, NEEP**, and others.

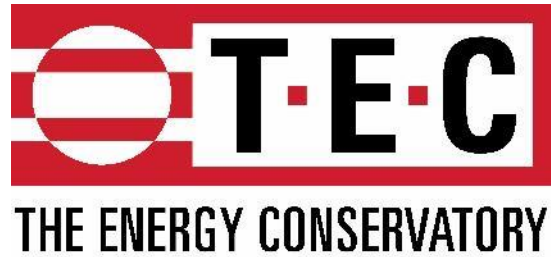
**We will review two houses (“Good/Tight” & “Bad/Leaky”) to show how these factors interact to impact the success in a ducted retrofit application**



**Standards**



**Software Process**



**Measurements**



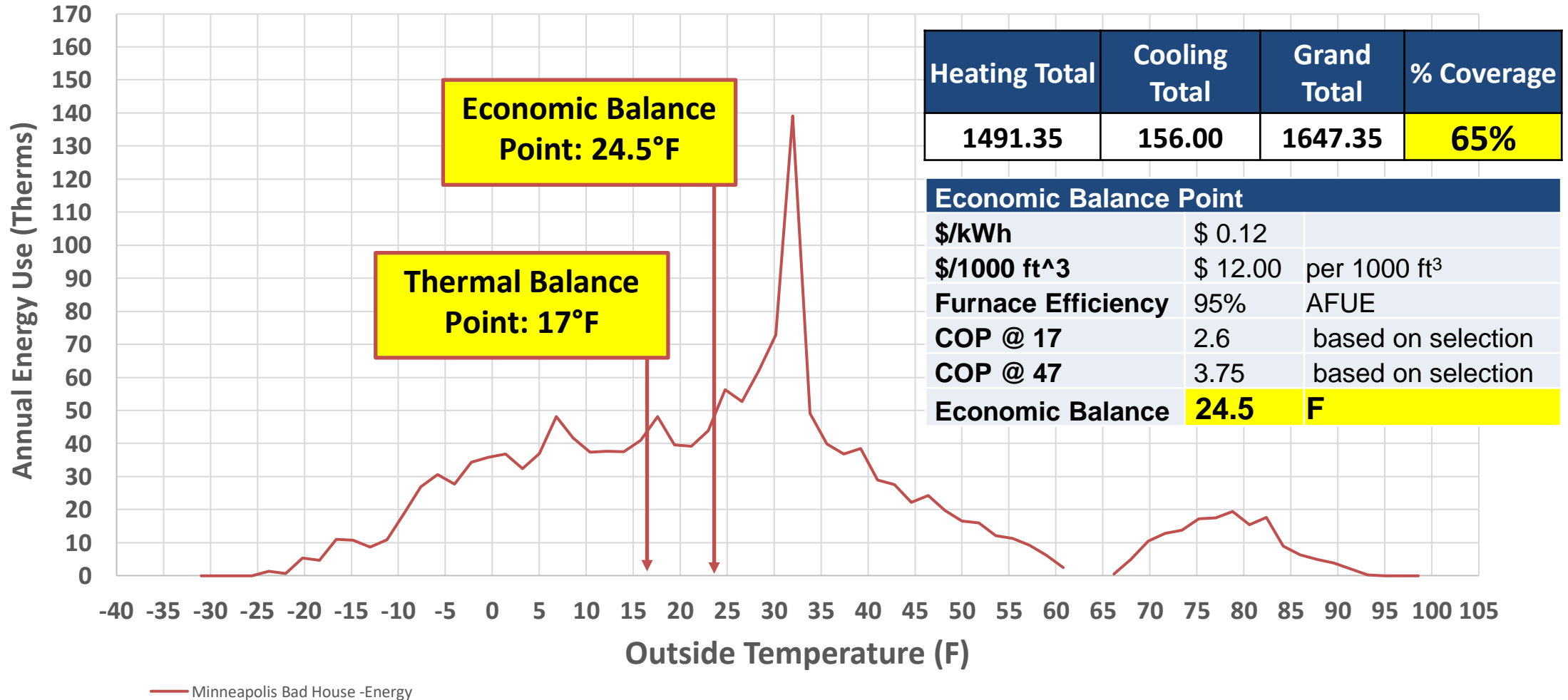
**Training**



# Minneapolis Leaky House

**Goodman** 5-Ton

## Energy Use vs Temperature

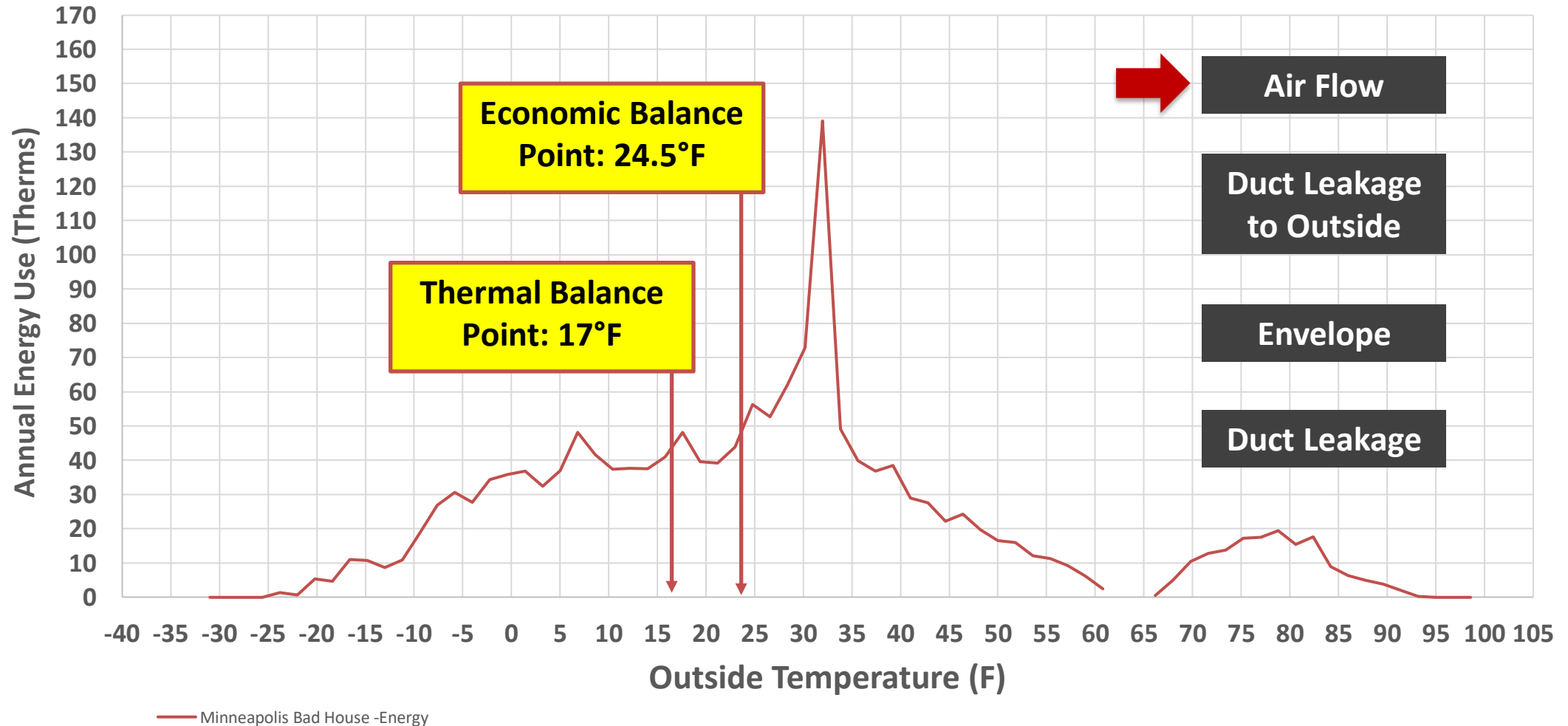




# Minneapolis Leaky House

**Goodman** 5-Ton

## Energy Use vs Temperature



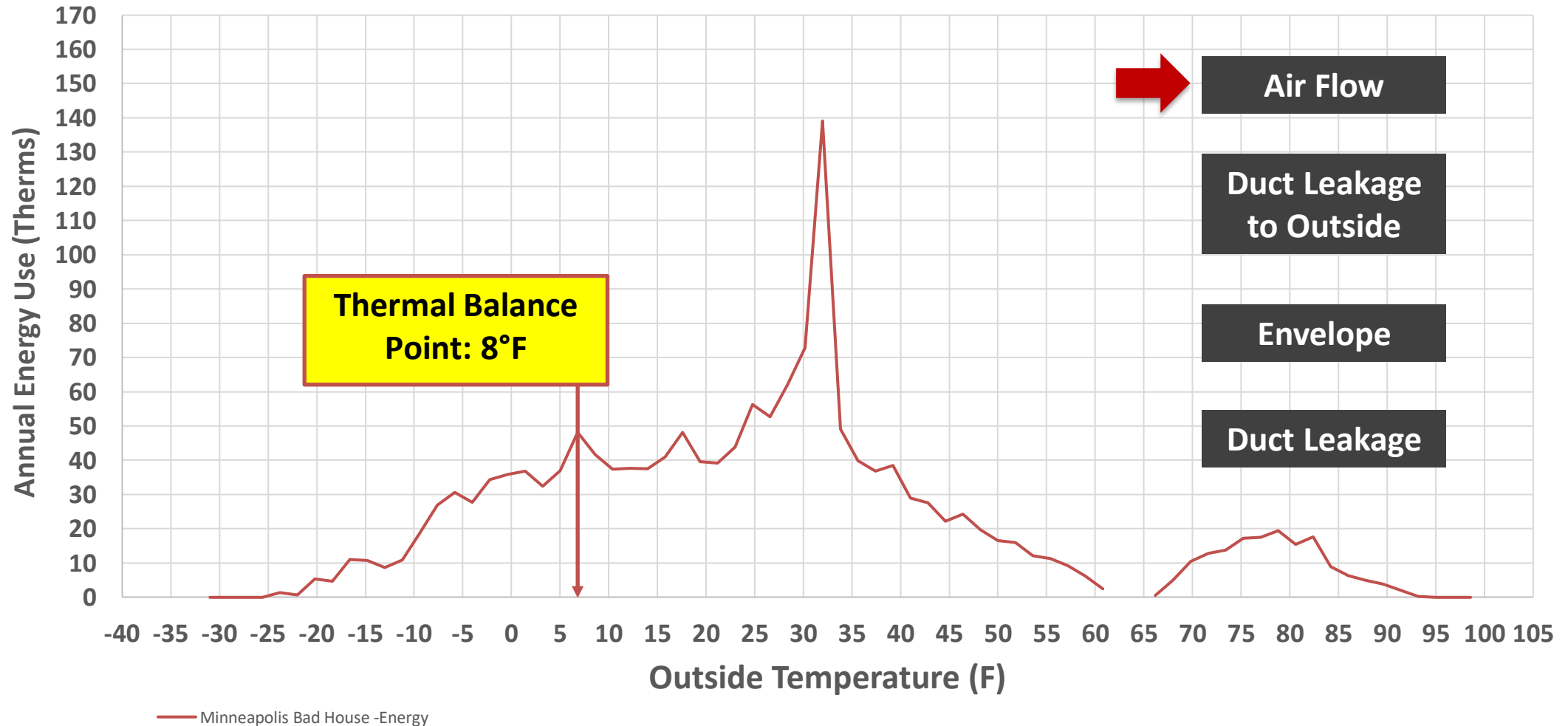




# Minneapolis Tight House



## Energy Use vs Temperature



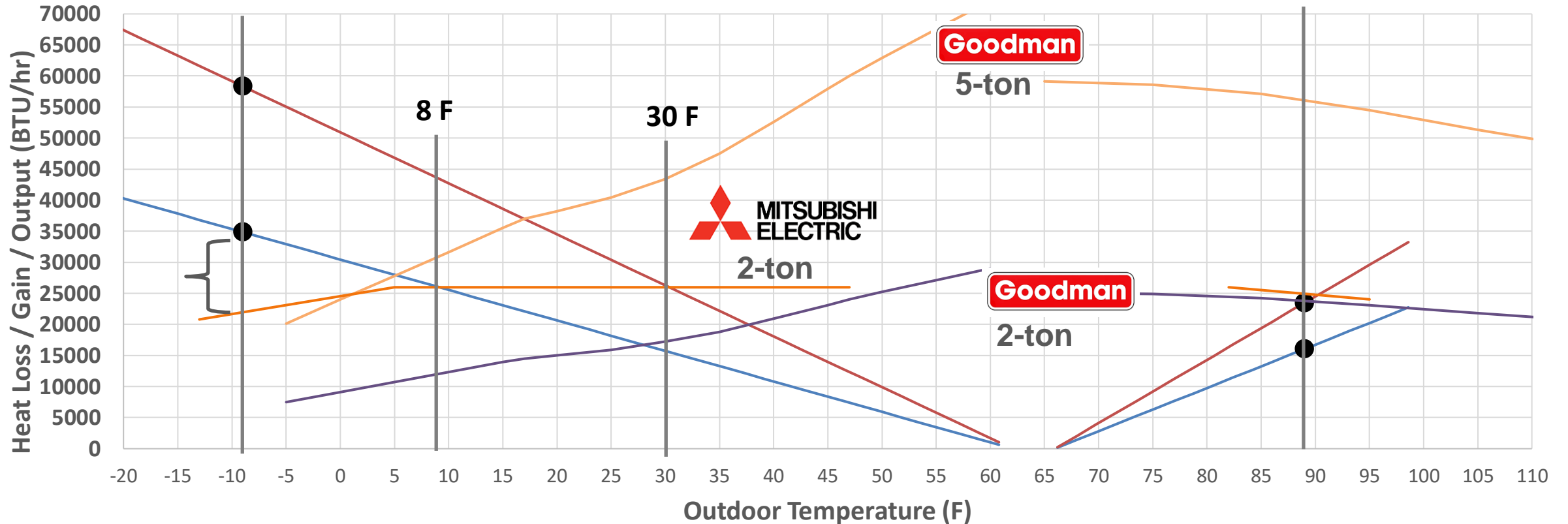


# Minneapolis Tight House

## Heating / Cooling Loads and Equipment Capacity

Heating Design Temp = -8F

Cooling Design Temp = 88F



Good House Loads Poor House Loads Minneapolis-Good DT Minneapolis-Bad DT 5 Ton Heat / Cool Capacity 2 Ton Heat / Cool Capacity Cold Climate 2 Ton -M

# Minneapolis Tight House Sizing for Heat Load



## Air Flow

### 95% Furnace

- 80,000 BTU
- Heat Rise = 35 – 50 F
- **Air flow = 1000 cfm**
- **TESP = 0.5 inH2O**
- ~150 cfm/ton

### 2-ton Heat Pump

- Design Heat Rise = 20 – 30 F  
(Typically lower than gas furnace)
- Required air flow = 800 cfm  
(Typically, requires ~400 cfm/ton)
- ECM motor will try to push 800 cfm at 0.32 inH2O

