Asbestos - Yes, It’s Still Around!

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Lake States Environmental, Ltd.
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In accordance with the Department of Labor and Industry’s statute 326.0981, Subd. 11,

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The "Miracle Mineral"
When is Asbestos dangerous?

- Asbestos is dangerous when it gets in the air and you breathe or swallow it.
TYPES OF ASBESTOS

- Amphiboles
- Serpentine
AMPHIBOLES

- Shorter fibers
- Straight
- Rigid (not flexible)
- Very Hard to Wet

Amphibole Minerals

- Amosite - brown
- Crocidolite - blue
SERPENTINE

- Long, curvey fibers
- Flexible fibers
- Wettable fibers...
  with amended water

Serpentine Mineral

- Chrysotile - white
MORE ABOUT ASBESTOS

- Bundles of fibers which break apart easily
- Fibers are microscopic
- Very aerodynamic - float for days
- Strong as steel
- Resists breakdown from heat
- Resists breakdown from chemicals
- The best insulator
  - Temperature
  - Sound
  - Electricity
- Cheap
DEFINITIONS

- Friable
- Non-friable
FRIABLE ASBESTOS

- Asbestos that can be crumbled or pulverized by hand pressure.
- Friable asbestos is more dangerous because the fibers are more likely to get in the air.
NON-FRIABLE ASBESTOS

- Asbestos that cannot be crumbled or pulverized by hand pressure.
ASBESTOS CONTAINING MATERIAL - ACM

ACM is defined as a material containing greater than 1 % of an asbestos mineral.
CATEGORIES OF ACM

- Surfacing material
- Thermal system insulation (TSI)
- Miscellaneous Materials
SURFACING MATERIAL

- An asbestos containing material that is **sprayed, troweled-on** or otherwise applied to surfaces (such as acoustical plaster on ceilings and fireproofing materials on structural members, or other materials on surfaces for acoustical, fireproofing, and other purposes).
THERMAL SYSTEM INSULATION (TSI)

- Asbestos containing materials applied to pipes, fittings, boilers, breeching, tanks, ducts or other structural components to prevent heat loss or gain.

TSI ACM contains more than 1% asbestos.
Any other type of asbestos containing material.
Health Effects of Exposure to Asbestos

Asbestos Diseases
Asbestos can Kill You...

• When you work around asbestos, you must work carefully. Avoiding accidental disturbances is important.
• When asbestos is in the air, it gets into your body when you breathe and when you swallow.
When is Asbestos Dangerous?

• Asbestos is silent and deadly. You cannot see, hear, feel, taste, smell, or touch the small asbestos fibers that enter your body.

• It doesn't make you cough or sneeze, nor make you throat or skin itch.

• But if it is in the air, you can breath it. That's when asbestos is dangerous!
How do we know that asbestos can make you sick?

• We have been accumulating information for decades, tracking life and death histories of workers who's jobs involved exposure to asbestos.
• Over time it has become apparent that workers who were exposed to asbestos developed and died from diseases we now know are caused by asbestos.
Asbestos Diseases

- Asbestosis
- Lung Cancer
- Mesothelioma
- Other (GI) Cancers
How much asbestos is dangerous?

• There is no safe level of exposure to asbestos.
• But we do know that most diseases associated with the exposure to asbestos are dose-related.
• Asbestosis, Lung Cancer and Digestive System cancers are all dose-related.
• Mesothelioma is different. It appears to be incidence related, with dose not being much of a factor.
Latency Period

• The time between when a person is exposed to a hazard and when the symptoms develop from the exposure.
• The latency period is between 10 to 40 years
Your body has its own natural defense to help eliminate asbestos

But some of the tiny fiber can still pass through these defenses
Trachea (windpipe)

Bronchi

Pleura (lining)

Cilia (hairs)

Bronchus

Alveoli

Mucus

Airway
Asbestosis

Scarring of the Lung Tissue

Specifically the Alveoli membranes
Lung Cancer

Cancer in the Lung
Mesothelioma

Cancer of the Plural Lining(s)

Pleural mesothelioma
Chest cavity

Peritoneal mesothelioma
Abdomen (belly)
Mesothelioma

• This is also the one disease that is only caused by exposure to asbestos.
• It is often referred to as the "Marker Disease" for exposure to asbestos sometime in a worker's past.
Other Cancers can include:

Mouth, tongue, throat, voicebox, esophagus, stomach, intestinal, colon, rectal, and liver cancer.
Smoking and Asbestos Exposure

• The Synergistic Effect - Multiplying Effect

Synergistic Effect of Combining Smoking and Asbestos Hazards

<table>
<thead>
<tr>
<th>Hazard(s)</th>
<th>Increased Chance of Lung Cancer</th>
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</thead>
<tbody>
<tr>
<td>Non-Smoking, Non-Asbestos</td>
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</tr>
<tr>
<td>Non-Smoking, Asbestos</td>
<td>5</td>
</tr>
<tr>
<td>Smoking, Non-Asbestos</td>
<td>20</td>
</tr>
<tr>
<td>Smoking AND Asbestos</td>
<td>80</td>
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</tbody>
</table>
People who work with Asbestos over a certain period of time will be required to have medical exams. These exams come at no cost to the worker.
How is it determined if a material contains Asbestos?

▪ First off, most materials are “guilty” until proven otherwise by sampling.
▪ Samples are sent to a lab for testing.
▪ This sample must be collected by an MDH certified Asbestos Inspector.
▪ The sample is analyzed under a Polarized Light Microscope (PLM) to determine content.
▪ The lab sends out a report indicating if the sample contains Asbestos and at what %. 
Let’s see what we find in our room

1. Ceiling Tile
2. Ceiling Tile Adhesive
3. Vermiculite
4. Pipe Insulation on Riser
5. Floor Tile
6. Linoleum
7. Flooring Adhesive (multiple layers)
8. Paper between sub-floor and underlayment
Asbestos Related Resources

**Minnesota Asbestos Statutes, Rules, Forms and Other Information**

*Minnesota Statutes, sections 326.70 to 326.81 – Asbestos Abatement Act:* These statutes apply to regulated parties conducting asbestos-related work in Minnesota. [https://www.revisor.mn.gov/statutes/?id=326&view=chapter](https://www.revisor.mn.gov/statutes/?id=326&view=chapter)

*Minnesota Rules Parts 4620.3000 to 4620.3724:* [https://www.revisor.mn.gov/rules/?id=4620&view=chapter](https://www.revisor.mn.gov/rules/?id=4620&view=chapter)

*Minnesota Online Asbestos-Related Work Notification:* [http://www.health.state.mn.us/dvs/eh/asbestos/prof/onlineNot/index.html](http://www.health.state.mn.us/dvs/eh/asbestos/prof/onlineNot/index.html)


*Minnesota Pollution Control Agency - Assistance and Information*
- Training: Asbestos Program staff provide training to contractors
- MPCA staff: Scott Parr, 651-757-2638
- Minnesota Dept. of Health, 651-201-4620
- Asbestos: Homeowner information, Minn. Dept. of Health

**Wisconsin Asbestos Statutes, Rules, Forms and Other Information**

*Wisconsin Statute Chapter 254: [http://docs.legis.wi.gov/statutes/254.pdf](http://docs.legis.wi.gov/statutes/254.pdf)*

Environmental Health - Describes public health and other responsibilities for detection, treatment and response to lead hazard exposure. This is the law that the state legislature passed that enabled//required the Department of Health Services to develop and enforce rules (below) that provide detailed requirements that are required to be followed to satisfy the purpose and intent of the law. Both the statute and the rule must be followed to be legal. Any and all rules must be consistent with the law that enables that rule.

*Wisconsin Statute Chapter 159: [http://docs.legis.wisconsin.gov/code/admin_code/dhs/110/159](http://docs.legis.wisconsin.gov/code/admin_code/dhs/110/159)*

Certification and Training Course Requirements for Asbestos Activities.

**Wisconsin Forms**

**WI Department of Health Services – Assistance and Information**
- Contact Info.: Lead and Asbestos section, P.O. Box 2659, Madison, WI 53701, 608-261-6876
- DHS Asbestos Program: [https://www.dhs.wisconsin.gov/asbestos/index.htm](https://www.dhs.wisconsin.gov/asbestos/index.htm)

**Wisconsin Department of Natural Resources**
Thank You for joining us!

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