

MAKING A DIFFERENCE IN MINNESOTA: ENVIRONMENT + FOOD & AGRICULTURE + COMMUNITIES + FAMILIES + YOUTH

If I had a Hammer I Would Build a Net Zero Energy Home!

Energy Design Conference

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IF I HAD A HAMMER (I'D BUILD A NET ZERO ENERGY HOME)!

- Part 1: Pathways to High-Performance
 Programs That Will Get You There
- Part 2: DOE Zero Energy Ready Homes
 Review Business Case & Requirements
- Part 3: Zero Energy Homes Today
 Critical Challenges & Keys to Success
- Part 4: Then & Now

A personal reflection on where we have been, where we are, and where we need to go!

OVERARCHING THEMES

- We can and must do better!
 - Challenge ourselves towards better performance
- Existing technology can get us there, but ...
 - We need to reduce the focus on products.
 - We must embrace more robust systems.
 - We need improvement in design & execution.
- For major advances in performance, we will need more robust designs, technologies, and processes.

WHAT IS A HIGH PERFORMANCE HOME?

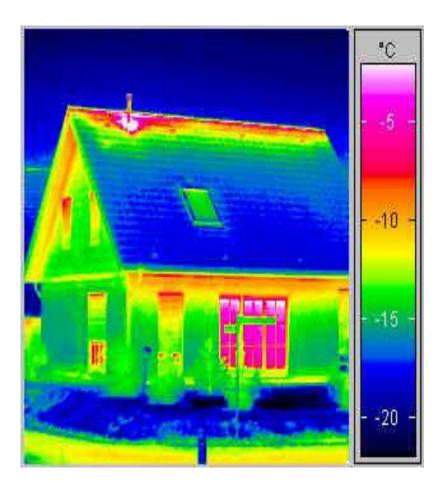
- A deliberate integration of building enclosure, mechanical systems, and controls to provide a
 - comfortable, efficient, durable, and healthy home.
- It demands a "systems approach" to the
 - dynamics of climate, site, and occupants
 - interaction of building enclosure and mechanicals.
- It requires careful planning, teamwork and careful execution in
 - design, construction / installation, and operation.

MAKING THE CASE FOR ROBUST

- We must ensure our high-performance houses meet our expectations today and in the future?
- High-performance houses will push our current approach. Therefore, we must ...
 - design and engineer (not just build) our homes.
 - build forgiveness/tolerance into all systems.
 - build redundancy into critical materials.
 - or make it easy to repair and/or replace key components
 - develop a more predictable delivery system.
 - provide continuous feedback to the occupant.

THE POWER OF ZERO ENERGY HOMES

 Are there buyers who would like to reduce their environmental footprint or have their utility bills go away?





THE POWER OF ZERO ENERGY HOMES

- It is absolutely possible with a couple of caveats!
- Homes will always require energy.



- Can the home produce as much as it uses?
 - Is it site energy or source energy?
 - Is it dollars or carbon?



PART 1. PATHWAYS TO HIGH-PERFORMANCE

- ENERGY STAR (ver 3.1)
 - gets the wheels moving in the right direction.
- DOE Zero Energy Ready Home (ver 6.0)
 is a more comprehensive, holistic approach.
- Best Current Practices (according to me)
 fills a couple of key gaps for market/climate.
- Net Zero Energy Now (by Joe Lstiburek)
 provides a vision for the future.



- Pathway Comparison
 - Enclosure
 - HVAC
 - Domestic Hot Water
 - Indoor Air Quality
 - Renewables

Enclosure	MN	ENERGY	DOE	ВСР	NZE Now
(R-values)	Code	STAR	ZERH	(PH)	(JL)*
Ceiling	50	50	50	50	60
Walls	20/21	25	25	30	40
Floors	30/38	30/38	30/38	40	
Foundation	15(10)	15	15	15	20
Slabs					
- Basement	0	0	0	10	10
- On-grade	10	10	10	15-20	20

* From "BSI-081 Zeroing In" by Joseph Lstiburek

Enclosure	MN	ENERGY	DOE	BCP	NZE Now
(U-values)	Code	STAR	ZERH	(PH)	(JL)*
Windows	0.32	0.27	0.27	0.25	0.20
Doors	???	0.17-0.30	0.21	0.20	

Enclosure	MN	ENERGY	DOE	BCP	NZE
Airtightness	Code	STAR	ZERH	(PH)	(JL)*
ACH@50Pa	3.0	3.0	2.0	1.0	1.5

HVAC	MN	ENERGY	DOE	BCP	NZE Now
(Equipment)	Code	STAR	ZERH	(PH)	(JL)*
Heating					
- AFUE	80%	90%	94%	94%	95%
- HSPF	8.2	8.2	10.0	10.0	
Cooling (SEER)	13	13	13	15	18
Ventilation					
- Туре	Balanced	NR*	Balanced	Balanced	Balanced
- HRV/ERV (Eff)	NR	NR	60%	70%	
- Distribute	All Rooms	NR*	NR*	All Rooms	All Rooms
Filtration(MERV)	8	8	8	11	

HVAC	MN	ENERGY	DOE	BCP	NZE Now
(Ductwork)	Code	STAR	ZERH	(PH)	(JL)*
Ducts	Sealed S&R				
Leakage	4cfm/100sf	4cfm/100sf	Condition	Condition	Condition
Insulation	R-8	R-8	NA	NA	NA

Make-Up	MN	ENERGY	DOE	ВСР	NZE
Air	Code	STAR	ZERH	(PH)	(JL)*
Range	300 cfm?	NA	Vented	Vent/MUA	Vent/MUA
Dryer	NA	Vented	Vented	Vent/MUA	Vent/MUA
Exhaust Fan	Allowed	Allowed	Allowed	Small/MUA	

Domestic	MN	ENERGY	DOE	BCP	NZE Now
Hot Water	Code	STAR	ZERH	(PH)	(JL)*
Plant (EF)	0.53?	0.67	0.67	CSC(combi)	
Insulation	R-3	R-3	R-5	R-5	
Distribution	NA	NA	WaterSense	WaterSense	

Appliances	MN	ENERGY	DOE	BCP	NZE
& Lighting	Code	STAR	ZERH	(PH)	(JL)*
Appliances	NA	E-STAR	E-STAR	E-STAR+	E-STAR+
Lighting	NA	80% E-STAR	80% E-STAR	90% LED	100% LED

Indoor Air	MN	ENERGY	DOE	BCP	NZE Now
Quality	Code	STAR	ZERH	(PH)	(JL)*
IndoorAir+	NA	Partial	Yes	Yes	
Garage Vent	NA	NA	Yes*	Yes*	
Radon	Rn Ready	Rn Ready	Rn Ready	ASD	

Renewable	MN	ENERGY	DOE	BCP	NZE
Ready	Code	STAR	ZERH	(PH)	(JL)*
Solar Thermal	NA	NA	Optional	Optional	
Solar PV	NA	NA	Yes*	Yes	Yes

PATH TO ZERO: COST SUMMARY**

	MN	ENERGY	DOE	BCP	NZE Now
	Code	STAR	ZERH	(PH)	(JL)*
Cost Premium	Base	\$5,000	\$9,000	\$12,000	\$16,000
Energy \$/yr	\$2,000	\$1,500	\$1,250	\$1,000	\$750
PV for NZE	20 kW	15 kW	12 kW	10 kW	8 kW
PV System \$	\$60,000	\$45,000	\$36,000	\$30,000	\$24,000
Total Cost	\$60,000	\$50,000	\$45,000	\$42,000	\$40,000

** These are very rough estimates for illustration purposes only!

PART 2: ZERO ENERGY READY HOME



A Symbol of Excellence

HEALTHFUL ENVIRONMENT

СОМР	FORT PLUS
ADVA	NCED TECHNOLOGY
ULTRA	A EFFICIENT
QUAL	ITY BUILT
DURA	BILITY
KEY	 DOE Zero Energy Ready Home ENERGY STAR[®] Certified Home Existing Home

Building America Strategy



Energy Efficiency & Renewable Energy

Ultra-High Efficiency

- Enclosure
- Low-Load HVAC
- Components

High-Performance

- Affordable
- Comfort
- Health

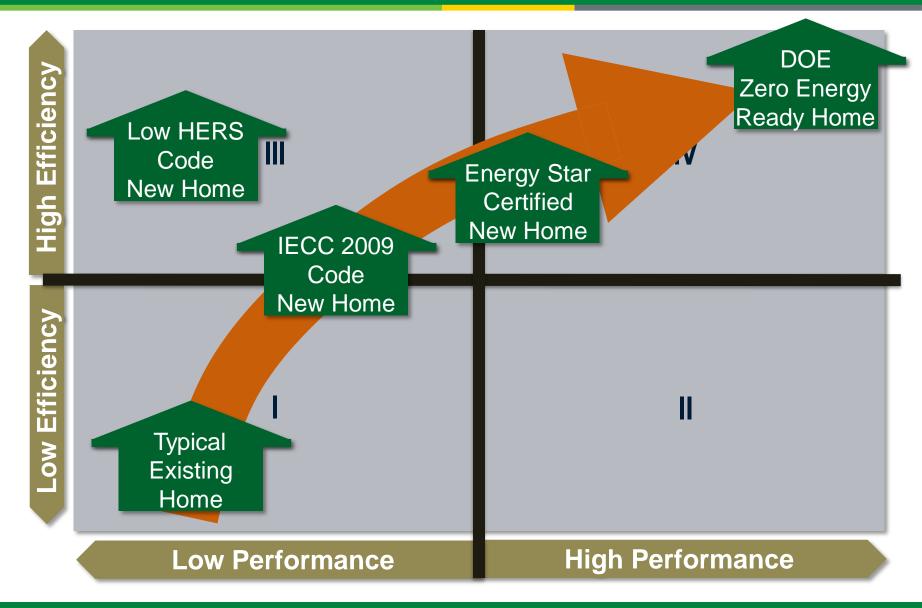
+

- Durability
- Renewable Readiness
- Water Conservation
- Disaster Resistance

DOE Zero Energy Ready Home Path

U.S. DEPARTMENT OF

Energy Efficiency & Renewable Energy



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Building America Strategy

U.S. DEPARTMENT OF

Energy Efficiency & Renewable Energy

Thermal Load				Goal: Homes so efficient, a small renewable energy system can offset all or most energy consumption					
	Thermal Load	Thermal Load	Thermal Load	Thermal Load	Thermal Load	Thermal Load			
	1970 - 1980	1980 - 1990	1990 - 2000	2000 - 2010	2010 - 2020	2020 - 2030			
	Thermal Enclosure	Thermal Enclosure	Thermal Enclosure	Thermal	Thermal Encl.	Thermal Encl.			
ies				Enclosure	Water Man.	Water Man.			
Resulting Research Priorities					Ventilation/	Ventilation/ IAQ			
arch					IAQ	Low-Load			
sese				Water Man.	Low-Load HVAC				
lting R					Eff. Comps/ MFL's	Eff. Comps./ MEL's			
Resu			Water Man.	Ventilation/ IAQ	Transaction Process	Transaction Process			
			Ventilat'n/IAQ	Low-Load HVAC	Bldg. Integr. Renewables	Bldg. Integr. Renewables			

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Lots of Recognition Choices...

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Energy Efficiency & Renewable Energy



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Buildings.Energy.gov

DOE ZERO ENERGY READY HOME

- Provides a solid foundation for highperformance homes!
- In my view, this program is ...
 - Built on a technically sound platform
 - Focused on the right things (not just energy)
 - In the right way (performance-based)
 - At the right level (strategic differentiation)
 - With a delivery process that is credible, but not onerous.



Energy Efficiency & Renewable Energy





Exceed Expectations

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Why Build: The Value



Energy Efficiency & Renewable Energy

Exceed Expectations **Risk** Management **Zero** Differentiation **Works** Lives Lasts **Better Better Better** Engineered Ultra-Low Quality Comfort Construction **Utility Bills** Healthier Advanced More Living Technology Durability ENERGY READY HOME **U.S. DEPARTMENT OF ENERGY**



Energy Efficiency & Renewable Energy



Zero Energy Ready Home Technical Specifications: Putting It All Together

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Technical Specifications

- ENERGY STAR Certified Homes v3.1
- Advanced Windows
- Air-Tight Construction
- 2012 IECC Insulation
- Energy Efficient Components
- Efficient Hot Water Distribution
- Indoor Air Quality
- Renewable Ready Construction





DOE ZERH Framework



landatory Reqts.	Area of Improvement 1. ENERGY STAR for Homes Baseline 2. Envelope ⁶ 3. Duct System 4. Water Efficiency 5. Lighting & Appliances ¹² 6. Indoor Air Quality 7. Renewable Ready ¹⁴	All Installed refrig 80% of lighting fix	NERGY S1 I meet or e r, and slab hin the hor y systems erators, dis ctures are t	TAR Qual exceed lat insulation ne's them shall mee	test ENER n shall me mal and air	GY STAR et or exce	requiren	IECC levels	,•			
andatory Reqts.	Homes Baseline 2. Envelope ⁶ 3. Duct System 4. Water Efficiency 5. Lighting & Appliances ¹² 6. Indoor Air Quality	Fenestration shal Celling, wall, floo Ducts located wit Hot water deliver All installed refing 80% of lighting for minimum 80% of All installed bathr	I meet or e r, and slab hin the hor y systems erators, dis xtures are t	exceed lat Insulation ne's them shall mee	test ENER n shall me mal and air	GY STAR et or exce	requiren	IECC levels	,9			
andatory Reqts.	3. Duct System Water Efficiency Lighting & Appliances ¹² Indoor Air Quality	Celling, wall, floor Ducts located with Hot water delivery All installed refrig 80% of lighting th minimum 80% of All installed bathr	r, and slab hin the hor y systems erators, dis xtures are i	insulation ne's them shall mee	n shall me mal and all	et or exce	ed 2012	IECC levels	9			
Reqts.	Water Efficiency Lighting & Appliances ¹² Indoor Air Quality	Ducts located wit Hot water deliver All installed refig 80% of lighting fb minimum 80% of All installed bathr	hin the hor y systems erators, dis xtures are i	ne's them shail mee	mai and ali			-	,			
Reqts.	Water Efficiency Lighting & Appliances ¹² Indoor Air Quality	 Hot water deliver All Installed refrig 80% of lighting for minimum 80% of All Installed bathr 	y systems erators, dia xtures are i	shall mee								
	Appliances ¹² 6. Indoor Air Quality	80% of lighting for minimum 80% of All installed bathr	xtures are B		Hot water delivery systems shall meet efficient design requirements ¹¹							Must
t			All installed refrigerators, dishwashers, and clothes washers are ENERGY STAR qualified. 80% of lighting fixtures are ENERGY STAR qualified or ENERGY STAR lamps (bulbs) in minimum 80% of sockets							Comply		
t					-				d			
		EPA Renewable EPA Renewable	Energy Re	ady Hom	e Solar Ele	ectric Che	ckilst and	I Specificat				
		Exhibit 2: DOE	Challen	ge Hon	ne Targe	et Home	3, 17					
	HVAC Equipment ¹⁰	_										
		Hot Climat (2012 IECC Zone		0	Mixed C 2012 IECC 4 except	C Zones 3		(2012	d Climate IECC Zor rine 5,6,7,	es		
ļ	AFUE				90				94%		1	
	SEER				1	-			13			
'Target	HSPF Geothermal Heat Pump			9		D Other	1020					
Home'	ASHRAE 62.2 Whole-House Mechanical Ventilation System	e 1.4 cm/W	ľ;	ENERGY STAR EER and COP Crite 1.4 cfm/W; no heat exchange				1.2 cfm/W; heat exchange with 60% SRE		1% SRE		Trade-Off
	Insulation and Inflitration			1							1	Flexibility
Specs	Insulation levels shall meet Infiltration ²¹ (ACH50): Windows ^{22, 23, 24}		ileve Gradi 2.5 in CZ's		lation, per 2 in CZ's (
		Hot Climat (2012 IECC Zon		0	Mixed C 2012 IECC 4 except	C Zones 3,		(2012	d Climate IECC Zor rine 5,6,7,	es		
	SHGC	0.25			0.2	27			any		1	
	U-Value				0.	-			0.27			
	Homes qualifying through th U-values or SHGCs. ²⁶	he Prescriptive Path v	with a tota	l window	v-to-floor a	area grea	ater than	15% shal	I have ad	justed		
	Water Heater	hand the second s									4	
	ENERGY STAR minimum; for	-									1	
	Effective for Homes Permitted Startine 4/1/2012	P	levised 07/	01/2012					Page 2	of S		
ze Adjust.		Exhibit 3	3: Bench	mark H	lome Si	ze ²⁶					~	Identical to
	Redrooms in Home to be B		1	2	3	4	5	6	7	8		identical to
Factor 1	Conditioned Floor Area Ber	nchmark Home	1,000	1,600	2,200	2,800	3,400	4,000	4,600	5,200		Energy Sta

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Translating the Value Proposition



Energy Efficiency & Renewable Energy

Homes to the Power of **ZERO**

A Symbol of Excellence



What is the DOE Zero Energy Ready Home™ Label?

It is a Symbol of Excellence for energy savings, comfort, health, quality, and durability met by a select group of leading builders meeting U.S. Department of Energy Guidelines.

What is a Zero Energy Ready Home?

It is a high-performance home so energy efficient, all or most annual energy consumption can be offset with renewable energy. In other words, it is the Home of the Future.

NEW

TOWN

HEALT	HFUL ENVIRONMENT
COMF	ORT PLUS
ADVAN	NCED TECHNOLOGY
ULTRA	EFFICIENT
100	
QUALI	TY BUILT
Recording the local division of the local di	
DURA	BILITY
KEY	DOE Zero Energy Ready Home
	ENERGY STAR® Certified Home
	Existing Home
This grap	hic comparison chart demonstrates relative

This graphic comparison chart demonstrates relative performance of this DOE Zero Energy Ready Home to existing homes (built between 1990 and 2010) and ENERGY STAR Certified Homes. Actual performance may vary.



303-231-4567 NewTown@net.com 123 Main Street, Denver, CO 34567

PART 4: THE FUTURE IS HERE TODAY!

- The technologies, systems, and best practices are in place for high-performance homes today.
- The "Zero Energy Ready Home" has been proven in the market.
- With solar PV prices falling, a small investment can take your energy bill to "zero".





NET ZERO ENERGY TODAY

- Definition: the total amount of energy consumed is equal to the total amount of energy generated on-site.
- It can be done ...
 - But must begin with a careful examination of the trade off between the cost of energy reduction and the cost of solar generation.

NET ZERO ENERGY TODAY

- But be prepared the whole building solution might look a bit different than you imagined.
 - It isn't simple adding more of the same.
 - There are several "new things" that will demand your attention to as you move to Net Zero Energy.
 - From "BSI-081 Zeroing In" by Joseph Lstiburek
- These will be presented as challenges.
 - But don't construe these as negatives,
 - Rather as important precautions necessary to ensure your successful pursuit of NZE homes.



- Don't get carried away with passive solar!
 - The heat gain in the winter may not be needed.
 - The heat gain in the summer will likely hurt you.
- But people want windows
 - So give them windows; just use good judgement on orientation, placement, type, and treatments.
- Focus on collecting solar energy with PV.
 Which is needed to satisfy non-thermal loads.

- Ultra-efficiency crushes super-insulated
- Ultra-tight is critical, but it has consequences!
 - Large exhaust devices require a new approach and/or make-up air.
 - clothes dryer: consider a condensing unit
 - range hood: high capture rate with make-up air
 - Interior wood stoves/fireplaces ...
 - just don't do it!



- Ventilation system must be top-drawer!
 - Balance with heat/energy recovery is required.
 - Use the HRV/ERV to satisfy bathroom exhaust requirements to avoid additional exhaust fans.
 - Be certain to provide fresh air to the bedrooms.

- You must have internal air circulation!
 - Air isn't moving bottom to top or side to side.
 - You need mixing for thermal comfort.
 - You must distribute fresh/filtered air for IAQ.
- You can choose to do this with your space conditioning or ventilation system.

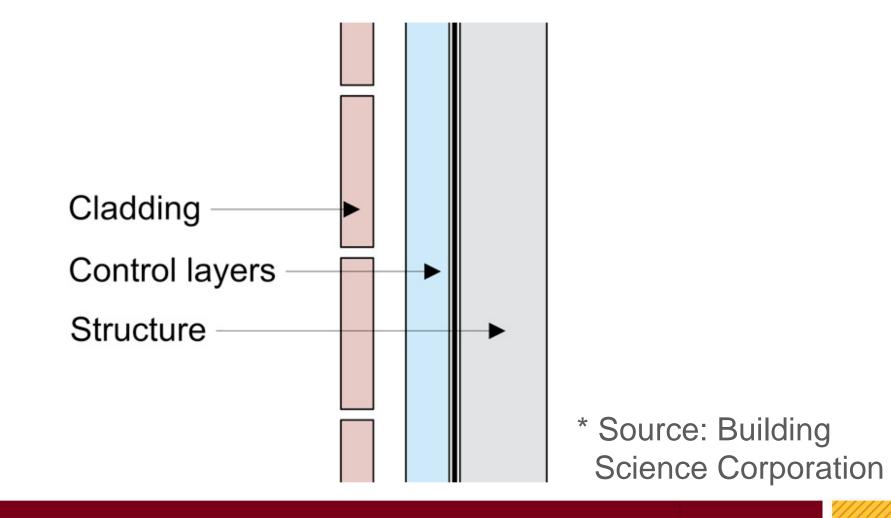
ZEROING IN*

- Perhaps the greatest challenge will be latent load management!
 - In the swing seasons and under part-load conditions moisture can float out of control.
- Do you think you can do this with your space conditioning or ventilation system?
 - It is tougher than it sounds.
 - Dehumidification may need to be an independent system.

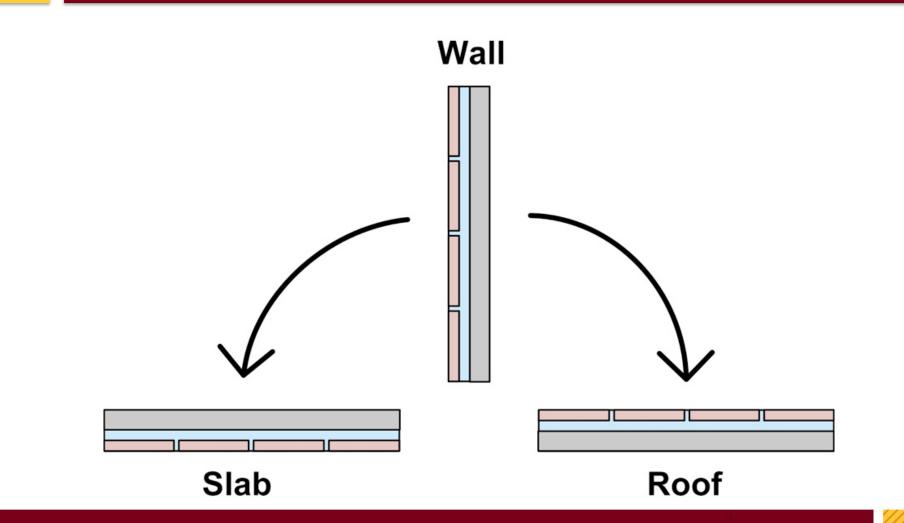
CHALLENGE 1: FORGIVING ENCLOSURE

- The "Perfect" Approach
 - Walls
 - Roof
 - Slab
 - Foundation
- Move the structure to the inside and the control layers to the outside
 - It simply works and works everywhere!!!

THE PERFECT WALL*



WORKS FOR ROOF & SLAB, TOO!



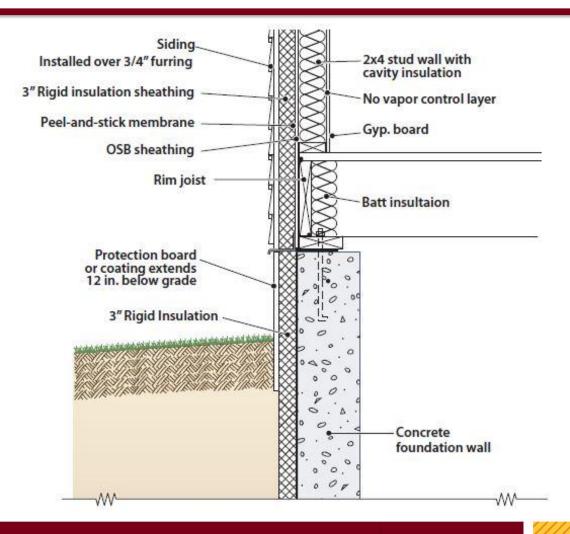
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PUTTING THE LAYERS TOGETHER

- Four Critical Control Layers
 - Water
 - Air
 - Thermal
 - Vapor
- What you use is important, but the where, how, and when (order/sequence) is critical.
 – However, it can be extremely simple!



CONTROL LAYERS – HYBRID WALL



CHALLENGE 2: GREAT VENTILATION

- Good is not good enough!
- You have an incredibly tight enclosure
- Start by managing pollutants (and moisture)
- Humid outdoor air will create some special challenges, especially under part-load conditions.

ALWAYS MANAGE THE POLLUTANT

- Safe pollutant levels
 - Avoid and/or encapsulate for material emissions
 - Use point source control, where possible
 - Then employ general ventilation
- Manage fine particulates
 - Whole house
 - Kitchen range
- Protection against biologicals
 - Humidity control
 - Particle filtration



VENTILATION SUMMARY

- Must be balanced heat recovery ventilation
 - Recommend a source point exhaust strategy
 - In most cases, an ERV is preferable
 - Filtration (MERV 11+) for supply air
 - Distribution to all habitable rooms
 - forced air system
 - separate dedicated duct system
- Spot ventilation can be exhaust-only if small and/or rarely used.

CHALLENGE 3: WHAT ARE WE CHASING?

- Heating isn't the problem any longer!
- Overheating (and cooling) are quickly taking center stage even in colder climates!
 - Internal & solar gains must be carefully managed.
- Natural ventilation/cooling has challenges

 Cooling when the outside temperature is below the setpoint

SPACE COOLING

To AC or not to AC?

- For many reasons, this is changing fast.
- And for many it isn't an option any longer.
- Natural ventilation can work many days, but not all days for all people.
 - It might present outdoor IAQ issues including pollen, mold spores, and particulates.
 - It can contribute to indoor moisture and mold issues, especially with cooler interior surfaces.

NET ZERO ENCLOSURE FLIPS THE LOADS

- Heating balance points are very low
 - -40 to 45 degrees
- Space cooling is very different
 - Loads may look lower
 - But cooling demand will be longer
 - And load diversity/ratios between spaces will be much higher

WHAT TO DO IN THE MIDDLE?

- Highly-insulative, airtight enclosures with unmanaged solar and internal gains can easily overheat when outdoor temperatures are below your setpoint.
 - If natural ventilation works for you this is pretty easy.
 - but it must be based on enthalpy, not temperature.
 - If not, you need an economizer cycle

– Your ERV/HRV could be working against you.

CHALLENGE 4: HUMIDITY MANAGEMENT

- This is critical in low-load homes, as typical air-conditioning doesn't work.
 - Many times you have high latent loads when there is no significant sensible load.
 - Frequently you need more moisture removal under part-load conditions.



SPACE DEHUMIDIFCATION

- It takes 10 to 15 minutes to wet the coil to the point that condensate is being removed.
 - About the same to re-evaporate, though much shorter if the fan runs continuously.
- It might be possible to downsize the AC and consider reheat to force longer run times.
 - Two-stage or variable capacity AC can help!
- But for best summer humidity control, consider a whole house dehumidifier.

SPACE DEHUMIDIFCATION

- Whole House Dehumidification
 - Since ventilation does not equal humidity control, it is critical to provide systematic dehumidification.
 - Independent control for indoor humidity to control condensation, mold, and dust mites.
 - Huge aid for summer comfort.

CHALLENGE 5: PRESSURE MANAGEMENT

- This becomes increasingly harder with tighter enclosures and larger exhaust devices.
 - Very large negative pressures are very real
- Furthermore, what pressure do we want?

BUILDING ENCLOSURE: PRESSURE

 Optimal Pressures (house wrt outdoors) Winter Summer Building Enclosure +– Garage Gases + (or =) = (or +)– Radon (Soil Gases) = (or +)+– Combustion Safety + (or =) +- Exterior Pollutants + +- Thermal Comfort +╋

MAKE-UP AIR

- How much negative pressure for how long?
- Key equipment concerns
 - Ventilation impact can be minimized by using a balanced ventilation strategy for both continuous and intermittent ventilation.
 - Kitchen range must be carefully managed.
 - designed for improved capture at lower flow rates
 - Clothes dryer is critical because of the flow rate and potential for extended run times.
 - ventless heat pump drver

MAKE-UP AIR

Key Strategies

- All closed, sealed-combustion equipment
- Minimize exhaust flows
- Passive make-up air
 - Is limited in size, is not tempered, and will be plugged
- Blended make-up air
 - Mixes indoor air with outdoor air to increase the temperature of the air delivered to the house.
- Tempered Make-up Air
 - Outdoor air is tempered (temperature & humidity)

SUPPLY AIR SYSTEMS

- We need to rethink how we can embrace new supply air strategies to actively manage house pressure.
 - Dedicated outdoor air units
 - Economizers,
 - -???
- How do we condition that air simply and economically?

PART 4. THEN & NOW

Pat's First New Home Pat's Next New Home 1994 Hypothetically 2020







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PART 4. THEN & NOW

- Pat's first new home
 - custom design
 - contracted with a respected builder
 - took on items beyond their normal processes
- Primary theme
 - best readily available & affordable technologies for an efficient, durable, and healthy home

- Pat's next new home
 - custom design
 - contract with a respected high-performance builder
 - explicit performance goals
 w/ QA/QC oversight
- Primary theme
 - smart, practical, and resilient high-performance net zero energy home on a budget



THEN & NOW: GENERAL DESIGN

- 2-story
 - walkout basement
- Back-facing south
- Perfect square
 - wrap around garage and porches on west, north, and east
- Low-pitch hip roof
 - vented attic
 - long overhangs

1-1/2 story

- lookout basement
- Back-facing south
- Rectangle
 - garage and entry to protect west and north
 - porch on east
- Steep gable roof (E-W)
 - vented hybrid roof
 - modest overhangs

THEN & NOW: ENERGY DESIGN

- Optimized enclosure
 - balanced R-values
 - focus on airtightness
- High-efficiency HVAC
- Sun-tempered with some thermal storage
- Natural ventilation
 - corner windows
 - central stairwell
 - whole house fan

- Beefed up enclosure
 - increase insulation levels
 - minimize thermal bridging
 - very airtight
- Step up the efficiency
 - integrated HVAC+DHW
 - more focus on LAMELs
- Reduce passive solar and natural ventilation
- Add solar PV

THEN & NOW: SLAB

- Large washed rock
- 2" to 3" XPS
 - 2 layers staggered
- Cross-laminated poly
- 4" slab
 - sealed edges & joints
- Sealed sump basket
 - interior drain tile
 - passive radon pipe

- Large washed rock
- 3" (maybe 4") XPS
 - 2 layers staggered
- Cross-laminated poly (?)
- 4" slab
 - sealed edges & joints
- Sealed sump basket
 - interior drain tile
 - passive radon pipe

THEN & NOW: FOUNDATION

- Cast-in-place concrete
- Waterproofing
- Exterior insulation
 - 2" XPS
 - 1" XPS Therm-Dri (BG)
 - 1" XPS rock-panel (AG)
- Exterior drain tile
 - washed aggregate bed wrapped in filter fabric
 - to daylight

- Cast-in-place concrete
- Waterproofing
- Exterior insulation
 - 2" XPS
 - 2" semi-rigid fiberglass
 - fiber-cement panel
- Exterior drain tile
 - washed aggregate bed wrapped in filter fabric
 - to daylight

THEN & NOW: WALLS

- 2x6 frame wall
 - advanced framing
 - fiberboard sheathing
- Cavity insulation
 - R-22 blown-in-blanket
 - airtight poly with sealed electrical boxes
- Integrated house wrap
 spun-bonded polyolefin
- Cedar and vinyl siding

- 2x4 frame hybrid wall
 - regular framing
 - 1-1/8 OSB sheathing
- Fully-adhered water, air, vapor control membrane
- 3 to 4" rigid insulation
 - 2 layers XPS/gEPS/PIC
 - 1" mineral wool (?)
 - 1x4 furring strips
- Fiber-cement siding

THEN & NOW: ROOF ASSEMBLY

- Traditional truss
 - 12" raised heel w/ baffle & chutes
 - flat ceiling
 - fully vented attic
- Airtight poly
- R-50 blown-in insulation w/ adhesive
- Sheathing, paper, & shingles

- Modified scissor truss
 - 1-1/8" OSB sheathing
 - R-21 batt in top chord
- Fully-adhered water, air, vapor control membrane
- 6" rigid insulation R-30+
 - 2 (or 3) layers staggered
 - XPS/gEPS/PIC
 - 2x4 furring strips flat
- Sheathing, paper &

THEN & NOW: AIRTIGHTNESS

- Airtight poly air/vapor barrier
 - walls & ceiling
- Airtight electrical boxes
- No upper ceiling fixtures

- Perfect wall & roof
- Regular electrical boxes and ceiling fixtures
 - wherever my wife wants them
- Glued & screwed drywall



THEN & NOW: FENESTRATION

- Triple-glazed
 - low-E coating
 - argon gas-filled
 - warm-edge spacer
 - airtight awing operator
- Integrated to house wrap
 - minimal pan flashing
 - rough openings are foam/insulation/foam

- Triple glazed
 - double low-E²
 - krypton gas-filled
 - warm-edge spacer
 - awning operator
- Alternate w/ storm
 - double glazed low-E²
 - argon gas-filled
 - casement operator

THEN & NOW: HEATING

- Forced air system
 ECM fan coil
- Storage water heater
 - sealed combustion
 - condensing
 - 92% CAE

- Forced air system
 - ECM fan coil
- ASHP
 - 11 HSPF
 - Sized for cooling
- Storage water heater
 - sealed combustion
 - condensing; modulating

– 94% CAE

Spot hot water radiant

THEN & NOW: COOLING

- Conventional AC
 - 13 SEER
 - slightly undersized
 - reduced flow for dehumidification
- Dehumidifcation
 - Stand alone high capacity DH

ASHP

- 18 SEER / 11 HSPF
- Sized for cooling
- Dehumidification
 - use hot water coil for reheat, if needed

THEN & NOW: FILTRATION

- Forced air system
 - 4" pleated media
 - MERV 10
- Ventilation air
 - standard ERV filter

- Forced air system
 - 4" pleated media
 - MERV 13
- Ventilation air
 - Upgraded ERV filter
- Make-up air
 MERV 8+

THEN & NOW: VENTILATION

- High quality HRV
 - Fully-ducted sourcepoint exhaust
 - bathrooms (no bath fans)
 - kitchen (w/ range hood)
 - Iaundry
 - Supply air to FA return
 - Medium continuous
 - Button boost for high
- Later change to ERV

- High quality ERV
 - Fully-ducted source point exhaust
 - Bathrooms (no bath fans)
 - Kitchen (w/ range hood)
 - Iaundry
 - Supply air to FA return



THEN & NOW: CONTROLS

- Heating & Cooling
 - programmable thermostat
 - circulation control
- Ventilation
 - low/med continuous
 - push-button to high

- Heating & Cooling
 - programmable thermostat
 - circulation control
- Ventilation
 - low/med continuous
 - push-button to high
 - air-cycler for distribution
- Make-up air
 - manual on–off switches
 - automatic auxilliary heat

THEN & NOW: DHW

- High-efficiency DHW
 - sealed combustion
 - condensing tank-type
 - 92% CAE
- Standard piping layout
- Some pipe insulation

- High-efficiency DHW
 - sealed combustion
 - condensing tank-type
 - modulating
 - 94% CAE
- Structured plumbing
 - designed plumbing core
 - recirculation pump
 - end-use switches
- Insulate all pipes

THEN & NOW: OTHER

- Range Hood
 - 160 cfm
 - standard design
- Clothes Dryer
 - standard w/ short vent
 - ventilation pick-up
- Wood stove

- Range Hood
 - 150 to 200 cfm
 - extended front w/ side panels
- Clothes Dryer
 - condensing
 - ventilation pick-up
- Wood stove (probably)
 - w/ make-up switch

THEN & NOW: MAKE-UP AIR

- Essentially None
 - Cross your fingers
 - Open the window

- Make-Up Air Unit
 - 150 200 cfm
 - multi-speed
 - tempering
 - blended w/ house air
 - electric resistance
- Also used for
 - supply air ventilation
 - summer economizer

THEN & NOW: SOLAR

- Passive design
 - southern-orientation
 - limited thermal mass
 - some shading design

- Passive design
 - strategic glazing
 - use existing mass
- Solar PV
 - roof mounted
 - micro-inverter
 - battery storage (?)
- Vehicle charging station

FINAL NOTES & CAUTIONS

- Net Zero Energy Homes will require new enclosure strategies and systems:
 - Higher insulation levels
 - Improved integrity of the water, air, and vapor control layers
 - Better drying strategies
 - More robust delivery systems

FINAL NOTES & CAUTIONS

- Net Zero Energy enclosures will demand a new approach to the mechanical systems:
 - Integrated systems approach to low-load
 HVAC+DHW
 - Sharp focus on humidity management
 - Increased attention to indoor air quality
 - source control
 - filtration
 - ventilation & distribution
 - Improved make-up air solutions

KEY PARTNERS AND RESOURCES

- Your New Partners
 - Home Energy Raters
 - Home Performance Consultants
 - Utility Providers & Programs
- Other Resources

 ENERGY STAR
 Building America



DOE RESOURCES

- Building America Resources
 - General Energy Information (EERE)
 - DOE Zero Energy Ready Home (ZERH)
 - Tour of Zero
 - Top Innovations "Hall of Fame"
 - Building America Solution Center
 - Building Science Advisor

World-Class Research...

Building America Solution Center BASC.energy.gov

Mution Center

...At Your Fingertips

Quick Tour: Guides

Explorer

Browser

Guides

CAD Files

Case Studies

Image Gallery

References



Energy Efficiency & Renewable Energy

Attic Knee Walls Solution Center Home Component Explorer Please Register or Login to Provide Feedback. Checklist Manager CAD Compliance Scope Description Ensuring Success Climate Training More Info. **Building Science** Scope The and and the Fully Aligned Air Barrier MOBILE FIELD KIT A. Install a top and bottom plate or blocking The Building America at the top and bottom of all knee wall Field Kit allows you to cavities save items to your profile B. Back attic knee walls with a rigid air for review or use on-site. barrier or other supporting material to prevent insulation from sagging and create Sign Up a continuous thermal barrier* C. Seal all seams, gaps, and holes of the air OF. barrier with caulk or foam. D. Install insulation without misalignments, Log in compressions, gaps, or voids in all knee TRADES FRAMER wall cavities * ENERGY STAR recommends using a rigid air barrier, but it is not a requirement. Notes: An air barrier is defined as any durable solid material that blocks air flow between conditioned space and unconditioned space, including necessary sealing to block excessive air flow at edges and seams

Scope: Clearly defines and bounds the topic in a way builders and remodelers can contractually obligate their subcontractors.

diameter unless otherwise indicated by the manufacturer. Flexible air barriers shall not be made of kraft

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KEY RESOURCES

- BSI-081: Zeroing In [Handouts]
 - Joseph Lstiburek
- High-Performance Enclosures
 - John Straube, 2012
- Getting Enclosures Right in ZERH
 - Joe Lsitburek, 2016
 - https://www.energy.gov/eere/buildings/downloads/zerh-webinargetting-enclosures-right-zero-energy-ready-homes
- EEBA Ventilation Guide
 - Armin Rudd, 2011



Discussion & Questions

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