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Commercial New Construction

Lessons to help you make the tough decisions when under pressure Energy Design Conference – 2/26/2020

FRANKLIN ENERGY



Job Site Safety

- Always top of mind no matter what
- Plenty of potential hazards on site

Welcome

- What brought you here today?
- What are you hoping to learn?
- How many of you work primarily on residential? commercial?
- Regarding building energy efficiency, what are some of the key trends you've noticed in the past 5 10 years?

Presenters

Bruce Stahlberg – Energy Advisor – Franklin Energy

Mark Francis – Energy Engineer – Franklin Energy

- What we do.....
- Consult with teams designing and constructing new commercial buildings including retrofits of existing buildings
- Advise customers for enhanced energy efficiency, building performance, and non-energy benefits (ie, comfort, productivity, etc.)

What will we discuss today?



Key stats and trends in building energy use

Design process for commercial buildings

Energy-consuming elements of a commercial building

Going beyond typical energy savings

What's next?

Projects can be stressful and hard....

- Anyone who has ever done a new build or remodel knows that it can be challenging
- But put in perspective....



Figure 5. Space heating demanded the most overall energy use in commercial buildings in 2012, followed by other uses



Source: U.S. Energy Information Administration, 2012 Commercial Buildings Energy Consumption Survey.



Source: U.S. Energy Information Administration, Commercial Buildings Energy Consumption Survey.

Figure 3. Total energy used per square foot in commercial buildings has decreased since 2003



thousand Btu per square foot

Source: U.S. Energy Information Administration, Commercial Buildings Energy Consumption Survey.

Figure 4. Food service buildings and hospitals are the most intensive users of energy overall



Source: U.S. Energy Information Administration, Commercial Buildings Energy Consumption Survey.

Figure 6. Space heating and lighting energy use in 2012 substantially lower than in 2003

total consumption (trillion Btu)



Source: U.S. Energy Information Administration, 2012 Commercial Buildings Energy Consumption Survey.

Project Timeline / Project Pressures

- There is always stress and pressure: Time, cost, etc.
- You CAN start too late, but you can NEVER start too early with initial concepts, narratives, overall goals.
- Starting too late will generally hurt your effort
- New construction represents a great opportunity to take advantage of a "blank slate". Think "blue sky" early on – on paper there is no risk.
- Retrofits after initial build: places many restrictions on potential options, and energy efficiency improvements can be expensive.

Project Timeline



Integrated Project Delivery (IPD)

Avoid the "silo" team structure....



Integrated Project Delivery (IPD)

- What is IPD?
 - A structure that gets the owner, designers, and builders together early on and fosters collaboration throughout the entire design and build process.
- What are the benefits?
 - Catch issues earlier in the process before they become costly
 - "Building as a system" mindset
 - Better optimization
- Methods/Tools
 - Setting up routine team meetings
 - Document share sites such as Procore
 - Take advantage of energy modeling if possible (many different choices)

Example of (IPD) Office Building

Using IPD to design and build a new Office Building

- Lower heating and cooling loads
- Downsized HVAC equipment
 - Less electricity use = less cooling load
 - Better building shell = less heating and cooling load
- Fewer lighting fixtures
- What are the benefits?
 - Less utility costs to operate
 - More comfort happier occupants
 - Better control



Source: Advanced Design Integration for Radical Energy Efficiency – Stanford design course for Steve Bishop (IDEO), 30 May 2007 – Amory B. Lovins, Rocky Mountain Institute

• Two methods of achieving this result. <u>The methods can be combined</u>

1. Piggyback on improvements made anyway for other reasons, such as renovation of aging equipment, renewal of deteriorating building facades, or removal of such hazards as CFCs, asbestos, and PCBs.

2. Integrate the design of an entire package of measures, so that each measure achieves multiple benefits, such as savings on both energy AND equipment costs.

Source: Natural Capitalism – Creating the Next Industrial Revolution - Paul Hawken, Amory B Lovins, L Hunter Lovins, 1999



Source: Advanced Design Integration for Radical Energy Efficiency – Stanford design course for Steve Bishop (IDEO), 30 May 2007 – Amory B. Lovins, Rocky Mountain Institute

- 1. <u>Piggybacking</u> onto renovations already planned...
- Original plan = replace leaky windows and renovate large AC system
- Instead, piggyback the following measures...
 - Highly efficient windows, deep daylighting, and efficient lights and office equipment to reduce the cooling load by 85%
 - Reduced cooling load means new cooling equipment can be sized much smaller
 - Additionally, buying high efficiency cooling = downsized even further
 - Resulting energy bill is much lower

- 2. <u>Capturing multiple benefits</u> from each measure...
- Example: Fluid pumping minimize friction and flow to reduce pumping HP
 - Design for fatter pipes, small pumps
 - Smooth piping design (avoid 90 degree turns)
- Resulting multiple benefits
 - Lower capital cost for pumps and motors
 - Less pumping energy, more reliable operation, longer equipment life
- The same analogy applies to ductwork for air flow, fans and fan motors
- Especially important to savings given the "fan laws"
 - Powernew = Powerold (RPMnew/RPMold)**3



Source: Advanced Design Integration for Radical Energy Efficiency – Stanford design course for Steve Bishop (IDEO), 30 May 2007 – Amory B. Lovins, Rocky Mountain Institute

Utilities

- Seek information and assistance from both electric and gas utilities early on
- If you have an assigned account rep, contact them as soon as you embark on early design
- Rebates exist to help you to offset the costs of higher efficiency items which will lead to continued annual energy savings
- Don't forget about water and sewer savings













MN Building Energy Code



MINNESOTA ENERGY CODE with ANSI/ASHRAE/IES STANDARD 90.1-2010



Certifications – Pluses / Minuses





Enterprise Green Communities













Plan, Plan, Plan.

- Start Early, even before plans
- Dream Big shoot for the moon
- Get <u>all</u> parties involved
- Plan for the future
- Check and verify installations

Passive elements – building envelope

- Insulation and air sealing
- Glazing
 - U-value and SHGC can have a significant impact on heating/cooling load
- Roof materials
 - White roof?
 - Shading / overhang
 - Structural able to support solar







Accurate Load calculations / Staged Systems



- Save on HVAC equipment cost
- Better efficiencies
- Follow actual calculated load = more accuracy
- Redundancy = staged systems
- *Most systems oversized

Start Early! Passive Elements

- These decisions must be made *very early* in the conceptual stage
- Bldg orientation Elongated south and north exposures maximize daylighting
- Site shading / solar gain / "solar-ready"



You can pay me now...

"You can use an eraser on the drafting table or a sledgehammer on the construction site."

– Frank LloydWright



Old School Lighting Design

- Ceiling fixtures
- Used for work and ambient light
- Harsher lighting
- Glare, reduces
 production
- Consumes more energy



New School Lighting Design

- Lighting technology
 - LED has become "the standard" for new construction
- Paint color selection to "bounce" light around the room while reducing glare
- Office layout to maximize light penetration, utilization



New School Lighting Design

- Put the light where you want it
- Combine with task lighting
- Daylight harvesting



Networked Lighting Controls – wired and wireless

- Lighting Controls
 - Occupancy Sensors
 - Vacancy Sensors (must turn on)
 - High End Trim
 - Daylight Harvesting
 - Scheduling
 - Plug load scheduling



Networked Lighting Controls

- Connected, intelligent network of luminaire and control devices
 - Energy Savings: ranges from 23% to 82%
 - Energy Savings: Average of 47%



Building Controls

- Controls simple to complex
- Energy Savings 10% to 30%
 - Simple programmable thermostat per zone
 - High complexity full blown BAS/EMS including lighting control system
 - Important to verify the installation / set up





Operating and Maintaining the Building

- Initial and continuous commissioning
- Ongoing Data collection and trending important
- Metrics BTU/sq. ft, \$ / sq. ft



Economizer – Demand Controlled Ventilation

- Economizing
 - Free cooling
 - Full, mixed, or no outdoor air depending on outdoor conditions



Economizer



- Fresh air intake
- Humidity and temp
- "Free" cooling
- Adjustable per occupancy
- Demand Controlled Ventilation (DCV)

Heat Recovery/Enthalpy Wheel



Types of heating and distribution choices

- In-floor heat
- Forced Air
- Boiler
 Radiation
- Solar thermal
- Wood fired
- Other



Types of heating and distribution choices

- Thermal storage
- Electric offpeak



Old School

New School





Cold Climate Heat Pumps

- Becoming more common
- CCHP Cold Climate Heat Pump systems
- Efficiency 150% to 300%
- Low as -13 F
- Can do both heating and cooling



Ground Source - Geothermal

- The largest energy storage device ever
- Stable year-round temperature ~50 degree F
- Pumping only
- Easily adaptable to simultaneous heating and cooling modular systems



Piping – Old School



- 90 degree turns the norm
- Higher pressure
- More pumping power needed
- Used 90 degree turns

Change Mentality – Piping Design



- Big Pipes, small pumps (not the opposite)
- Lay out the piping first, then the equipment (not the reverse)
- Fat, short and straight
- 45 degree turns and Ys
- Think drain pipes

Heat Recovery - Water



- Capture heat off drain
- Larger users
 Hospitals
 - -Gymnasiums
 - -Universities

Commercial Heat Recovery application



Modulating Chillers

- Independent refrigeration systems
- Redundancy
- Coupled together to form a chiller system
- Master controller oversees operation
- EASY to stage



Oil Free Magnetic Bearing Chillers



- Eliminates complexity
- Reduces
 Maintenance
- Increases Efficiency

What's Next?



"It's tough to make predictions – especially about the future" - Yogi Berra

Plan for the future



Solar Panels – Now or later?



- Plan for solar
- Even if not installing
- Plan for future installation
- "Solar ready"
- Roof
 - Structure
 - Electrical
 - Metering

EV Charging





Demand Response / Demand Shift





- Utility programs and benefits
- More important moving forward
- Incorporate into design
- Able to shift loads at specific times
- Shift loads is valuable to utilities

Modulating Chillers

- Independent refrigeration systems
- Connected in parallel
- Coupled together to form a chiller system
- Master controller oversees operation
- EASY to stage



In Summary

- Start Early, even before plans
- Dream Big shoot for the moon
- Get <u>all</u> parties involved
- Plan for the future
- Check and verify installation

And remember....things don't always go as planned



Questions?

