Welcome

Houses That Work - Module 3





Module Three

- Heating, Ventilation and Air Conditioning Systems (HVAC) that work in high performance homes
- Then a final summary, including a discussion of process changes you will want to undertake to implement all that you have learned.



Conditioning the Indoors

- Heating,
- Cooling,
- Ventilation and
- Indoor air quality
- Hot water



Are we ready for the changes?



Let's Start with Defining Comfort

- Air temperature
- Humidity
- Surrounding surface temperatures
- Air speed drafts
- Gender, age, activities of occupants
- Metabolic rate & clothing

ANSI/ASHRAE Standard 55-2010 (Supersedes ANSI/ASHRAE Standard 55-2004) Includes ANSI/ASHRAE addenda listed in Appendix I



ASHRAE STANDARD

Thermal Environmental Conditions for Human Occupancy **Operative Temperature** or "real feel temp"



Comfort – Finding the sweet spot

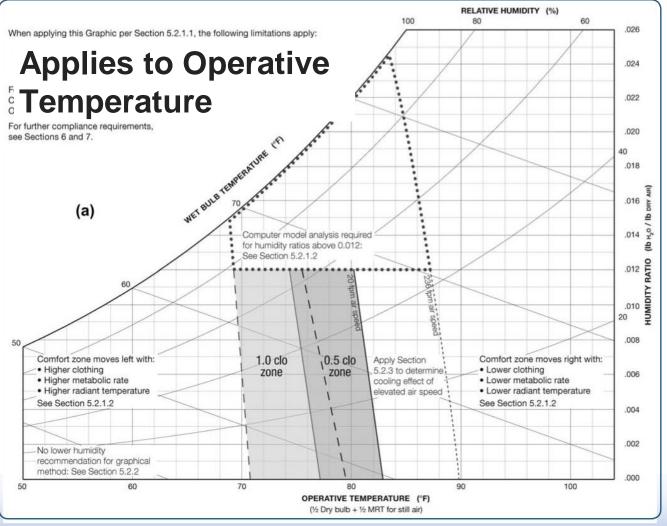




Figure 2: The new Graphic Comfort Zone Method, Figure 5.2.1.1 in Standard 55-2010 (IP version shown).

Operative Temperature

Operative temperature:

- The average of the **mean radiant** and ambient air temperatures, weighted by their respective heat transfer coefficients.
- Thermostats respond to air temperature
- Human thermal comfort responds to operative temperature





Be Aware...

- Energy Efficiency ≠ Comfort
- Builders typically have more comfort complaints than high bill complaints
- If you can't provide comfort, energy efficiency could be set back 20 years
- Need to remember comfort fundamentals



Can we meet the expectations of our customers?

ACCA Comfort Guidelines



Comfort – A starting point

Parameter	Setting	Range
Temperature		
Summer	75 ⁰ F	+/- 3 ⁰ F
Winter	72 ⁰ F	+/- 3 ⁰ F
Humidity		
Summer	50%	+/- 5%
Winter	35%	+/- 5%
Foot Comfort	63 ⁰ F	+/- 3 ⁰ F
		.,

EEBA

Heating & Cooling Systems

Fuel choices

- Electric
- Gas
- Oil
- Wood
- Solar
- Combinations

Distribution choices

- Central Forced air
- Radiant
 - In-floor
 - Baseboard
- Ductless
- Space heaters



1) Get heating & cooling capacity right

ACCA Sizing Standards



Heat Flow Formulas

Conduction heat flow (through walls, ceilings, floors)

= (Surface Area x Temp. Diff.) / R-value

Radiant flow (through glass)

= Surface area x Solar incidence x Solar Heat Gain Coefficient

Heat flow by air (via air leakage or ventilation)

= Volume of air (CFM) x Temp. Diff. x 1.1



HEATING – Get the Size Right

• Do Room-by-Room heat loss & gain calculation

Based on:

- Design Day Winter
- Conduction losses through enclosure
- Air leakage through enclosure
- Heat losses through ducts in unconditioned space



Minneapolis, MN - design conditions

Condition	ASHRAE 99% / 1%
Winter, design dry bulb (F)	-15°F
Summer, design dry bulb (F)	91°F
Summer, design wet bulb (F)	71.6°F
Degree days-heating	7981
Degree days-cooling	682
Precipitation	28"
Solar incidence - South, July	110 BTUs / sq.ft

EEBA

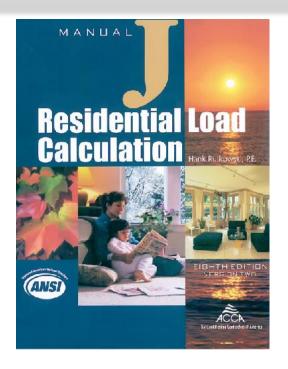
Raleigh, NC - design conditions

Condition	ASHRAE 99% / 1%
Winter, design dry bulb (F)	23.1°F
Summer, design dry bulb (F)	91.7°F
Summer, design wet bulb (F)	75.6°F
Degree days-heating	3322
Degree days-cooling	1579
Precipitation	46"
Solar incidence - South, Aug	100 btu/hr/ft2
Solar incidence - West, Aug	160 btu/hr/ft2

Proper Manual J Calculations

- Numerous software packages exist
- All rely on proper data input and appropriate assumptions Common Errors:
- Fudging design day conditions
- Using default values for air tightness, windows, insulation
- Using improper ventilation rates

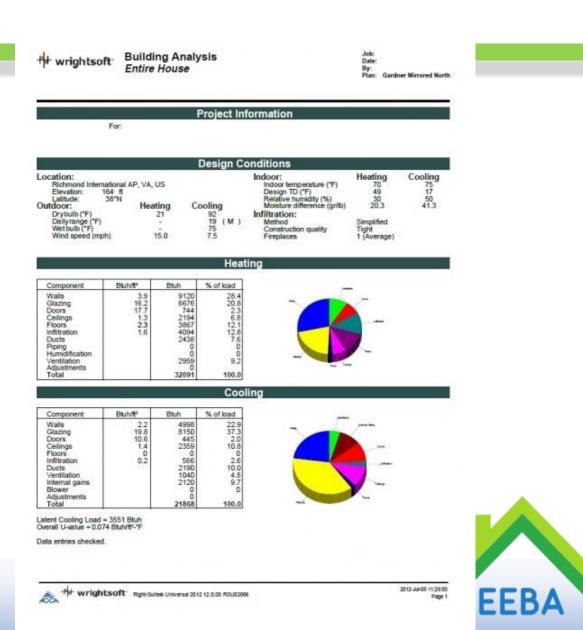
Don't tolerate oversizing; Manual J compliant programs have safety factors built in already

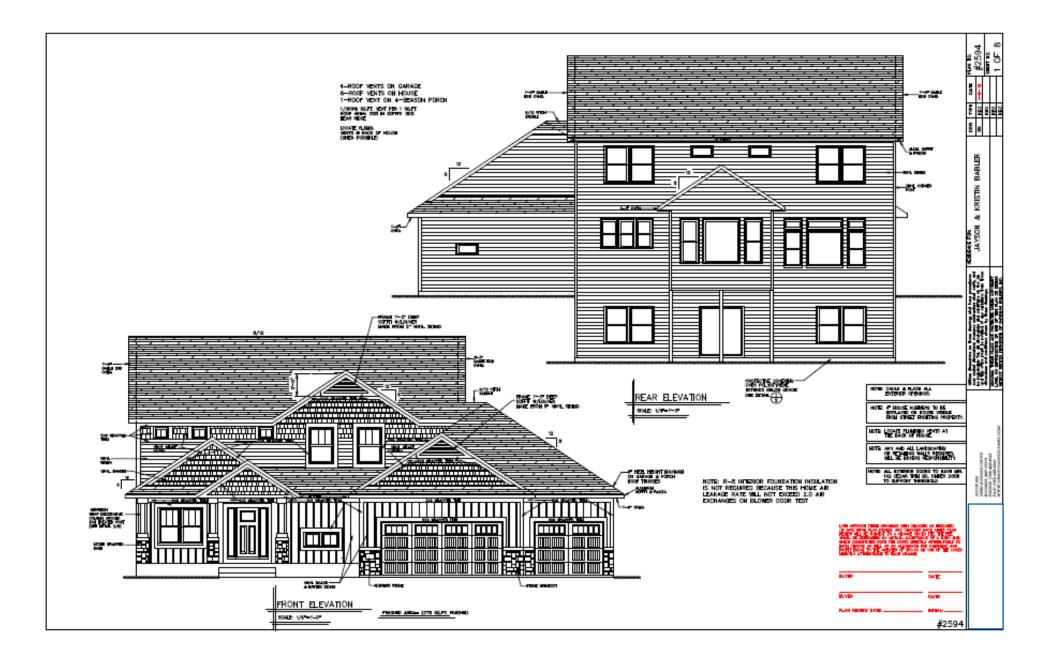




Impact of Improper Sizing

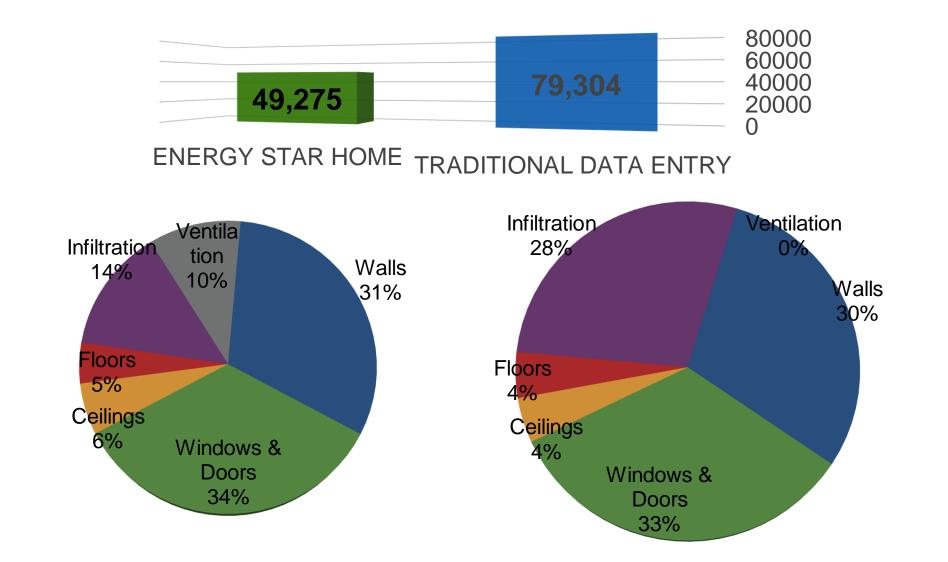
- Short cycling
- Poor humidity control
- Poor temperature control
- Noise
- Extra cost for equipment & duct work
- Possibly higher energy bills

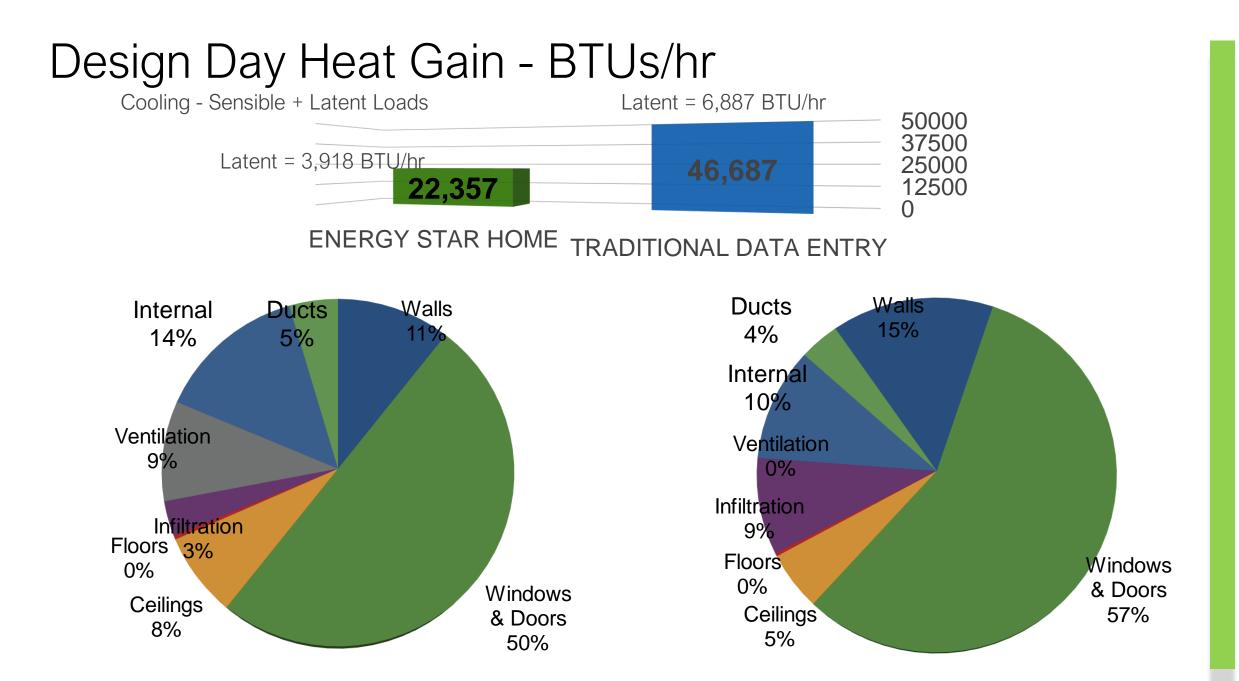




Parameter	Actual	Traditional	
Design Temp (W) Design Temp (S)	-15 ⁰ F 91 ⁰ F	Its cold here: -22 ^o F Its getting hotter: 97 ^o F	
Indoor Design (W) Indoor Design (S)	70 ⁰ F 75 ⁰ F	People are picky: 72 ⁰ F 72 ⁰ F	
Orientation	North Front	Worst Case - East Front	
Windows	From NFRC label U=0.28, SHGC=0.28 Overhangs used	Default U=0.41, SHGC=0.32 Overhangs not used	
Air tightness	Actual 2.0 ACH50	Default 7.0 ACH50	
Insulation	R50 ceilings R25 walls R 15 foundation	R44 ceilings R19 walls R 10 foundation	
Ventilation	ERV - 75 CFM	Exhaust fans - 75 CFM	

Design Day Heat Loss - BTUs/hr





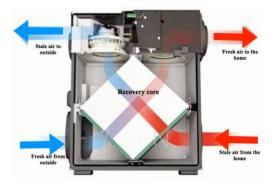
HVAC Sizing: 2 more important load factors

INFILTRATION Heat Loss/Gain

 Standard Default 4 ACH50....or even 7ACH50



DO WE KNOW WHAT THE REAL ACH50 NUMBERS ARE IN THE FIELD?



INFILTRATION AND VENTILATION HEAT LOSS CAN MAKE UP TO 30-40% OF A HOMES ENTIRE HEATING LOAD



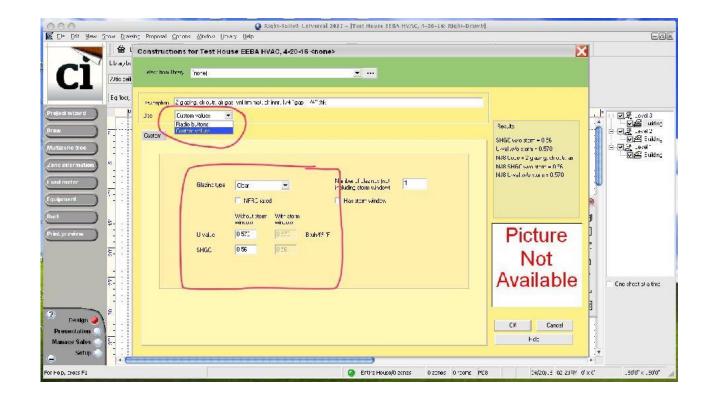
Provide your Contractor with Good Information

- Insulation levels
 - Wall and attic insulation levels
 - Foundation insulation
- Window data use NFRC ratings
 - Solar heat gain coefficients
 - U values
- House Air leakage
 - This is often the single biggest variable
 - Provide blower door test values



Approved Software Guides Better Inputs

- Insulation levels
 - Wall and attic insulation levels
 - Foundation insulation
- Window data use NFRC ratings
 - Solar heat gain coefficients
 - U values
- House Air leakage (this is often the single biggest variable)
 - Provide blower door test values





2) Select the right equipment

ACCA Equipment Selection



Good System Selection

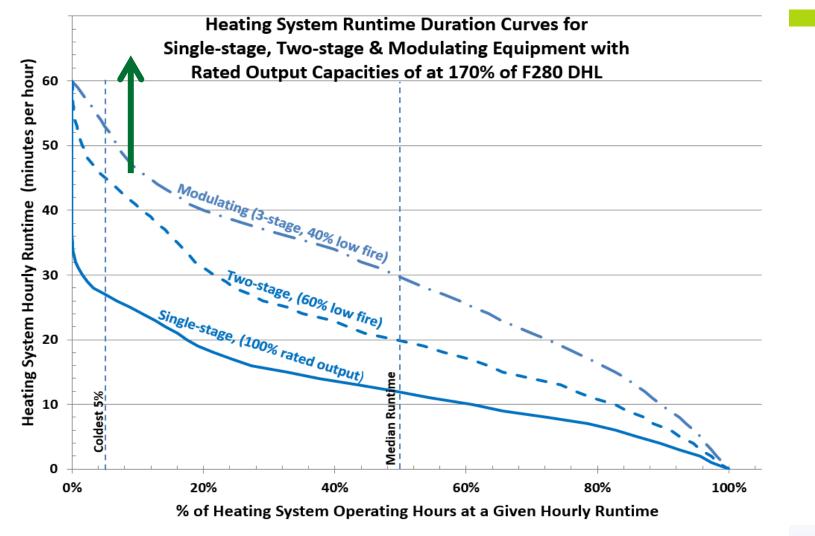
Heating and cooling systems come in specific sizes

(2, 2.5, 3 ton, or 45, 70, 90 Thousand BTUs for example)

- For heating it is acceptable to select a system that is within 110% -125% of the design load slightly oversized
- For cooling choose a system that is between 90% 110% of design load
- Other issues:
 - Equipment location (garage, attic, crawl...)
 - Blower type (ECM, PSC, HV...)
 - Filtration needs



A STUDY IN EQUIPMENT SELECTION FOR LOW LOAD ZERO ENERGY READY HOMES





Good System Selection

- Use manufacturer's technical manuals to match:
 - Required heat output
 - Required cooling output
 - Sensible & latent (moisture) loads
 - Fan / airflow delivery capacity and static pressure



Preferred furnace choices

- Sealed combustion chamber
- Venting system decoupled from house pressures
- Efficiencies of 90%+
- High efficiency blower motors ECM
- Two/multi stage heating





Combustion Safety

- Easy Stuff!!
- Switch to closed combustion equipment or heat pumps
- Furnaces, water heaters, fireplaces
- Even if the equipment is located in the garage or attic
- Properly vent gas cooking appliances
- These better choices have the added benefit of improving efficiency and effectiveness



Preferred AC choices

- Outdoor condenser matched to indoor coil
- SEER ratings of 14+
- High efficiency blower motors ECM
- Two stage cooling
- Dehumidification cycles





New Realities in HVAC Design & Performance

High Performance homes need more efficient motors!

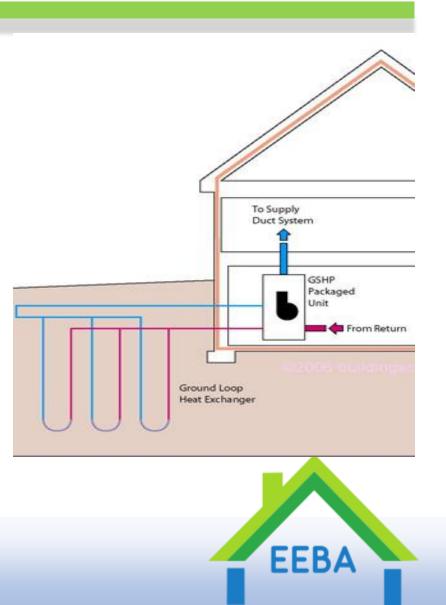
- Capable of meeting small loads, part loads and full loads!
- Use1/5 of original PSC motor types.
- Run efficiently at a variety of speeds (Modulation)
- Equipment lasts longer
- Enables balanced temperatures throughout home
- Enhances Ventilation "Effectiveness"





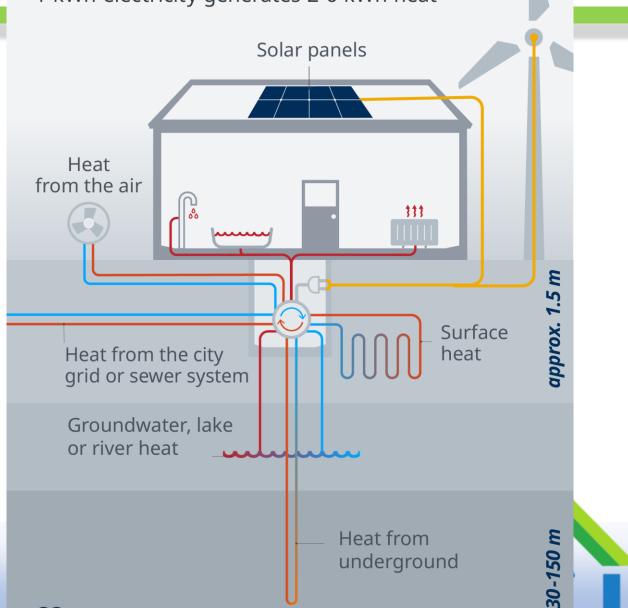
What about Heat Pumps?

- Is it the first thing to do?
- Reliance on electric grid
- Can do water or air
- High Performance homes help reduce capital cost
- "250% to 400%" efficiency



Heating with ambient energy Optional heat sources

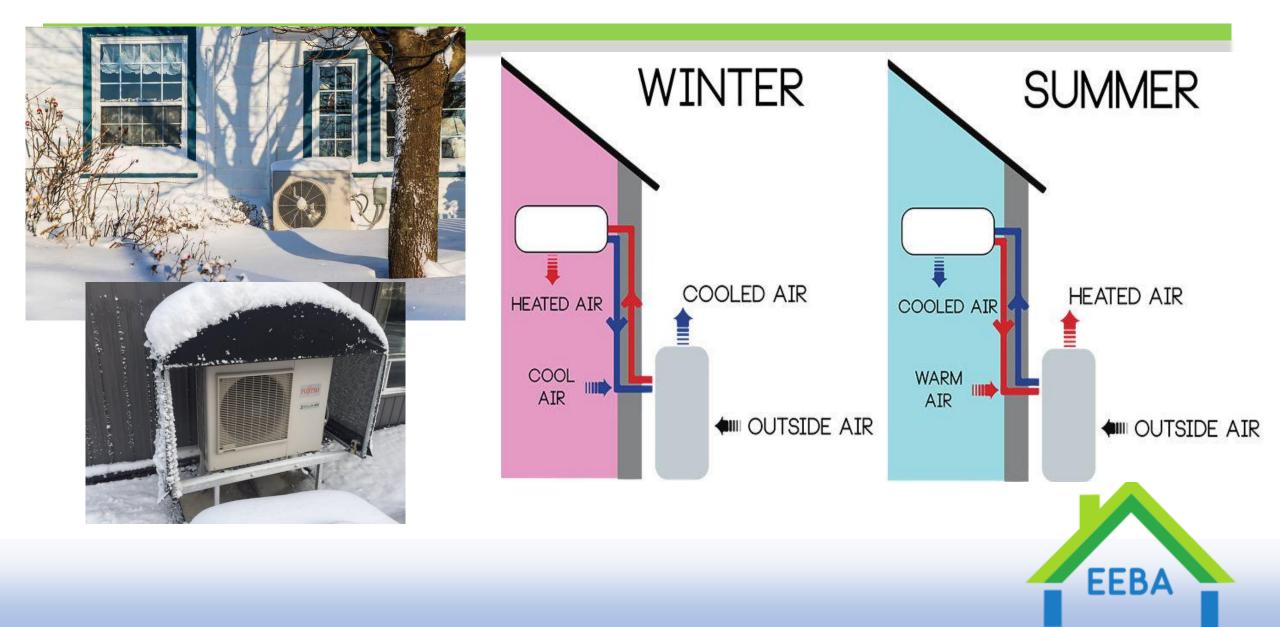
1 kWh electricity generates 2-6 kWh heat



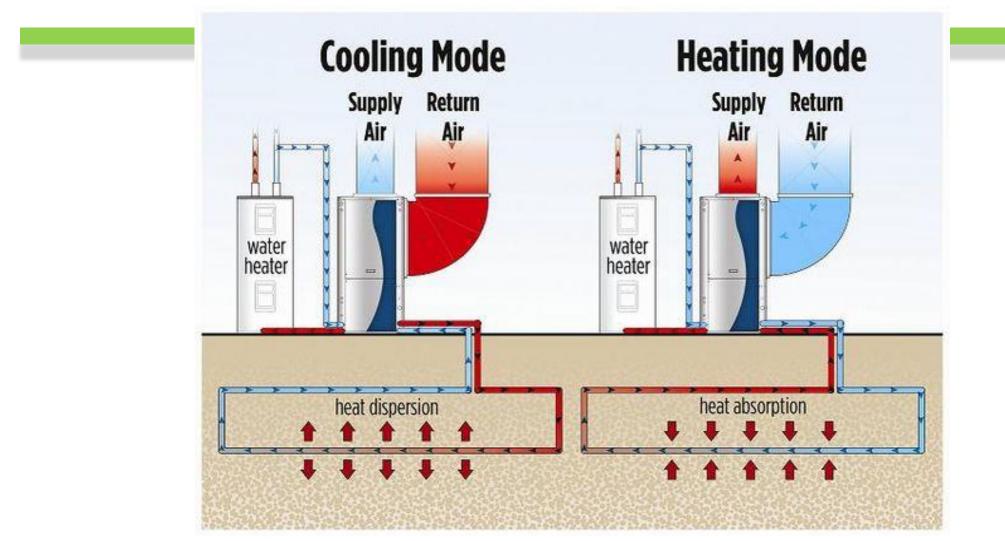
Heat Pumps Everywhere...

Air, Ground(deep or shallow), Water.

How <u>Air</u> Source Heat Pumps Work



How Ground Source Heat Pumps Work





New High Performance choices

- Air Source Heat Pumps
- SEER ratings of 14+ and HSPF of 8.6+
- MULTI stage heating/cooling
- Dehumidification cycles



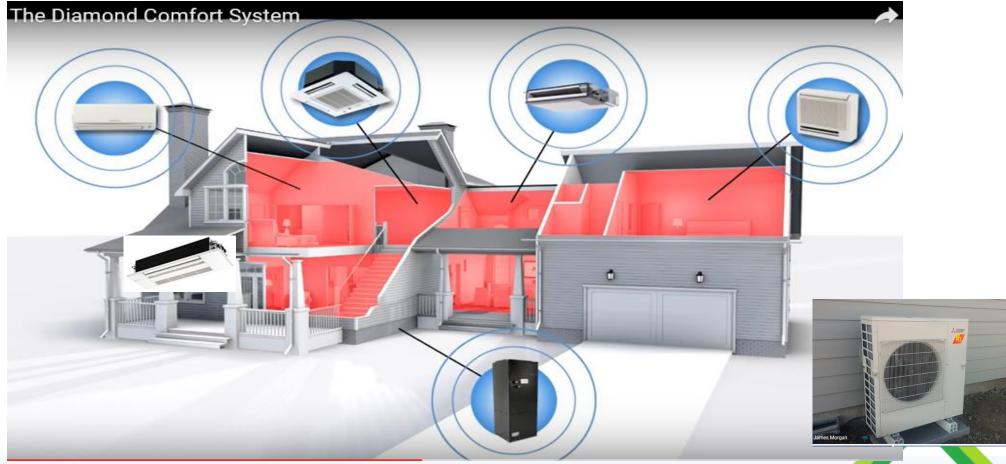




Distribution Design w/ ASHP

Distribution is getting easier

Small air handlers, small ducted mini split/multi split





Energy Efficiency: Zero Energy Lessons learned

Low loads change the game.

Low ambient heat pump study CZ 6 / 2014



	Manufacturer	EnerGuide	Test	Season
ASHP				
Seasonal Energy Efficiency Ratio (SEER)	16	>=14	18	Cooling
Coefficient of Performance (COP)	2.75	2.05	3.23	Heating
GSHP				
Seasonal Energy Efficiency Ratio (SEER)	12.9	>=14.1	19.7	Cooling
Coefficient of Performance (COP)	3.0	>=3.3	3.44	Heating



Energy Efficiency: Zero Energy Lessons learned

Zero Energy Homes can be fuel agnostic... Dual Fuel /Hybrid Solutions work

- Enables "smart" use of Electrical or Gas
- Balance point can be either
 Operational OR Economic







3) Design the ducts correctly

ACCA Duct Design



Distribution Design

High performance homes require good distribution design.



HVAC contractor must use the heat loss/gain calculations to properly size duct work. It is critical to consider the entire system and process.

- Layout & location of distribution system
- Materials used flexible duct or sheet metal, insulated or non-insulated
- Impact on pressurization of rooms or spaces
- Effective occupant comfort control

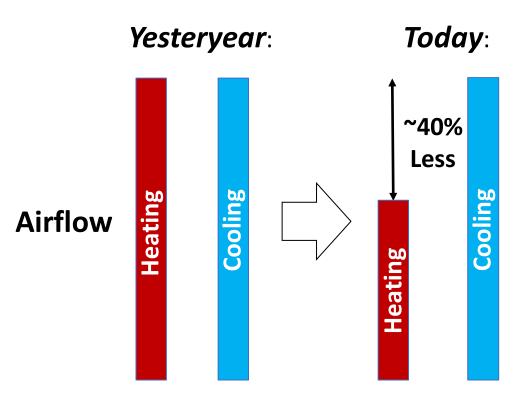


ZERO ENERGY READY HOMES: LESSONS LEARNED DISTRIBUTION SIZING AND SELECTION

Example of Calculations - Typical 2275 sq.ft. house-

	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
	1990 Code	IECC 2012	ZERH
Load	70,000 BTUs 3.0 tons	36,000 BTUs 2.0 tons	26,000 BTUs 1.5 tons
Air Flow	1200 CFM	750 CFM	600 CFM
Duct sizesMainsBranch	8"x28" 5" – 6"	8" x 18" 5"	8" x 12" 3"- 4"

Air Distribution: Size on heating or cooling?



Design Cooling Loads

- No change in window Solar Heat Gain Coefficient (SHGC).
- Sometimes more glazing and more concentrated glazing.

Duct Sizing

 Often based on cooling airflow requirements – even where cooling is not installed.

Average COOLING = 300 CFM< per ton Average HEATING = 120 CFM per ton

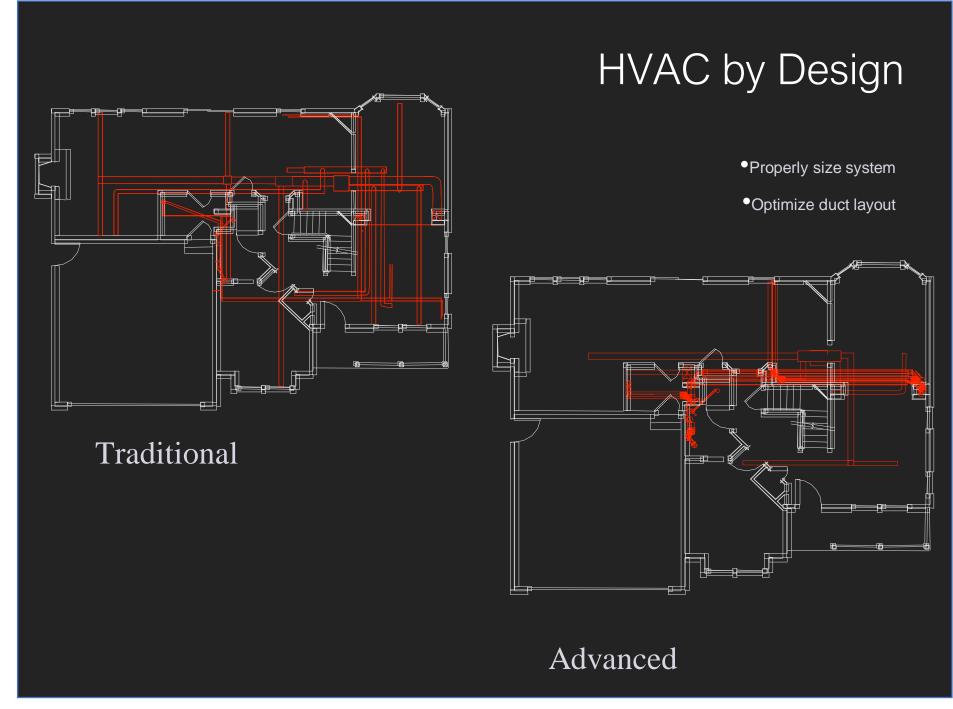


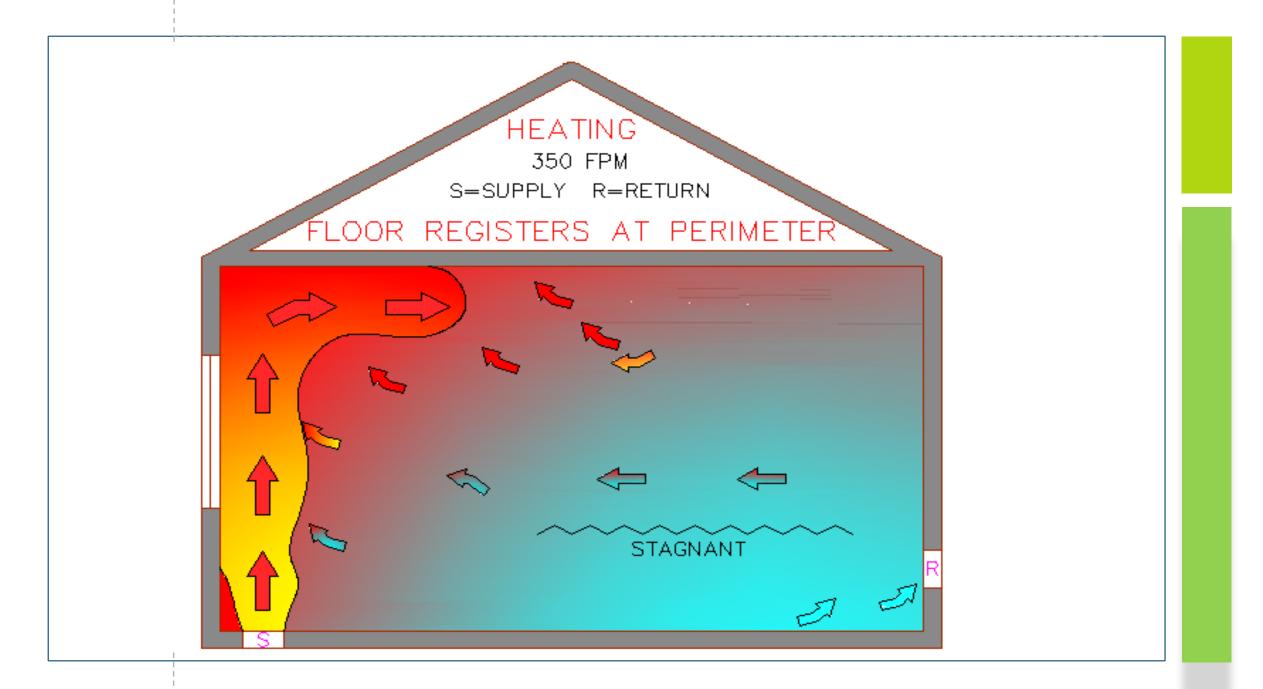
Air Distribution Design: A Few Options

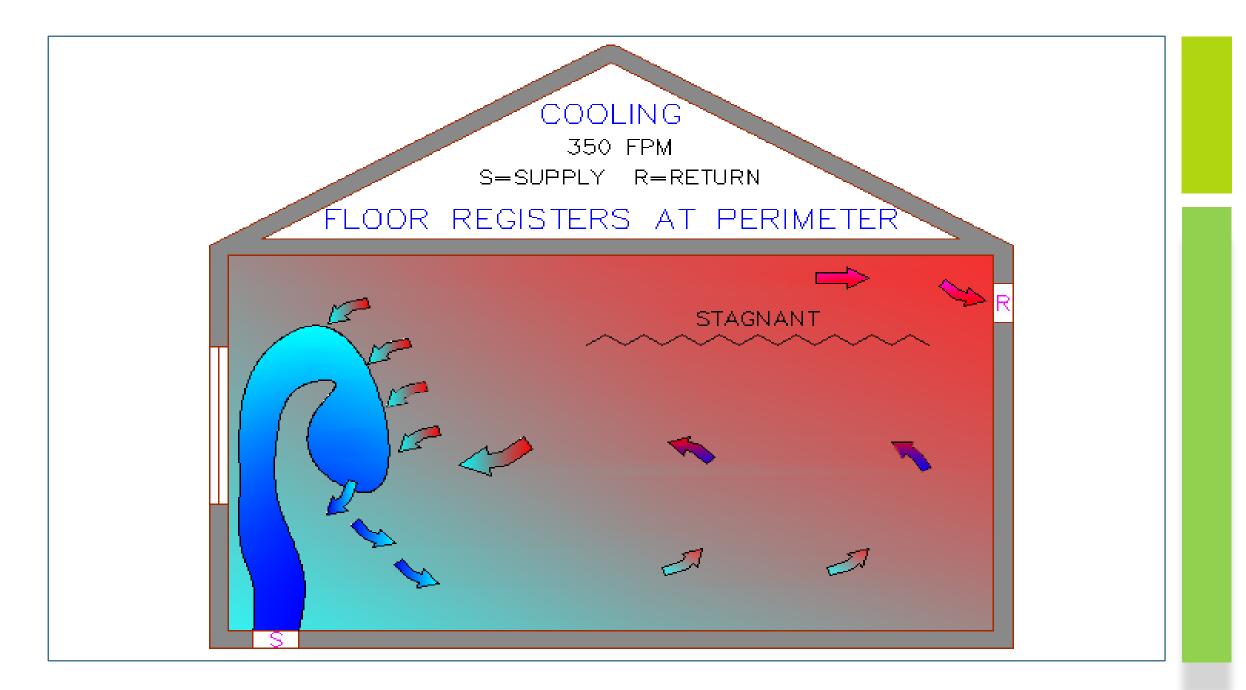
Option C: High **Option A:** Low **Option B:** Medium smaller branch ducts will be MEDIUM-VELOCITY DUCT SYSTEMS **HIGH-VELOCITY DUCT SYSTEMS** LOW-VELOCITY DUCT SYSTEMS with branch ducts of 3 to 4 inch diameter with branch ducts less than 3-in Dia. with branch ducts of 4 to 6 inch diameter easier to install in joist and wall cavities; Trunks will be fabricated from round ducts which are easier to seal, resulting in lower leakage rates.

Parameter	Option A: Low	Option B: Medium	Option C: High
Total External Static Pressure (ESP)	Less than or equal to 0.5 in. WC	Between 0.5 and 1.0 in. WC	Greater than 1.0 in. WC
Typical Supply branch diameter	4 to 6 inch	3 to 4 inch	Less than 3 inch

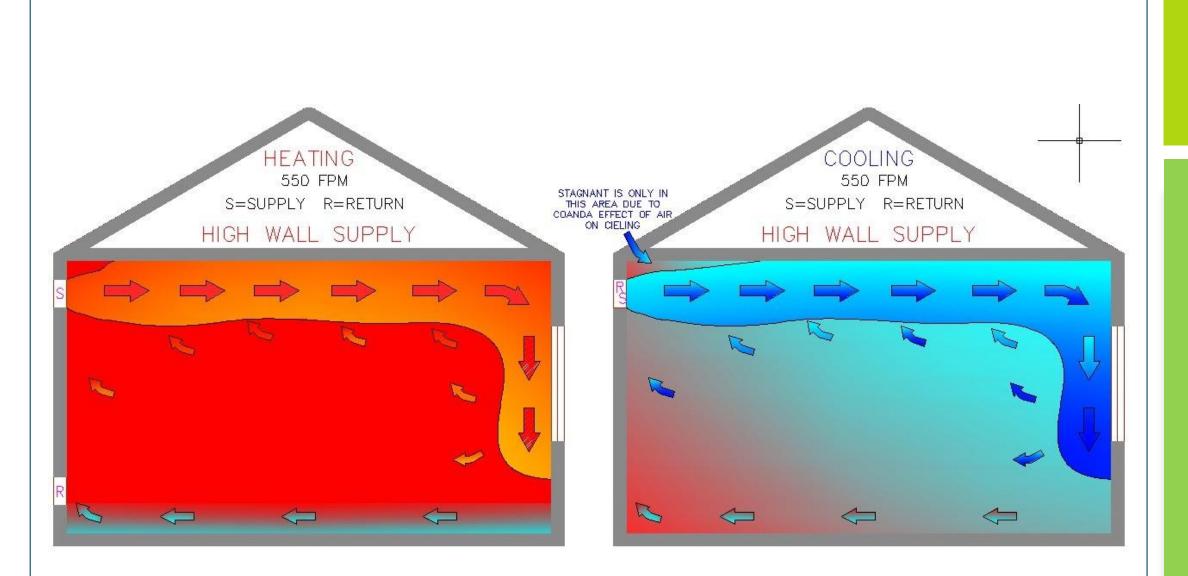








Choose Proper Diffusers with Velocity and "Throw" in Mind



Properly sized and located grilles "throw" air to the perimeter windows and walls



Ducts in Conditioned Space 4 options attics are an option

It can raise the value of a home





Ducts in conditioned space will be cooler in summer, warmer in winter

Place the ducts in conditioned space

A dropped ceiling in the hallway can be effective

JOVE XOUJHJ

Ducts are now properly insulated and any duct leakage is to the interior

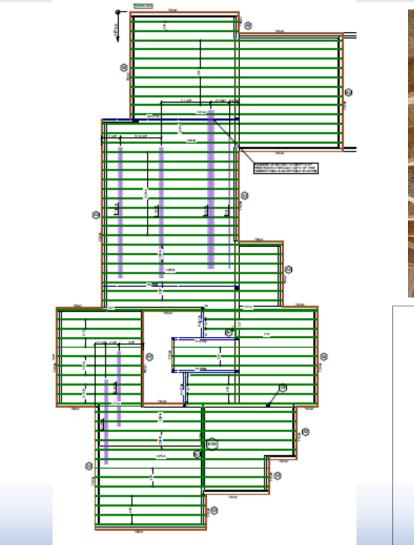
Using floor cavities is an option

It can raise the value of a home

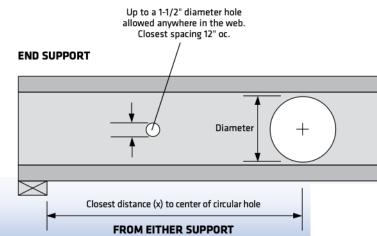




Layout your floors to accommodate duct work



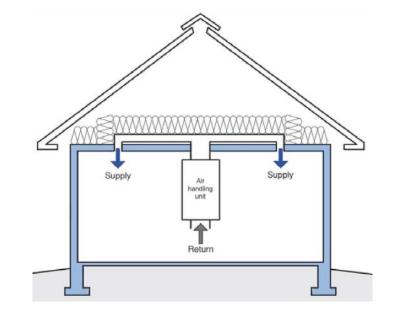






Buried Ducts are an Option

• Mastic with a brush is quickest & best





Seal Ducts

• Mastic with a brush is quickest & best



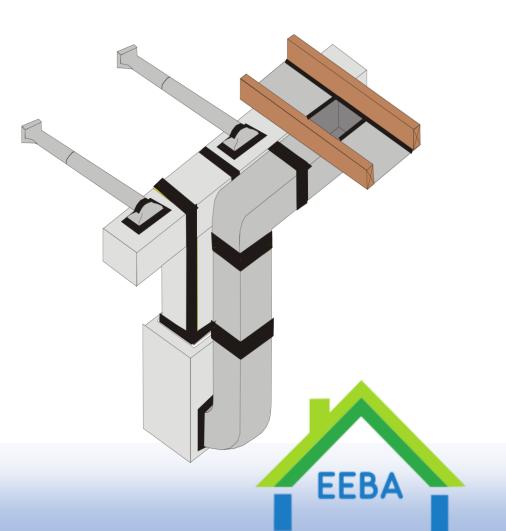


EBA

Sealing Ducts Matters!!!

- Getting air where you need it
- Allowing balancing & seasonal adjustment to work
- Empowers zoning to work





Duct Sealing Technology







Duct Sealing Technology

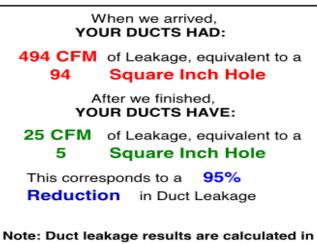


www.aerosealgta.com 647-367-6111

Certificate of Completion

Duct Sealing Performed for: RICK VEENHUIZEN 6 WYCHWOOD PARK Toronto,ON M6G2V5 (416)999-9999

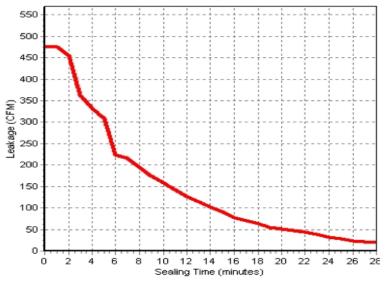
Overall Sealing Results



Note: Duct leakage results are calculated in cubic feet per minute (CFM) measured at a standard OPERATING PRESSURE of 25 Pa (0.10 in. water).



Aerosol Sealing Profile



Your Heating and Cooling Capacity Improvement for Duct Sealing is 29% based upon measured leakage reduction and original register flow

Aeroseal Technician: TIBO, JOE, BRAD Aeroseal Equipment Serial #: 2163 Wednesday, April 29, 2015

Duct Sealing Results – Gord Cooke's 1990 HERS 50 Home Reno house

Room	Airflow Before CFM	Airflow After CFM
Master Bed	45	59
Master Bed	28	35
Master Bath	36	34
Bed 3	32	46
Bed 3	16	24
Bed 2	37	37
Main Bath	21	25
Bed1	35	42
Bed1	43	50
Family	32	46
Family	37	31
Family	10	15
Living	51	66
Dining	13	18
Kitchen	53	64
Office	36	49
Mudroom	13	13
Basement	42	48
Basement	39	48
Total	619	750

Zoning will become more important

- Matching seasonal load adjustments
- Example basements
- Accurate delivery of part loads
- Making best use of equipment capacity





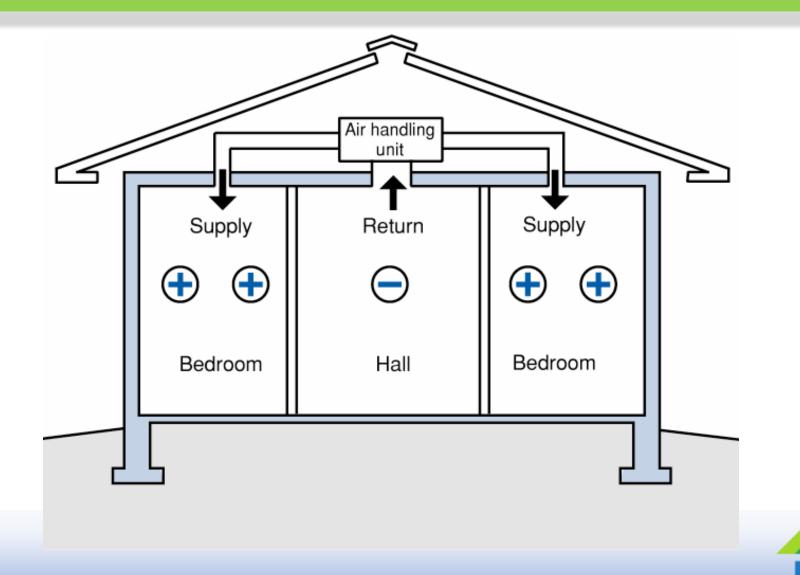
Ducted Returns will become expected

 A good choice is to hard duct returns...strategically to a centralized location



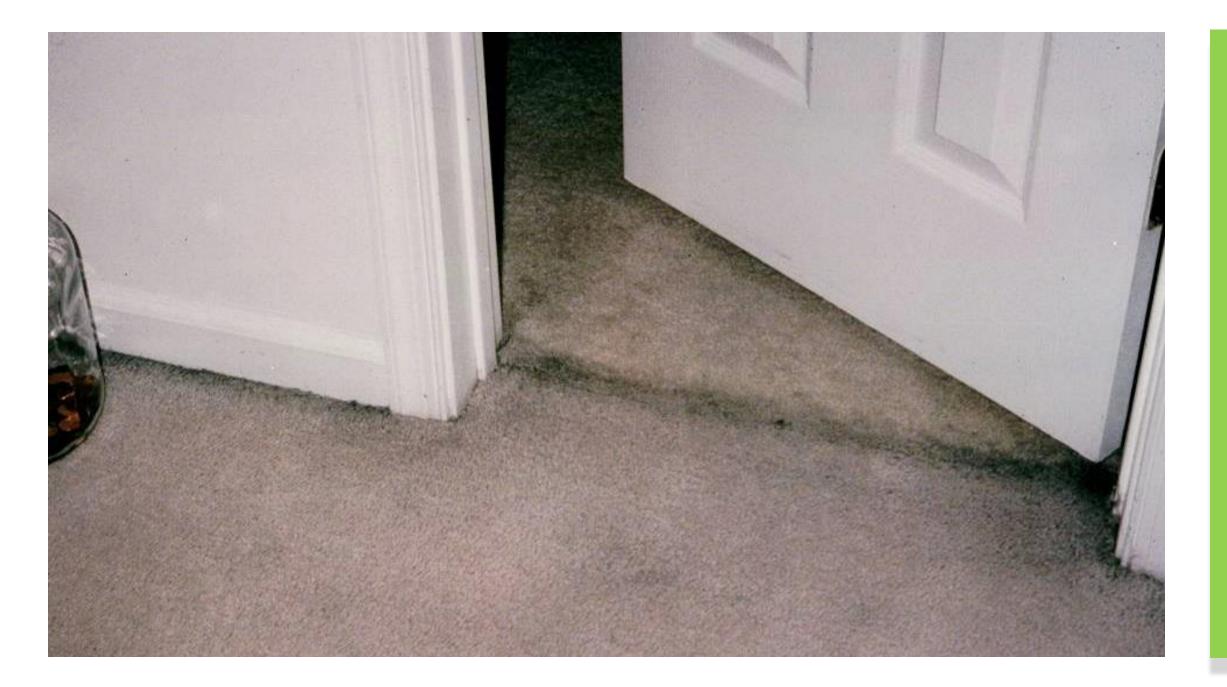


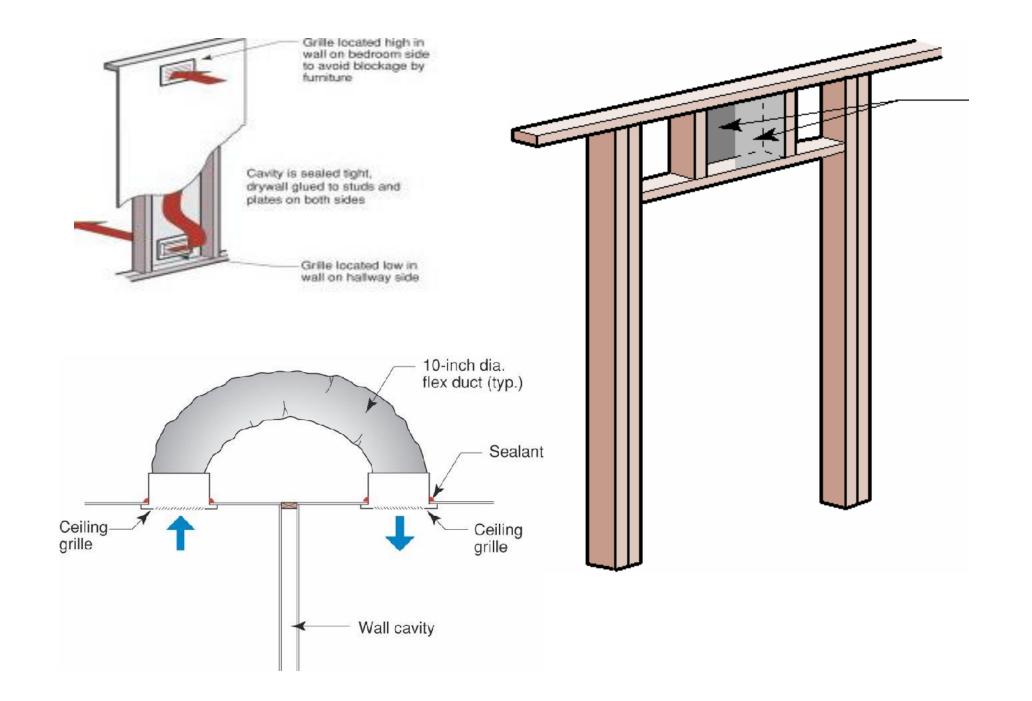
Return Air Paths

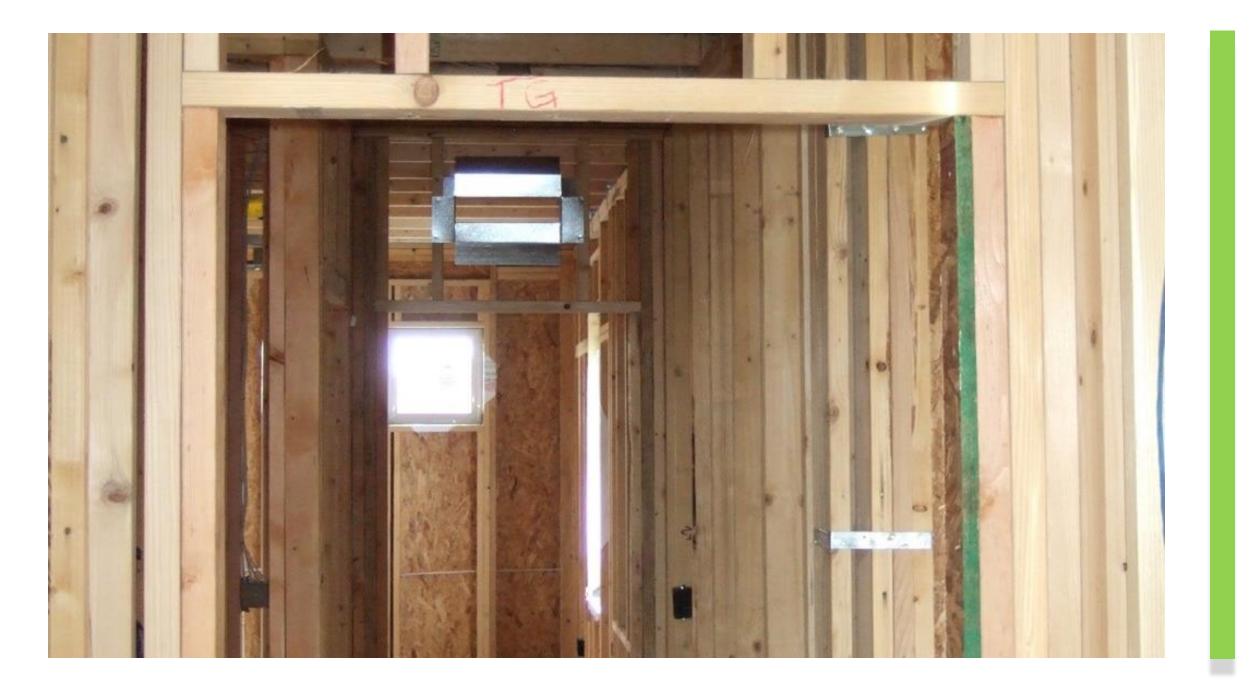


EEBA

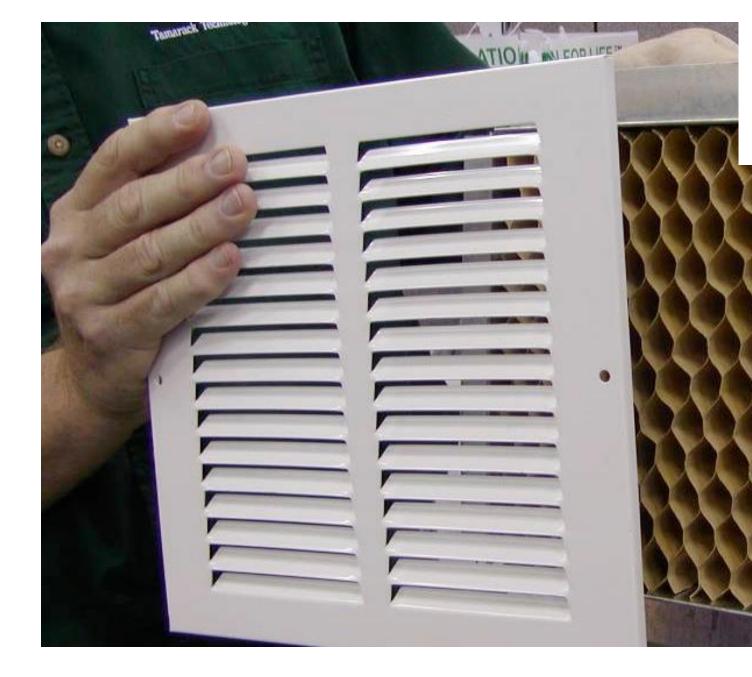
Graphics Courtesy of Building Science Corp.







Noise concerns can be addressed with proper grille selection



Radiant in-Floor Heat

- Heat surfaces, not air
- Lower noise
- Comfort on concrete floors
- Ideal for basements & "floor warming"
- Requires additional systems for AC, humidity control and filtration





Controls



Smarter Controls

- Anticipating change
- Outdoor reset
- Time of use rate decisions
- Programming & integrating functions
- Fan cycles
- Humidification
- Dehumidification
- Ventilation
- Real time diagnostics





9.41 ALA

My Home



Dehumidification



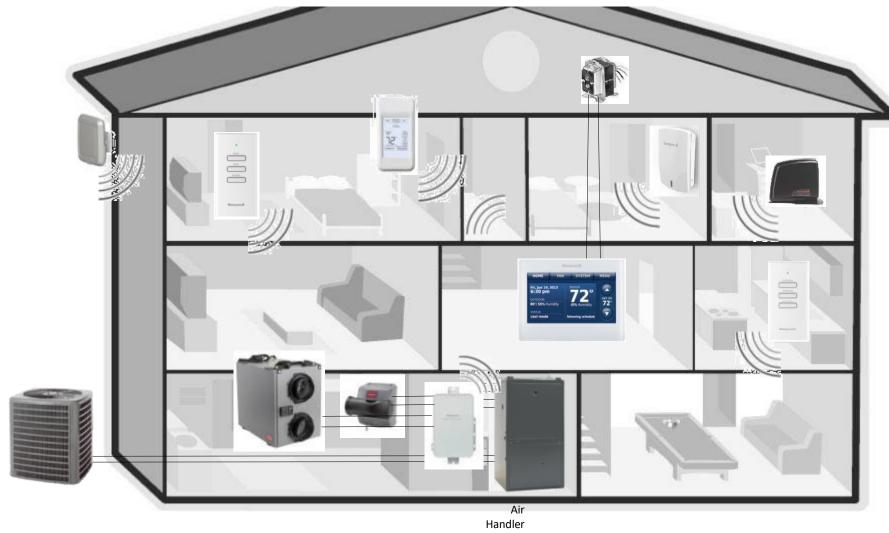
Ventilation



Humidification



Filtration



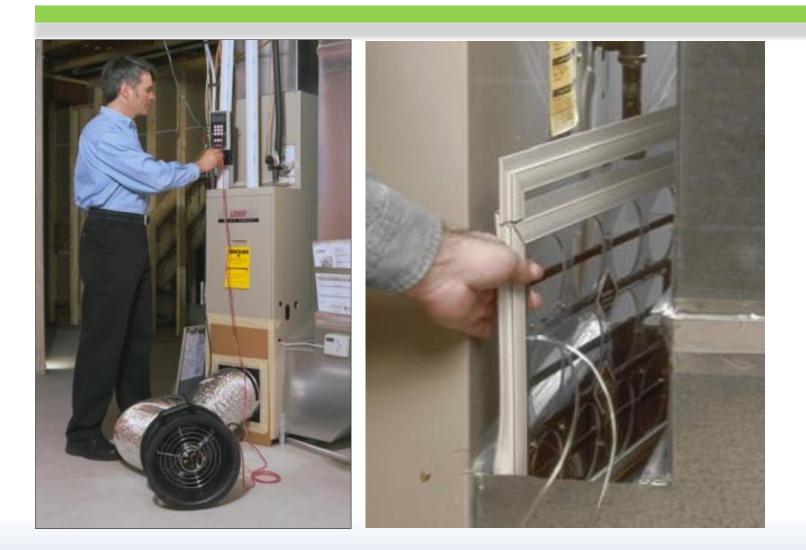
Air Conditioner

Verification / Commissioning

5 key tests



Testing for performance - 1) Flow at the air handler



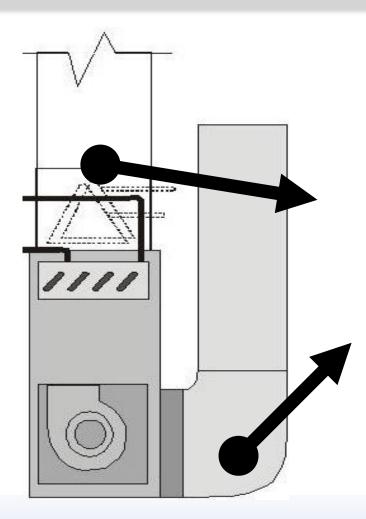


2) Air flow at grilles or registers





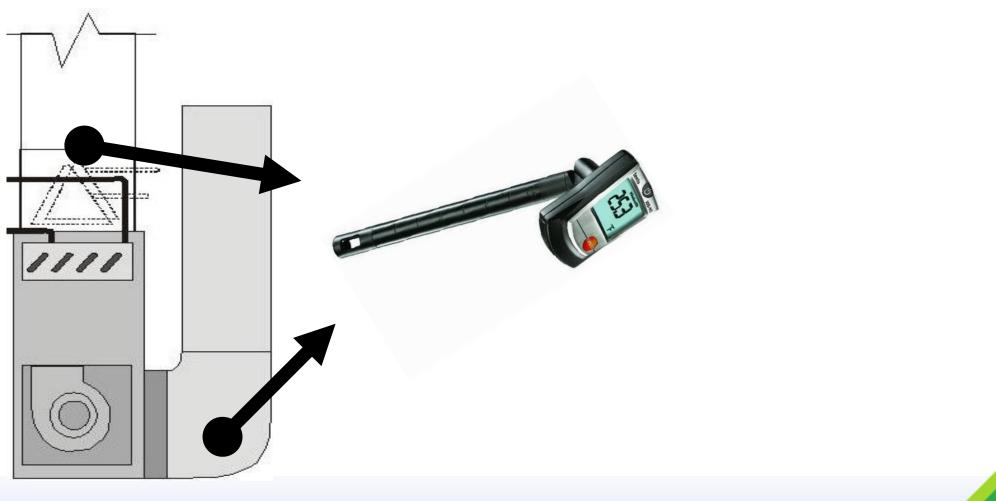
3) Pressures at the air handler







4) Temperature rise / fall across the air handler





5) Refrigerate Verification





EPA's Indoor air PLUS Program An excellent opportunity for builders & HVAC contractors

- Moisture control
- HVAC: heating, cooling, ventilation, filtration
- Combustion and garage isolation
- Commissioning the building
- Radon control
- Pest barriers
- Healthy building materials



LIFIED H



Valuable Resources



- $\sqrt{}$ Moisture control
- √ HVAC: heating, cooling, ventilation, filtration
- √ Combustion and garage isolation
- $\sqrt{}$ Commissioning the building
- $\sqrt{\mathbf{R}}$ Radon control
- Pest barriers
- Healthy building materials



ENERGY STAR Certified Homes, Version 3 (Rev. 07) HVAC System Quality Installation Contractor Checklist ¹

						Builder Verified ⁵	Cont. Verified ⁶	N/A
 Heating & Cooling System De temperatures, home orientation, numl infiltration rate, mechanical ventilation 	ber of bedrooms,	conditioned floor	rarea, windov	varea, pre	dominant window perfo	rmance and ir	sulation level	s,
2.1 Heat Loss / Gain Method:	□ Manual J v8	2009 ASHR	AE Other:		_			-
2.2 Duct Design Method:		🗆 Manual D	Other:		-			
2.3 Equipment Selection Method:	Manual S	OEM Rec.	Other:		_			-
2.4 Outdoor Design Temperatures:	⁹ Location:		1%:°F	99%:	_°F			-
2.5 Orientation of Rated Home (e.g.	, North, South):				_			-
2.6 Number of Occupants Served b	y System: 10				_			-
2.7 Conditioned Floor Area in Rated	d Home:				Sq. Ft.			-
2.8 Window Area in Rated Home:					_ Sq. Ft.			-
2.9 Predominant Window SHGC in	Rated Home: 11				_			-
2.10 Infiltration Rate in Rated Home	ə: ¹²	Summer:	Winte	r	-			-
2.11 Mechanical Ventilation Rate in	Rated Home:				_ CFM			-
2.12 Design Latent Heat Gain:					BTUh			-
2.13 Design Sensible Heat Gain:					_BTUh			-
2.14 Design Total Heat Gain:					BTUh			-
2.15 Design Total Heat Loss:		-			BTUh			-
2.16 Design Airflow: 13					_ CFM			-
2.17 Design Duct Static Pressure: 1	4				_ In. Water Column			
2.18 Full Load Calculations Report	Attached 15							-



Lets think about water heating

5 key tests

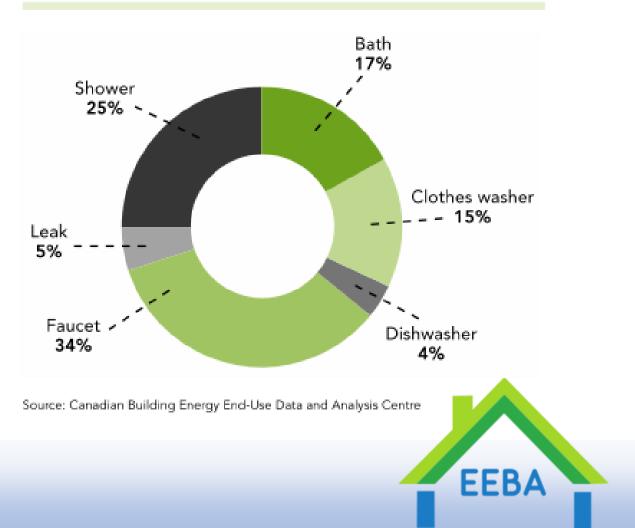




Hot Water Usage Relevance

- Hot water use is still on its way up
- Wait times are an issue
 - Waste of water
 - Perception of energy waste

Main uses for household hot water

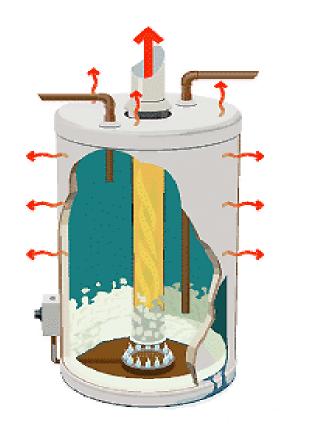


Minimum 2016	Requirements	Example EF
Gas	Storage: $<55 \cup s \ gal.$ EF = 0.675 – (gal x 0.0015) $>55 \cup s \ gal.$ EF = 0.8012 – (gal x 0.00078) Tankless: EF = 0.82–(gal x 0.0019)	40 us gal = 0.62 60 us gal = 0.75 Typical = 0.80
Oil	EF = 0.68-(gal. x 0.0019)	50 gal = 0.585
Electric	<55 gal. EF = 0.960-(gal x 0.0003) >55 gal. EF = 2.057-(gal x 0.00113)	40 gal = 0.95 60 gal = 1.98

What's the Right Choice?

- Fuel access?
- Number of people?
- Patterns of use?
- Space / location limits?
- Climate zone?
- Efficiency of the home?
- Other mechanicals?
- Expectations of clients?
- Other?









Traditional Tank EF < 0.60

Tankless = +0.80

Condensing water heater =0.86

Domestic Hot Water

The new large load in high performance homes

- Hot Water Use: pretty consistent load regardless of house size
- Tied with space heating as the 2nd largest load in a Net Zero ready homes
- Wide variety of options







Domestic Hot Water



Sealed combustion is a must

- No conditioned air loss
- Minimal off-cycle losses
- Potential for significant efficiency improvement when no use of conditioned space included
- Uses two pipe system or coaxial venting
- No spillage issues
- Non-fan-assisted sealed water heaters have much lower efficiencies than fan-equipped models



Domestic Hot Water

Air Source Heat Pump Water Heaters

- Packaged or split condensing units
- Recovery rate boosted with electrical Hybrid OR with DWHR
- Rejection of cool air into utility rooms? (free cooling)
- Noise concerns?
- Unit height (5' to 6'+)
- COP 2.0 to 2.5+
- Geothermal htg/cooling with DHW DE-SUPER HEATER storage tank



Domestic Hot Water: Optimizing Performance



Drain Water Heat Recovery

- Installation as per CSA Standard
- Unit Size
- Efficiency Rating
- 1 or 2 showers?
- Model Properly (New inputs for DWHR in HOT2000 v11)



EEBA

Domestic Hot Water: Optimizing Performance

Optimized Plumbing System Design

Good Design = Energy Savings = Occupant Satisfaction

- The water/energy matrix is key
- Right sizing PIPE
- Plumbing design prepared ahead of time
- Re-circulation pump

Vol. in	М	lin. time-to	o-tap (secs) at selecte	ed flow rat	es
Pipe (OZ)	0.25 gpm	0.5 gpm	1.0 gpm	1.5 gpm	2.0 gpm	2.5 gpm
24	45	23	11	8	6	5
64	120	60	30	20	15	12
75	141	70	35	23	18	14
300	563	281	141	94	70	56

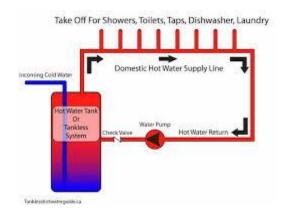


Domestic Hot Water: Optimizing Performance

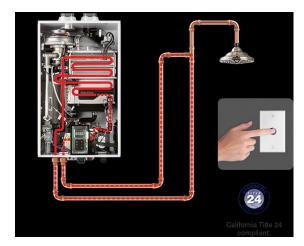
Domestic Hot Water Re-circulation Pump

Number of Hot Water Use Points	Daily Water Savings (Gal)	Annual Water Savings (Gal)	Annual Energy Savings (kWh)	
1	2.5-8.2	900-3,000	200-400	
4	10-32.8	3,600-12,000	800-1,600	

Courtesy Oakridge National Laboratories: Gary Klein







EEBA

Solar Thermal Water Heaters

- A great preheat strategy for tankless, storage water heaters & HPWHs – increases their capacity
- 50-60% of annual hot water needs are easily provided
- Excess hot water can be used to heat swimming pools
- Requires freeze protection & annual maintenance

