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Welcome

Houses That Work - Module 2 about





Module Two

- Creating building enclosures that work for healthy, safe durable, efficient and sustainable homes.
 - Foundation systems
 - Above grade wall systems
 - Windows
 - Roof and attic systems



NOW THAT WE KNOW THE BUILDING SCIENCE BASICS....

We can begin to create walls, roofs and foundation systems that work



Managing the elements

First we need to protect our building system from water



From the Ground Up

- Manage water
- Manage thermal
- Manage air



Graphics from EEBA Water Management Guide



When below grade....

- Remember the rules:
 - Moisture is present
 - Insects are close by
 - Soil gas can enter
 - Surfaces can be cool
 - Concrete wicks water
 - Foundations can be very challenging



Basements: Are they meant to be lived in?

KEY NOTE: IN COLD CLIMATES....

- Below Grade Walls primarily <u>DRY TO The</u> <u>INSIDE</u>
- Above Grade Walls primarily DRY TO The OUTSIDE



Basements: The Design Priorities In New Homes

- 1. Liquid water-Rain or ground water
- 2. Soil dampness-Wet and Humid (Water vapour diffusion)
- **3.** Construction moisture
- 4. Air leakage(and soil gas)
- 5. Cool surfaces (and surface condensation control)
- 6. Space Conditioning: Humidity (and temp) control





Below grade: Heat loss...Its weird down there.

- The ground is a heat sink
- •

Predominant heat loss is at edge of slab OR at slab /foundation/footing interface

Heat loss below grade is a function of:

- Depth of the foundation
- Presence of water



Below grade: Heat loss

Ground temperatures
(3'+) are approximately 45 months behind above grade temperature conditions e.g. May/June –foundation walls the coldest.

Exterior Temperature & Moisture Conditions Above-grade design Soil Relative Humidity almost always -100% · Liquid water may be Summer present July Winter Jan. Temperature www.Bu 50 70 32

Drain the Building



Graphics from EEBA Water Management Guide







Full basement

Crawl spaces

Slab on Grade

It starts with proper grading & drainage

- 5% 6" over 10'
- At least 4' to 6' away



Landscape too close to the foundation



Capillary break applied between footing and foundation wall

- Required whenever one porous component meets another
 - Footing/slab to foundation wall
 - Foundation wall to framing
 - Under slabs-on grade



Footing to foundation connection





The LEAK equation

Pressure

Difference

Liquid Water How does it get in?

- Hydrostatic Pressure liquid leaks through HOLES
- Capillarity "sponge" action ; concrete sucking up water through surface tension.



Hole



Water

Leak!



Drainage is very helpful



Membrane under-slab



Foundation Insulation is Cost Effective



Foundation type, climate and soil conditions all affect performance





Internally Insulated

Externally Insulated

Insulated inside the wall

Exterior Insulation is the best option



Basement Slab Insulation



Interior insulation is possible

 Foam based solutions are best



Air leakage(and soil gas)

Building Science Rule: Air OUT = Air IN

- Leaky house = cold, drafty basement
- Leaky House = humid basement(humid soil and water vapor)
- Leaky house = soil gas concerns.



Insulated Concrete Forms

- Allows for controlled drying towards the interior
- Insulation and foundations in one system
- Interior finished can be directly applied
- Remember the capillary break







ICF versus conventional









What do you do with an existing basement floor?

Membrane over slab





WHY BASMENT MATERIALS & FURNISHINGS GET "DAMP" AND SMELL The 4th "phase of water": Adsorbed


Below grade insulation options: EXTERIOR CONTINUOUS INSULATION

EXTERIOR insulation is the "ideal" solution

- Thermal Control/Limits thermal bridging
- Can act as drainage and hydrostatic control(manuf specifications)
- Can act as a Air Barrier (see manuf specifications)
- Can act as a vapor control/ throttle, mitigatil rate of inward vapor drive.
- Limits freeze-thaw cycle damage to concrete pore structure and durability.
- Warms first condensing surface –condensati control
- Can act as part of Radon barrier when continuous with under slab(see manuf specifications)

Remember :

Edge of slab thermal break



Space Conditioning: Humidity (and temp) control in basement

HVAC Considerations When Finishing Your Basement

Proper Load Calculations (Man J)

Right Size Equipment selection-Air conditoonong NOT too big-Just right to enable DEHUMIDIFICATION. (Man S)

Consider 2 stage OR Modulating AC to enable optimal humidity control (latent load)

Sealing of supply side duct work AND RETURN DUCTS in basement, Leaky duct work can turn the basements into a :meat locker" in the spring/summer. (Man D)

Consider ERV in lieu of HRV for better removal of humidity in during AC, spring and summer use.

Every below grade space in N. America needs auxiliary dehumidification

Every BELOW GRADE space needs one

- VERY Important FOR FIRST 5+YEARS of new home occupation as basement concrete releases un-bund water during curing process.
- Bive as a "gift" to owner
- Cost to run for a year: \$75 -\$100

DRY basement = better smelling basment



NOTE: Some basements/crawl spaces will ALWAYS need dehumidification e.g. lack of capillary breaks, high/active water levels under slab, poor drainage conditions, etc

Let's move up and look at above grade walls





A wall system needs to perform

- Provide strength & rigidity
- Be durable
- Control light & solar gain
- Control noise
- Control rain penetration
- Control air flow
- Control heat flow
- Control water & vapor flow



Flashing & Gutters must effectively redirect water



The interface between walls & roofs



Concentrate on the path of flow...



Kick-out Flashing - Simple and effective



Flashing must be integrated with the drainage plane



Drain the Assembly



Drainage is pretty simple





Venting our Cladding



Air Flow assists drying

Create intentional airflow When using brick & stone & siding in: Humid summer climates Rainy climates Wood sheathing applications



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Create an intentional gap between trim and flashing

Its all about the details



Inadequate pan flashing





Protecting door openings



The Details Demonstratin g a method









Site-Constructed or manufactured pan flashings for window and door openings in frame walls





Allow for drainage at the base of windows



Managing moisture: Material issues

A typical scenario in 2021 (are we brave enough to look "under-the-hood" of the homes we have built in past?)

- "tuck-tape" is NOT
 FLASHING
 TAPE
- NEVER, EVER, EVER,EVER, EVER tape off the bottom of openings (think back dam!)



Zone 5, single detached, built 2005

Use low pressure, low expanding foam around openings to complete the air barrier





Window Installation-Great Job!







Holes Add Up



Some Holes will need special attention


It takes commitment



Even small holes matter













Air Barriers

- Air Barriers are systems of materials
- Designed and constructed to control air flow between a conditioned space and an unconditioned space
- Air barrier system is the primary air enclosure boundary that separates indoor (conditioned) air and outdoor (unconditioned) air



Reasons we want houses to be tight

- Keeps walls Dry (limits interstitial condensation)
- Most cost effective energy saving measure
 - 20% 30% savings
- Makes homes quieter and cleaner
- Makes homes more "comfortable"
- Reduces water entry homes last longer
- Makes homes healthier controlled air quality
- Environmental benefits because we are not wasting energy

Concerns about houses being "too tight"

- Indoor air quality
 - Moisture problems
 - $_{\circ}$ Chemical pollutants
- Combustion appliance and venting safety
- "The walls have to breathe"
- Negative air pressure poten for soil and gas infiltration



Moisture laden air flow can create problems





Define breaks and create a plan to manage them



Common Holes We Miss

Plumbing HVAC Electrical Framing Holes Soffits Behind Tubs Chimney Shafts Cantilevers



Air Sealing Bang-For-Your-Buck Ranking

JOINT/OPENING	CFM50*	ACH50 ⁺
top plate-to attic	0.29 to 0.68 per foot	0.29 to 1.6
duct boot	7.7 per boot	0.13 to 0.26
recessed light	9.1 per light	0.15 to 0.31
band joist (top & bottom)	0.86 per foot	0.37 to 0.42
garage-house common wall	0.60 per foot	0.14 to 0.26
sheathing-to-plate (top & bottom)	0.074 to 0.62 per foot	0.040 to 0.38
window/door framing-to-sheathing	0.031 to 0.11 per foot	0.020 to 0.10
between exterior top plates	0.10 to 0.11 per foot	0.033 to 0.046
corners (interior pointing)	0.024 to 0.21 per foot	0.0021 to 0.032
corners (exterior pointing)	0.054 to 0.45 per foot	0.0069 to 0.11
bottom plate-to-subfloor	0 to 0.11 per foot	0 to 0.11
vertical sheathing joints	0.010 to 0.090 per foot	0.011 to 0.11
sill plate-to-foundation ^t	0 to 0.030 per foot	0 to 0.025

A very helpful OC research project







Exterior Air Barrier

- A well detailed weather barrier or sheathing can also be an effective air barrier
 - It must be continuously connected
 - Simple tapes & caulking applied by one trade
- You get multiple functions from one material & trade

Continuous air barrier system



Air barrier at fireplace



Chimney shafts and penetrations



Tub Air Sealing



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Provide rigid blocking





House to garage connections



Air-seal connections at house to garage



Air Flow Barrier-Interior

- Airtight Drywall Approach
- Connecting and sealing the materials to stop air flow
- Must be continuous through all penetrations



Plumbing, electrical & HVAC penetrations need attention



Soffits and knee-walls need to be prepared early







of the Builder's Guide Building Science Corp. Joe Lstiburek

lustrations courtesy of the Builder's Guide Building Science Corp. Joe Lstiburek

Air Leakage at recessed light





Getting to 1.5 ACH50 >



Fans

- Is the back-draft flap in working order?
- Back draft flaps on vents commonly don't work and can be a major source of air leakage.-up to 30CFM at 50Pa
- New exhaust fans available with airtight back draft flap Panasonic





Getting to 1.5 ACH50 >



Windows

- Casement vs. slider.
- Windows are part of the air barrier system and the designated air barrier must be transferred to the window.





Courtesy of https://blog.constellation.com/

Air Flow Barrier-Exterior

A well detailed house wrap or weather barrier can also be an effective air barrier

It must connect to the foundation and the ceiling air barrier

Must be durable through the construction process









Air leakage in attached homes, towns and MURBS

- Air leakage through Common assemblies is an issue (walls/floors)
- Need to start talking in NLR and NLA as opposed to ACH50 (surface area vs volume)


Compartmentalization



Compartmentalization, as a concept, dates back to the Empire State Building during the Great Depression. It was espoused as an approach to deal with durability, fire safety, comfort, and indoor air quality in high-rise and multifamily construction. However, the concept was not formally memorialized until Handegord (Canadian IRC (2001).





What are air sealing issues with attached units?

AIR LEAKAGE AND SOUND TRANSMISSION

- Sound travels by:
- 1. Structure borne elementsvibration(energy)
- 2. Air borne sound waves or vibrations
- 3. An opening or crack 1/100th of 1% of a total wall's surface area can reduce the sound transmission loss (tl) of a wall from 50 to 39 db.



2016 Minnesota Case Study : 16 unit MURB Air tightness Case Study

Exterior –to-interior Air vs Interior-to-interior Air



- Completed using guarded testing protocol
- Guarded testing is incredibly expensive (as

opposed to individual suite or whole building

testing(where possible)

• Nearly impossible to reproduce if results are





This chart shows the measured leakage of the 16 units in a garden style building. Each bar represents a unit's total leakage, divided between exterior (blue) and inter-unit (red).



What are air sealing issues with attached units?



Tight Construction



HOW TIGHT - Residential

- US IECC 2015< 5 ACH@50 Zones 1,2
 - 3 ACH@50 Zones 3+
- "Canadian Code" 3.0 ACH@50
- ENERGY STAR 2.5 ACH@50
- Zero Energy 1.5 ACH@50
- Passive House 0.6 ACH@50
- New PROPOSED ZEH 2024 IECC 1.5-2.5ACH

A game changing solution

AeroBarrier is a convenient, cost effective approach that seals homes in less than 3 hou<mark>rs</mark> and provides verification that the air-tightness requirement has been achieved.

Changing the Way Homes are Built with:

- Consistently tighter building envelopes
- Verified and documented results
- A single process
- Time saving



STEP 1:

Prepare house for sealing. Cover all intentional openings (drains, bathroom vents, etc.) and horizontal surfaces, set up sealing equipment, and pressurize the building / home.

Typically 100 Pascal



Deploy the nozzles

Up to 8 tripods

2 nozzles each

Air and sealant to each







Holes that the Sealant is really good at - 1/2" or under



The AeroBarrier process

Verified Results!

Every seal provides a certificate of completion outlining the sealing work. Pre and post-leakage are captured and the seal duration and leakage reduction are all displayed on the graph



Air Sealing Summary

- Reduce energy loss
- 1/3 of htg/clg bill can be from air leakage
- Reduce infiltration of harmful air
- Garage connection
- Improved comfort
- Less drafts
- Less noise & dust



Insulation Installation



Insulation Must....

Be installed properly:

- No compressions
- No voids
- Touching all 6 surfaces
- Be properly mixed (foams)
- Be compatible with other materials
- Be combined with an air barrier or be one
- Not be subjected to constant wetting cycles



Poor installation affects comfort, performance and durability





Compressions and voids reduce performance









Poor Spray foam installation



Insulating is a system



More choices offer better performance

Careful installation of all insulating systems are essential for good performance



Blown cellulose insulation





High density blown fiberglass



SPF- spray polyurethane foam



Again....benefits of exterior insulation









WARNING: Tweek[®] protective material is slippery endshould not the day recommends using kickless or scaffolding for exterior work above the following the requirements of forth in ANSI Standards 14.1, 14.2, and

AVERTIS SEVENTILE malérian de protection Tyyek[®] est glissant et me de matérien est glissant DuPort recommande Profilisation de vérins de lev pennier étage. Si des toteller sont utilisées, des précautions supplièrne 141,742 et

> Neets the ASTM E1677' Meets IC

> > Ca

broduced by

When installed according to Evergy Evergy Evergy Everover Stars HOME SEALING

T" T'IZ" 2" 2'IZ" 3" 3'IZ" 4"

Insulated concrete forms resolve issues



Structurally insulated panels provide high R-Value assemblies





Window Systems





Windows

- Provided natural light and ventilation
- Passive solar heat
- Architectural element
- 1/3 to 2/3 thirds of total AC loads


What defines high performance windows?

- Heat gain & heat loss reduction
- Energy efficiency
- UV light reduction
- Durability
- Wind and rain resistance

Four technologies are common:

- 1. Low emissivity coatings
- 2. Insulated spacers
- 3. Gas filled
- 4. Insulated frame tech.



Summertime Heat Gain



Wintertime Heat Loss



Where is the 2018 code headed- Glazing

Fenestration	Window U-Factor		Window SHGC		Skylight U-Factor	
Climate Zone	2009	2012	2009	2012	2009	2012
1	1.2	0.65	0.3	0.25	0.75	0.75
2	0.65	0.4	0.3	0.25	0.75	0.65
3	0.5	0.35	0.3	0.25	0.65	0.55
4	0.35	0.35	NR	0.4	0.6	0.55
5	0.35	0.32	NR	NR	0.6	0.55
6	0.35	0.32	NR	NR	0.6	0.55
7	0.35	0.32	NR	NR	0.6	0.55



= increased



HIGH PERFORMANCE HOMES AND KEY WINDOW CONSIDERATIONS YOU DON'T GENERALLY THINK OF...





Windows - AC and Solar Heat Gain (SHGC)

Air Conditioning

- Fastest growing peak load
- Most costly electrical use in most homes
- Heat Gain Load determined primarily by windows (40 to 50% of cooling load in glass!)
- Duct size is determined by cooling (not heating) in most new EE homes







A Tale of Two Houses

House before & after improvements Standard Clear Double Glazed U = .65 SHGC = .68 4.0 Ton AC Unit

Double Glazed Low-e, Low SHGC U = .32 SHGC = .32 2.5 Ton AC Unit



WHY PICK BETTER THAN MINIMUM GLASS ?





Effective R-value Triple Glazing vs. R10 Sheathing



Window-to-Wall Ratio (WWR)

EEBA

Windows and Thermal Comfort Does Triple Pane really make a difference?

ASHRAE 55 and Windows: Zone 5-6:

- -1m from glass, patio door
- –Winter: Acceptable room side glass threshold temp= 57F or 14C
- –Summer: Discomfort comes from any hour/elevation with solar gain greater than 70 btu/hr·ft²·°F
- Single, metal frame:
 - Winter: 3000+ hrs of discomfort
 - Summer: 300+ hrs of discomfort
- Double , insulated, SHGC 0.55
 - Winter: 500+ hrs of discomfort
 - Summer: 75+ hrs of discomfort
- Triple: insulated, SHGC 0.22
 - Winter: negligible
 - Summer: negligible



Window Performance: Condensation Resistance

- CR measures how well a window resists the formation of condensation on the inside surface.
- CR is expressed as a number between 1 and 100.
- The rating value is based on interior surface temperatures at 30%, 50%, and 70% indoor relative humidity for a given outside air temperature of 0° Fahrenheit under 15 mph wind conditions.
- The higher the number, the better a product is able to resist condensation.
- CR is meant to compare products and their potential for condensation formation.
- CR is an optional rating on the NFRC label.
- Ideal for cold climates is 70





Windows



Glass spacing is important

For maximum efficiency, glazings should be sealed with an air space of no less than 15 mm (about 5/8")



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Condensation Resistance

Healthy Relative Humidity and Windows.





Condensation Resistance

Healthy Relative Humidity and Windows.



Windows and Thermal Comfort

http://www.cardinalcorp.com/technology/applications/comfort-calculator/



Type here to search

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Electrochromatic or "Dynamic" Glass

- Optimized SHGC
- Occupant controlled or...
- HVAC integrated controls





Vacuum Insulated Glass (VIG)





- R10+ windows?
- 2 pane arrangement
- COG (Center of glass) vs EOG (Edge of glass) A big deal
- Edge seal (weld) is highly conductive



What does a roof system need?

- Protection from rain penetration
- Drainage
- Flashing
- Durability
- Ventilation (always needed?)
- Proper insulation levels

Sound like our wall systems?



Hipped roof details make insulating difficult





Attic Ventilation Strategies



Attic: Moisture Control



"Attic Rain"

- Cold air cannot hold much water vapour; therefore in cold temperatures, ventilation air may not be adequate to remove moisture that has moved into the attic space by air leakage or diffusion.
- This results in frost build-up in the attic space that melts, damaging wood framing, insulation, and drywall and buckle the roof membrane as a result of sheathing movement.
- This is a bigger problem in the Prairies, with their cold weather, and coastal regions with damp air.

EEB.



Ventilated attics need good design



Airsealing at wall to roof interface







Ducts and Air Handlers in Conditioned Space



Attic: Ventilation: There was a time when it was all we needed

- space.
 - In winter, attic ventilation keeps the roof deck cold enough to prevent ice damming.
 - In summer, attic ventilation prevents heat from being conducted to the conditioned

FFB

Attic: Ventilation may not be enough anymore...

- ¾ of year, ventilation works due to buoyant/warmer air rising out of the attic. Sometimes this is aided by wind.
- Higher R value/insulation in attics has DECREASED conductive heat loss to attic... attics are now COLDER... which limits stack effect or venting potential.
- Airtightness/air barriers are more critical than ever to ensure warm, MOIST air does not infiltrate into attic.



Vented/Unvented? Conditioned/Unconditioned?







Attic: What is the goal of venting, air tightness or even NON-vented insulation assemblies?



The "Building Science" goal is to keep the:

- Attic "air" at the same/similar temp and RH as OUTDOOR conditions.
- Roof Sheeting at equilibrium moisture content with the outdoor RH and temperature.



Attic: "Hidden Gutter" concerns

• Roof vents **NEED** soffit vents to work. **Removing soffit** vents SHORT **CIRCUITS** the ventilation of warm/moist air out of roof vents.



Houses That Work Module 2 Summary

- An optimized enclosure
- Water managed foundations
- High performance walls
- Appropriate window selections
- Resilient roof assemblies



